BEST FOR ON DEMAND & SKY

MORE CHANNELS THAN ANY OTHER TV MAG!

22-28 AUGUST 2026

TV&Streaming week

NEW

FIGHTLAND

The gloves are off in this boxing revenge saga

NEW

BOOKISH

Mark Gatiss on his super-sleuth's next chapter

NEW

THE RAINMAKER

John Grisham's famous legal drama is now a TV series

NEW

The Whisper Man

Robert De Niro leads an all-star cast in a serial-killer thriller...

HotList This week's 28

Saturday 22

Twinless
COMEDY DRAMA *Sky Premiere, 7.10am & 4.35pm*

Bereft after the death of his twin brother, Roman (Dylan O'Brien) connects with Dennis (James Sweeney) at a support group for 'twinless twins'. *See review, p23*

Premier League
FOOTBALL *TNT Sports & Sky Sports*

Hull City return to the top flight at home to Man Utd (kick-off 12.30pm), while Spurs' new signing Sandro Tonali (above) could make his mark against Brentford (kick-off 5.30pm). *See Sport Week, p28*

The Voice UK
ENTERTAINMENT *ITV1, 7pm*

The competition returns to our screens for the first time since 2024, with new coach Kelly Rowland joining Sir Tom Jones, will.i.am, Danny Jones and Tom Fletcher in the chairs. *See feature, p12*

Marvin Gaye: A Tribute at the Proms
MUSIC *BBC2, 8pm*

The BBC Concert Orchestra pays tribute to the soul singer (above) with special performances of iconic songs including *I Heard It Through the Grapevine*.

Full listings start on **p35**

Sunday 23

The Joy of Pets
FACTUAL *ITV1, 11.30am*

Vet Bolu Eso and Gaby Roslin (both above) front this celebration of our passion for pets. From dogs and cats to tortoises and lizards, we meet amazing animals and the owners who love them. *See Documentaries, p21*

Premier League
FOOTBALL *Sky Sports Main Event & Sky Sports Premier League*

The first Super Sunday features Brighton v Aston Villa, Man City v Bournemouth (kick-offs 2pm) and Newcastle v Liverpool (kick-off 4.30pm). *See Sport Week, p28*

F1: Dutch Grand Prix
MOTORSPORT *Sky Sports F1 & Sky Sports+, race starts 2pm*

Kimi Antonelli (above), who turns 20 on Tuesday, leads the title race as the season resumes, with Zandvoort staging the Dutch Grand Prix for the final time.

9/11 Reunited
DOCUMENTARY *National Geographic, 9pm & 10pm (box set, Disney+)*

Ahead of the 25th anniversary of the terrorist attacks on the US, this three-parter revisits that devastating day. Concludes tomorrow. *See Documentaries, p20*

Full listings start on **p45**

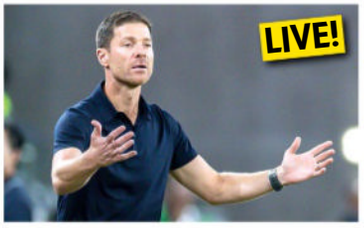
Monday 24

Dog Park
COMEDY DRAMA *U*

While his wife is working abroad, middle-aged moaner Roland (Leon Ford) is not happy to be left looking after their dog – until he befriends a bunch of fellow dog owners in Melbourne. *See feature, p12*

Martin & Roman's Irish Road Trip
TRAVELOGUE *C4, 8pm*

Roman and Martin Kemp (both above) end their trip in Northern Ireland, diving into vampire legends, hurling, haunted hotels and Derry's Halloween festival.



Premier League
FOOTBALL *Sky Sports Main Event & Sky Sports Premier League, kick-off 8pm*

New Chelsea coach Xabi Alonso (above) takes charge of his first competitive fixture, a London derby against Fulham at Craven Cottage. *See Sport Week, page 28*

Long Lost Family: Born Without Trace – What Happened Next
DOCUMENTARY *ITV1, 9pm*

Davina McCall and Nicky Campbell (both above) present the continuing story of foundling sisters Natasha and Lee-Ann.

Full listings start on **p55**

Tuesday 25

The Great British Sewing Bee
REALITY *BBC1, 8pm*

Esme Young and Patrick Grant challenge the sewers to create a Madonna-inspired cone bra before turning bedroom textiles into costumes suitable for pop artists.

EFL Cup
FOOTBALL *ITV1, kick-off 8pm*

With 11 Premier League teams joining the competition for the second round, there's a top-flight meeting at the City Ground as Nottingham Forest host Leeds United.

Celebrity MasterChef
COOKERY *BBC1, 9pm*

In this week's heats, YouTuber TommyInnit takes on actor Nitin Ganatra, *Gladiators*' Dynamite, comedian Donna Preston and dancer turned presenter Eric Underwood. Continues Wednesday and Friday.

The Tudors with Rob Rinder and Ruth Goodman
DOCUMENTARY *5, 9pm*

In the final episode of their *Rich Lives, Poor Lives* strand, the pair (both above) travel back to England in 1588, just before the feared arrival of the Spanish Armada.

Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICES. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECTCOM. MAGAZINESDIRECTCOM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit magazinesdirect.com/xts/dj94x

Wednesday 26

The Last Sunrise

***DRAMA** Prime Video*

A young woman (Maia Reficco), whose life has been shaped by chronic illness, gets the chance to experience some adventure during a trip to Majorca. Eva Longoria co-stars. *See Your Watchlist, page 16*

Bookish

***CRIME DRAMA** U&Alibi, 8pm & 9.15pm (box set, Sky Box Sets, Virgin TV Box Sets & NOW)*

Head back to the 1940s for a second run, as the bookshop-owning sleuth (Mark Gatiss, above) enters the world of spiritualism after a death at a seance. *See feature, p8*

The Great Wall of China with Dan Snow

***DOCUMENTARY** 5, 9pm*

This one-off looks at how and why the world-famous landmark came to be built, with a history spanning more than 2,000 years and thousands of miles.

The Never Ending Murder

***DOCUMENTARY** C4, 10pm & 11.05pm (box set, Channel 4 Streaming)*

A four-parter on the case of Nicola Payne (above), a teen mother who disappeared in 1991 while walking to her parents' house in Coventry. Concludes tomorrow.

Full listings start on **p75**

Thursday 27

England v Pakistan: Second Test

***CRICKET** Sky Sports Cricket & Sky Sports Main Event, play starts 11am*

England fast bowler Jofra Archer (above) will hope for success as the sides meet at Lord's. Continues tomorrow.

Ludwig

***COMEDY DRAMA** BBC 1, 9pm*

Police consultant John (David Mitchell, above right) and his colleagues try to solve a murder committed at a wedding. Although the deed was witnessed by all the guests, the case proves to be a puzzle...

Benidorm Is Murder

***CRIME DRAMA** 5, 9pm*

Sleuthing duo Dennis (John Hannah, above left) and Rosa (Carolina Bécquer) have another mystery to solve after a rich man is found dead underneath his Union Jack straw hat while on Levante Beach.

Fightland

***DRAMA** Sky Atlantic, 9pm, 10.05pm & 11.10pm*

After release from prison, former boxing champion Duke Kilroy (Howard Charles) returns to London to get revenge on the man who set him up. *See feature, page 6*

Full listings start on **p85**

Friday 28

The Whisper Man

***THRILLER** Netflix*

Adam Scott plays a widowed writer who turns to his estranged father (Robert De Niro), a retired detective, for help after his son is abducted – a crime that may be linked to an old case. *See feature, page 4*

Dark Matter

***SCI-FI** Apple TV*

As Season 2 begins, Jason Dessen (Joel Edgerton) has found a world that appears safe for his wife Daniela (Jennifer Connelly) and their family, until they're forced to run for their lives. *See Your Watchlist, page 14*

Meet the Owens

***DOCUMENTARY** Prime Video*

A year in the life of former England footballer Michael Owen as he runs his horse-racing empire while also coping with a chaotic home life with wife Louise and their kids. *See Your Watchlist, p17*

The Rainmaker

***DRAMA** ITV1, 9pm (box set, ITVX)*

Milo Callaghan (above centre) stars in this adaptation of John Grisham's novel as a law-school graduate going head-to-head with a veteran lawyer (John Slattery) in a high-profile case. *See feature, page 11*

Full listings start on **p95**

Welcome to the latest issue of *TV&Streaming Week*. *Toy Story 5* is new to buy or rent from digital streaming platforms this week. Can you believe it is 30 years since the very first one was released in the UK? This time, a tablet named Lily is the baddie, but I'm sure Woody and the other toys will show her the error of her ways!

Our cover this week is *The Whisper Man*, a Netflix thriller starring Hollywood legend Robert De Niro as an ex-cop whose grandson is kidnapped. Elsewhere, former England and Liverpool player Michael Owen is the latest celeb to do a reality show – catch *Meet the Owens* on Prime Video.

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

4 Cover story
An imprisoned serial killer casts a long shadow as a child goes missing in Netflix thriller *The Whisper Man*

6 TV Week
Boxing drama *Fightland*, the healing power of nature in *H Is for Hawk*, and the return of sleuthing series *Bookish*

9 Soap diary
This week's top stories

14 Your Watchlist
Joel Edgerton is back as the physicist battling duplicates of himself as sci-fi series *Dark Matter* returns

20 Documentaries
Solemn memories in *9/11 Reunited*, and animal magic in *The Joy of Pets*

22 Films
Playroom adventures in *Toy Story 5*, plus comedy drama *Twinless*

28 Sport
Our pick of the Premier League action on the first weekend of the new season

35 TV guide
Day-by-day TV listings

105 Next week, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: COURTESY OF NETFLIX. ©2025 STARZ ENTERTAINMENT LLC/SKY; ITV/LIONSGATE, UKTV/NICOLA YOUNG. HOTLIST WORDS: LYNETTE BRIGHTON, JAMES AVANN, JOE MAHON. HOTLIST PHOTOS: GETTY, BANDICOOT SCOTLAND

Deadly abduction

NEW FROM NETFLIX

A serial killer seizes an ex-cop's grandson in a gripping thriller starring **Robert De Niro and Michael Keaton**

Pete, Tom and Det Beck

Det Beck and her team look for clues

NEW THRILLER

The Whisper Man

From Friday 28 August, Netflix

Hollywood heavyweight

Robert De Niro might have turned 83 this month, but the iconic Oscar winner is showing no signs of reaching for his pipe and slippers just yet.

In fact, De Niro has been busier than ever, with a slew of screen appearances in recent months, including his first leading role in a TV series as a former US President who's brought out of retirement following a cyberattack in Netflix's *Zero Day*.

Later this year, he'll star alongside Ben Stiller and Ariana Grande when he reprises his comedy role as ex-CIA agent Jack Byrnes in *Meet the Parents* sequel *Focker-in-Law*.

Before then, the veteran actor is back on our screens this week in a tense psychological crime thriller, *The Whisper Man*. The Netflix movie sees De Niro play retired cop Pete Willis, with *Severance*'s Adam Scott as his estranged son Tom Kennedy, a widowed crime writer and father to eight-year-old Jake (Acston Luca Porto).

After the loss of his wife, Tom's life takes another devastating turn when Jake is abducted, but despite Tom's bitter anger and resentment towards Pete, he desperately contacts his father to see if he can offer any assistance.

Together, they discover a terrifying connection to the decades-old case of convicted serial killer Frank Carter (Michael Keaton), known as The Whisper Man, who Pete helped to put in prison in the 1990s, and who remains behind bars. Has Jake been abducted by a copycat killer? Or did Frank have a secret accomplice who's now active again?

'I always consider a script before taking on a project and I liked the story of *The Whisper Man*,' reveals De Niro. 'It's an interesting thriller.'

Tom's reconnection with his father lays bare the raw emotions in their relationship, but it's a necessary reunion if they're to find Jake.

BLOODLINES

'It's a crime thriller about a series of child kidnapping murders that happened 30 years ago, and are now happening again,' says director James Ashcroft. 'But ultimately, it's about fathers and sons. Relationships are at the heart of this story. And it's a timely reminder that all things, good and bad, stem from the home.'

The movie is based on the bestselling novel of the same name by British writer Alex North, with the action switched from the UK to America.

'It's totally surreal that a film is being made from my book,' says North. 'It was first optioned in 2018 and you know as a writer that sometimes your story will never make it to the screen, and you just put it out of your head – so it was amazing to finally get the email that said, "It's happening!"

'They've had to change some things to make it work on screen, but the location isn't important because it's a universal story. You can set it anywhere. Everyone in the world is worried about their kid and has difficult relationships.'

The Whisper Man cast includes *Dopesick*'s Michael Keaton as the imprisoned murderer who may or may not be able to give former nemesis Pete clues about how to catch Jake's kidnapper. Meanwhile, *The White Lotus*' Michelle Monaghan plays Detective Amanda Beck, who leads the investigation into Jake's disappearance.

'The storyline is really haunting and intriguing,' says Monaghan. 'I was compelled. It hearkens back to films like *Mystic River*, *Gone Baby Gone* and *The Silence of the Lambs*. It's a genre that I hadn't really tapped into for quite some time, so I was excited about that – but I was most excited about getting to work with Robert De Niro, who didn't disappoint on any level.

'I'm excited for folks to see *The Whisper Man*. It will keep everyone on the edge of their seats.'

WHO'S WHO

Jake Kennedy
Acston Luca Porto
A huge police search is put in place when Tom's son is abducted. Can they find Jake alive?

Frank Carter
Michael Keaton
Known as The Whisper Man, the 1990s serial killer was caught by Pete and remains in prison.

WORDS: ELAINE PENN. PHOTOS: NETFLIX, ADOBE STOCK, GETTY

Tom Kennedy
Adam Scott
Pete's estranged son falls into despair when his young lad Jake is abducted.

Pete Willis
Robert De Niro
The now retired detective put serial killer The Whisper Man behind bars many years ago.

Detective Amanda Beck
Michelle Monaghan
Amanda is leading the investigation into Jake's disappearance, and quizzes Pete about his 1990s case.

BODY BLOWS

Jay Hall
Tyler Conti
Duke's best friend saw his life go off the rails when the boxer was imprisoned and is delighted to see him again.
Kim Harper
Tahirah Sharif
The former boxer is keen to forge a connection with Duke when he returns to London.
Kingsley Marshall
Nicholas Pinnock
Duke's former promoter and mentor uses the boxing industry to hide his vast drug empire.
Joy Marshall
Deborah Ayorinde
Kingsley's wife and the love Duke left behind builds an empire of her own when her husband disappears.
Maduka 'Duke' Kilroy
Howard Charles
The former heavyweight boxing champion is determined to take revenge on the people who murdered his brother.

NEW DRAMA

Fightland

Thursday, 9pm, 10.05pm & 11.10pm, Sky Atlantic

A former heavyweight boxing champion seeks vengeance on those who betrayed him in this gritty crime thriller, executive-produced by US rapper Curtis '50 Cent' Jackson.

The eight-parter opens on the night British boxer Duke Kilroy achieves his childhood dream of winning the heavyweight title in Las Vegas, only for his world to immediately fall to pieces.

Just hours later, his brother Calvin is killed in a vicious assault, and when Duke beats the man responsible to death, he is locked up in a US prison for eight years.

Upon his release, he's determined to get even with the man he believes set him up, his former promoter and London drug kingpin Kingsley Marshall (Nicholas Pinnock).

'I was intrigued by the pain inside Duke,' says Howard Charles, who plays him. 'When a man loses everything he ever cared about on the same night he becomes heavyweight champion, what does that do to the psyche? What do you become, and is there a way back? Duke reached the gates of heaven and was immediately thrust into hell.'

Charles, who has starred in British dramas *The Musketeers* and *Whitstable Pearl*, says that playing the fallen hero has been the biggest challenge of his career.

'I've played a wide range of characters, but Duke demanded I go to a deeper, darker space within the human heart,' he explains. 'The story takes place in the world of boxing, but it's really about family, betrayal and love. It's about the things that drive us and the things that break us, and how sometimes they are one and the same.'

SEEKING VENGEANCE

In prison, Duke meets crime boss Amado Rodriguez (Miguel Álvarez), who wants to take control of the London drug market and offers him a unique chance to get revenge on his former promoter.

Following his release, Duke sets out to infiltrate Kingsley's organisation and bring it down from the inside. However, when he returns to London, he finds his old promoter has vanished.

In his absence, Kingsley's wife Joy (Deborah Ayorinde) and his children are running his drug empire, meaning Duke must track down the crime boss.

'Revenge becomes his purpose, but it's also the thing that threatens to consume him,' says Charles. 'There may be a light at the end of that dark tunnel in the form of love, but first he has to forgive himself.'

That love comes in the form of Kingsley's wife and Duke's childhood sweetheart Joy, with whom the former boxer was having an affair with at the time of his title victory.

'They've loved each other since they were kids,' says Charles. 'Duke

WORDS: SEAN MARLAND, HANNAH DAVIES. PHOTOS: NETFLIX, SKY LIONSGATE, ROADSIDE ATTRACTIONS

EXCLUSIVE!

A former **prizefighter is out for revenge** in the London underworld

Cece Marshall
Anita-Joy Uwajeh
Kingsley's intelligent and business-minded daughter is an instrumental figure in his crime operation.

Zeek Marshall
Charles Babalola
Kingsley's brash and unpredictable son finds himself in danger when Duke returns and undermines his business.

Duke and H-Bomb

had to go away and do his thing and become a fighter, but they were moths to each other's flame and were just drawn back together. When he won the title, it was supposed to unlock their future together, but it was snatched away.'

Filming the brutal fight scene was a gruelling experience for Charles. He trained with boxing coach Marcus Fleming, who plays his on-screen opponent, H-Bomb.

'Trying to hit someone is a challenge, but trying to just miss them is even harder,' he smiles. 'We got to the stage where we both wanted to feel it and with certain shots it was clear we needed to hit each other, so we went for it. Sometimes he'd catch me and I'd owe him one – it was fun.'

Claire Foy as Helen with Mabel

NEW FROM NETFLIX

Broken wings

A grieving daughter **bonds with a goshawk** in a moving drama

NEW DRAMA

H Is for Hawk
From Sunday 23 August, Netflix

***The Crown* star** Claire Foy takes centre stage in a moving one-off drama when *H Is for Hawk* comes to Netflix this week.

Based on Helen Macdonald's bestselling 2014 memoir of the same name, the true-life story follows wildlife-loving Cambridge academic Helen, who is stricken with spiralling grief after her photojournalist father Alisdair (*Spider-Noir*'s Brendan Gleeson) passes away unexpectedly.

To distract from her devastating bereavement, Helen makes the impulsive decision to adopt a feisty goshawk, who she names Mabel. Having practised falconry as a child, she is soon putting the bird of prey through its paces, despite being warned about goshawks' legendary ferocity by her experienced falconer friend Stuart (*The Gold*'s Sam Spruell).

WILD EMOTION

But as Helen forges a deep connection with Mabel, she slowly becomes obsessed with the bird, and ends up isolating herself from her work, her family and almost all human interaction.

'Helen is suffering with the unimaginable grief of her father dying suddenly, but she's also suffering with depression,' says Foy, 42. 'I'm drawn to stories and characters that feel close to real life.'

Featuring Lindsay Duncan as Helen's mother and Denise Gough as her best friend Christina, the movie is interspersed with many wildlife sequences, as Mabel goes from eating slivers of raw steak in Helen's home to hunting for rabbits and pheasants in Cambridgeshire's forests and fields.

Several different goshawks play Mabel in the film, while Foy learnt the art of falconry in order to look convincing handling the birds.

'The idea of having a goshawk is such an extreme thing in falconry. I knew I had to get to a level of proficiency, not just to look proficient on screen, but also to feel comfortable and safe, and for the birds also to feel comfortable and safe,' she says.

'So many people were like, "Weren't you terrified?" But as soon as I met the hawks and I started training, I realised the privilege of being with these animals. They had a profound effect on everybody.'

● *See review, page 24*

Brendan Gleeson plays Helen's father Alisdair

From left: Colonel Winters, Jack, Trottie, Book, Inspector Bliss (Elliot Levey), Nora (Buket Kömür) and Sergeant Morris (Blake Harrison)

Write & wrong

The murder of a medium brings a spooky new case for **Mark Gatiss'** 1940s bookseller

NEW CRIME DRAMA

Bookish

Wednesday, 8pm & 9.15pm, U&Alibi (box set, Sky Box Sets, Virgin TV Box Sets & NOW)

A new chapter begins for bookseller and police consultant Gabriel Book this week as Mark Gatiss' 1940s-set noirish drama *Bookish* returns to U&Alibi for a six-episode second series.

In the first two-part story, Book (played by Gatiss) offers his trademark analysis to the police after medium Harold Sneed (Jason Watkins) is found dead with a dagger in his chest.

'I've always been obsessed with the supernatural and seances, but I am driven by a hatred towards mediums,' explains Gatiss, 59. 'Everything that Book says in the series is what I believe, too.'

WHODUNNIT?

Harold's death occurs in the middle of a seance attended by several of his most devoted clients, including Ada Dredge (Rosie Cavaliero), who Book knows from a previous investigation. However, it seems impossible for any of them to have killed him.

'It's a great idea for a murder – a close circle of everyone joining hands, no one apparently breaks the circle, and yet somebody is stabbed,' says Gatiss. 'I always had Jason Watkins in mind for Harold Sneed; I knew he'd have a good time with it.'

'*Bookish* is a murder mystery, but there is an arc to this series'
MARK GATISS

The second season will explore more of the characters' personal lives, including Book's search for information about the death of his former lover Felix (Jonas Nay), who was revealed at the end of Series 1 to be the father of Book's assistant, Jack (Connor Finch).

'*Bookish* is first and foremost a murder mystery, but there is an arc to this series,' says Gatiss. 'Later in the run, the backstory of Jack and Book

Book's backstory features in the new run

WORDS: GRACE MORRIS. STEVEN PERKINS. PHOTOS: BBC, ITV, U&ALIBI

Ada (left) joins a seance full of suspects

dovetails with the murder mystery, so it becomes the point of the story.'

PROTECTIVE PAIR

There's also a potential reckoning for the lavender marriage between Book and his best friend Trottie (Polly Walker) after she meets the handsome and debonair Colonel Reggie Winters, played by *Sherlock*'s Rupert Graves.

'We see a little bit more of Book and Trottie's marriage,' says Gatiss. 'They've been friends since childhood and married for about 10 years; they live separate lives, and it seems to work perfectly well. But Colonel Winters arrives and challenges that status quo.'

HAPPY MEDIUM

When approached about playing the role of medium Harold Sneed in *Bookish*, Jason Watkins didn't require much persuading.

'It's such a good part,' says Watkins, 63. 'Harold is not particularly honest in his profession. He's conning a few people out of their money, but he's very protective of his so-called genius and his connections with the beyond.'

Watkins, who recently starred in *Dear England*, particularly enjoyed the chance to wear a deliberately unconvincing wig for the role of Harold.

'A lot of this story is about perception, so Harold's perception of himself is slightly warped,' he explains. 'But he also enjoys the mystique: why is he wearing that wig when it's not convincing? All that, I think, is part of the game...'

Watkins wears a wig to play Harold Sneed

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Joe, Dawn and Billy

EMMERDALE

Wedding tragedy as Dawn's plan to jilt Joe ends in horror

» It's a dramatic week in *Emmerdale* as pregnant bride-to-be Dawn plans to leave Joe on their wedding day and run away with her ex-husband Billy and kids. With Joe unaware about his fiancée's scheme, all seems to be sorted for the pair to make their escape.

However, Billy's guilty conscience is weighing heavily on his mind as he continues to hide the secret from Dawn that it was Kev who attacked him and not Joe. It's not just Billy's lie that threatens to ruin everything as Graham swoops in to stop Dawn when her son, Lucas, lets slip about them going away.

Catching Dawn at the stables, Graham questions how Billy could have seen Joe attack him from behind and snatches her car keys. But Graham's bid to stop her leaving fails as Dawn knocks him out with a shovel.

Graham has his doubts

A catastrophic incident then sends shock waves across the village and sees DS Ramsden investigate another crime scene. Billy's ex, Gabby, looks guilty as she watches from afar. Has Joe stopped his runaway fiancée?

» PLUS Caleb can't wait to see Joe's happiness being destroyed, Jimmy is devastated to learn that the Miligans have sabotaged his haulage business, and resentment seems to be driving DS Ramsden's investigation.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Todd's gobsmacked when Celeste reveals she is Bernie's mum's twin sister (above), Ollie gets in trouble when Jake pulls a nasty prank on Christina, and Lucy takes a secret call from her dad, who tells her to stick to their story.

EASTENDERS

» Denise's loved ones track down her half-brother Darnell in their search for a stem-cell donor (below), Priya and Jean try to obtain DNA samples from Ravi and Max for a paternity test, and disaster strikes at Alfie's Benidorm-themed party.

HURRY, SAVE 20% THIS AUGUST!

Walk-in Showers

Walk-in Baths

Wet Rooms

Safe, easier bathing, in a style you love.

- Wide range of walk-in showers and baths available
- Free no-obligation design visit
- Low level easy safe access
- Non-slip comfort flooring available
- Design, project management installation and aftercare – we take care of everything

Thrilled with result ★★★★★

From start to finish the process was easy. The initial consultation was clear and helpful. I wanted a bathroom that looked modern and attractive as well as being practical. **Mrs Steuer**

For a brochure or to arrange a **free** design consultation: Call

0808 253 2119

QUOTING **TV & STREAMING WEEK**

Visit

assistivebathing.co.uk

assistivebathing

Walk-in baths and showers

Free Design Service | Hassle Free Installation | Nationwide Service | Helpful Expert Team

*Applies to selected lines only. Cannot be used in conjunction with any other offer. See website for full details. Offer ends 31/08/26.

TVSAT18/08/26

Rudy (centre) hits the big league

Legal eagle

Rising star **Milo Callaghan** plays a rule-breaking lawyer in John Grisham's classic thriller

NEW DRAMA

The Rainmaker

Friday, 9pm, ITV1 (box set, ITVX)

Almost 30 years after A-lister Matt Damon starred in legal thriller *The Rainmaker*, John Grisham's famous novel gets a makeover in a new 10-part TV series, with British actor Milo Callaghan taking on the lead role of hotshot young lawyer Rudy Baylor.

After getting fired on his first day at prestigious South Carolina law company Tinley Britt, Rudy lands a gig with a small-time personal-injury firm run by Jocelyn 'Bruiser' Stone (Lana Parrilla), who works out of a converted fast-food restaurant.

Matt Damon in the 1990s movie

READY FOR A FIGHT

However, Rudy soon finds himself in a battle against his former employers when he takes on a case of unlawful death after a young man dies in hospital.

'Rudy is going up against the biggest firm in the state, and he is doing it without any of their resources,' says Callaghan. 'All he has is his own diligence and time, and he's working out of this terrible office with this quite frankly incompetent ambulance chaser as a partner. But he just has this solid resolve that he's not going to stand by and see injustice done to the dead patient's family.'

The hospital that Rudy is suing is a client of Tinley Britt, which is headed up by Leo Drummond (John Slattery).

'It's a David and Goliath story,' says Slattery, best known for his role as Roger Sterling in *Mad Men*. 'A small firm goes up against this giant corporate monster – and I play the head of the monster. It's fun to be the bad guy. Leo has made a lot of money. He's accustomed to living in a certain style and is the king of the realm.'

'A small firm goes up against this giant corporate monster – and I play the head of the monster'

JOHN SLATTERY

As Rudy encounters secrets and murder as he tackles the case, he forges a strong partnership with his no-nonsense boss, Bruiser.

'Bruiser is ballsy and brassy and can totally hang with the boys,' explains *Once Upon a Time* actor Parrilla. 'She's a straight shooter who speaks her mind. Having Rudy on her team is like having a lawyer from a white-shoe firm. He's hungry, smart and a go-getter.'

Playing Rudy is set to be a huge breakthrough role for Callaghan, who began his career in historical drama *The Spanish Princess* and was recently seen in *Rivals*. And the Hoylake-raised actor was determined to put his own mark on the character.

'Matt Damon is one of my heroes, but that never felt like pressure to me. It actually felt like inspiration,' he comments. 'I wanted to honour Matt's performance but then take it in a completely different direction. In our show, Rudy is a cheeky, trailblazing rule-breaker. That was so exciting to step into.'

WORDS: ELAINE PENN. PHOTOS: ITV; PARAMOUNT PICTURES

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Kelsey Grammer

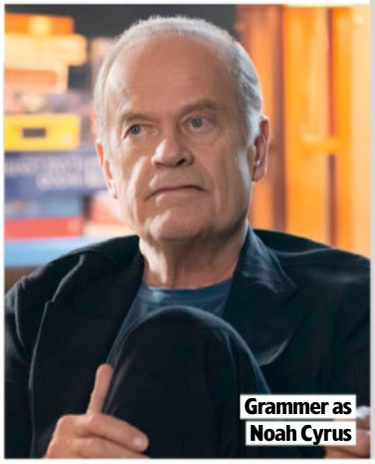
The Hunting Party

Thursday, 9pm, U&Alibi

Born in 1955, Emmy-winning actor Kelsey Grammer played psychiatrist Dr Frasier Crane (inset) in US comedy *Cheers* (1984-93) before equally popular spin-off *Frasier* saw the character relocate to Seattle, with the show running from 1993 to 2004 plus a two-season revamp in 2023 and 2024. Other TV credits include *Boss*, *The Last Tycoon* and *Proven Innocent*, plus the voice of Sideshow Bob in *The Simpsons*.

HIS NEW ROLE

Grammer, 71, turns evil when he guest-stars in this week's episode of crime drama *The Hunting Party* as serial killer and cult leader Noah Cyrus. Arrested for murdering several of his followers, he became an inmate at high-security facility The Pit – before the explosion that saw the mass escape of the prisoners. Can the elite tracking team stop him from killing again? 'Seeing Kelsey play a cult leader with a messiah complex was such a contrast to his role as Frasier,' says executive producer Jake Coburn. 'He crushed it.'



Grammer as Noah Cyrus

Hounds of love

A lonely Aussie finds friendship with a group of **dog owners**

Roland (Leon Ford) and his canine chums

Coach Kelly

Kelly Rowland talks tactics as *The Voice UK*'s new mentor...

NEW **ENTERTAINMENT**

The Voice UK

Saturday, 7pm, ITV1

After being a coach on four seasons of *The Voice Australia* between 2017 and 2020, former Destiny's Child singer Kelly Rowland is now taking her seat in the show's iconic red chair on *The Voice UK*.

Rowland has already proved herself Down Under, as a winning mentor twice, so fellow coaches Sir Tom Jones, will.i.am and McFly duo Danny Jones and Tom Fletcher will need to be at the top of their game.

Here, Rowland, 45, tells us more...

What made you want to take part in the UK show? I've been blessed to sit in that red chair in different places around the world, but every version of *The Voice* has its own heartbeat. I love discovering somebody who walks on to that stage without anybody knowing their name and leaves with the whole room knowing who they are.

What's the chemistry like with your fellow coaches? Will.i.am is one of the smartest people I've ever met – our conversations can go from beats and AI to everything in between. With Tom and Danny, I enjoyed talking about parenthood. And Sir Tom is a legend – he shared so much wisdom with me.

There's a 'Rewind Button' this year. What's it like having the power to throw one 'rejected' singer a lifeline? As a coach, you're thinking about the artists you didn't turn for and wondering, 'Did I get that one wrong?' Everyone loves a second chance, and I do, too.

So what kind of singers can we expect on Team Kelly? I'm looking for an artist who makes you feel something. If I can make the contestants feel strong and confident, that's what I want to do.

WORDS: HANNAH DAVIES, RICHARD MCCLURE, ELAINE PENN, VICTORIA WILSON. PHOTOS: 5, ADOBE STOCK, C4, GETTY, ITV, SKY, U

NEW COMEDY DRAMA

Dog Park

From Monday 24 August, U

Pamelia with chihuahua Big

For Melbourne careers officer Roland, having to walk his fluffy white dog Beattie – a pet he didn't want in the first place – is just one of life's many little annoyances getting under his skin.

As we meet lonely, middle-aged Roland (Leon Ford) in six-part Australian comedy drama *Dog Park* on U, he's having a midlife crisis. His wife Emma (Brooke Satchwell) is in New Mexico pursuing her dream career, while his teenage daughter, Mia (Florence Gladwin), barely needs her dad any more.

However, it seems that there's light at the end of the tunnel when Roland and Beattie are welcomed into a colourful neighbourhood of eccentric dog owners at the local park.

The close-knit group of regulars, known as the 'Dog Park Divas', slowly break through Roland's emotional armour with their daily dose of gossip, warmth and canine capers.

'We wanted to look at how you can be lonely in a city and what can change that in a good way,' says Ford, who also co-created the show. 'I suppose a dog park is the perfect setting for bringing people together these days.'

Among the dog-park pack are eternal optimist Samantha (Celia Pacquola) and her beloved Australian shepherd, Muppet; friendly Jonah (Ras-Samuel), who brings along Spike, his rescued whippet-kelpie cross; and Penny (Elizabeth Alexander), mum to a flatulent bulldog named Marty.

There's also Pamelia (Grace Chow) and Andrew (Ash Flanders), who provide much amusement – with her giant Newfoundland called Little and his tiny chihuahua named Big.

Almost by accident, Roland finds a sense of belonging and a tribe he never knew he needed. Can they – and Beattie – help him grow as a man, a husband, and a father?

'Roland is stuck in regret and worry, and Beattie just wants to go to the park and play,' smiles Ford. 'Put those two together, and hopefully you've got some sort of journey for at least one of them!'

In real life, Ford owns a Maltese Shih Tzu cross named Gidget, and he loved working alongside the show's six resident hounds.

'Having dogs around had this incredible calming effect,' he explains. 'There's something about their presence that puts everything in perspective.'

Sir Tom Jones, Danny Jones, Kelly Rowland, will.i.am and Tom Fletcher

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

The Terror: Devil in Silver

Sunday, 9pm & 10.05pm, Sky Atlantic (box set, Sky Box Sets & NOW)

The third instalment of Sir Ridley Scott's horror anthology stars *Downton Abbey*'s Dan Stevens (above, centre) as Pepper, who is wrongly committed to New Hyde psychiatric hospital after a scuffle with a group of police officers. As Pepper struggles to secure his release, he discovers a malevolent entity is stalking the corridors and preventing his escape. Co-stars include Judith Light and Robert Sean Leonard.

The Piano

LAST ONE

Sunday, 9pm, C4

Claudia Winkleman and Mika are joined by pianist Alice Sara Ott (right) as Birmingham's Symphony Hall hosts the grand final of the ivory-tinkling contest. Among the six amateur pianists hoping to win are William, who gets to play his own composition with a string quartet; Jamie, who attempts a new piece from notes suggested by the audience; and Harri, who plays a song inspired by his grandfather's poem.

Best Medicine

LAST ONE

Tuesday, 8pm, Sky One

As Season 1 of the US comedy-drama remake signs off, grumpy but likeable medic Martin must deal with a shocking threat to his practice, and turns to old flame Eden (Eliza Coupe, pictured with Josh Charles as Martin) when he misunderstands an intimate conversation between Louisa and her ex, Mark. The show will return for a second run.

Benidorm Is Murder

Thursday, 9pm, 5

Tamzin Outhwaite (right) joins the cast of 5's sun-soaked crime series this week. She plays Dennis' glamorous, estranged wife Tiff, who strides into his Benidorm bar, wielding divorce papers. She's dead set on marrying his old nemesis, Eddie, but will he let her move on? Meanwhile, Dennis (John Hannah) also faces another investigation when one of his customers is found dead...

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

Paramount+

HBO max

tv

Jennifer Connelly and Joel Edgerton as Daniela and Jason

Double trouble

Will the Dessen family **dare to reopen the Box** as the twisty sci-fi thriller returns?

tv Dark Matter

NEW *Available:* ***Friday 28 August***
Genre: ***Sci-fi*** *Season:* ***2***
Episodes: ***10 (released weekly)***

The sprawling multiverse of Apple TV's hit sci-fi thriller *Dark Matter* expands even further with a new 10-episode run that ventures into uncharted territory and beyond showrunner Blake Crouch's bestselling 2016 novel.

Season 1 followed quantum-physics professor and dedicated family man Jason Dessen (Joel Edgerton) and his abduction from the streets of Chicago and into an alternate reality, while a mysterious doppelganger stole his life and tried to deceive his wife, Daniela (Jennifer Connelly), and their son, Charlie (Oakes Fegley).

After a nightmarish odyssey across multiple worlds via a large quantum portal known as the Box, 'Jason One' finally found his way home, and as Season 2 begins, the Dessens are attempting a quiet, off-grid fresh start.

But they remain ever vigilant against the threat of a duplicate Jason, especially as each version is convinced of his own authenticity and desperate to reclaim the life he believes is rightfully his. But when danger inevitably comes knocking, will Jason risk everything and step back inside the Box?

NEW WORLDS AWAIT

'After Season 1, the Dessens are now finding some sense of normalcy, but there's this idea of defining what is home: is it a place, or is it family?' says Edgerton, 52. 'One of the great conundrums of the show, particularly when they're looking for a world to live in, is finding somewhere where other versions of them are not there.

'One of the reasons I wanted to do this show was the unusual challenge of getting to play multiple versions of the same character. Season 1 was mostly Jason One versus Jason Two, and now we have another Jason, who's been through his own kind of trauma.'

Elsewhere in the multiverse, neuroscientist Ryan Holder (Jimmi Simpson) joins forces with Jason Two's former flame, Amanda Lucas (Alice Braga), in a utopian world, while venture capitalist Leighton Vance (Dayo Okeniyi), who bankrolled the mind-altering technology, delves deeper into the infinite realities of the Box.

Through it all, a growing sense of paranoia plagues the sharply intuitive Daniela, who begins to doubt if she can rely on the world around her.

'The Dessens are trying to have a

Alice Braga and Jimmi Simpson as Amanda and Ryan

simple, quiet life, but something happens pretty quickly that foils that plan, and they're left reeling,' teases Oscar winner Connelly, 55. 'They try to find a place where they can rebuild while taking stock of who they've become because of the very existence of the Box. But how can they be together if they don't even know who they are any more?'

What we're watching...

The shows being enjoyed by the *TVSW* team

prime Turbulence

Genre: Thriller Episodes: One-off

A hot-air balloon floating high above the Italian Dolomites is the setting for this scenic action thriller. Zach (*Outlander: Blood of My Blood*'s Jeremy Irvine) and his wife, Emmy (Hera Hilmar), are taking the romantic ride over the mountains to rekindle their relationship. But just as the pilot, Harry (*Frasier*'s Kelsey Grammer), is about to take off, the trio are unexpectedly joined in the confined space of the balloon's basket by an extra passenger, Julia (Olga Kurylenko), who has dangerous intentions toward Zach.

NETFLIX The Idaho Murders: College Nightmare

Genre: Documentary Season: 1 Episodes: 3

Netflix revisits the horrific events of 13 November 2022 when four college students were fatally stabbed in their off-campus house in Idaho.

Disney+ Furious

Genre: Thriller Season: 1 Episodes: 8 (released weekly)

NYPD cop turned FBI agent Alice Black (Emmy Rossum, right) is on the trail of a calculating female serial killer (Lola Petticrew), who's out for revenge in a gripping cat-and-mouse thriller.

Now in production...

Three upcoming shows to look out for soon

Paramount+ Ascent

In Paramount+'s thriller, Viola Davis (above) will play well-respected corporate fixer Catriona Vail, who steers a range of high-end clients through crises. After her estranged daughter lands in jeopardy, Catriona must use all of the weapons in her arsenal to try to help.

prime Young Sherlock

The second run of Prime Video's drama, which follows the fortunes of a youthful Sherlock Holmes (Hero Fiennes Tiffin), will see Aidan Gillen, Olivia Williams, Indira Varma (above) and Sophie Skelton join the cast, as the sleuth faces a new mystery.

tv Ascension

Caitríona Balfe (above) will star in Apple TV's horror drama, co-written by Alfonso Cuarón and inspired by Adam Nevill's novel, which centres on a documentary film-maker who uncovers dark secrets when she investigates a troubling 20th-century cult.

WORDS: CAREN CLARK, JUDY EWENS, REBECCA MAHONEY. PHOTOS: APPLE TV, GETTY, NETFLIX, PRIME VIDEO. ©2026 DISNEY & ITS RELATED ENTITIES

Nerves of STEEL

A plucky private eye investigates **multiple murders** in a blue-collar community

Nathaniel Martello-White (right) as Jake Noveer

itvX One Dollar

NEW *Available: Sunday 23 August*
Genre: Drama Season: 1 Episodes: 10

A struggling rust-belt town in Pennsylvania is the scene of a shocking murder mystery in the crime thriller *One Dollar* on ITVX.

The 10-part series (also showing from Sun at 11.20pm on ITV1) centres on a gruesome incident at a steelworks in the fictional town of Braden. Owned by Bud Carl (*Fargo*'s John Carroll Lynch), the mill is on the brink of collapse, forcing him to cut employees' hours to stay afloat, which is grim news for single father Garrett Drimmer (Philip Ettinger), who must pay for his daughter Carrie's childcare.

Philip Ettinger as Garrett Drimmer

One night, Garrett receives a frantic phone call, and he leaves Carrie home alone to help a steelworker in distress. The next day, as workers arrive for their shift, they are met by pools of blood from the bodies of seven people who have been murdered.

Secretly, wealthy developer Wilson Furlbee (Greg Germann) hires insomniac ex-cop turned private investigator Jake Noveer (Nathaniel Martello-White) to investigate the financial fallout from the massacre quietly. Jake, who left the police department under a cloud, soon clashes with his former cop colleagues as he unravels a web of secrets and lies.

SECRETS AND DIVIDES

The drama, which co-stars country-music singer-songwriter Sturgill Simpson, is told through the clever plot device of a single dollar bill that changes hands every episode, moving to a different character as the story winds through the town's rich and poor residents.

'The show is looking at the last bastion of the blue-collar community in America. You've got this dollar bill that is shifting hands every episode, and it's somehow implicated in this multiple murder,' says Martello-White, whose credits include *Misfits*, *Silk* and *Small Axe*.

'The main strand is the murder mystery, but then the dollar bill has another function – it acts as a window into society, class and race.'

Maia Reficco and Fernando Líndez as Ry and Julià̀n

Summer LOVING

Eva Longoria stars in a sun-kissed romance

Eva Longoria as Isolde

prime The Last Sunrise

NEW *Available: Wednesday 26 August*
Genre: Drama

An American mother and daughter spend an unforgettable summer together in Prime Video's heartfelt movie *The Last Sunrise*, based on Anna Todd's romantic novel of the same name.

Desperate Housewives star Eva Longoria plays Isolde Pera, the protective mother of troubled dance-company performer Ry (Maia Reficco). Ry's future is uncertain because she has a chronic illness and needs powerful medication to keep her symptoms at bay.

When Ry collapses on stage, Isolde suggests spending the summer together in Majorca, where she grew up, while she works on a lucrative real-estate deal on the Spanish island.

After meeting handsome local fisherman Julià̀n (Fernando Líndez) at the beach, Ry is smitten. Throwing caution to the wind, she decides to stop taking her meds because they make her feel numb, and she wants to experience everything – even if it endangers her health.

But as the two become closer, secrets they're both keeping threaten to tear them apart. And matters become even more complicated when Isolde's deal-making on the island has a devastating impact on Julià̀n's family business.

'This is a gorgeous summer romance with a deeper message about living in the moment,' says Reficco. 'At its heart, it's about love, self-discovery, and finding joy – even in uncertain times.'

WORDS: CAREN CLARK, IAN MACEWAN, ELAINE PENN, VICTORIA WILSON. PHOTOS: ALAMY, BBC, C4, ITV, PRIME VIDEO, SHUTTERSTOCK, U&DAVE

Staying the course

Football icon **Michael Owen** invites cameras into his home and racehorse stables

Michael Owen with wife Louise and daughter Gemma

prime Meet the Owens

NEW *Available Friday 28 August*
Genre: Documentary Season: 1 Episodes: 6

Once a teenage footballing sensation who burst on to the scene at Liverpool in the late 1990s, former England striker Michael Owen is now making waves in a different sport – horse racing – as the proprietor of Manor House Stables in Cheshire.

Six-part reality series *Meet the Owens* follows him over a year as he strives to make his racehorse-training facility one of the best in the business, while negotiating family life at home with wife Louise and their children, Gemma (of *Love Island* fame), James, Emily and Jessica.

Here, the 46-year-old tells us what we can expect…

Why did you decide to allow the cameras into your world? My life has changed, going from football to the horse-racing game, so I thought this would be a lovely way of telling that story.

Did you have any concerns about making the series? I was worried it might be a little exposing for the children. However, once we started filming, I enjoyed having the camera crew in our house, seeing what we do day-to-day.

How do you think the public perception of you will change? When I came on to the football scene, I went to the 1998 World Cup with England. David Beckham, the darling of football at the time, was sent off, while I made my name scoring in a huge game against Argentina. So it was easy for the press to create a devil and an angel. Now, viewers can make up their own minds.

Owen playing for England in 1998

What skills do you bring to the stables? One of my strengths is knowing what I'm good at, and putting the right people in place to do the things I'm not so good at. To use a footballing analogy, you wouldn't employ Sir Alex Ferguson [Owen's boss at Manchester United] as manager and then tell him how to pick the team.

What goals do you have going forward? I would love to have Manor House Stables as the best training establishment in the country. Also, now that my oldest daughter has ridden in her first race for charity, to see her win in my colours would be amazing.

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

U Hit Point

U&Dave's crime drama sees cops Bella and Leo (Saffron Hocking and Nick Blood, both above) investigate robbers who have stolen money from a crime boss. But Bella has no idea that Leo was part of the gang carrying out the theft.

BBC iPLAYER A House Through Time

In the return of BBC2's history series, Professor David Olusoga (above) explores the lives of the former residents of a house in Edinburgh, including the father of Victorian sculptor John Steell.

BBC iPLAYER The Big Deal with Steph McGovern

The broadcaster (above) hosts BBC2's art contest, as a group of budding dealers compete to win British art worth £50,000. Their first challenge is to sell the work of graduate artists at auction.

4 Martin & Roman's Irish Road Trip

Martin and Roman Kemp (both above) journey around Ireland in C4's travelogue, which begins in County Cork, where the duo go kayaking to learn about Cliona, Queen of the Banshees.

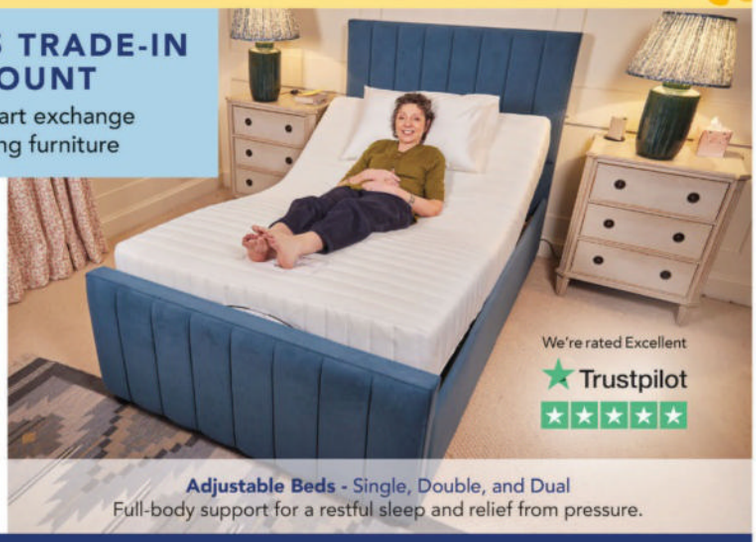
CHARTERHOUSE MOBILITY

MADE JUST FOR YOU

MADE IN BRITAIN · PREMIUM QUALITY

THE SUMMER
HALF PRICE SALE*

PLUS £375 TRADE-IN DISCOUNT
When you part exchange your existing furniture



1000s OF FABRIC & LEATHER OPTIONS

Riser Recliners - Sofas and Chairs
Enjoy superior comfort and support with easy sitting and standing.

Adjustable Beds - Single, Double, and Dual
Full-body support for a restful sleep and relief from pressure.

Call today for your **FREE brochure,** freephone **0800 080 3359**
or visit **www.charterhousemobility.com** • *Open 7 days a week*

*Ends 16th October 2026. T&C apply.

woman&home

INSPIRING WOMEN LIKE YOU

ON SALE NOW

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Devil's Peak

Saturday 22 August

South African crime drama. A detective (Hilton Pelser) hunts for a vigilante whose attacks on child abusers in Cape Town have led him to be dubbed the 'Assegai Killer' after the spear-like weapon he uses.

Conan O'Brien Must Go

Saturday 22 August

The third season of the humorous travel series in which the American former late-night talk-show host experiences local cultures and connects with fans he previously met on his podcast.

9/11 Reunited

Saturday 22 August

Three-part docuseries detailing the events of the 9/11 terrorist attacks that took place in New York in 2001, with accounts from survivors and rescuers. Also airing on National Geographic (Sun, 9pm & 10pm, & Mon, 9pm). See feature, p20.

H Is for Hawk

Sunday 23 August

Drama based on the 2014 memoir of the same name by Helen Macdonald. Following the sudden death of her father, Helen (Claire Foy) turns to the ancient art of falconry, training a wild goshawk to deal with her profound loss. See feature, page 7.

One Dollar

Sunday 23 August

Mystery drama. In a struggling rust-belt town, a single one-dollar bill changing hands connects a group of characters involved in multiple murders at the local steel mill, although initially no bodies are found. Also airing on ITV1 (Sun, 11.20pm). See feature, p16.

Dog Park

Monday 24 August

Australian dramedy series. In the grip of a midlife crisis, Roland (Leon Ford) is dragged into the world of eternal optimist Samantha (Celia Pacquola) and her dog-walking group. See feature, p12.

Adults

Friday 28 August

Season 2 of the ensemble comedy in which five 20-somethings face the challenges of early adulthood while living in the childhood home of one of their number in New York. Starring Owen Thiele, Lucy Freyer, Malik Elassal, Amita Rao and Jack Innanen.

Untold: The Testimony of Vince Young

Tuesday 25 August

Sports documentary about former American-football quarterback Vince Young. After delivering one of the best performances in Rose Bowl history, Texas Longhorns' Young was touted as the NFL's next big thing, but his career was dogged by injuries, conflict and loss.

The Last Sunrise

Wednesday 26 August

Romantic drama. Young Ry's life has been shaped by chronic illness and her overprotective mother (Eva Longoria). When she joins her mum on a business trip to Majorca, Ry (Maia Reficco) meets Julián (Fernando Lindez), who offers her the kind of adventure she's always longed for. See feature, page 16.

Scream 7

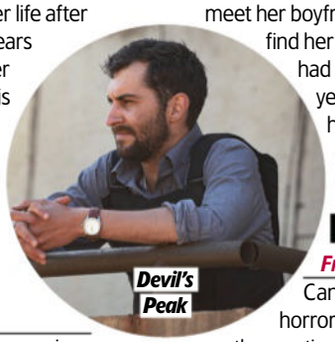
Thursday 27 August

The latest entry in the slasher-movie franchise sees a new Ghostface killer emerge in the quiet town where Sidney Prescott (Neve Campbell) has built a new life. When her daughter Tatum (Isabel May) becomes the next target, Sidney's darkest fears are realised and she must face the horrors of her past to put an end to the bloodshed once and for all.

Leanne

Thursday 27 August

The second season of the sitcom centring on Leanne, played by the show's co-creator Leanne Morgan, who has to rebuild her life after her husband of 33 years leaves her for another woman. Helping her is her twice-divorced younger sister (*3rd Rock from the Sun*'s Kristen Johnston).



Meet the Owens

Friday 28 August

Docuseries charting a year in the life of former England footballer Michael Owen as he balances running his horse-racing empire – his stables house 140 horses – with a chaotic home set-up with his wife Louise and their four children. See feature, p17.

Mousetrap

Friday 28 August

Korean mystery thriller. A reclusive novelist wakes up one day to find his identity stolen and must join forces with a ruthless loan shark to reclaim his life from a man known as The Rat.

Dark Matter

Friday 28 August

The second season of the sci-fi series. In the first season, physicist Jason Dessen (Joel Edgerton) was abducted into an alternate reality and had to navigate the multiverse to return to his wife (Jennifer Connelly) and family. The new season picks up as the Dessens settle into a world that seems safe until the unimaginable forces them to run once again. See feature, page 14.

No Time for Goodbye

Friday 28 August

French crime drama from Walter Presents. At 15, Sofia sneaked out to meet her boyfriend and returned to find her parents and brother had vanished. Some 20 years later, she is still haunted by unanswered questions about their disappearance.

Undertone

Friday 28 August

Canadian supernatural-horror film. As Evy (Nina Kiri), the sceptical co-host of a paranormal podcast, cares for her dying mother, she starts receiving disturbing recordings linked to a demon in folklore.

The Whisper Man

Friday 28 August

Psychological crime thriller starring *Severance*'s Adam Scott as a widowed writer who seeks help from his estranged father (Robert De Niro), a retired detective, after his young son is abducted. Together, they uncover a terrifying connection to a decades-old case involving a serial killer known as The Whisper Man, who is thought to have been imprisoned years ago. Michelle Monaghan and Michael Keaton co-star. See feature, page 4.

The Secret Woman

Friday 28 August

Danish thriller. Suffering from amnesia, Louise lives a quiet life, but it's upended when a stranger reveals she is actually Helene Söderberg, who vanished from Denmark three years earlier and is married with a child. Louise then sets out to uncover her forgotten past.

WORDS: JUDY EWENS. PHOTOS: © 2026 DISNEY & ITS RELATED ENTITIES. NETFLIX. U

Documentaries

Stefan Horlacher helped save Debbie St John's life

The Twin Towers under attack in 2001

Stories of hope

Twenty-five years on, **survivors of 9/11** are reunited with their heroic rescuers

The Tudors with Rob Rinder and Ruth Goodman

Tuesday, 9pm, 5

The final episode of the *Rich Lives, Poor Lives* strand sees the pair (both above) rewind to Tudor England when King Philip II of Spain sent his Armada to overthrow Queen Elizabeth I. They also find out about merchant Thomas Cordell, who loaned his ships to the Queen.

The Great Wall of China with Dan Snow

Wednesday, 9pm, 5

Dan Snow (above) travels the length of the Great Wall of China, learning about the dynasties that ordered the building of the structure and the brutal treatment of those who worked on it. He finds out that, as well as a defensive structure, it was part of a signalling system, and debunks the popular myth that it can be seen from space.

The Murder Detective

Wednesday-Friday, 9pm, C4 (box set, Channel 4 Streaming)

Cameras gain unprecedented access to the Northern Ireland police investigation into the murder of journalist Lyra McKee, who was shot dead while reporting on a riot in Derry in April 2019. The New IRA admitted responsibility for the killing, but can Senior Investigating Officer Jason Murphy (above) catch the culprit?

WORDS: CAREN CLARK; IAN MACEWAN PHOTOS: 5, C4, CAROL DALLARA, ©DOCSVILLE STUDIOS LTD 2022, HUBERT BOESL/PICTURE-ALLIANCE/DPA/AP IMAGES, ITV, NATIONAL GEOGRAPHIC, PHOTOGRAPHER OLLY CURTIS; STYLING BY RACHEL FANCONI; HAIR & MAKE-UP BY LOU BLAKE; PPPPA COURTESY OF THE ANIMAL TALENT LTD STUDIO. TOWER BRIDGE STUDIOS

The D'Allara and Spade families meet. Inset: Police officer John D'Allara

NEW FACTUAL

9/11 Reunited

Sunday, 9pm & 10pm, & Monday, 9pm, National Geographic (box set, Disney+)

Most of us can recall exactly where we were and what we were doing on 11 September 2001 when two hijacked planes crashed into New York's World Trade Center in a horrifying terrorist attack. But for those caught up in the disaster, the memories are still achingly raw, 25 years on.

Now, a series of moving stories from those who survived and owe their lives to brave strangers are told in a three-part series, *9/11 Reunited*, which marks 25 years since that fateful day.

Jan Demczur with George Phoenix and John Paczkowski

Interspersed with footage of the atrocity and photographs of some of the dramatic rescues featured in the docuseries, we hear the survivors' powerful stories and follow them as they meet up with their heroic Good Samaritans, some for the very first time.

One of those still deeply affected by the tragedy is Debbie St John, who was crushed by falling debris as the second plane slammed into the Twin Towers. She was hospitalised for 18 months, underwent 50 operations and had to relearn how to walk. She only survived because a stranger, Stefan Horlacher, kept her alive until an ambulance arrived as the wreckage continued to rain down.

'It was the apocalypse, and he decided to risk his life – that means everything,' says St John, as she meets Horlacher again for the first time. 'My hopes, my dreams, my possibilities are all because of Stefan. He's my saviour.'

Later in the series, there are more miraculous stories of survival. Jan Demczur, a former World Trade Centre window cleaner, is reunited with two men he helped save from a trapped, smoke-filled elevator in the North Tower.

Meanwhile, retired firefighter Bill Spade meets the family of cop John D'Allara, who helped Spade lead scores of people to safety, only to lose his life when the North Tower collapsed.

'I wanted to relay the message to his wife and kids that John was thinking about them right at the very end,' says Spade. 'We were only working together for 25 minutes, but I'll never forget our conversations that day. He saved a lot of lives.'

Rainbow Warrior

Wednesday, 10pm, Sky Documentaries

In July 1985, the Greenpeace flagship *Rainbow Warrior*, deployed in a campaign to protest against French nuclear testing, sank in New Zealand's Auckland Harbour after being the target of a bomb attack, which killed photographer Fernando Pereira. This film recounts how the investigation led back to the French government.

The Never Ending Murder

Wednesday & Thursday, times vary, C4 (box set, Channel 4 Streaming)

In December 1991, 18-year-old mum Nicola Payne (above) disappeared while walking near her parents' home in Coventry and was never seen again. In a four-parter, loved ones and police officers share their thoughts on the unsolved case, while flaws in the investigation are highlighted and new revelations uncovered.

Gaby's pet project

Gaby Roslin celebrates our love of animals

NEW FACTUAL

The Joy of Pets

Sunday, 11.30am, ITV1

Britain is a nation of animal lovers, and ITV1's new series *The Joy of Pets* showcases the unique bond we have with our forever friends.

Hosted by Gaby Roslin and vet Dr Bolu Eso, the Sunday-morning five-parter sees the pair travel the country to meet incredible pets and the people who love them, while also sharing tips on how to care for a variety of animals.

Here, in an exclusive chat, *Morning Live* co-presenter Roslin, 62, tells us more...

What's the premise of the show? We set up 'village green' areas in Horsham, Windsor, Bristol, Birmingham and Ipswich and celebrate the relationship between pets and their 'pet parents'. Bolu visits vet clinics to hopefully remind people how to look after their pets. But there's fun, too.

Tell us about the pets you encountered... I fed an African land snail, and we had monitor lizards, guinea pigs, snakes, tarantulas and even a pony who did some cooking! And there was a blind husky who'd made such a difference to its adopters' lives. We also met the StreetVets, who work with homeless people and their animals, and I chatted to a vicar who does pet blessings.

Did you learn a lot? So much. Bolu showed me how to brush dogs' teeth, and we learnt the right way to groom them. I found out how to look after chickens, too. I'd never held one before, but it was so calming.

Have pets always been part of your life? Yes, growing up, we had tortoises, rabbits, an outdoor cat, a Staffordshire bull terrier, and we'd take home guinea pigs and hamsters from school. We also had a dachshund who had puppies. Then, as an adult, my first dog was a Cavalier King Charles spaniel, Chester, who was obsessed with *EastEnders*, like I am!

Were you tempted to adopt more pets after making the show? I wanted to take them all home. But my husband's allergic to cats and dogs. There was a house tortoise on the show and I'd like one of those. Pets remind us about unconditional love, which is magical.

Roslin makes a friend

Films Our pick of this

Toy Story 5

MOVIE OF THE WEEK

A child's electronic tablet is the latest villain in a series that never disappoints

ANIMATION

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

Three decades on from their unforgettable debut in Pixar's groundbreaking 1995 CGI film, the lovable band of toys show they can still charm, amuse and tug our heartstrings – and offer wisdom and insight into the nature of childhood in a changing world.

In their fifth outing, the toys face a threat we all share: the danger of tech. Bonnie, the child who became the toys' custodian in the last film, is now eight and still delights in imaginative play, usually featuring her favourite toy, cowgirl doll Jessie (superbly voiced by Joan Cusack). But she finds it hard to make friends with other kids – they're all glued to devices.

Then Bonnie's parents buy her a frog-shaped tablet, which only makes things worse. Jessie now makes it her mission to connect Bonnie in the real world with another young girl, Blaze, who shares her inventiveness and sense of fun.

Woody (Tom Hanks) gets involved as well, of course, as do a whole platoon of Buzz Lightyears (Tim Allen). All of which is great fun, and displays Pixar's customary storytelling and animation brilliance. But what might linger in the mind the most is the cautionary image that occurs when Jessie looks out across Bonnie's neighbourhood and sees through the lighted bedroom windows that every child is tapping away on a device.

2026, PG, 102MIN

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner ›››

week's Best Movies

HISTORICAL ACTION

Rise of the Conqueror

Friday, 10.25am & 7.45pm, Sky Premiere ★★★

Starting in 1363, 136 years after the death of Genghis Khan, this purports to tell the epic ascension of Timur Barlas (played here by Christian Mortensen), in which he ended up ruling over an empire that stretched over a huge swathe of Asia Minor. Filmed in the vast landscapes of Uzbekistan, this mostly dumps historical truth to deliver a *Gladiator*-style movie of betrayal and redemption, where Timur is almost killed by the new Khan, Ilias (Joshua Jo), before being saved and meeting him once again on the battlefield. The script is clunky, but what makes this movie worth watching is the stunning battle near the end, accurately showing the inspired tactics of the Mongols and what made them so feared. This may be no classic, but when it works, it does so phenomenally well. 2026, 15, 119MIN

Man of steel: Christian

A hard rain's gonna fall: Noah, Wagner, Greta and Riley

SCI-FI MYSTERY

The Last House

Available now, Netflix ★★★

Trapped in their house by some mysterious, unseen force, a family (dad Wagner Moura, mum Greta Lee, eight-year-old Riley Chung and 12-year-old Noah Alexander Sosnowski) learns to adapt in order to survive in this unusual, but compelling tale. The movie thoroughly commits to a situation that covers a long stretch of time – the event seemingly having something to do with the persistent rain – as we witness this group fight through countless adversities with grit and ingenuity while others in the neighbouring houses fare less well. It certainly has its bleak moments, but the familial bond shines through, helped by having Moura and Lee as the leads, as they bring a grounded naturalism to their roles. Chung should also have a shout out, as she is delivers a performance well beyond her years. 2026, 12, 110MIN

COMEDY DRAMA

Twinless

Saturday, 7.10am & 4.35pm, Sky Premiere ★★★★

A wonderfully unusual comedy drama from writer-director James Sweeney, who also stars as a young gay man who attends a support group for those who have lost a twin. There, he meets the stoic, gruff Dylan O'Brien and the two start hanging out. Without giving away any of the smart twists, this film touches on loneliness and how grief and lost love can contort people's perception and emotions. There are some lovely, inventive visual flourishes throughout this engaging tale and it is laugh-out-loud in places, while also stepping into darker territory. 2025, 15, 100MIN

Colourful company: Dylan and James

ANIMATION

GOAT

Friday, 6.50am & 6pm, Sky Premiere ★★★

When little goat Will (voiced by *Stranger Things*' Caleb McLaughlin) gets the chance to play professional roarball (an animal version of basketball), it isn't quite what he expects. Especially when the squad's captain, a panther called Jett (Gabrielle Union), stands in his way... Although a gloriously vivid, wildly colourful animated movie set within a world of animals, whether kids will enjoy this will very much depend on their feelings towards sports culture, as this assumes a certain knowledge of the game. That said, it's still a fun, pacy movie with a great soundtrack. 2026, PG, 99MIN

Will's in the big league now...

Films

Something wild: Claire

DRAMA

H is for Hawk

From Sunday, Netflix ★★★★

Grief has the unnerving ability to take on many forms. When Cambridge academic Helen MacDonald lost her photo-journalist dad she imploded, cutting off the outside world except to train a goshawk, one of the fiercest, most formidable birds of prey. But did the bird help her, or did their co-dependent relationship simply give her a reason to avoid humanity? Helen's memoir of that time became a massive prize-winning smash hit, and director Philippa Lowthorpe has made a supremely heart-wrenching film of it.

Her coup is in having Claire Foy take the part of Helen, an actor who envelops characters utterly, here delivering a deeply empathic performance that is played out in the quiet – it's almost belligerently unshowy. She's matched by Brendan Gleeson as her father seen in flashbacks, a man with a voracious appetite for all aspects of knowledge.

The meat of this drama is a woman crawling into despair and struggling to meet her depression face on, which the film never shies away from, but what also stays with you is the stunning wildlife photography of the goshawk hunting in the East Anglian Brecklands. It is simply breathtaking. 2025, 12, 119MIN

Hidden gems Great movies you might have missed...

FANTASY DRAMA

The Curious Case of Benjamin Button

Netflix ★★★★

Brad Pitt lands a dream role as Benjamin Button, a man born old who gets younger as the years pass, in director David Fincher's gorgeously arty and entertaining heart-warmer based on an F Scott Fitzgerald short story. The story is revealed by the love of his life (Cate Blanchett) – now ancient herself – from her hospital deathbed to her daughter (Julia Ormond), who reads aloud from Button's diary. 2008, 12, 166MIN

MYSTERY DRAMA

Deception

Prime Video ★★★★

Geoffrey Rush is on superb form as the repressed protagonist of this teasing romantic mystery. He plays a finicky, phobic art auctioneer who keeps the world at arm's length until he is drawn into an intrigue involving an agoraphobic heiress (Sylvia Hoeks), whose decaying villa is stuffed full of treasures. The film is terrifically compelling as Rush keeps us swinging between repulsion and sympathy for his prickly character. 2013, 15, 125MIN

PERIOD DRAMA

The Tree of Life

STUDIOCANAL Presents ★★★★★

Director Terrence Malick's extraordinary drama is full of lyrical and luminous images, but the movie's meaning is tricky to pin down – at one point veering off into an exploration of creation itself. The bulk of the action takes place in 1950s Texas, where a childhood of endless summers is recalled years later by a successful, middle-aged Sean Penn, the eldest of three sons of a disciplinarian father (Brad Pitt) and gentle mother (Jessica Chastain). 2011, 12, 139MIN

Saturday 22 August

SUPERHERO

Doctor Strange

8pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Benedict Cumberbatch is perfectly cast as aloof, arrogant neurosurgeon Stephen Strange, who damages the nerves in his hands in a car crash and – in search of a cure – ends up in Kathmandu where Tilda Swinton's bald, enigmatic Ancient One sets him on the path to redemption. And the new sorcery skills he acquires, with help from the Ancient One's lieutenants (Chiwetel Ejiofor and Benedict Wong), are crucial when Kaecilius (Mads Mikkelsen) threatens world-ending destruction. The ensuing mind-bending adventure boasts truly dazzling visuals as rival sorcerers reshape reality, but it is Cumberbatch who really makes the film work. 2016, 12, 115MIN

Odd man out: Benedict

CLASSIC THRILLER

The Third Man

10.15am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Carol Reed's all-time great movie will always be remembered for two things: the catchy zither music score and Orson Welles' perfect first appearance in a shadowy doorway. As black marketeer Harry Lime, he's hardly on screen, yet his huge personality completely dominates this tangled tale of corruption and intrigue amid the ruins and fairs, shapes and shadows of early post-war Vienna. Joseph Cotten is an old friend on his trail, Trevor Howard is a British officer on the sidelines and Alida Valli is the woman Lime left behind. 1949, PG, 104MIN

FAMILY COMEDY

Paddington

7.10pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Winningly voiced by Ben Whishaw, Paddington Bear's first film is a joy; a warm, witty and generous-hearted family film to delight young and old alike. Perfectly capturing the spirit of Michael Bond's books, the plot sees the marmalade sandwich-loving bear arriving in London. He is taken in by the Brown family, headed by Hugh Bonneville and kindly Sally Hawkins, and is soon causing all manner of hilarious mayhem. Meanwhile, menace looms in the form of Nicole Kidman's evil taxidermist and nosy neighbour Mr Curry (Peter Capaldi). 2014, PG, 95MIN

THRILLER

Spectre

9.35pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

In his fourth Bond outing, Daniel Craig swaggers through a film that positively revels in the series' heritage. The action set pieces are dazzling (including an intricate single take opening sequence set in Mexico City) and everywhere you look there are nods, nudges and witty allusions to 007's past escapades. The plot sees Bond on another globe-hopping quest in pursuit of the shadowy organisation that's dogged his previous missions while, back home, Ralph Fiennes' M battles Andrew Scott's plan to replace 00s with drones and satellites. 2015, 12, 148MIN

FANTASY COMEDY

Everything Everywhere All at Once

10.15pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Anything and everything goes in this glorious, hysterical and big-hearted fable about what-ifs. Oscar-winning Michelle Yeoh gives a stellar turn as Chinese-American Evelyn, who runs a launderette with put-upon husband Waymond (Ke Huy Quan). But a fraught visit to the tax office sets off a series of wild events in which Evelyn must connect with other parts of herself from a multitude of multiverses in order to save existence itself. 2022, 15, 139MIN

■ Full listings start on **p35**

Sunday 23 August

THRILLER

No Time to Die

8pm, ITV1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With fabulous action and touching drama, Daniel Craig's 007 swansong is a James Bond classic. It kicks off with two prologues, one introducing baddie Lyutsifer Safin (Rami Malek), while the other sees Bond heading to Italy with Léa Seydoux's Madeleine. Five years later, Bond is enjoying a retirement of sorts in Jamaica when old pal Felix Leiter (Jeffrey Wright) ropes him into the hunt for a rogue scientist. Then it's largely Craig doing what he does best, while M (Ralph Fiennes) and Q (Ben Whishaw) are given room to reveal additional layers and Ana de Armas makes maximum impact in a standout shootout in Cuba. 2021, 12, 163MIN

Last hurrah: Daniel

BIOPIC

Darkest Hour

8pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

In May 1940 the Nazis are advancing, France is about to fall and the fate of the world hangs in the balance. Can new Prime Minister Winston Churchill rally the British people to fight on? Director Joe Wright's rousing biopic is marred by some hokey scenes, but an Oscar-winning Gary Oldman lets rip with the oratory as Churchill, while also showing us his human side. He's mesmerising and there is sterling support from Kristin Scott Thomas as his stalwart wife, Lily James as his secretary and Ben Mendelsohn as King George VI. 2017, PG, 125MIN

CLASSIC MONSTER MOVIE

Jaws

10pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Making his first major Hollywood film, Steven Spielberg's direction is still a textbook exercise in the creation of suspense. But his brilliance was in understanding that *Jaws*, adapted by Peter Benchley from his own bestseller, wasn't really a thriller, but a character piece. The resort town of Amity Island is the place where it definitely isn't safe to go into the water, a great white shark is the people-eater at large and Roy Scheider's police chief, Richard Dreyfuss' expert and Robert Shaw's boat captain are the mismatched trio fighting back. 1975, 12, 125MIN

PERIOD ROMANCE

Wuthering Heights

10.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

As toxic relationships go, Cathy and Heathcliff in Emily Brontë's 19th-century classic are hard to beat. Feeling strikingly modern, writer-director Emerald Fennell's adaptation, set on the wild, windswept Yorkshire moors, boldly captures the devastating tale of love, obsession and emotional self-destruction between Margot Robbie's Cathy and Jacob Elordi's Heathcliff. Standout support comes from Martin Clunes as Cathy's alcoholic father and Shazad Latif as wealthy Edgar Linton, while the imaginative sets ensure it looks sensational. 2026, 15, 1236MIN

THRILLER

Edge of Darkness

11.30pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

Director Martin Campbell's reworking of his superb 1985 TV drama starring Bob Peck makes for intelligent, twisty viewing. It moves the action to the US and stars Mel Gibson as a Boston cop who sets out to investigate his daughter's murder and soon uncovers a sinister web of corporate corruption, nuclear secrets, eco-activism and government cover-ups, meeting Danny Huston's slimy entrepreneur and Ray Winstone's shadowy CIA fixer along the way. 2010, 15, 117MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 24 August

PERIOD DRAMA

Emily

11.10pm, BBC1 (11.40pm N Ireland, 12.10am Scotland) ★★★★

Sex ●●○ Violence ○○○ Language ○○○

A brilliantly imagined take on the brief, little-known life of *Wuthering Heights* author Emily Brontë, played with wild intensity by Emma Mackey. Along with her siblings (Fionn Whitehead, Amelia Gething and Alexandra Dowling), anti-social, eccentric Emily lives a life of learning and freedom on the Yorkshire moors. But the arrival of a dashing new vicar (Oliver Jackson-Cohen) has her world exploding. A film that's sensual, lush and gripping with a fierce adoration for this singular woman. 2022, 15, 125MIN

Moor's the merrier: Emma

ACTION COMEDY

Roofman

7.20am, Sky Cinema Comedy ★★★★

Sex ●●○ Violence ●○○ Language ●●○

Channing Tatum is a hoot in this entertaining stranger-than-fiction true-story film. His divorced dad takes to robbing McDonald's, breaking through the roofs which gave him his nickname. He's jailed, but even more outlandish is that he escapes and hides in a Toys R Us store – for six months! Tatum is fab, Kirsten Dunst lends lovely support and there's a deft mix of humour and heartfelt moments. 2025, 15, 126MIN

ANIMATION

Frozen

3.35pm, Disney+ Cinema ★★★★★

Sex ○○○ Violence ○○○ Language ○○○

Disney's enchanting musical of Hans Christian Andersen's fairy tale *The Snow Queen* won Oscars for Best Animated Film and Best Song and became the most successful animated film of all time. The studio's take on the story turns it into a tale of two orphaned princesses (Kristen Bell and Idina Menzel) whose kingdom is locked into an eternal winter. Comic relief is provided by Josh Gad's goofy snowman. 2013, PG, 108MIN

ACTION

Mad Max

6.20pm, Sky Greats ★★★★★

Sex ●○○ Violence ●●○ Language ●○○

With its astounding car chases and crazy stunts, this heart-pounding Australian film, directed with panache by George Miller, appeared out of nowhere in 1979 and took the world by storm. Mel Gibson has his most iconic role as vengeful cop Max Rockatansky, on the warpath in a post-apocalyptic Outback after biker gangs mow down his wife and child, and his portrayal was a key pit-stop for him on the road to international superstardom. 1979, 15, 93MIN

DRAMA

Dirt Music

1.55am, C4 ★★★★

Sex ●●○ Violence ●○○ Language ●●○

A melancholy, slow-burn romantic drama about two lost souls struggling to overcome grief against the wilderness of the Western Australian coastline. It follows ex-nurse Kelly MacDonald, whose encounter with poacher Garrett Hedlund leads to a profound connection as she attempts to reach past his traumatic struggles. A deeply rewarding and authentic drama. 2019, 15, 104MIN

■ Full listings start on p55

Tuesday 25 August

SUPERHERO

Deadpool & Wolverine

9pm, Disney+ Cinema ★★★★

Sex ●○○ Violence ●●● Language ●●●

A mostly successful outing, this tongue-in-cheek sequel of sorts puts the Marvel Cinematic Universe's two most popular action heroes – Hugh Jackman's surly Wolverine and Ryan Reynolds' wisecracking Deadpool – at loggerheads then forces them to work together. The plot is knowingly incomprehensible, and includes some searingly breathless (and violent) action, lots of near-the-knuckle, laugh-out-loud gags and in-jokes – and Emma Corrin as a deliciously cool and creepy baddie. 2024, 15, 128MIN

The claws are out: Ryan and Hugh

CRIME COMEDY

Drive-Away Dolls

9.30pm, Film4 ★★★

Sex ●●○ Violence ●●○ Language ●●●

Director Ethan Coen's frivolous, freewheeling road movie follows queer pals, loquacious Texan Jamie (Margaret Qualley) and prim Marian (Geraldine Viswanathan), on a road trip from Philadelphia to Tallahassee, but their rental car happens to have a sought-after suitcase in its trunk. Nothing new here, but Qualley and Viswanathan are likeable and there are fun cameos from Matt Damon, Pedro Pascal and Miley Cyrus. 2023, 15, 84MIN

FAMILY ACTION

Twist

11.45pm, Sky Family ★★★★

Sex ○○○ Violence ●○○ Language ●○○

This fast-paced, fresh-faced modern take on Dickens' *Oliver Twist* will leave you begging for more. Raff Law is charismatic as Oliver, an agile, parkour-loving orphan who gets embroiled with a gang of thieves run by the inimitable Fagin (Michael Caine). Joining them are Rita Ora as Dodge and Lena Headey as evil Sikes, while David Walliams gives a neat comic turn as an arrogant art dealer targeted by the gang. 2021, 12, 90MIN

CRIME COMEDY

Queenpins

1.25am, Film4 ★★★★

Sex ●○○ Violence ●○○ Language ●●●

Frustrated Arizona suburbanites Kristen Bell and Kirby Howell Baptiste turn their extreme-couponing hobby into a multi-million dollar criminal enterprise, complete with a hangar full of Lamborghinis. Vince Vaughn is a no-nonsense postal inspector who teams up with a bumbling grocery store security manager (a hilarious Paul Walter Hauser) to bring down the unlikely crooks. A thoroughly entertaining, fast-paced crime comedy based on a true story. 2021, 15, 110MIN

DRAMA

The Quiet Girl

1.55am, C4 ★★★★

Sex ○○○ Violence ○○○ Language ●●○

With a stressed mum, a mean dad and countless siblings, reserved nine-year-old Cáit (a wondrous Catherine Clinch) is shipped off to childless relatives, her pensiveness slowly melting thanks to the love shown to her by the pair. Elegant and precise, director Colm Bairéad's lyrical tale feels timeless and poignant, a quiet film with a swell of emotion boiling beneath. Subtitled. 2022, 12, 91MIN

■ Full listings start on p65

Wednesday

ANIMATION

Fantastic Mr Fox

9.25am, Sky Animation ★★★★

Sex ○○○ Violence ○○○ Language ○○○

Director Wes Anderson displays his usual deft touch with this lovingly crafted stop-motion animation of Roald Dahl's 1970 children's favourite about a cunning, cat-burglar fox who puts his

THRILLER

The G

9pm, Film4 ★★★★

Sex ●●○ Violence ●●○ Language ●●●

Brutally bleak, but brilliantly effective, this Canadian thriller has a magnificently mean, profanity-spouting Dale Dickey as a grandma (nicknamed The G) who falls foul, along with her invalid husband, of a scam in which old people's assets are signed over to a legal third party. Problem is, Dickey has a very dark past, as her so-called guardian (Bruce Ramsey) will find out... This tricksy, twisty tale pulls no punches and Dickey is a knockout. 2023, 15, 106MIN

THRILLER

Memento

11.10pm, Film4 ★★★★★

Sex ●○○ Violence ●●○ Language ●●○

A fiendishly clever puzzle-box of a movie in which Guy Pearce plays a man trying to avenge the brutal murder of his wife. Unfortunately, he suffers from amnesia and is unable to form new memories, so is forced to take Polaroid snaps to identify each new person he meets and tattoo cryptic messages onto his body. The entire film unfolds in reverse and the complex narrative demands total concentration, but it is well worth it. 2000, 15, 108MIN

26 August

friends and family in danger when he robs three nasty farmers. Featuring a stellar voice cast including George Clooney and Meryl Streep as Mr and Mrs Fox, plus Michael Gambon, Willem Dafoe, Jason Schwartzman and Bill Murray, it is a wonderfully eccentric, humorous, bittersweet – and startlingly original – tale. 2009, PG, 87MIN

On the sly: Mr Fox and co

SURVIVAL THRILLER

The Shallows

11.30pm, BBC1 (12m't Scot, 12.30am N Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Jaume Collet-Serra taps into the primal terrors that lurk beneath the water for this sleek thriller, which pits Blake Lively's lone surfer against a great white shark in a desperate battle for survival. Stranded 200 yards from the beach, with her attacker between her and the shore, Lively's gutsy hero proves incredibly resilient and resourceful, as she thinks up canny strategies to outwit her foe. 2016, 15, 86MIN

ROMCOM

(500) Days of Summer

1.15am, Disney+ Cinema ★★★★

Sex ●●● Violence ●●● Language ●●●

With rare wit and insight, this delightful romcom follows the highs and lows in the relationship of smitten Tom (Joseph Gordon-Levitt) and his free-spirited colleague, Summer (Zooey Deschanel). The stars are perfect and the clever script sparkles, right from the opening credits to the closing line. 2009, 12, 95MIN

■ Full listings start on p75

Thursday 27 August

ACTION COMEDY

Anaconda

12.40pm, Sky Box Set ★★★

Sex ●●● Violence ●●● Language ●●●

Back in the 1990s, killer-snake movie *Anaconda* was such a stinker it became a classic. Now would-be film-maker Paul Rudd gathers childhood pals Jack Black, Thandiwe Newton and Steve Zahn to go to the Amazon to reboot it on the cheap. But, of course, they run into real-life slithery perils. Though not as funny as expected, the film (co-written and directed by Tommy Gormican) delivers a few hilarious scenes and the action's handled well. The stars are good fun, too – and there are a couple of neat cameos to enjoy. 2025, 12, 99MIN

Crushing it: Paul and Jack

DRAMA

The Friend

11.45am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Grieving the death of her best friend, ex-lover and mentor Bill Murray, Naomi Watts is shocked to discover he left her his Great Dane. It doesn't help that she lives in a New York apartment where pets are banned, and the enormous pooch is depressed by the passing of his master. Dealing with the bond between humans and animals, this oddly unsentimental film also gives Watts a terrific role to chew on. An uplifting and richly rewarding drama. 2024, 15, 119MIN

THRILLER

Caught Stealing

4.05pm & 10pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A darkly witty caper set in a grungy New York circa 1998. Director Darren Aronofsky engineers a series of escalating disasters that take in shocking tragedy, hilarious comedy and tense action after Austin Butler is asked by his British punk neighbour Matt Smith to look after his cat. Zoë Kravitz, Regina King, Liev Schreiber, Vincent D'Onofrio and Griffin Dunne add colour but it is Butler who makes it gel. 2025, 15, 107MIN

HORROR

Evil Dead Rise

10.10pm, Sky Box Set ★★★★

Sex ●●● Violence ●●● Language ●●●

Primarily set in an apartment inhabited by Alyssa Sutherland and her kids, the mayhem begins with the arrival of Sutherland's sister (Lily Sullivan) and an earthquake that gives rise to rotting, rage-filled Deadites toying with this well-drawn, likeable family. This *Evil Dead* entry can't rise to Sam Raimi's first two movies for kamikaze camera moves, but director Lee Cronin brings plenty of life – and death – back to the franchise. 2023, 18, 96MIN

MUSICAL

Dear Evan Hansen

12.05am, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

The Broadway hit retains star Ben Platt in the role of anxious, depressed Evan, who feigns friendship with classmate Connor (Coltan Ryan) after he takes his own life, only for the lie to grow larger and darker by the day. A toe-tapping film about mental health, loneliness and loss, it's helped by a strong supporting cast including Kaitlyn Dever, Julianne Moore and Amy Adams. 2021, 12, 137MIN

■ Full listings start on p85

Friday 28 August

BIOPIC

Stan & Ollie

12.10am, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

This touching, funny biopic of cinema's most beloved comedy duo, Laurel and Hardy, stars Steve Coogan and John C Reilly, who don the pair's trademark bowler hats and do a spot-on job of mimicking their celebrated, still hilarious, routines. The film has a bittersweet edge, though, focusing on the end of their careers when failing health and grudges threaten to stymie their tour of 1953 Britain. Nina Ariadna and Shirley Henderson are excellent as their wives and Rufus Hound amuses as the tour manager. 2018, PG, 98MIN

Funny men: Steve and John

COMEDY DRAMA

The Breakfast Club

7.40am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Probably the quintessential Brat Pack movie from writer-director John Hughes, this still packs a nostalgic punch, even if the film's sexual politics hasn't stood the test of time – particularly in the aggressive interplay between Judd Nelson and Molly Ringwald. Emilio Estevez, Anthony Michael Hall and Ally Sheedy complete the group of mismatched teens who bicker and bond during a Saturday morning detention. 1984, 15, 97MIN

SUPERHERO

Batman Begins

9pm, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's brooding take on Batman's origins is a visually stunning spectacle. Christian Bale is just right as Bruce Wayne/Batman and the film has great fun explaining the origins of the Bat Cave, Batmobile and the cowl, cape and utility belt. Cillian Murphy is scary as the Scarecrow, while Gary Oldman, Michael Caine, Liam Neeson and Morgan Freeman excel in support. 2005, 12, 140MIN

FANTASY

Tuesday

11.05pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Julia Louis-Dreyfus stars in this odd but impressive fantasy in which the angel of death takes the form of a talking, size-shifting macaw (voiced by a Arinzé Kene). Dreyfus plays an anguished single mum in London whose inability to cope with the plight of her terminally ill teen daughter, Tuesday (a spunky Lola Petticrew), adds to her girl's distress. Tuesday strikes a bargain with the bird, but Dreyfus fights back, with alarming results... 2023, 15, 110MIN

DRAMA

127 Hours

12.10am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Danny Boyle's true-life drama is not a film for the faint-hearted. The story of climber Aron Ralston (James Franco), it follows the brash young thrill-seeker who becomes trapped by a boulder while climbing alone. The drastic steps he takes to survive made global news and Boyle deploys his hyper-kinetic style of film-making to turn Ralston's ordeal into a gripping movie. 2010, 15, 94MIN

■ Full listings start on p95

Sport week

ultimate guide to the ...week's live action

THE MAIN EVENT

Premier League

Joel Ward

TNT Sports expert **Joel Ward** makes his predictions for the season

Bruno Guimarães (Arsenal), Danny Welbeck (Chelsea) and Youri Tielemans (Manchester United)

LIVE FOOTBALL

Saturday-Monday & Friday, Sky Sports, TNT Sports & HBO Max

The Premier League's opening fixtures continue as the weekend's top-flight live matches kick off with Saturday's clash between Sergej Jakirović's newly promoted Hull City and Manchester United at the MKM Stadium when Youri Tielemans and Andrey Santos could make their debuts for Michael Carrick's side (kick-off 12.30pm, TNT Sports 1 & HBO Max).

We caught up with TNT Sports pundit and former Crystal Palace player Joel Ward to hear his predictions for the season ahead…

TITLE CONTENDERS

'Arsenal's loyalty to Mikel Arteta was rewarded with their first title in 22 years and I believe the Gunners will kick on from that. Bruno Guimarães is a good addition and will keep the midfield ticking over with Declan Rice and Martin Ødegaard. Manchester City will be their biggest rivals. New manager Enzo Maresca is walking into a club where Pep Guardiola was incredibly successful, and I'm fascinated to watch how the dynamic between Rodri and Elliot Anderson develops. The England midfielder is surrounded by the next level of quality now.

'I expect Aston Villa to be strong again, and Liverpool should be there or thereabouts, though Andoni Iraola has challenges to face. At Chelsea, Xabi Alonso will also have his work cut out, but the Blues' new coach has recruited well. Morgan Rogers is a cut above while Jordan Henderson, Danny Welbeck and Maxence Lacroix will bring leadership to a young squad. I think things will start to click at Stamford Bridge.'

Champions: 'Arsenal or Manchester City – it's too close to call.'

New City signing Elliot Anderson

Coventry boss Frank Lampard

RELEGATION CANDIDATES

'Spurs only found safety on the last day of the season, but I expect to see them stabilise and get back on an upward trend under Roberto De Zerbi. At Newcastle, Eddie Howe has gone and they have lost the engines in their midfield – Sandro Tonali, Anthony Gordon and Bruno Guimarães – so it is a huge season for them. Sunderland and Bournemouth could find things harder this time, too. The Black Cats must balance the demands of Europe, while the Cherries have lost an inspirational coach in Andoni Iraola.

'However, they are all a level above the teams that have been promoted from the Championship. It is a huge step up to the Premier League in terms of quality and athleticism. It will be a battle from day one – just look at Frank Lampard's opening away fixtures with Coventry. All three teams will have to find a way to stay in the game – if you try to go toe-to-toe, the big teams are going to hurt you.'

Going down: 'Hull City, Ipswich Town, Coventry City.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, MANCHESTER CITY FC, NETFLIX, SHUTTERSTOCK

EFL CUP ACTION

Former EFL Cup winners including Chelsea, Newcastle United and Nottingham Forest enter the competition this week when Sky Sports shows live coverage of every round-two tie.

The nine English clubs competing in Europe will enter in the next round, but there are still plenty of intriguing ties. Four-time winners Nottingham Forest face Leeds United on Tuesday (k-o 8pm; also on ITV1) as the sides meet at the City Ground again, following Saturday's Premier League opener. Leeds keeper James Trafford will seek to impress after his £40million move from Manchester City.

Leeds United's James Trafford

THREE'S COMPANY

Following their breakout broadcasts during the World Cup, Micah Richards, Gary Lineker and Alan Shearer are back with *The Rest Is Football* for the new Premier League season.

With episodes every Monday and Friday on Netflix, the trio will be tackling the week's biggest talking points.

'We had a brilliant time making the show during the World Cup, and you can expect plenty of opinions, laughs and probably a few arguments as well,' says Lineker.

Richards, Lineker and Shearer

Slovenia's Tadej Pogacar

LIVE CYCLING

Vuelta a España

From Saturday, TNT Sports & HBO Max

The third and final Grand Tour of the year begins with an individual time trial in Monaco, then heads to France and Andorra before the peloton arrives in Spain on stage five. The race heads south before finishing in Granada for the first time on 13 September after 3,275km (including a section of dirt road on stage six). Denmark's Jonas Vingegaard won La Roja 12 months ago but could miss the event after breaking his collarbone in the Tour de France. Meanwhile, Slovenia's Primoz Roglic is aiming for a fifth title and compatriot Tadej Pogačar – a five-time winner of the Tour de France – competes for only a second time as he bids for a career slam of Grand Tours.

Mercedes' Kimi Antonelli

LIVE MOTORSPORT

F1: Dutch Grand Prix

Sunday, race starts 2pm, Sky Sports+ & Sky Sports F1

As F1 returns at Zandvoort following its summer break, Mercedes driver Kimi Antonelli leads the drivers' championship by 50 points from Ferrari's Sir Lewis Hamilton. Malaysia will stage a Grand Prix on 4 October as the new hosts of what will still be called the Bahrain Grand Prix. The second half of the season looks set to be rescheduled if the conflict in the Middle East continues, with the season-closing races in Qatar and Abu Dhabi under threat.

LIVE TENNIS

US Open

Tuesday & Wednesday, Sky Sports Main Event & Sky Sports Tennis

After the success of last year's new-look mixed doubles, the US Open features the shortened format again as an expanded competition sees pairs battle it out ahead of next week's main tournament. This time, women's World No 1 Aryna Sabalenka is teaming up with Novak Djokovic, while Katie Boulter of Britain and Alex de Minaur of Australia are in the mix after getting married last month. The field also includes Britain's Jack Draper and American Jessica Pegula plus US veteran Venus Williams who is teaming up with Alexander Bublik of Kazakhstan despite never having met before their participation was announced. Sara Errani and Andrea Vavassori of Italy are back after picking up the winners' cheque for $1 million in 2025.

Katie Boulter and Alex de Minaur

Gus Atkinson of England

LIVE CRICKET

England v Pakistan: Second Test

From Thursday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

As the sides reconvene for the second of three Tests, Joe Root has an excellent record at Lord's. England's captain has scored seven centuries and more than 2,000 runs at the home of cricket. It's also a happy hunting ground for Gus Atkinson, who's claimed a five-wicket haul here four times – only Ian Botham, Fred Trueman and Sir James Anderson have more.

Sport A-Z and football planner »»

TRAVEL OFFERS
RIVER CRUISES

RIVIERA TRAVEL

TV&Streaming week

European cruise favourites

SAVE up to £450PP
On select departures†

The Blue Danube

8 days from £1,899PP
Oct 2026 and Apr to Oct 2027

The Seine, Paris and Normandy

8 days from £2,199PP
Sept 2026 and Apr to Oct 2027

Rhine Cruise to Switzerland

8 days from £1,999PP
Oct 2026 and May to Oct 2027

All cruises include:

- Direct flights or Eurostar^ plus transfers
- Accommodation on a five-star ship with impeccable on-board service
- Spacious cabins with window or French balcony
- Delicious full board dining, plus the Chef's Dinner
- Daily excursions & visits
- Free drinks package*
- Expert Riviera Cruise Director and Cruise Host

SCAN HERE TO REQUEST A FREE BROCHURE TODAY

Your next adventure starts here...

For more information or to book, visit us online or call our experienced team

rivieratravel.co.uk/tvs | 01283 901 418 quoting code **TVS**

Which? Recommended Provider – ESCORTED TOURS – DECEMBER 2025

TERMS & CONDITIONS: Additional entrance costs may apply. Prices are per person, based on two sharing and subject to finite availability. Images used in conjunction with Riviera Travel. Offer operated by and subject to the booking conditions of Riviera Travel Ltd, ABTA V4744, ATOL 3430, a company wholly independent of TV & Satellite Week, published by Future Plc. Prices correct at time of going to print. See website for full details. *2026 and 2027 river cruises include an unlimited quantity of drinks from 10am to midnight while on board (selected drinks available).^Eurostar applicable on selected itineraries and supplement may apply. †Save up to £450pp on select Riviera Travel European river cruises departing on selected dates. Valid on new bookings made between 8 July and 26 August 2026. The saving has already been applied. May be combined with other promotions. Riviera Travel reserves the right to amend or withdraw this offer at any time. All bookings are subject to Riviera Travel's standard booking terms and conditions.

ABTA ABTA No.V4744

Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Minnesota Vikings v Baltimore Ravens
Sat 6pm Sky Sports Mix
The NFL pre-season match.

LIVE Tennessee Titans v Seattle Seahawks
Sun 1am Sky Sports Action, 2am Sky Sports Main Event & 2.30am Sky Sports Mix
The NFL pre-season fixture.

LIVE Cleveland Browns v New England Patriots
Thu 12.30am Sky Sports Action & Sky Sports Mix
The NFL pre-season game.

LIVE Philadelphia Eagles v Cincinnati Bengals
Fri 12.30am Sky Sports Main Event & Sky Sports Action
The NFL pre-season match.

ATHLETICS

LIVE Diamond League: Silesia
Sun 4.10pm BBC2
The Kamila Skolimowska Memorial at Silesian Stadium in Poland.

LIVE Diamond League: Zurich
Thu 7pm BBC3
The Weltklasse Zurich at Letzigrund.

AUSTRALIAN RULES

LIVE Western Bulldogs v Richmond
Sat 6am TNT Sports 4

LIVE Melbourne v Western Bulldogs
Sat 7am TNT Sports 2

LIVE Geelong v St Kilda
Sat 8am TNT Sports 3

LIVE Brisbane v North Melbourne
Sat 10am TNT Sports 3

LIVE Essendon v Port Adelaide
Sat 3am TNT Sports 4

LIVE Carlton v Adelaide
Sun 6am TNT Sports 4

LIVE Sydney Swans v North Melbourne
Sun 6am TNT Sports 2

LIVE Port Adelaide v Hawthorn
Sun 8am TNT Sports 4

LIVE West Coast Eagles v Hawthorn
Sun 10am TNT Sports 2

LIVE North Melbourne v Western Bulldogs
Fri 3.30am TNT Sports 3

LIVE Adelaide v West Coast
Fri 5.30am TNT Sports 3

Rugby league
Harry Smith and the Wigan Warriors face champions Hull KR in Super League this week

BASEBALL

LIVE Milwaukee Brewers v Atlanta Braves
Sat 7pm TNT Sports 2

LIVE Seattle Mariners v Chicago Cubs
Sat 2.30am TNT Sports 2

LIVE Philadelphia Phillies v St Louis Cardinals
Sun 6.30pm TNT Sports 3

LIVE Boston Red Sox v San Francisco Giants
Sun 8pm TNT Sports 4
The MLB inter-league match.

LIVE Milwaukee Brewers v Atlanta Braves
Sun 12m't TNT Sports 1

LIVE Miami Marlins v Boston Red Sox
Mon 11.30pm TNT Sports 1

LIVE Atlanta Braves v Los Angeles Dodgers
Tue 12m't TNT Sports 1

LIVE Arizona Diamondbacks v Chicago Cubs
Wed 8.30pm TNT Sports 3

LIVE St Louis Cardinals v Baltimore Orioles
Thu 7.15pm TNT Sports 1

LIVE Atlanta Braves v Los Angeles Dodgers
Thu 12.15am TNT Sports 1

LIVE Chicago Cubs v Cincinnati Reds
Fri 7.15pm TNT Sports 1

LIVE Milwaukee Brewers v Texas Rangers
Fri 12.30am TNT Sports 1

BASKETBALL

LIVE Chicago Sky v Indiana Fever
Sun 12m't Sky Sports Mix

LIVE Minnesota Lynx v Golden State Valkyries
Mon 1am Sky Sports Action

LIVE Los Angeles Sparks v Atlanta Dream
Mon 3am Sky Sports Mix & 3.30am Sky Sports Action

LIVE Seattle Storm v Toronto Tempo
Wed 3am Sky Sports Action

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Anthony Hernandez v Gregory Rodrigues
Sat 1am TNT Sports 1

CRICKET

LIVE England v Pakistan
Sat & Sun 10.15am Sky Sports Cricket
Days four and five of the first Test at Headingley Cricket Ground in Leeds.

LIVE Antigua & Barbuda Falcons v Trinbago Knight Riders
Sat 11.30pm TNT Sports 3

LIVE Sri Lanka v India
Sat 5.15am TNT Sports 3; Sun-Tue 5.15am TNT Sports 1
Days one to five of the second Test.

LIVE Antigua & Barbuda Falcons v Guyana Amazon Warriors
Sun 11.30pm TNT Sports 2

LIVE Antigua & Barbuda Falcons v Barbados Tridents
Tue 11.30pm TNT Sports 2

LIVE Rotterdam Dockers v Amsterdam Flames
Wed 2pm TNT Sports 4

LIVE Trinbago Knight Riders v Saint Lucia Kings
Wed 11.30pm TNT Sports 1

LIVE England v Pakistan
Thu 10am & Fri 10.15am Sky Sports Main Event & Sky Sports Cricket
Days one and two of the second Test at Lord's in London. See p29.

LIVE Irish Wolves v Dublin Guardians
Thu 10.15am TNT Sports 4

LIVE Edinburgh Castle Rockers v Glasgow Cosmic
Thu 2pm TNT Sports 4

LIVE St Kitts & Nevis Patriots v Jamaica Kingsmen
Thu 11.30pm TNT Sports 2

LIVE Amsterdam Flames v Edinburgh Castle Rockers
Fri 3.45pm TNT Sports 4

LIVE Trinbago Knight Riders v Barbados Tridents
Fri 12.30am TNT Sports 2

CYCLING

LIVE UCI Mountain Bike World Series
Sat & Sun 11.30am TNT Sports 4

LIVE Women's Tour of Britain
Sat 12.15pm TNT Sports 2; Sun 11am TNT Sports 1
Stages four and five of the race.

LIVE Vuelta a España
Sat 2.45pm, Sun-Thu 1.30pm & Fri 12.15pm TNT Sports 3; Sat 3.15pm, Sun 3pm & Mon-Thu 1.30pm TNT Sports 1
Stages one to seven. See p29.

LIVE Deutschland Tour
Sat 3.30pm & Sun 2.30pm TNT Sports 2

LIVE UCI Mountain Bike World Championship
Thu 4.30pm TNT Sports 2

DARTS

LIVE World Series of Australian Masters
Sat 10am ITV4

GENERAL SPORTS

LIVE Oban Camanachd v Kingussie
Sat 2pm BBC Alba

GOLF

LIVE Nexo Championship
Sat 12.30pm & Sun 11.30am Sky Sports Golf
Days three and four staged at Trump International Golf Links.

LIVE LIV Golf
Sat 3.30pm TNT Sports 4; Sun 3.30pm TNT Sports 2
The third and fourth rounds at LIV Golf Indianapolis from Indiana.

LIVE BMW Championship
Sat 5pm & Sun 4.30pm Sky Sports Golf; Sat 8pm & Sun 7.30pm Sky Sports Main Event
Days three and four held at Bellerive Country Club in St Louis, Missouri.

LIVE CPKC Women's Open
Sat 11pm Sky Sports Golf
Day three at Royal Mayfair Golf Club.

LIVE Portland Classic
Sun 11pm Sky Sports Golf
Day four from Portland, Oregon.

LIVE British Masters
Thu & Fri 12.30pm Sky Sports Golf
The first and second days at The Belfry in Wishaw, Warwickshire.

LIVE Women's Irish Open
Thu & Fri 2pm Sky Sports+
Days one and two at the K Club.

LIVE LIV Golf
Thu 5.30pm TNT Sports 3; Fri 4.30pm TNT Sports 2
The first and second rounds at LIV Team Championship Michigan.

LIVE Tour Championship
Thu & Fri 6pm Sky Sports Golf; Thu 6.30pm Sky Sports Main Event
The first and second days in Atlanta.

LIVE FM Championship
Fri 2pm Sky Sports Mix
The second day from TPC Boston.

GYMNASTICS

LIVE European Championships
Sat 3pm & Sun 12.45pm BBC2

HORSE RACING

LIVE York
Sat 1.15pm ITV1

ICE HOCKEY

LIVE Glasgow Clan v Dundee Stars
Sun 3.45pm Premier Sports 2

MOTORCYCLING

LIVE MotoGP
Fri 8am & 12.15pm TNT Sports 2

MOTORSPORT

LIVE V8 Supercars
Sat 7am TNT Sports 4

LIVE F1 Academy
Sat 8.15am & 1.30pm, Sun 9.35am Sky Sports F1

LIVE Formula 1
Sat 10am Sky Sports F1 & 11am Sky Sports Main Event
The Dutch Grand Prix sprint race.

LIVE Indycar
Sat 2pm & 10pm, Sun 2pm & 4.30pm Sky Sports Mix; Sat 6pm & 10pm, Sun 6pm Sky Sports F1

LIVE Formula 1
Sat 2.15pm Sky Sports F1 & 2.30pm Sky Sports Main Event
Dutch Grand Prix qualifying session.

LIVE Porsche Supercup
Sun 10.50am Sky Sports F1

LIVE British Touring Car Championship
Sun 11am ITV4

LIVE Formula 1
Sun 12.30pm Sky Sports+ & Sky Sports F1
The Dutch Grand Prix. See p29.

LIVE Motocross World Championship
Sun 4pm TNT Sports 4

LIVE NASCAR
Sun 7.30pm Premier Sports 2

LIVE World Rally Championship
Fri 1pm TNT Sports 4, 5.45pm & 9.15pm TNT Sports 3

LIVE Indycar
Fri 11pm Sky Sports F1 & Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Newcastle Knights v Manly-Warringah Sea Eagles
Sat 6am Sky Sports Action & Sky Sports+

LIVE Canterbury-Bankstown Bulldogs v Canberra Raiders
Sat 6.15am Sky Sports Mix

LIVE St George Illawarra Dragons v North Queensland Cowboys
Sat 8.15am Sky Sports Mix

LIVE South Sydney Rabbitohs v New Zealand Warriors
Sat 8.30am Sky Sports Action & Sky Sports+

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER

6 issues for £1*

Visit: magazinesdirect.com/xts/DJ94W
Call: 0330 333 1113 and quote code DJ94W

TERMS AND CONDITIONS: Offer closes 31 October 2026. Offer open to new subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue on at £31.25 payable by Direct Debit every 3 months, saving 32% on the full 3 monthly subscription price of £46.48. We will notify you in advance of any price changes. Payment is non-refundable after the 14 day cancellation period unless exceptional circumstances apply. For full terms and conditions, visit magazinesdirect.com/page/terms-and-conditions. For enquiries please email: help@magazinesdirect.com.

just go holidays

Visit the sparkling Christmas markets of Europe!

Experience the magic of Europe's Christmas markets by coach. Discover twinkling lights, festive stalls, seasonal treats and enchanting cities, all with comfortable travel and expertly planned itineraries.

4 days from only £399pp

French & Belgian Christmas Markets - Bruges & Lille

4 & 11 December 2026

Enjoy the exquisite sight of medieval buildings illuminated by twinkling lights and traditional stalls that entice visitors with their delicious specialities, colourful crafts and charming stocking fillers

So much included...

- Return coach travel & ferry crossings
- 3 nights at a selected 3 or 4★hotel in France/Belgium with breakfast
- Excursions to Ostend, Bruges Christmas Market, Arras Christmas Market & Lille
- En-route visits to Ypres & Dunkirk

4 days from only £479pp

Champagne & Parisienne Christmas Markets

4 December 2026

As well as time to explore the cosy stalls, we enjoy a scenic cruise along the Seine and toast the beginning of Advent during a Mercier Champagne cellar tour in Épernay.

So much included...

- Return coach travel & ferry crossings
- 3 nights at the 4★Mercure Parc des Expositions, Reims with breakfast
- Excursions to Reims & Paris Christmas Markets
- Mercier Champagne cellar tour
- Cruise on the River Seine
- En-route visit to Arras

ALSO AVAILABLE

Christmas Markets of Frankfurt & the Mighty Rhine
7 days from only £799pp

Christmas Markets & Alpine Adventures in Switzerland
7 days from only £1,299pp

Christmas Markets of Antwerp, Brussels & Ghent
4 days from only £499pp

Christmas Markets of the Black Forest & Alsace
7 days from only £849pp

Cologne & Düsseldorf Christmas Markets
4 days from only £399pp

Three Countries Christmas Markets
4 days from only £449pp

For our full range of **Christmas Markets** breaks please call or go online

Our Go Easy Promise Travel with ease • Local pickups • Great value • Your money's protected

Call 03332 342 502 QUOTE TSW Visit justgoholidays.com/tsw

All coach package holidays & self-drive breaks are operated by and subject to Just Go! Holidays terms & conditions (available at justgoholidays.com). Your booking is protected by BCH and ABTOT. Prices are per person, based on 2 adults sharing and subject to availability. Pick-up & room supplements may apply. Prices correct at time of print, valid for 7 days.

Trustpilot

WINNER MEDIUM BRITISH TRAVEL AWARDS 2025

SILVER MEDIUM BRITISH TRAVEL AWARDS 2025

Football planner

LIVE St George Illawarra Dragons v Canterbury-Bankstown Bulldogs
Sat 10.35am Sky Sports Action

LIVE Catalans Dragons v Hull FC
Sat 7.55pm Sky Sports Action & Sat 8pm Sky Sports+ (kick-off 8pm) Super League game.

LIVE Gold Coast Titans v Brisbane Broncos
Sat 2.50am Sky Sports Mix

LIVE Sydney Roosters v New Zealand Warriors
Sat 4.45am Sky Sports Mix

LIVE Cronulla-Sutherland Sharks v Parramatta Eels
Sun 9.15am Sky Sports Mix

LIVE Wigan Warriors v Hull Kingston Rovers
Thu 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm) The Super League match.

LIVE St Helens v York Valkyrie
Fri 5pm Sky Sports Action, Sky Sports+ & Sky Sports Mix (kick-off 5.15pm) Women's Super League match at BrewDog Stadium.

LIVE St Helens v Leeds Rhinos
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm) The Super League match.

LIVE Gold Coast Titans v Canberra Raiders
Fri 3.45am Sky Sports Mix

RUGBY UNION

LIVE South Africa v New Zealand
Sat 3.55pm Sky Sports Action & Sky Sports+ (kick-off 4pm)

LIVE Lions v New Zealand
Tue 5.45pm Sky Sports Action (kick-off 6pm) From Johannesburg.

SAILING

LIVE SailGP
Sat 1pm TNT Sports 3; Sun 1pm TNT Sports 2

SNOOKER

LIVE Wuhan Open
Sun 7am, Fri 7am & & 12.30pm TNT Sports 1; Mon-Thu 7am & 12.30pm TNT Sports 2

TENNIS

LIVE Cincinnati Open
Sat 4pm & Sun 7pm Sky Sports Tennis; Sat & Sun 11pm Sky Sports Main Event; Sat 6.10pm Sky Sports+

LIVE Winston-Salem Open
Sun 8pm Sky Sports+; Fri 9pm & 11.30pm Sky Sports Tennis

LIVE ATP Winston-Salem Open and WTA Monterrey Open
Sun, Mon & Thu 2am, Tue 3am Sky Sports Tennis; Mon 7pm, Tue & Wed 10.30pm, Thu 10.15pm Sky Sports+; Mon & Thu 2am, Tue 3am Sky Sports Main Event

LIVE US Open
Mon 4pm & 11pm, Tue 3pm & 10.30pm, Wed 4pm & 12m't, Thu 11pm Sky Sports Main Event; Mon 4pm, Tue 3pm, Wed 4pm & 12m't, Thu 4pm Sky Sports Tennis The qualifying event for the Grand Slam in Flushing Meadows. See p29.

LIVE Monterrey Open
Wed 4am Sky Sports Main Event; Wed 4am & Fri 1.30am Sky Sports+ & Sky Sports Tennis

LIVE SERIE A

Genoa v Napoli

Saturday, kick-off 7.45pm, TNT Sports 1

The new Serie A season begins this weekend, with Scotland's Scott McTominay and Billy Gilmour in action for Napoli, who finished runners-up last season behind champions Inter Milan. Rasmus Højlund has joined the club from Manchester United after a spell on loan.

LIVE LA LIGA

Elche v Barcelona

Sunday, kick-off 8.30pm, Premier Sports 1

New signing Anthony Gordon teams up with Lamine Yamal as champions Barcelona open their La Liga campaign on Sunday. José Mourinho begins his second stint as Real Madrid boss on Saturday when the Spanish giants visit Espanyol (k-o 8.30pm, Disney+).

LIVE BUNDESLIGA

Bayern Munich v VfB Stuttgart

Fri, kick-off 7.30pm, BBC iPlayer

Harry Kane scored 36 league goals as Bayern stormed to the title last season, with Luis Díaz and Michael Olise contributing 15 apiece in a record-breaking season. Coach Vincent Kompany has bolstered his squad with Germany's World Cup left-back Nathaniel Brown.

Saturday 22

LIVE Hull City v Manchester United
11am TNT Sports 1 (kick-off 12.30pm)
The Premier League game at MKM Stadium, as the newly promoted Tigers welcome the Red Devils. The hosts earned their return to the top tier after a nine-year absence by beating Middlesbrough 1-0 in the Championship play-off final, and face a United side looking to build on the resurgent form of last season once Michael Carrick replaced Ruben Amorim. See p28.

LIVE Lincoln City v Portsmouth
11.30am Sky Sports Football & 12noon Sky Sports Main Event (kick-off 12.30pm)
The Championship match staged at LNER Stadium.

LIVE Millwall v Norwich City
11.30am Sky Sports+ (kick-off 12.30pm)
The Championship match from The Den, as the Lions play their first home match of the season. The Canaries came out on top in both meetings between these teams last season, claiming a pair of 2-1 wins.

LIVE Brentford v Tottenham Hotspur
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League match staged at Gtech Community Stadium. Brentford will be looking for another top-half finish after coming ninth last term in Keith Andrews' first season as manager.

LIVE Dundee United v Dundee
5.15pm Premier Sports 1 (kick-off 5.45pm)
The Scottish Premiership game at The CalForth Construction Arena.

LIVE Valencia v Celta Vigo
6.25pm Premier Sports 2 (kick-off 6.30pm)
The LaLiga match at the Mestalla.

LIVE Genoa v Napoli
7.45pm TNT Sports 1 (kick-off 7.45pm) The Serie A match from Stadio Luigi Ferraris.

LIVE Espanyol v Real Madrid
8.30pm Disney+ (kick-off 8.30pm) The LaLiga game staged at RCDE Stadium.

LIVE Kansas City Current v Seattle Reign
11.30pm TNT Sports 2 (kick-off 11.30pm)
The NWSL game at CPKC Stadium.

Sunday 23

LIVE West Bromwich Albion v Burnley
11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)
The Championship match at The Hawthorns. West Brom will be looking to improve on a poor campaign last time out that saw them finish 21st in the table, while the Clarets are aiming to bounce back after being relegated from the Premier League last season.

LIVE Manchester City v Bournemouth
1pm Sky Sports Main Event (kick-off 2pm)
The Premier League match staged at Etihad Stadium, as both clubs kick off the new season with new managers in the dugout. Enzo Maresca has the unenviable task of following in the footsteps of Pep Guardiola, while his counterpart Marco Rose replaced Andoni Iraola at the Cherries having previously been at the helm for RB Leipzig.

LIVE Brighton & Hove Albion v Aston Villa
1pm Sky Sports Premier League (kick-off 2pm)
The Premier League match held at AMEX Stadium. The Villans claimed a dramatic 4-3 win here in last season's corresponding fixture and also overcame the Seagulls 1-0 when the sides met at Villa Park.

LIVE Atlético Madrid v Villarreal
3.55pm Premier Sports 1 (kick-off 4pm) The LaLiga fixture from Riyadh Air Metropolitano.

LIVE Newcastle United v Liverpool
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League match at St James' Park. Goals have rarely been in short supply in meetings between the teams over the year, and last season was no exception, with teenager Rio Ngumoha's first goal for Liverpool giving his team a 3-2 win here, before the Reds completed a double over the Magpies with a 4-1 win at Anfield.

LIVE Getafe v Racing Santander
6.25pm Premier Sports 1 (kick-off 6.30pm) The LaLiga game from Estadio Coliseum.

LIVE Torino v AC Milan
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A match at Stadio Olimpico Grande Torino.

LIVE Elche v Barcelona
8.25pm Premier Sports 1 (kick-off 8.30pm) LaLiga game at Estadio Manuel Martinez Valero.

LIVE Coritiba v Corinthians
11.25pm Premier Sports 1 (kick-off 11.30pm)
The Brasileiro Serie A match.

LIVE Racing v Boca Juniors
1.25am Premier Sports 2 (kick-off 1.30am)
Argentine Primera Division fixture.

Monday 24

LIVE Osasuna v Levante
6.25pm Premier Sports 1 (kick-off 6.30pm) The LaLiga game from Estadio El Sadar.

LIVE Fulham v Chelsea
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League game at Craven Cottage, as the opening round of fixtures draws to a close. Goals by Raúl Jiménez and Harry Wilson gave Fulham a 2-1 win in last season's corresponding fixture.

LIVE Malaga v Deportivo La Coruna
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga match from Estadio La Rosaleda.

Tuesday 25

LIVE Nottingham Forest v Leeds United
7.30pm ITV1, Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The EFL Cup second-round game at The City Ground. This is the second meeting between the sides here in the space of four days, with the teams also facing each other in the Premier League on Saturday.

LIVE EFL Cup
7.30pm Sky Sports+
A match in the second round.

LIVE Valencia v Real Betis
7.55pm Premier Sports 1 (kick-off 8pm)
The LaLiga game from Mestalla.

LIVE Champions League
8pm TNT Sports 1 (kick-off 8pm)
A play-off second-leg match, which will see the winners secure a place in the league phase, while the losers transfer to the Europa League.

LIVE Champions League
8pm TNT Sports 2 (kick-off 8pm)
A play-off second-leg match.

Wednesday 26

LIVE EFL Cup
7.30pm Sky Sports Main Event, Sky Sports Football & Sky Sports+
Matches in the second round.

LIVE Real Madrid v Real Sociedad
7.55pm Premier Sports 1 (kick-off 8pm)
The LaLiga match from Bernabeu.

LIVE Champions League
8pm TNT Sports 1 (kick-off 8pm)
A play-off second-leg game.

LIVE Champions League
8pm TNT Sports 2 (kick-off 8pm)
A play-off second-leg match.

LIVE Champions League
8pm TNT Sports 4 (kick-off 8pm)
A play-off second-leg fixture.

Thursday 27

LIVE Barcelona v Athletic Bilbao
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match staged at Spotify Camp Nou.

Friday 28

LIVE Racing Santander v Elche
5.55pm Premier Sports 1 (kick-off 6pm)
The LaLiga game from El Sardinero.

LIVE Crystal Palace v Manchester City
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match from Selhurst Park, as new manager Pierre Sage takes charge of his first home league game at the South London club.

LIVE Dunfermline Athletic v Raith Rovers
7.25pm BBC Scotland (kick-off 7.30pm)
The Scottish Championship match.

LIVE Bayern Munich v VfB Stuttgart
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga game staged at Allianz Arena.

LIVE Wrexham v Birmingham City
7.30pm Sky Sports Football (kick-off 8pm) The Championship match from SToK Racecourse.

LIVE Alaves v Villarreal
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga match staged at Mendizorrotza.

LIVE Gotham FC v Portland Thorns
1am TNT Sports 3 (kick-off 1am)

PHOTOS: GETTY

Don't miss a thing with a subscription to *TV&Streaming Week* magazine

6 ISSUES FOR £1*

THERE ARE 3 EASY WAYS TO SUBSCRIBE

VISIT magazinesdirect.com/xts/DJ94D

CALL 0330 333 1113 and quote code DJ94D **SCAN** QR code

TERMS AND CONDITIONS: Offer closes 31st October 2026. Offer open to new subscribers only. The Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £31.25 payable by Direct Debit every 3 months, saving 32% on the full 3-monthly subscription price of £46.48. We will notify you in advance of any price changes. All gift subscriptions will start with the first available issue on sale after December 2025. If you would like your gift subscription to start with an earlier issue, you can choose an earlier issue when ordering, or you can contact customer services. Orders purchased for yourself will start with the next available issue. The full subscription rate is for 12 months (51) issues, and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Access to the digital library ends with your subscription. Payment is non-refundable after the 14-day cancellation period unless exceptional circumstances apply. For full terms and conditions, visit magazinesdirect.com/page/terms-and-conditions. For enquiries, please email: help@magazinesdirect.com.

Saturday

22 August

Planner

Premier League

FOOTBALL *TNT Sports & Sky Sports*

Hull City's return to the top-flight begins with a big game against Manchester Utd at the MKM Stadium (k-o 12.30pm). Today's teatime fixture sees Spurs take on Brentford (k-o 5.30pm).

The Voice UK

ENTERTAINMENT *ITV1, 7pm*

The chair-spinning singing competition returns to our screens for the first time since 2024. There's a new coach to get to know too – Destiny's Child star Kelly Rowland (centre) joins Sir Tom Jones, will.i.am, Tom Fletcher and Danny Jones in the seats.

Marvin Gaye: A Tribute at the Proms

MUSIC *BBC2, 8pm*

The BBC Concert Orchestra celebrates the music of the soul singer-songwriter and musician. We can look forward to arrangements of *I Heard It Through the Grapevine* and *What's Going On*.

Twinless

COMEDY

Sky Premiere, 7.10am & 4.35pm

Dylan O'Brien stars as a young man left bereft after the sudden death of his twin brother. He joins a support group for 'twinless twins' – where he meets the man responsible for his sibling's untimely end...

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Film: Paddington		8.40 The Weakest Link		9.30 How Are You?...	10.00 News	10.20 Match of the Day
	102 BBC2	7.00 Today at the Test		8.00 Marvin Gaye: A Tribute at the Proms			9.30 Marvin Gaye: Greatest Hits – Live...		10.25 Diana Ross at the...
	103 ITV1	7.00 The Voice UK			8.15 The 1% Club		9.20 News	9.35 Film: Spectre	
	104 CHANNEL 4	‹ 6.30 F1: Dutch Grand Prix Sprint and...		8.00 Film: Doctor Strange					10.15 Film: Everything...
	105 5	7.00 Cycling: Vuelta a España		8.00 The Jobless Prince: What Will Harry Do Next?			9.30 Nigel Farage: Where Does the Money...		10.30 When TV...
	106 SKY ONE	7.00 Surviving Earth		8.00 Secret World of Sound with David...		9.00 Film: Cleaner			
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.30 Ghosts US		9.30 Mrs Brown's Boys		10.30 Nighty Night
	116 BBC4		7.05 Life on Earth	8.00 Hidden Wales: Last Chance to Save		9.00 Kabul			
	118 ITV2	‹ 6.45 Film: Hairspray				9.00 Film: Batman Begins			
	136 MORE4	‹ 6.55 Four in a Bed		8.00 Griff's Canadian Adventure		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.50 The Last of Us				9.00 Possession		10.00 Task	
	110 U&GOLD		7.20 Gavin & Stacey	8.00 Joe & David's Magical Sitcom Tour		9.00 The Office			10.20 Gavin & Stacey
	111 U&DAVE	7.00 Gavin & Stacey				9.00 I'm Alan Partridge			
	119 ITV3	‹ 6.20 Midsomer Murders						10.10 Vera	
	120 ITV4	‹ 5.45 Sharpe		8.00 Cycling: Women's Tour of Britain...		9.00 English Football League Highlights			10.35 Wrestling...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Stargate Universe			
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Wallander			
	109 U&ALIBI	7.00 Death in Paradise						10.00 Father Brown	
	122 SKY ARTS	7.00 Paul Simon: Live at Webster Hall, New York				9.00 Paul Weller: May Love Travel with You		10.00 Angelheaded Hipster: The Songs of...	
	132 U&W	7.00 Ambulance Australia				9.00 Ghosts			
DOCUMENTARY	125 DISCOVERY	7.00 Ant Anstead Master Mechanic		8.00 Maine Cabin Masters		9.00 Naked and Afraid: Global Showdown			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 Destruction Decoded		8.00 Hurricane Katrina: Race Against Time					
	123 SKY HISTORY	7.00 Britain's Most Historic Towns				9.00 Hell on Earth: WWII			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash		9.00 Dream Car Fixers		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 I Am Patrick Swayze				9.00 The Alabama Solution			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

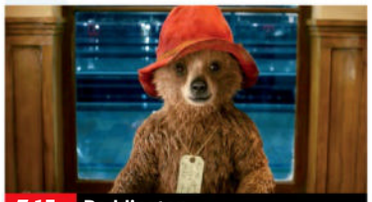
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Dermot O'Leary. (S)
11.30 **Anna Haugh's Big Irish Food Tour** Anna heads to Galway with rugby union star Bundee Aki. (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
12.45 PM **The Football Interview** (S)
1.00 **BBC News** (S)
1.15 **Money for Nothing** (S)(R)
2.00 **Homes Under the Hammer** (S)(R)
3.00 **Escape to the Country** Ginny Buckley helps a couple move to the Norfolk/Suffolk border. (S)(R)
3.45 **Final Score** Results round-up. (S)
5.25 **BBC News** (S)
5.35 **Local News** (S)
5.45 **The Hit List** New edition 5/9. Contestants from Blackburn, Glasgow and Manchester take part in the music-based quiz show. (S)



7.15 Paddington

6 PM
6.30 **Alan Carr's Picture Slam** New edition 6/9. Game show in which contestants from Bristol, Wolverhampton and Lisburn have to identify a board full of images, with a chance of winning up to £10,000 if they know them all. (S)

7 PM
7.15 **FILM Paddington** Family comedy starring Hugh Bonneville and Sally Hawkins, and featuring the voice of Ben Whishaw. A bear from the Peruvian jungle starts a new life in London but catches the eye of a sinister taxidermist. (S)(AD) (2014, PG, 85min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8 PM
8.40 **The Weakest Link** Guests Kerry Godliman, Janet Street-Porter, Bez, Josh Jones, Jowita Przystal, William Hanson, Danny Clarke and Ruby Bhogal compete for charity. (S)(R)

9 PM
9.30 **How Are You? It's Alan (Partridge)** 6/6. A tragic death leads to a moment of staggering catharsis for Alan. (S1) (S)(R)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Match of the Day** Action from the opening weekend of Premier League matches, including Brentford v Tottenham Hotspur and Hull City v Manchester United. (S)
■ More tomorrow at 10.30pm
11.40 **FILM Something in the Water** Survival thriller starring Hiftu Quasem, Natalie Mitson and Lauren Lyle. A group of five friends must fight for their lives in open water after a dream wedding turns into a nightmare. (S) (2023, 15, 80min) ★★
1.00 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Children's Programmes**
8.45 **Around the World in 80 Gardens** Monty Don explores the gardens of America. (S)(R)(AD)
9.45 **This Wild Life** (S)(R)(AD)
10.15 **FILM The Third Man** Vintage thriller with Joseph Cotten. (S)(AD) (1949, b/w, PG, 100min) ★★★★★
11.55 **The Great British Sewing Bee** 6/10. Children's Week. (S)(R)(AD)
12.55 PM **Race Against the Tide** (S)(R)
1.25 **FILM We Dive at Dawn** World War Two submarine drama starring Eric Portman and John Mills. (S) (1943, b/w, U, 95min) ★★★
3.00 **LIVE Gymnastics: European Championships** Coverage of the fourth and penultimate day of the men's event, held at Arena Zagreb in Croatia, where the individual apparatus finals continue. (S)

8.00 Marvin Gaye: A Tribute

6 PM
6.00 **Flog It!** Paul Martin and the team head to Sheffield, where Thomas Plant is taken by a set of watercolours, and James Lewis finds a Victorian automaton that causes a stir at auction. (S)(R)

7 PM
7.00 **Today at the Test** England v Pakistan: Action from the fourth day's play of the first Test in the three-match series staged at Headingley. (S)

8 PM
8.00 **Marvin Gaye: A Tribute at the Proms** New edition A performance by the BBC Concert Orchestra to celebrate the soul musician. Featuring arrangements of *Ain't No Mountain High Enough, What's Going On* and *I Heard It Through the Grapevine*. (S)

9 PM
9.30 **NEW Marvin Gaye: Greatest Hits – Live in Amsterdam 1976** A concert by the soul singer in the Dutch capital, with tracks including *Since I Had You, Let's Get It On, How Sweet It Is (To Be Loved by You)* and *I Heard It Through the Grapevine*. (S)

10 PM
10.25 **Diana Ross at the BBC** Archive performances by the singer, featuring *Baby Love, I'm Still Waiting, Why Do Fools Fall in Love?, Upside Down* and *Love Hangover*. (S)(R)
11.25 **A Night of Wonder** A 1995 studio concert by Stevie Wonder, with performances of songs including *Higher Ground* and *You Are the Sunshine of My Life*. (S)(R)
12.30 AM **Motown Master: Lamont Dozier at the BBC** (S)(R)
1.30 **Motown at the BBC** (S)(R)
2.30 **Sign Zone: Ludwig** (S)(R)(AD)
3.30 **to 6.10** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's American Adventure** The chef heads to New Orleans. (S)(R)(AD)
6.55 **FILM Moonraker** James Bond adventure starring Roger Moore. (S)(AD) (1979, PG, 150min) ★★
9.25 **ITV News** (S)
9.30 **Racing: The Opening Show** (S)
10.30 **James Martin's Saturday Morning** With guests Alexis Ffrench and The Shires. (S)(R)
1.00 PM **ITV News** (S)
1.15 **LIVE Racing** Francesca Cumani and Ed Chamberlin host coverage of the concluding day of the Ebor Meeting staged at York, including feature race the Skybet Ebor. (S)
4.30 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

9.35 Spectre

6 PM
6.00 **Deal or No Deal: Celebrity Special** New edition Stephen Mulhern hosts as comedian Katherine Ryan takes on the infamous Banker for the chance to win a cash prize for charity. (S)(AD)

7 PM
7.00 **NEW SERIES The Voice UK** 1/10. Host Emma Willis returns with the spinning-chair singing contest, with Tom Jones, Tom Fletcher, will.i.am and Danny Jones joined by new coach Kelly Rowland. With only eight places available on each team, the coaches must choose carefully as they search for the UK's most exciting singing talent. *See feature, page 12.* (S)
8.15 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)

9 PM
9.20 **ITV News** (S)
9.35 **FILM Spectre** James Bond thriller starring Daniel Craig and Christoph Waltz. 007 goes in search of the elusive mastermind behind a secret criminal network with links to his own past. (S)(AD) (2015, 12, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
12.20 AM **English Football League Highlights** Action from the weekend's EFL matches. (S)(R)
1.40 **Teleshopping**
3.00 **WhatsApp Obsession: The Murder of Stephanie Hansen** The case of a woman stabbed to death by her housemate. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **Cheers** 4-7/22. (S2) (S)(R)
8.00 **Everybody Loves Raymond** 12-14/22. (S1) (S)(R)(AD)
9.25 **Frasier** 20-22/24. (S6) (S)(R)(AD)
10.55 **The Simpsons** (S)(R)(AD)
1.20 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.55 **George Clarke's Amazing Spaces** The architect visits a life-changing family camper van built for a woman who has tetraplegia and her son who has cerebral palsy, before journeying to Portugal's thinnest house. (S)(R)(AD)
4.55 **Grand Designs** Professional make-up artist Zara and her partner Giuliano from Reading take a leap of faith as they build the 400-square-metre malthouse-inspired home of their dreams in the Lincolnshire Wolds. (S)(R)(AD)

8.00 Doctor Strange

6 PM
6.00 **News** (S)
6.30 **F1: Dutch Grand Prix Sprint and Qualifying Highlights** Steve Jones introduces action from today's sprint race and the battle for grid positions in the 12th round of the season staged at Circuit Zandvoort. With analysis provided by David Coulthard and Billy Monger. (S)

8 PM
8.00 **FILM Doctor Strange** Fantasy adventure based on the Marvel comic, starring Benedict Cumberbatch. An American surgeon becomes a warrior in an inter-dimensional battle between the forces of light and darkness. With Mads Mikkelsen, Chiwetel Ejiofor, Tilda Swinton and Rachel McAdams. (S) (2016, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
10.15 **FILM Everything Everywhere All at Once** Oscar-winning fantasy action comedy starring Michelle Yeoh. A middle-aged Chinese immigrant is swept up into an adventure in which she alone can save existence by exploring other universes. (S)(AD) (2022, 15, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.40 **Love You to Death** (S)(SL)(R)
4.25 **Grand Designs** (S)(R)(AD)
5.20 **A Place in the Sun** (S)(R)
5.45 **to 6.00** AM **Kirstie's House of Craft** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Secrets of the Royal Palaces** Double bill of editions. (S)(R)
11.00 **Westminster Abbey: Behind Closed Doors** Double bill. (S)(R)
1.00 PM **The Royals: Uncensored** New edition Debate and insider analysis on the Royal Family. (S)
2.00 **Coastal Adventures with Helen, Jules & JB** JB Gill visits the Sussex coast. (S)(R)(AD)
3.00 Jules Hudson heads to Moelfre, Anglesey. (S)(R)(AD)
3.55 FILM **From Time to Time** Ghost story based on the children's book *The Chimneys of Green Knowe*, starring Maggie Smith, Timothy Spall, Dominic West and Alex Etel. (S) (2009, PG, 125min) ★★★★

6.00 Sussex: Jewel of the South...

6.00 Sussex: Jewel of the South Coast
Series finale 5/5.
The Passmore family face challenges and triumphs on Coombes Farm. (S)

6.55 News (S)

7.00 Cycling: Vuelta a España
Rebecca Charlton presents highlights of the first stage of the final Grand Tour of the year, a 9.4km individual time-trial through Monaco. (S)

8.00 The Jobless Prince: What Will Harry Do Next?
A team of experts featuring PR specialists, life coaches, businesspeople and royal insiders take a look at what the future holds for the Duke of Sussex. (S)(R)

9.30 NEW Nigel Farage: Where Does the Money Come From?
This one-off documentary provides an insight into the finances of the Reform UK leader, looking at the donors and companies behind his wealth as well as his work as broadcaster and speaker. (S)

10.30 When TV News Goes Horribly Wrong
Newsreader Moira Stuart narrates a compilation of TV news disasters. (S)(R)

12.30 AM **Cops** (S)(R)
12.55 **Entertainment News** (S)
1.00 **Teleshopping** (S)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Around the World in First Class** Hong Kong. (S)(R)
3.45 **Friends** (S10) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Hawaii Five-0** (S7) (S)(R)
8.00 **La Brea** 13&14/14. (S2) (S)(R)
10.00 **Premier League Weekend** Roman Kemp presents a guide to the weekend's action.
11.30 **Football's Funniest Moments** Comical incidents from the Premier League. (S)(R)(AD)
12.30 PM **F1: Dutch Grand Prix Sprint Race Highlights** Today's action from the 12th round held at Circuit Zandvoort.
1.30 **The Simpsons** (S)(R)
3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores from around the country.
5.00 **F1: Dutch Grand Prix Qualifying Highlights** Action from the battle for grid positions in the 12th round of the season at Circuit Zandvoort.

9.00 Cleaner

F1: Dutch Grand Prix Qualifying Highlights (started at 5.00pm)

7.00 Surviving Earth
1/6. Revisiting extinction events, beginning with the Permian-Triassic one by following the story of a family of gorgonopsians. (S)(R)

8.00 Secret World of Sound with David Attenborough
The broadcaster shares the sounds that gibbons, lyrebirds and bull elk use to find a mate – and warn off the competition. (S)(R)(AD)

9.00 FILM Cleaner
Action thriller starring Daisy Ridley and Clive Owen. After environmental activists hijack an energy company's gala in Canary Wharf and take 300 hostages, a former soldier, who is now working as a high-rise window cleaner, sets out to rescue them. (S) (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 FILM Mr & Mrs Smith
Action comedy thriller starring Brad Pitt. A pair of married assassins who are unaware of one another's professions have 48 hours to kill each other after their covers are blown. (S) (2004, 15, 135min) ★★★
1.15 AM **The Force: Manchester** Double bill of editions. (S)(R)
3.05 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.40pm Sportscene: Premiership Highlights (S)(R) **12.40am** FILM Something in the Water (S) (2023, 15, 80min) ★★
2.00 Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
6.00pm Nigellissima (S) (R) **6.30-7.00pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.10** Stwnsh Sadwrn **10.00** Annibendod **10.15** Garddio a Mwy **10.45** Dan Do **11.15** Cartrefi Cymru **11.45** Sgwrs Dan y Lloer **12.15pm** Y Ci Perffaith **12.45** Sain Ffagan (AD) **1.15** Prosiect Pum Mil **2.15** Busnes Bwyd **3.15** Taclo'r Ty (AD) **3.45** Iaith ar Daith (AD) **4.45** Ein Llwybrau Celtaidd **5.20** Stori'r Iaith **6.20** Cynefin **7.20** Newyddion a'r Tywydd **7.35** Sgwrs ar y Beic New edition **8.00** Noson Lawen **9.00** Tafwyl **10.15** Cariad Heb Ffiniau: Poliamori a Fi **11.15-11.50pm** Gwlad y Basg: Gwilym Bowen Rhys

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Thin Ice:* 3/13. A sea monster lurks beneath the surface of the Thames in Regency London. **7.45** *Knock Knock:* 4/13. Bill moves into a strange new house with her friends. (S10)
8.30 **Ghosts US** New episodes 5/22. Trevor pushes Abby to follow a career in finance. **8.50** 6/22. Sam and Pete get on each other's nerves. **9.10** 7/22. Eric plans the perfect proposal. (S5)
■ Entire series on BBC iPlayer
9.30 **Mrs Brown's Boys** New Year special from 2023. Buster and Dermot are convinced Cathy's boyfriend Boris is a vampire. **10.00** New Year special from 2024. Agnes and the gang attempt a tough new health and fitness regime.
10.30 **Nighty Night** 3/6. Cath tries to mend her marriage. **11.00** 4/6. Don hopes to reconcile with Cath. (S1)

11.30 **Schitt's Creek** (S3)
2.05 AM **My Mate's a Bad Date**
2.30 **to 4.00** AM **Doctor Who**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun**
2.40 PM **Come Dine with Me** Civil servant Siobhan plays host in Dundee and Perth. **3.15** Student Kezia hosts. **3.50** Salon owner Stephen hosts the third dinner party. **4.20** Salesman Guy hosts. **4.50** Stay-at-home dad Laurent hosts the final night in Dundee and Perth.
5.20 **Four in a Bed** The contest begins at Greenhills Hotel in Tenby, Pembrokeshire.

5.55 **Four in a Bed** The second visit is to Three Cliffs Bay Holiday Park in Swansea. **6.25** The third visit is to the Tal-y-Cafn in Conwy. **6.55** The fourth and final visit is to Cambrian House B&B in Carno, Powys. **7.30** Payment Day arrives.
8.00 **Griff's Canadian Adventure** 2/6. Griff Rhys Jones uncovers the heart of Canada's Frenchness in the province of Quebec.
9.00 **24 Hours in A&E** A three-year-old boy is airlifted to hospital after being run over by a car.
10.00 **24 Hours in A&E** A 77-year-old man with diabetes may need to have his foot amputated.

11.05 **999: On the Front Line**
1.10 AM **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Planet Earth: An Elephant's Tale** The struggles of a newborn elephant and its mother.
7.05 **Life on Earth** The variety of mammals worldwide.
8.00 **Hidden Wales: Last Chance to Save** Will Millard explores some of Wales's forgotten historic buildings.
9.00 **Kabul** New episodes 3/6. Gilles and Giovanni do their best to get refugees in their charge evacuated. **9.50** 4/6. Amina and Nooria are forced to find their own way to the airport. Partly subtitled. (S1)
■ Entire series on BBC iPlayer
10.45 **To the Manor Born** Audrey reprimands DeVere for not attending church.

11.15 **Keeping Up Appearances**
11.45 **The Bridge: Fifty Years Across the Forth**
12.45 AM **Life on Earth**
1.40 **Hidden Wales: Last Chance to Save**
2.40 **to 3.40** AM **Deep, Down and Dirty: The Science of Soil**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia** Veteran *Lego Masters* contestants return.
7.35 **Below Deck Down Under**
9.35 **Ramsay's Kitchen Nightmares USA**
12.30 PM FILM **Mr Popper's Penguins** Comedy starring Jim Carrey and Carla Gugino. (2011, PG, 94min) ★★★
2.25 **The Simpsons** Back-to-back episodes.
6.30 **The Simpsons** *Missionary: Impossible:* Homer heads to a remote Pacific island.

7.00 **The Simpsons** *Pygmoelian:* Moe decides to change his down-at-heel image by undergoing plastic surgery. **7.30** *Bart to the Future:* Bart sees into his future. **8.00** *Days of Wine and D'Oh'ses:* Barney cleans up his act and stops drinking. **8.30** *Kill the Alligator and Run:* Homer accidentally kills a legendary alligator while on holiday in Florida.
9.00 **Celebrity Gogglebox** Famous faces appraise *This Morning* and *Clarkson's Farm*.
10.00 **Gogglebox** Opinions on *David Attenborough's 100 Years on Planet Earth, Countdown* and *First Dates*.

11.05 **Gogglebox**
12.15 AM **First Dates**
1.20 **Below Deck: Mediterranean**
3.45 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

Saturday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **A1: Britain's Longest Road** Documentary.
7.00 **Caught Red Handed**
9.00 **Brit Cops: Rapid Response**
10.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed** Four editions, including at: **1.30** PM The story of a family who watched an intruder prowling around downstairs on their security camera. **2.15** A detective tracks down a criminal who has been targeting elderly people.
3.00 **Nothing to Declare**

7.00 Nothing to Declare

7 PM
7.00 Nothing to Declare A traveller is suspected of drug smuggling. **7.30** Frog fat is found in a Korean woman's luggage.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Blue Bloods *Lost Ones:* 11/21. Danny and Baez investigate a chess hustler's death. (S13)

10 PM
10.00 Fire Country *Fresh Start:* 8/20. Three Rock reopens with a new crew and high hopes. (S4)
11.00 **FBI: International** 7/22. (S2)
12.00 M'T **Law & Order: Special Victims Unit** 22/22. (S26)
1.00 AM **FBI** 8/15. (S3)
2.00 **Caught on Dashcam** New edition Road disasters.
3.00 **FBI: Most Wanted** 7/14. (S1)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Billions** 1&2/12. (S6)
10.15 **Homicide: Life on the Street**
1.30 PM **The Last of Us** 1/7. Joel seeks help in mending his relationship with Ellie. **2.35** 2/7. The town of Jackson Hole prepare for the worst. **3.40** 3/7. Ellie prepares to petition the town council. **4.45** 4/7. Ellie and Dina find themselves in a battle between the Seraphites and a militia. **5.50** 5/7. An unlikely source shares a shocking truth. (S2)

8.00 The Last of Us

7 PM
6.50 The Last of Us *The Price:* 6/7. As their rift continues to widen Ellie prepares to confront Joel about her past.

8 PM
8.00 The Last of Us *Convergence:* 7/7. Ellie's search draws her towards a devastating confrontation. (S2)

9 PM
9.00 Possession 5/5. Claudia must embrace both her British and Jamaican heritages to defeat Charlotte's spirit. (S1)

10 PM
10.00 Task *Crossings:* 1/7. An FBI agent heads up a task force to tackle a string of drug-house robberies in Philadelphia. (S1)
11.10 **All Her Fault** 6/8. (S1)
12.10 AM **Homicide: Life on the Street** 8&9/22. (S5)
2.00 NEW SERIES **The Terror: Devil in Silver** 1/6. Return of the supernatural horror. **3.05** New episode 2/6. (S3)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Totally Bonkers Guinness World Records**
6.10 **Deal or No Deal**
7.05 **In for a Penny**
7.40 **Dress to Impress**
9.40 **Deal or No Deal**
12.45 PM **Wheel of Fortune**
1.50 **Celebrity Catchphrase**
2.50 FILM **Charlotte's Web** Drama starring Dakota Fanning. (2006, U, 97min) ★★★
4.40 FILM **Matilda** Roald Dahl's fantasy drama starring Danny DeVito and Rhea Perlman. (1996, PG, 98min) ★★★★

9.00 Batman Begins

7 PM
6.45 FILM Hairspray Musical comedy starring Nikki Blonsky, John Travolta and Michelle Pfeiffer. In 1962 Baltimore, a chubby teenager yearns to win a spot on a local TV dance show. With Christopher Walken. (2007, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM
9.00 FILM Batman Begins Dark comic-book thriller with Christian Bale. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Family Guy** 11/18. Stewie thinks he has skin cancer. (S5) **12.15** AM 7/20. Peter is overcome with jealousy. (S14)
12.45 **American Dad!** (S5&4)
1.45 **Plebs** 4/8. (S3)
2.15 **Transaction** 2/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

10 PM

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
12.10 PM **The Darling Buds of May**
2.30 **Midsomer Murders** *The Flying Club:* An airfield owner falls to his death from a plane. Guest stars June Whitfield. **4.25** *The Killings of Copenhagen:* Barnaby and Nelson team up with a pair of detectives in Copenhagen to investigate the murder of factory boss Eric Calder. **6.20** *The Dagger Club:* An artist is electrocuted by a booby-trapped roulette wheel.

12.10 The Darling Buds of May

7 PM
Midsomer Murders (started at 6.20pm)

8 PM
8.15 Midsomer Murders *Murder by Magic:* Barnaby and Nelson uncover conflict between the local church and pagan traditions after a famous illusionist's show takes a tragic turn. Guest stars Joe Absolom.

9 PM

10 PM
10.10 Vera *Natural Selection:* The detective investigates when the body of a wildlife ranger is found on a remote island. She seems to have been murdered, but was alone on the island when she died.
12.00 M'T **Inspector Morse** *Second Time Around:* A murder case forces Morse to team up with an old professional rival.
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **Motorsport Mundial**
6.45 **Minder**
7.50 **The Professionals**
10.00 LIVE **World Series of Darts: Australian Masters** Coverage of the quarter-finals, semi-finals and final held at WIN Entertainment Centre.
2.00 PM **Made in Britain**
2.30 **The Grand Fishing Adventure**
3.35 **Sharpe** 2/3. A clash of loyalties troubles Sharpe. **5.45** 3/3. Harper and Sharpe help defeat Napoleon. (S5)

10.00 World Series of Darts

7 PM
Sharpe (started at 5.45pm)

8 PM
8.00 Cycling: Women's Tour of Britain Highlights The fourth and penultimate stage, a 138km route from Llandiloes to Hay-on-Wye.

9 PM
9.00 English Football League Highlights Action from the latest EFL matches, including West Ham United v Charlton Athletic and Wrexham v Watford in the Championship.
10.35 Wrestling: AEW Dynamite The latest hard-hitting action from the world of All Elite Wrestling, featuring world-class talent including Jon Moxley and Claudio Castagnoli.
12.35 AM **Minder**
1.35 **Two and a Half Men**
2.50 **to 3.00** AM **Unwind with ITV**

10 PM

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Dundee United v Dundee.
8.15 **Paramedics on Scene** The Special Operations Response Team deal with the aftermath of a public brawl.
9.15 **Murder Trial: Death of a Dog Walker** 2/2. With Brian Low's family seeking answers, former gamekeeper David Campbell takes the stand.
10.15 **City Lights: Pure Dead Brilliant** A celebration of the comedy that captured the spirit of 1980s Scotland.
11.15 **City Lights** 1/6. First episode of the comedy starring Gerard Kelly. (S1)
11.45 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 1/8. (S3)
8.25 **Will & Grace** (S7)
11.00 **The Office Movers** (S2)
12.00 NOON **Two Weeks to Live** 1-3/6. Triple bill. (S1)
1.30 PM **Community** (S2)
4.00 **Will & Grace** (S3&4)
6.30 **The Office (US)** 14/28. Dwight's fire-safety drill causes problems. **7.00** 15/28. Michael stages a no-holds-barred roast of himself. **7.30** 16/28. Michael and Pam go to Nashua. **8.00** 17/28. Michael makes a discovery. **8.30** 18/28. Jim and Pam go on a double date. (S5)
9.00 **Alan Carr: Regional Trinket** Stand-up show.
10.00 **Kevin Hart: Reality Check** Stand-up show.
11.10 **Ania Magliano: I Can't Believe You've Done This** Stand-up show.
12.15 AM **Lil Rel Howery: I Said It. Y'all Thinking It**
1.30 **The Reluctant Landlord**
4.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Lang Lang: My Favourite Melodies**
7.10 **Bryn Terfel: Celtic Beethoven**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Grand Ole Opry: Opry Live**
2.00 **Voices of the Valleys**
3.00 **Discovering**
4.00 **Sam Cooke: Legend**
5.30 **Paul McCartney and Wings: One Hand Clapping** Documentary.
7.00 **Paul Simon: Live at Webster Hall, New York**
9.00 **Paul Weller: May Love Travel with You**
10.00 **Angelheaded Hipster: The Songs of Marc Bolan & T. Rex**
11.50 **The Sound of Protest**
1.10 AM FILM **Highlander** Thriller. (1986) ★★★★
3.20 **Queen + Adam Lambert: Summer Sonic – Live in Japan**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: America's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed** Triple bill.
4.00 **Monkey Life**
5.00 **Wild Sky** Double bill.
7.00 **A Cheetah's Pride** Inara searches for her kidnapped cubs.
8.00 **Caught on Dashcam** Road disasters captured on dashboard cameras.
9.00 FILM **Ruthless** Action thriller starring Dermot Mulroney and Jeff Fahey. After his daughter is murdered, a high-school coach takes matters into his own hands and hunts down her killers. (2023, 15, 92min) ★★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Celebrity Lingo** With Cathy Newman, Gyles Brandreth, Kaye Adams and Dr Ranj Singh.
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** Charity edition of the game show, with guests Stephen Mangan, Kemi Rodgers and Tom Allen.
9.00 **The Chase Celebrity Special** With guests Ortis Deley, Maggie Aderin, Graeme Hall and Sarah Millican.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.35 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A Place in the Sun**
11.35 **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** From Hull.
3.00 **A Place in the Sun**
8.00 **Location, Location, Location** In London, Phil Spencer helps a couple of first-time buyers and Kirstie Allsopp seeks out a home in a particular school-catchment area for a family.
9.00 **Grand Designs** Zara and her partner Giuliano build a malthouse-inspired home in the Lincolnshire Wolds.
10.00 **Sarah Millican: Bobby Dazzler** Stand-up comedy performance.
11.00 **8 Out of 10 Cats Does Countdown**
12.05 AM **Big Fat Quiz: Best**
1.05 **Celebrity Gogglebox**
2.05 **Gogglebox**
3.10 **Secret Lives of Gypsy Wives**
4.05 **to 5.05** AM **Crime Scene Cleaners**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **3.00** PM 2/22. Part two of two. Archer searches for the temporal operative. (S4)
4.00 **Star Trek: Voyager** 25/26. Neelix tells the Borg children a ghost story. **5.00** 26/26. Part one of two. The Borg Queen makes a shocking discovery. (S6) **6.00** 1/26. Part two of two. Janeway and her team try to set the Borg drones free. (S7)

10.00 Stargate Universe

7.00 **Star Trek: Voyager** *Imperfection:* 2/26. The crew battle to find a key Borg component to save Seven of Nine's life.
8.00 **Star Trek: Voyager** *Drive:* 3/26. Paris and Kim enter the *Delta Flyer* in a spaceship race. (S7)
9.00 **Stargate Universe** *Air – Part One:* 1/20. First episode of the sci-fi drama with Robert Carlyle and Lou Diamond Phillips.
10.00 **Stargate Universe** *Air – Part Two:* 2/20. The members of the group realise that they must work together. (S1)
11.00 **Stargate Universe** 3/20. The *Destiny*'s air supply begins to dwindle. (S1)
12.00 M'T **Grimm** 7/13. Monroe's birthday getaway is ruined when a hotel employee seeks vengeance against Nick. (S6)
1.00 AM **Grimm** 8&9/13. (S6)
3.00 **The Walking Dead** (S8)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
10.00 **My Life Is Murder** (S1)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown** Four episodes, including at: **3.00** *The Fall of the House of St Gardner:* A gossip columnist is found murdered. **4.00** *The Tower of Lost Souls:* Efforts are made to uncover a dark secret at Helmsley House.
5.00 **Maisie Raine** 1/6. Kyprianou's informant is endangered. **6.00** 2/6. The DI investigates a stabbing and a robbery. (S2)

5.00 Maisie Raine

7.00 **Death in Paradise** *Murder in the Polls:* 8/8. A political candidate is stabbed to death while casting his vote. (S6)
8.00 **Death in Paradise** Festive special from 2023. The team look into the death of an entrepreneur whose marketing guru goes missing during the investigation. Meanwhile, Neville's mother Melanie indulges in the island dating scene. (S13)
10.00 **Father Brown** *The River Corrupted:* Sid returns to Kembleford to ask his old family to help save his new one.
11.00 **Father Brown** *The Curse of the Aesthetic:* When an artist is murdered, Father Brown must discover who committed the crime before it is too late.
12.00 M'T **Father Brown**
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Only Fools and Horses**
1.20 PM **Only Fools and Horses** Six episodes, including at: **4.00** A millionaire offers Del Boy a partnership in his business empire Down Under. **4.35** The Trotter brothers fall for the same woman.
5.15 **Fawlty Towers: The Play** Recorded at the original West End production based on the beloved comedy series, this special brings together three iconic episodes into a single theatrical experience.

9.00 The Office

7.20 **Gavin & Stacey** Smithy accompanies Nessa to the hospital for her first ultrasound scan.
8.00 **Joe & David's Magical Sitcom Tour** 3/3. Joe Wilkinson treats David Earl to his ultimate *Office* tour.
9.00 **The Office** David shares the secrets of his unique management philosophy. **9.40** First episode of the comedy. David learns that his branch of Wernham Hogg may be closing.
10.20 **Gavin & Stacey** Tensions between the newlyweds reach fever-pitch.
11.00 **Gavin & Stacey** Bryn tries to organise a surprise for Gwen's birthday, but his secretive actions do not go unnoticed.
11.35 **Only Fools and Horses**
1.40 AM **Gavin & Stacey**
2.25 **The Office**
3.00 **to 4.00** AM **Gavin & Stacey**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Eddie Eats America**
7.45 **Top Gear** With Ronnie Wood.
8.40 **Would I Lie to You?**
10.00 **Would I Lie to You? At Christmas** With Ray Winstone.
10.40 **Would I Lie to You?**
11.20 **Would I Lie to You? The Unseen Bits** Extra material.
12.00 NOON **Would I Lie to You?**
5.20 PM **Would I Lie to You? At Christmas** With Ray Winstone.
6.00 **Pete Wicks: For Dogs' Sake** Pete immerses himself in the world of dog care at Basildon's Dogs Trust rehoming centre.

7.00 Gavin & Stacey

7.00 **Gavin & Stacey** The happy couple are welcomed home after their honeymoon. **7.40** Stacey prepares to move in with Gavin, and Smithy goes missing. **8.20** Smithy and Nessa visit the hospital for their first ultrasound scan.
9.00 **I'm Alan Partridge** Alan gets drunk and steals a traffic cone. **9.40** Alan meets his biggest fan, who proceeds to ruin his chances of landing an Irish TV series. **10.20** Alan learns that Tony Hayers has died in a bizarre accident.
11.00 **Not Going Out** Triple bill.
12.55 **Have I Got a Bit More News for You** Comedian Roy Wood Jr hosts the satirical quiz.
1.55 **Live at the Apollo**
2.55 **Richard Osman's House of Games** With Richie Anderson.
3.30 **to 4.00** AM **QI**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
9.40 **Jonathan Creek**
1.40 PM **Father Brown**
2.40 **New Tricks** *Wolf of Wallbrook:* Ted looks into the apparent suicide of a City trader. **3.40** *Prodigal Sons:* A cricket prodigy is found dead.
5.00 **Darby and Joan** 3/8. Details about her late husband's past overwhelm Joan. **6.00** 4/8. After a scuba dive goes horribly wrong, Joan's first Australian Christmas is put on hold. (S1)

11.00 Blackshore

7.00 **The Brokenwood Mysteries** *Playing the Lie:* 3/4. Mike and Kristin investigate when the wealthy owner of the Brokenwood Golf Club is apparently poisoned. (S1)
9.00 **Wallander** *One Step Behind:* 3/3. The detective becomes convinced the murder of a colleague is linked to the shooting of three teenagers in a secluded wood. Stars Kenneth Branagh. (S1)
11.00 **Blackshore** 1/6. A detective investigates a missing persons case that takes her back to her home town. (S1)
12.10 AM **The Last Detective**
1.45 **New Tricks** As 2.40pm.
2.50 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS: Los Angeles** (S5)
11.05 **Blue Bloods** (S5)
2.00 PM **NCIS: Los Angeles**
6.00 **NCIS: Los Angeles** *Windfall:* 20/24. The agents search for a former Marine being targeted by al-Qaeda. **7.00** *Three Hearts:* 21/24. An undercover agent is suspected of going rogue. **8.00** *One More Chance:* 22/24. The plans for a drone are stolen. (S5)
9.00 **NCIS** *After the Storm:* 18/20. A trio of combat vets are found murdered in a motel room. (S22)
10.00 **Law & Order: Special Victims Unit** *Man Up:* 1/24. Rollins reconnects with her ex. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&19)
2.00 **to 3.55** AM **NCIS: Los Angeles**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Friends** 4-7/18. (S10)
10.15 **Nightmare Tenants, Slum Landlords**
4.10 PM **FILM Percy Jackson & the Lightning Thief** Fantasy adventure starring Logan Lerman and Brandon T Jackson. (2010, PG, 114min) ★★★
6.35 **Cops** Documentary.
7.05 **FILM Volcano** Disaster movie starring Tommy Lee Jones, Anne Heche and Don Cheadle. (1997, 12, 103min) ★★
9.00 **FILM San Andreas** Disaster movie starring Dwayne Johnson and Carla Gugino. (2015, 12, 114min) ★★★
11.20 **Piers Morgan: Uncensored**
1.20 AM **Prince Harry in Therapy** Documentary.
2.45 **Killer at the Crime Scene** Karla Godoy.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Winter Road Rescue**
9.50 **Police Interceptors**
1.50 PM **Highway Thru Hell**
4.55 **FILM The Man with the Gun** Western starring Robert Mitchum. (1955, b/w, PG, 88min) ★★★
6.40 **FILM Beyond the Law** Spaghetti western with Lee Van Cleef, Antonio Sabato and Gordon Mitchell. A thief-turned-lawman plots to steal a shipment of silver. (1968, 12, 90min) ★★
9.00 **FILM Joe Kidd** Western starring Clint Eastwood. A hired gun becomes involved in a range war between poor Mexicans and a powerful rancher. (1973, 15, 88min) ★★★
10.50 **The X-Files** *The End:* 20/20. A teenage chess master appears to be psychic. (S5)
11.50 **The X-Files** (S6)
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad** Six episodes, including at: **6.00** A doctor fights for his life after a head-on collision with a truck.
7.00 **Ambulance Australia** An 88-year-old has suffered a head wound. **8.00** A passenger needs to be rescued from a burning car.
9.00 **Ghosts** First episode of the comedy. A cash-strapped couple inherit a country house, unaware it is falling apart and teeming with ghosts. **9.40** Mike's attempt to turn the house into a home leads to disaster. **10.15** Pat's family make their annual pilgrimage to the site of his death.
10.55 **The Young Midwives of Essex** Double bill.
12.55 **to 3.00** AM **Don't Hate Your House with the Property Brothers**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Train Truckers**
12.00 NOON **Flipping Bangers** Double bill.
2.00 PM **Canal Boat Diaries**
5.00 **Planet Earth II**
7.00 **Bangers & Cash: Restoring Classics**
8.00 **Bangers & Cash** Derek picks up three classic cars from a grand aristocratic estate.
9.00 **Dream Car Fixers** Sheldon and Will are hoping a 1969 Ford Corsair will be a dream car for retired postal worker Chris.
10.00 **Bangers & Cash: Restoring Classics** The team take Derek's advice when he sniffs out the last remaining Hillman GT.
11.00 **Bangers & Cash: Restoring Classics**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Repair Shop**
7.00 PM **The Repair Shop** The team restore a childhood puppet, an antique camera and an unusual timepiece. **8.00** The experts work on an Indian dancing doll and a sewing box.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa Groff investigate the Herschell Carrousel Factory in New York, where strange activity may point to the spirits of former workers.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Saturday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
9.20 **Little House on the Prairie** (S3)
2.00 PM **Little House on the Prairie** 12–16/23. (S3)
7.00 **The Waltons** 5/24. Mary Ellen decides to take drugs to cope with the stress of her exams. **8.00** 6/24. Elizabeth dreads her birthday. (S7)
9.00 FILM **All Creatures Great and Small** Comedy drama based on the bestselling novels of James Herriot, starring Simon Ward and Anthony Hopkins, about the adventures of a newly-qualified country vet during the 1930s. (1974, PG, 87min) ★★★
11.00 **Man About the House**
12.00 M'T **Robin's Nest** (S3)
1.30 AM **Rising Damp** (S1)
2.00 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Wanted: Dead or Alive** 6/36. (S1)
9.30 **Murder Maps**
10.30 **Murder by the Sea**
11.30 FILM **Buck and the Preacher** Comedy western. (1971, PG) ★★
1.45 PM FILM **Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
4.45 FILM **The Jewel of the Nile** Adventure. (1985, PG, 104min) ★★★★
7.05 FILM **The Trust** Thriller. (2016, 15, 90min) ★★★
9.00 FILM **Road to Perdition** Crime drama starring Tom Hanks. (2002, 15, 119min) ★★★★
11.30 FILM **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
1.45 AM **The Persuaders!**
2.45 FILM **Super Collider** Thriller with Robin Dunne. (2013, PG, 90min) ★★
4.15 **Coast Guard Alaska**
5.00 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Diagnosis Murder**
9.30 FILM **Higher Ground** Drama. (2017, PG) ★★
11.25 FILM **The Road Less Travelled** Crime drama. (2018, U, 72min) ★★
1.20 PM FILM **Site Unseen** Drama. (2017, PG) ★★
3.15 FILM **Past Malice** Thriller. (2018, PG, 90min) ★★
5.10 FILM **More Bitter Than Death** Crime drama. (2019, PG, 90min) ★★
7.05 FILM **Deadly Deed** Drama. (2018, PG) ★★
9.00 FILM **Mortal Mishaps** Drama. (2018, PG) ★★
10.55 FILM **Chronicle Mysteries** Crime drama. (2021, PG, 85min) ★★
12.50 AM FILM **Killer Reputation** Thriller. (2019, 12, 90min) ★
2.40 FILM **Au Pair Nightmare** Drama. (2020, PG) ★★
4.05 **to 5.00** AM **Diagnosis Murder**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Sister Dating Swap** Romantic comedy. (2023, PG, 89min) ★★
10.10 FILM **Love on Repeat** Romantic comedy. (2019, PG, 81min) ★★
12.00 NOON FILM **Mid-Love Crisis** Romantic drama. (2022, PG, 85min) ★★
1.50 PM FILM **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
3.45 FILM **Love, Again** Drama. (2015, PG, 84min) ★★★
5.40 FILM **All Yours** Comedy. (2016, PG, 84min) ★★
7.35 FILM **Let Love Grow** Romantic drama. (2023, U, 90min) ★★
9.35 FILM **Love's Match** Romantic drama. (2021, PG, 84min) ★★
11.45 FILM **A Winning Team** Romantic comedy. (2023, PG, 84min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love's Greek to Me** (2023) ★★

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Queer Lives Today**
11.30 **Garden Rescue**
12.30 PM **Love Your Home and Garden** Double bill.
2.30 **Country House Auction**
4.30 **The Two Ronnies in Australia** Sketch show.
5.30 FILM **Honour Among Thieves** Crime drama starring Alain Delon. (1968, 15, 115min) ★★★
8.00 FILM **Buster** Comedy drama starring Phil Collins as Great Train Robber Buster Edwards. (1988, 15, 102min) ★★
10.00 FILM **Hussy** Drama set in a seedy London nightclub, starring Helen Mirren and John Shea. (1979, 18, 94min) ★★
12.00 M'T FILM **Melvin: Son of Alvin** Comedy starring Tina Bursill. (1984, 12, 85min) ★★
2.00 AM FILM **Honour Among Thieves** (1968)
4.30 **to 5.00** AM **Queer Lives Today**

Rewind TV

182 81 164 141

6.00 AM **Space 1999** (S2)
7.00 **Man in a Suitcase**
10.00 **Doctor in Charge**
11.30 **The Upper Hand**
12.30 PM **The Gaffer** (S1)
2.00 **Second Thoughts** (S3)
3.00 **Two's Company** (S2)
4.30 **Only When I Laugh**
5.30 **The Upper Hand** (S1)
6.30 **Doctor in Charge** (S1)
8.00 **The Gaffer** 3&4/6. (S1)
9.00 **Space 1999** 13/24. A man has visions of Moonbase Alpha's destruction. (S2)
10.00 FILM **Leprechaun 2** Horror comedy sequel. (1994, 15, 86min) ★
11.50 **The Kenny Everett Naughty Joke Box**
1.25 AM **Stereo Underground**
2.25 **The Day Pele Came to Town** Documentary.
2.55 **Rewind Time Machine**
3.00 **Barbara Hepworth: Hepworth on Form**
3.30 **Two's Company**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Filthy Fortunes** Matt Paxton hunts for rare liquor, hand-rolled cigars and vintage drums. **8.00** Matt hunts for classic motorcycles and high-priced toys.
9.00 **Extinct or Alive** Forrest searches Madagascar for the great-ape-like pachylemur.
10.00 **Expedition X** Phil and Heather investigate the Loch Ness Monster.
11.00 **Expedition Files**
12.00 M'T **Goddess Face Tumour: Body Bizarre**
1.00 AM **My Deadly Face Tumour: Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Jamie Cooks Italy**
12.00 NOON **Michel Roux's French Country Cooking** Pork steaks.
1.00 PM **James Martin: Sweet**
3.00 **Tom Kerridge's American Feast**
5.00 **Tom Kerridge's Best Ever Dishes**
8.00 **Jamie Cooks Italy** Jamie Oliver and Gennaro Contaldo head to Sicily. **8.30** Jamie is in Tuscany, where he tracks down the region's hearty farmhouse cooking.
9.00 **Diners, Drive-Ins and Dives** New editions Guy Fieri tastes high-octane hot dogs near Asheville. **9.30** Guy dives into duck confit Monte Cristo.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** 11–15/21. (S5)
12.00 NOON **The Gambler Returns: The Luck of the Draw** Western.
3.40 PM FILM **Law of the Lawless** Western. (1963, 15, 88min) ★★
5.25 FILM **McLintock!** Comedy western starring John Wayne. (1963, U, 127min) ★★★
8.00 **The Twilight Zone** (S3)
9.00 FILM **Heist** Crime thriller with Gene Hackman and Danny DeVito. (2001, 15, 107min) ★★★★
11.15 FILM **Inside Man** Spike Lee's thriller starring Denzel Washington and Clive Owen. (2006, 15, 129min) ★★★★★
1.45 AM FILM **Aftermath** Drama starring Arnold Schwarzenegger. (2016, 15, 94min) ★★
3.35 **to 5.15** AM FILM **Deadly Target** Thriller. (2015, 15, 87min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S4&5)
3.00 PM FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
5.00 FILM **Troy: The Odyssey** Fantasy with Dylan Vox. (2017, PG, 90min) ★★
7.00 FILM **Triassic Hunt** Action adventure starring Michael Pare. (2021, 15, 86min) ★★
9.00 FILM **Zero Dark Thirty** Kathryn Bigelow's fact-based drama with Jessica Chastain. (2012, 15, 157min) ★★★★★
12.10 AM FILM **The Wild Geese** Action adventure starring Richard Burton and Roger Moore. (1978, 15, 134min) ★★★★
2.55 FILM **Double Dragon** Martial arts adventure starring Mark Dacascos. (1994, 12, 91min) ★★
4.50 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars**
8.20 **The UnXplained with William Shatner**
10.10 **Strange Evidence**
12.05 PM **The Proof Is Out There: Military Mysteries** Triple bill.
3.05 **What on Earth?**
6.00 **History's Greatest Mysteries** The story of the Zodiac Killer. **7.00** The assassination of John F Kennedy. **8.00** A lost settlement in the New World.
9.00 **World War Weird** A secret society's repeated attempts to kill Charlie Chaplin.
10.00 **Secret Wars Uncovered** The causes of the rise of Islamic terrorism.
11.00 **National Park Mysteries** Four editions.
1.00 AM **Conspiracy Files: Unsealed** Double bill.
2.00 **Court Cam**
3.00 **to 6.00** AM **UFO Chronicles**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **5.00** *The Dying Game:* An accountant is killed. **6.00** *The Trouble with Seth:* Jessica investigates when Seth vanishes.
7.00 **Abandoned Engineering** A formerly luxurious mountain-top villa on the island of Rhodes.
8.00 **WWII Battles in Colour** The Battle of Kursk.
9.00 **The Lancaster Bomber** The creation of the iconic aircraft.
10.15 **Memphis Belle in Colour** The story of one of the most famous aircraft in history.
11.15 **Mary Celeste: Solving the Mystery**
12.15 AM **Prisoner: Cell Block H** Triple bill. (S1)
3.20 **Around the World by Train with Tony Robinson** Thailand.
3.45 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Family Fortunes**
11.00 **Celebrity Antiques Road Trip** With Jenny Eclair.
12.15 PM **Catchphrase**
1.00 **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Chase** Double bill.
5.00 **The Chase Celebrity Special** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo take part. **6.00** With Ranvir Singh, John Sergeant, Mariella Frostrup and Ugo Monye.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Patrick Baladi, Vicky Williamson, John Craven and Kevin Eldon take part in the quiz.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
11.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 2/24. Howard enrols on a course taught by Sheldon. **7.30** 3/24. Howard is asked to throw the first pitch at a baseball game. **8.00** 4/24. The guys consider investing in the comic-book shop. **8.30** 5/24. The girls go on a trip to Vegas. (S8)
9.00 **Dr Pimple Popper** Dr Lee treats Reginald, who has a rare growth on the back of his head. **10.00** Dennis has giant growths on his head. **11.00** Audrey pops the bumps on her body so she can feel relief.
12.00 M'T **Dr Pimple Popper: Breaking Out**
3.00 AM **My 600lb Life**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Best of Mr Bean**
9.00 **Gods of the Game**
9.30 **Friends** 1–21/25. (S3)
8.00 PM **Friends** 22/25. Joey's play gets terrible reviews. With Ben Stiller. **8.30** 23/25. Ross finds a strange growth on his buttocks. (S3)
9.00 FILM **Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers, with Elizabeth Hurley. (1997, 15, 95min) ★★★★
11.00 FILM **Zombieland: Double Tap** Horror comedy sequel starring Woody Harrelson and Jesse Eisenberg. (2019, 15, 99min) ★★★
1.00 AM **8 Out of 10 Cats**
2.35 **Stupid Central**
3.25 **The Comedy Bus**
3.50 **Gods of the Game**
4.15 **to 5.00** AM **The Best of Mr Bean**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&5/23. (S8)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 8.00pm.
10.00 **Sabrina the Teenage Witch** 1–18/24. (S1)
7.00 PM **Sabrina the Teenage Witch** 19/24. Salem enters a cat show. **7.30** 20/24. Sabrina meets her father's new girlfriend. (S1)
8.00 **Michael McIntyre's Big Show** With Anton Du Beke, Dani Dyer, Samira Mighty, Gino D'Acampo and Cheryl.
9.00 **Friends** 19/25. Monica dates a millionaire. **9.30** 20/25. Chandler dates Rachel's boss. (S3)
10.00 **Friends** (S3&4)
3.45 AM **Jimmy Carr's Am I the A**hole?**
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **That's 60s: Best Music Live!**
8.20 FILM **That's Carry On** Comedy compilation. (1977, PG, 95min) ★★★
10.15 **Oh, Doctor Beeching!**
1.15 PM **Steptoe and Son**
3.50 **Rising Damp Xmas 1975** 8/8. Vintage festive special. (S2)
4.20 **Rising Damp** (S3)
5.50 **Man About the House**
7.55 **Minder** 2/13. (S3)
9.00 **Benidorm** 6/9. (S10)
9.55 **Shameless** 4/16. Mimi is blackmailed by her toy boy. (S7)
11.00 **Man About the House**
11.35 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.00 **Minder** 5/6. (S7)
2.05 **Duty Free** 1/7. (S1)
2.30 **Man About the House**
2.55 **The Kenny Everett Video Show** Comedy.
3.20 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 11/13. (S2)
6.20 **Teen Mom 2**
7.10 **Dallas Cowboys Cheerleaders**
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Charmed** (S1)
6.00 **Catfish: The TV Show**
7.00 **Catfish: Scammed**
8.00 **Catfish: The TV Show** Craig meets his online partner in the flesh.
9.00 **Skin A&E** The specialist clinic opens its doors to patients with acne, psoriasis and cysts.
10.00 FILM **The Da Vinci Code** Ron Howard's conspiracy thriller based on the bestseller by Dan Brown, starring Tom Hanks, Audrey Tautou and Ian McKellen. (2006, 12, 149min) ★★★
1.00 AM **Alicia Keys: MTV Unplugged**
2.00 **Dating Naked**
2.45 **All Star Shore**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **The Last Alaskans** Six editions, including at: **2.00** PM Tyler stalks a bull moose as winter approaches. **3.00** The Seldens help Tyler bring a moose home. **4.00** Lower-than-expected levels of snow causes trouble for the Arctic Refuge people. **5.00** Dwindling levels of daylight make it difficult to adequately check game traps.
6.00 **Deadliest Catch** Ice wreaks havoc on the fishing grounds.

12.00 The Last Alaskans

7.00 **Ant Anstead Master Mechanic** Ant pays a visit to an Alfa specialist. **7.30** Ant begins to feel the pressure of his build.

8.00 **Maine Cabin Masters** Chase Morrill and his crew renovate a family's cabin near the Appalachian Trail.

9.00 **Naked and Afraid: Global Showdown** Teams build four-pronged, fire-hardened spears. One team's spear – and partnership – breaks under pressure, while cold, driving rain collapses a shelter.

11.00 **Expedition Files** Josh Gates investigates Nikola Tesla's 'Death Ray' and the source of the Oracle of Delphi's visions.
12.00 M'T **Mystery at Blind Frog Ranch** Documentary.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo** A gorilla must undergo a critical root canal. **4.00** A fennec fox's future hangs in the balance.
5.00 **Treehouse Masters** Pete Nelson visits spectacular treehouses in the USA.
6.00 **Preposterous Pets** Owners make over their poodles to compete in grooming contests.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How hamsters stuff so much into their cheeks. **7.30** How dogs know when their owner is sick.

8.00 **Extinct or Alive** Biologist Forrest Galante is in the Faroe Islands looking for a trace of the great auk, a large flightless seabird.

9.00 **Alaskan Bush People: Bushcraft Chronicles** How the Bronws deal with medical problems while in the wilderness.

10.00 **Tanked** Basketball star Demarcus Cousins wants a tank for his new house, and a local exotic pet store also request a tank.

11.00 **Alaska: The Last Frontier** Eivin builds a motorised cart.
12.00 M'T **Edge of Alaska** Neil prepares to reopen the mine. **1.00** AM Neil defies the locals with his mine tour.
2.00 **The Haunted**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Plane Crash Recreated**
12.00 NOON **Disaster Autopsy**
1.00 PM **Seconds from Disaster**
2.00 **Hidden Beneath the Cities**
4.00 **Secrets of Neuschwanstein Castle** Documentary.
5.00 **Air Crash Investigation** How a China Airlines 747 broke up in mid-air in 2002. **6.00** How the pilots managed to avert an even bigger disaster when the aircraft they were piloting over Sioux City, Iowa, crashed on the runway.

8.00 Hurricane Katrina

7.00 **Destruction Decoded** How the sea claims countless lives, from forgotten shipwrecks to headline disasters.

8.00 **Hurricane Katrina: Race Against Time** The aftermath of the natural disaster, and how it laid bare racial divisions.

9.00 **Hurricane Katrina: Race Against Time** Residents try to evacuate and rescue efforts begin when New Orleans is flooded.

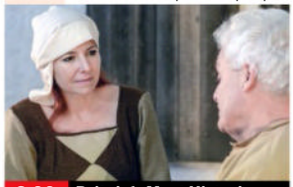
10.00 **Hurricane Katrina: Race Against Time** Three days into the flood, rescue operations continue around the clock.

11.00 **Hurricane Katrina: Race Against Time** In New Orleans, General Honoré comes under pressure to use force. **12.00** M'T The future of a devastated New Orleans hangs in the balance as its residents struggle to return.
1.00 AM **Mutant Weather**
2.00 **to 5.00** AM **Air Crash Investigation**

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Hardcore Pawn**
10.00 **History's Greatest Machines with Dolph Lundgren**
11.00 **Battle Treasures with Foxy and Bruce** Double bill.
12.00 NOON **Secrets of the Lost Liners** Double bill of editions.
2.00 PM **Storage Wars** Six editions.
5.00 **World's Most Unexplained** Four editions, including at: **6.00** Investigating claims of mysterious religious sightings. **6.30** Why certain numbers incite fear and panic in people.



8.00 Britain's Most Historic...

7.00 **Britain's Most Historic Towns** Alice Roberts visits Canterbury to explore the Plantagenet era.

8.00 **Britain's Most Historic Towns** Alice explores the story of Stewart Britain by visiting Stirling.

9.00 **Hell on Earth: WWII** An insight into the German forces' occupation of Europe and how the UK found itself isolated.

10.00 **Hell on Earth: WWII** Examining how the attack on Pearl Harbour saw the Japanese armies celebrate their victory.

11.00 **Mysteries Unearthed with Danny Trejo** The world's most significant discoveries. **12.00** M'T The explosions that changed history.
1.00 AM **World's Most Unexplained** Four editions.
3.00 **Britain's Most Historic Towns**
5.00 **to 6.00** AM **History's Greatest Machines with Dolph Lundgren**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Michael Keaton** A profile of the actor.
7.00 **Discovering: John Malkovich**
8.00 **The Directors**
9.00 **Steve McQueen: The Lost Movie** Documentary.
10.45 **My Icon: Solomon Wilcots**
11.00 **Wise Guy: David Chase and The Sopranos** 1&2/2.
2.10 PM **Stevie Van Zandt: Disciple** A look at the musician and actor's career.
5.00 **Hill** A profile of ex-Formula One driver Damon Hill.
6.45 **My Icon: Denise Lewis**

7.00 I Am Patrick Swayze

7.00 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*. With contributions by Rob Lowe and Demi Moore.
8.50 **My Icon: Casey Stoney** The football coach talks about her idols.

9.00 **The Alabama Solution** One-off documentary about the prison system in Alabama told from the perspective of incarcerated inmates, who reveal endemic abuse of power and a cover-up.

11.15 FILM **When We Were Kings** Oscar-winning documentary about Muhammad Ali's legendary bout with defending heavyweight champion George Foreman in Zaire in 1974. (1996, PG, 87min) ★★★★★
1.00 AM **Villeneuve Pironi: Racing's Untold Tragedy**
3.00 **The End of the Storm**
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Massive Engineering Mistakes**
7.00 **British Superbikes**
8.00 **Ant Anstead: Born Mechanic** As 8.00pm.
9.00 **Wheeler Dealers**
3.00 PM **Shed and Buried: Classic Cars** Double bill.
5.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant heads to Scotland to pick up a 1964 Mark 1 Cortina.
9.00 **The Repair Shop** The team revive a water-damaged arcade game. **10.00** Restoring an antique weather device.
11.00 **Outback Opal Hunters** The Blacklighters call in an expert on a rare fossil.
12.00 M'T **Outback Truckers**
1.00 AM **Ancient Unexplained Files**
3.00 **NASA's Unexplained Files** Documentary.
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **True Crime with Aphrodite Jones**
9.00 **Deadly Influence: The Social Media Murders** New edition The lines begin to blur between a YouTuber's day job and his online fantasies.
10.00 **The Curious Case Of...** New edition After three students die, families expose the warnings that the school ignored.
11.00 **Murder on CCTV** Police hope surveillance footage will lead them to a missing teenager. **12.00** M'T The case of a Tennessee State Trooper.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Anagram Serial Killer** The case of Scottish serial killer Peter Tobin.
8.00 **UK Crime Files: Brides in the Bath Murders** The story of George Smith, who married women, drowned them and stole their money.
9.00 **UK Crime Files: Gangland Murders** Simon Toyne travels to Manchester to examine cases of gang violence.
10.00 **UK Crime Files: Evil Walks the Streets**
11.00 **UK Crime Files: Murdered by a Friend**
12.00 M'T **UK Crime Files: Mystery of the Man in the Woods**
1.00 AM **Donal MacIntyre's Killer Evidence**
2.00 **Fatal Fraud**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **Killers: Caught on Camera** Triple bill.
3.00 PM **UK Crime Files: The Silent Assassin** The 1994 case of a waiter who was shot dead in a Kirkwall restaurant.
4.00 **UK Crime Files: Facebook Killer** Simon Toyne looks into the story of a man dubbed 'The Facebook Killer'.
5.00 **UK Crime Files: Body in the Bag** Geoffrey Wansell explores how Cardiff killer Malcolm Green murdered twice.
6.00 **UK Crime Files: World's End Murders** Examining the case of two Edinburgh teenagers who vanished after leaving a pub in 1977.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Nothing to Declare**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Brit Cops**
11.00 **The Force: Manchester**
12.00 NOON **Caught on...**
1.00 PM **The Murder of Lee Irving: Disability Mate Crime** Documentary.
2.00 **World's Most Evil Killers**
3.00 **Britain's Most Evil Killers**
4.00 **The Real Manhunter**
5.00 **Killer in My Village**
7.00 **Catching the Killer**
9.00 **Murder Nation**
10.00 **World's Most Notorious Killers**
11.45 **World's Most Evil Killers**
12.50 AM **How I Caught the Killer** Mark Jensen.
1.55 **Britain's Most Evil Killers**
3.00 **What the Killer Did Next** Peter McMahon.
4.00 **Brit Cops**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Forgotten Soldier**
9.35 **Forgotten Allies...**
10.35 **Franco: The Last Inquisitor** As 9.35pm.
1.00 PM **Forgotten Allies: The Search for Burma's Lost Heroes**
2.00 **Dad's Secret War: France 1944**
3.20 **Forgotten Soldier**
4.55 **The Truth About Franco: Spain's Forgotten Dictatorship** A look at Francisco Franco's years in power. **6.00** The first period of Franco's regime. **7.15** How Franco prevailed after the end of World War Two. **8.20** How Franco's rule was legitimised.
9.35 **Franco: The Last Inquisitor** 1&2/2. The story of Spanish general and dictator Francisco Franco Bahamonde.
12.00 M'T **to 2.00** AM **Forgotten Soldier**

SATURDAY

Saturday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Baby Animals**
7.00 **Arctic Secrets**
9.00 **America's Wild Border: Northern Exposure**
10.00 **After the Wildfires**
11.00 **High Life in the Dead Mountains** Documentary.
12.00 NOON **Untamed Valley**
3.00 PM **David Attenborough's Galapagos** Triple bill.
6.00 **The Bachelor King**
7.30 **Micro Monsters with David Attenborough**
8.00 **Deadly Australians**
9.00 **Boss Shark: Battle of the Sexes** Dr Riley Elliott compares male and female sharks.
10.00 **Africa's Hunters** Double bill.
12.00 M'T **Deadly Australians**
1.00 AM **Boss Shark: Battle of the Sexes** As shown at 9.00pm.
2.00 **NEW SERIES Violent Earth** Liev Schreiber explores the science behind epic natural disasters, starting with tornados.
3.00 **Rewilding** European bison.
4.00 **America's Wild Border: Northern Exposure**
5.00 **to 6.00** AM **After the Wildfires**

Crime+Investigation

139/140 142 133

6.00 AM **Hometown Tragedy**
8.55 **Court Cam** True-crime.
3.40 PM **My Strange Arrest**
5.00 **Text Me When You Get Home**
7.00 **Check-In to Murder** Canadian engineer Ashwin Desai is brutally attacked in a hotel.
8.00 **Last Night Out** The case of a woman beaten by her ex after a family birthday party.
9.00 **Predator Files** An ex-teacher whose online obsession spirals toward a dangerous meet-up. **9.30** SOSA teams up with Louisiana Vice in a double decoy operation. **10.00** A dangerous man is identified and investigators use a decoy to expose his intent. **10.30** A decoy is employed to expose a suspect whose online behaviour escalates.
11.00 **Interrogation Cam**
12.00 M'T **Fugitives Caught on Tape**
1.00 AM **I Survived a Crime**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **Hometown Tragedy**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering** Four editions, including at: **11.00** Ruins of a vast industrial ghost town in the United States. **12.00** NOON A long-range beacon that transmitted one of the most infamous messages.
1.00 PM **Asia** Seven editions of the documentary, including at: **6.10** David Attenborough introduces the wildlife of Asia's mountains, from elephants living in high altitude plantations, to gathering of swifts in Thailand's mountainous caves. **7.30** How animals survive when the northern half of Asia is transformed by snow and ice each year. Featuring footage of Himalayan wolves, the red-crowned crane and Amur tigers. **8.55** Focusing on the oceans that surround the continent's coastline, which are home to more than 60 per cent of the world's marine species.
10.10 **Asia** Six editions.
5.25 **to 6.00** AM **River Walks**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
11.00 **Secrets of Great British Castles** Double bill of editions.
1.00 PM **Instruments of Death**
2.00 **Ancient Aliens**
4.00 **Weird Britain** Double bill.
6.00 **Guns That Changed the Game**
7.00 **Discovered by Disaster** Evidence of early human activity hidden by the landscape.
8.00 **Hazardous History with Henry Winkler** A feast of food horrors from the past.
9.00 **Colosseum** Commodus, the son of Marcus Aurelius, risks his life in the arena.
10.00 **Forbidden History** A look at some of the darker elements of the MK Ultra programme.
11.00 **Ancient Aliens** Experts investigate whether alien life forms are thriving in Earth's seas. **12.00** M'T Crop circles.
1.00 AM **Iconic Combat Machines**
2.00 **World War II: Witness to War**
3.00 **Combat Trains**
4.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **Looting History**

WILD

165 145 182

8.00 AM **Critter Fixers: Country Vets** Double bill of editions.
10.00 **Secrets of the Zoo**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Killer Whale Chronicles**
3.00 **Extraordinary Australia**
5.00 **Europe's Wild Marvels**
7.00 **Heartland Docs** A cat suffers from severe tremors brought on by hyperthyroidism.
8.00 **Jaws @ 50: The Definitive Inside Story** Steven Spielberg shares his memories of the thriller, with contributions from film-makers including Jordan Peele and James Cameron.
10.00 **Underdogs** Ryan Reynolds reveals a guide to romance and reproduction, forgetting the birds and the bees and rewriting the rule book to finding the one. **10.50** The most ingenious con artists in the animal kingdom.
11.40 **Bizarre Animal Friends** A look at surprising animal friendships.
12.35 AM **Alaska Animal Rescue**
1.30 **Trials of the Wild**
2.00 **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 140 166

8.00 AM **The Perfect Murder**
12.00 NOON **Homicide City**
3.00 PM **Homicide City: Charlotte**
4.00 **People Magazine Investigates** The murder of Stacey Stites. **5.00** A family's trailer is burned to the ground **6.00** Investigating the murder of two middle school girls. **7.00** During an armed robbery, a father of three is fatally shot.
8.00 **Truth About Murder with Sunny Hostin** Exploring the murder of Kelsey Monahon.
9.00 **Mean Girl Murders** A tragic accident reveals the dark side of social media.
10.00 **Fallen Idols: Nick & Aaron Carter** Aaron goes public saying he supports the women's allegations against his brother. **11.00** Aaron's struggles with addiction and mental illness come to a tragic conclusion.
12.00 M'T **The Lake Erie Murders**
2.00 AM **Faking It: Tears of a Crime**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **How the Universe Works**
4.00 **Through the Wormhole with Morgan Freeman** Double bill.
6.00 **How It's Made** The making of ochre and hurdy gurdies. **6.30** The creation of moulded limestone artwork. **7.00** Making guitars out of recycled skateboards. **7.30** Producing racing pulley systems and medicine balls.
8.00 **Alien Highway** Chuck Zukowski searches for definitive proof of extraterrestrial life. **9.00** A man from Missouri asks Chuck and the team for help.
10.00 **The Alaska Triangle** An area in Alaska known for unusual activity. **11.00** A cryptozoologist hunts for scientific proof of Bigfoot.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X**
4.00 **to 6.00** AM **How Do They Do It?**

+1 hour 267 379

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** A look at the mysterious 'ninth' planet reported to exist on the very edge of the Solar System. **7.00** The dangers of exploding stars, colliding galaxies and nebula shockwaves. **8.00** Exploring the mysteries surrounding the formation of supermassive black holes.
9.00 **Massive Engineering Mistakes** In Italy, chaos ensues as a crane collapses on a major construction project, while in Massachusetts, a high-rise building comes crashing down. **10.00** In Connecticut, tragedy strikes a construction site. **11.00** Catastrophe strikes in the heart of Minnesota.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **Kindig Customs: Road to the Ridler** Triple bill.
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Guz Khan's Custom Cars**
4.00 PM **Bad Chad Customs**
5.00 **Goblin Works Garage**
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townshend visit Stuart in Wales and uncover a Morris 35 van.
9.00 **Shed and Buried** Henry Cole and Sam Lovegrove take a trip from Cornwall to Oxfordshire. **9.30** Henry and Sam head to Buckinghamshire in the hope of finding something to restore.
10.00 **Richard Hammond's Workshop** Richard faces a client who is anxious for work to start on his vintage Bentley. **11.00** Accountant Kamla gives Richard a harsh reality check. **12.00** M'T Richard's team work overtime to complete their first big restoration – a 1950s Alvis.
1.00 **to 4.00** AM **Kindig Customs: Road to the Ridler**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **PREMIERE Twinless**
9.00 **Charlie the Wonderdog**
10.40 **Signal One** As 1.10am.
12.20 PM **Five Nights at Freddy's 2**
2.20 **Hamnet** Historical drama. (2025, 12, 125min) ★★★★
4.35 **PREMIERE Twinless** Dark comedy drama starring Dylan O'Brien. (2025, 15, 100min) ★★★★ *See review, page 23.*
6.20 **Normal** Action comedy starring Bob Odenkirk. (2026, 15, 91 min) ★★★★

4.35 Twinless

8.00 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson and Elizabeth Lail. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Seven Snipers Thriller starring Radha Mitchell. A retired sniper in hiding on an Australian ranch must reunite her kill squad when a warlord threatens her daughter. (2025, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Normal** As shown at 6.20pm.
1.10 AM **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
2.50 **Eleanor the Great** Drama. (2025, 12, 98min) ★★★★
4.35 **Cinema List: Epic Storytelling**
4.55 **to 6.35** AM **Charlie the Wonderdog** Animated family adventure. (2025, PG, 92min)

Sky Cinema Box Set

303 303 403 503 517

6.45 AM **Venom** Fantasy adventure. (2018, 15, 112min) ★★★
8.40 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
11.00 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
1.25 PM **Spider-Man** Adventure. (2002, 12, 121 min) ★★★★
3.30 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
5.40 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★

1.25 Spider-Man

8.00 Spider-Man: Homecoming Adventure starring Tom Holland and Michael Keaton. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Spider-Man: No Way Home Fantasy adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Spider-Man: Into the Spider-Verse** Animation with the voice of Shameik Moore. (2018, PG, 117min) ★★★★★
2.45 **One Shot** Action thriller. (2021, 15, 96min) ★★
4.30 **to 6.15** AM **One More Shot** Thriller. (2023, 15, 102min) ★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **The Room Next Door**
9.05 **One Battle After Another**
11.50 **Hamnet** As shown at 10.45pm.
2.00 PM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
4.00 **Footloose** Teen dance drama starring Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★
5.50 **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★

8.00 One Battle After Another Oscar-winning action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. With Sean Penn. (2025, 15, 161min) ★★★★★
10.45 Hamnet Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★

1.00 AM **The Room Next Door** Drama with Julianne Moore. (2024, 12, 102min) ★★★★
2.55 **Anatomy of a Murder** Drama starring James Stewart. (1959, b/w, 12, 160min) ★★★★★
5.40 **to 7.15** AM **Poison** Drama. (2024, PG, 86min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **We Bury the Dead** Horror. (2024, 15, 94min) ★★★★
8.45 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
10.25 **Van Helsing** Fantasy adventure starring Hugh Jackman. (2004, 12, 132min) ★★★
12.40 PM **Evil Dead 2** As 12.20am.
2.10 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★

3.45 **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
6.10 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
8.00 **The Bride!** Horror starring Jessie Buckley and Christian Bale. (2025, 15, 126min) ★★★★
10.15 **The Exorcist** Occult horror starring Max von Sydow. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121 min) ★★★★★

12.20 AM **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★★
1.55 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
3.35 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
5.20 **to 7.15** AM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.45 AM **The Wild Thornberrys Movie** (2002, U) ★★★★
8.15 **Flushed Away** Animation. (2006, U, 85min) ★★★★
9.45 **Wicked** (2024, PG) ★★★★
12.30 PM **Wicked: For Good** Fantasy sequel. (2025, PG) ★★★
3.00 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG) ★★★★★
6.00 **The Lord of the Rings: The Two Towers** Fantasy. (2002, 12, 179min) ★★★★★

3.00 The Lord of the Rings

The Lord of the Rings: The Two Towers
(film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Ghostbusters: Afterlife** Fantasy comedy sequel with Carrie Coon and Paul Rudd. (2021, 12, 124min) ★★★★
2.35 **Journey 2: The Mysterious Island** Fantasy adventure sequel with Dwayne Johnson. (2012, PG, 94min) ★★★
4.20 **Sky Cinema Preview**
5.00 **to 6.40** AM **Charlotte's Web** Screen version of EB White's classic children's book. (2006, U, 97min) ★★★

Sky Cinema Statham

306 306 407 507 521

6.30 AM **Cellular** As 3.45am.
8.10 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
10.10 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
12.00 NOON **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.00 PM **The Beekeeper** (2023)
4.00 **The Expendables** Action thriller. (2010, 18, 99min) ★★★
6.00 **The Expendables 2** Action adventure sequel. (2012, 15, 98min) ★★★

10.10 Snatch

8.00 **The Expendables 3** Action thriller sequel starring Sylvester Stallone and Mel Gibson. Soldier of fortune Barney Ross recruits a new team to battle an arms dealer with a score to settle. With Jason Statham. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Snatch** Guy Ritchie's crime comedy starring Jason Statham and Benicio Del Toro. A group of small-time crooks plan to steal a diamond from a mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
2.00 **Homefront** Action thriller. (2013, 15, 98min) ★★★
3.45 **Cellular** Thriller starring Kim Basinger and Chris Evans. (2004, 15, 94min) ★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.05 AM **Fords on Water** (1983)
7.30 **See No Evil, Hear No Evil** Thriller. (1989, 15) ★★★
9.15 **Finding Your Feet** (2017) ★★
11.10 **Liar Liar** (1997, 12) ★★★★
12.45 PM **Fords on Water** Comedy. (1983, 15, 83min) ★★★
2.15 **Bride Wars** Wedding comedy. (2009, 12, 85min) ★★★
3.55 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
5.55 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★

8.00 Anchorman 2

8.00 **Anchorman 2: The Legend Continues** Comedy sequel starring Will Ferrell and Christina Applegate. Newsreader Ron Burgundy becomes the star of a 24-hour news channel with a series of sensationalist stories. (2013, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Instant Family** Comedy drama starring Mark Wahlberg, Rose Byrne and Isabela Merced. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **About Last Night** Romantic comedy remake. (2014, 15, 98min) ★★
1.45 AM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
3.35 **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
5.35 **to 7.10** AM **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12, 85min) ★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★
8.10 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
10.10 **The Accountant** As 10.05pm.
12.20 PM **Lethal Weapon 4** Thriller sequel. (1998, 15) ★★★
2.30 **Hallow Road** Crime thriller. (2025, 15, 80min) ★★★★
3.55 **Civil War** Action thriller. (2023, 15, 109min) ★★★★
5.55 **No Country for Old Men** Thriller. (2007, 15) ★★★★

8.00 Mr & Mrs Smith

8.00 **Mr & Mrs Smith** Comedy thriller starring Brad Pitt and Angelina Jolie. A pair of married assassins who are unaware of one another's real professions have 48 hours to kill each other after their covers are blown. (2004, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department closes in. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Safe House** Crime thriller with Ryan Reynolds, Denzel Washington and Vera Farmiga. (2012, 15, 110min) ★★★
2.15 **Lurker** Crime drama. (2025, 15, 100min) ★★★★
4.00 **to 6.00** AM **Sharp Corner** Thriller starring Ben Foster. (2024, 15, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sherlock Holmes: Terror by Night** (1946, b/w, U) ★★
12.25 PM **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
2.15 **Cloudy with a Chance of Meatballs 2** Animated sequel. (2013, U, 93min) ★★★
4.10 **Hidden Figures** Fact-based drama. (2016, PG) ★★★★
6.50 **Free Guy** Comedy adventure. (2020, 12, 110min) ★★★★

6.50 Free Guy

Free Guy
(film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **L.A. Confidential** Period crime thriller starring Russell Crowe, Guy Pearce, Kevin Spacey and Kim Basinger. In 1950s LA, an ambitious police detective and a thuggish cop reluctantly join forces to solve a complex murder case. (1997, 18, 138min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **65** Sci-fi action adventure starring Adam Driver and Ariana Greenblatt. When an astronaut crashes on a mysterious planet, he fights for survival amidst the deadly wildlife. (2023, 12, 93min) ★★
1.35 **to 3.50** AM **First Love** Japanese crime drama with Sakurako Konishi. Subtitled. (2019, 15, 108min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

7.10 AM **Looney Tunes: The Day the Earth Blew Up** Animated adventure. (2024, PG, 91min)
8.50 **The SpongeBob Movie: Search for SquarePants** Animation. (2025, PG, 88min) ★★★
10.30 **Tom and Jerry: Forbidden Compass** Animation. (2025, PG)
12.25 PM **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★

2.25 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
4.00 **Trolls** Animated musical. (2016, U, 92min) ★★★
5.45 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.15 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
9.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
11.00 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★

12.40 AM **Open Season** Animation. (2006, PG, 86min) ★★★★
2.10 **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
3.30 **Open Season 3** (2010, U) ★★
4.50 **Cinema List: Family Favourites**
5.20 **to 6.55** AM **Open Season: Scared Silly** (2015, PG) ★★★

Sky Cinema Greats

307 307 404 504 518

6.50 AM **Mr Nice Guy** As 4.10am.
8.20 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
10.20 **Robin Hood: Prince of Thieves** Adventure. (1991, PG) ★★
12.45 PM **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
2.15 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
4.20 **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★

6.20 **Jaws 3** Adventure thriller sequel starring Dennis Quaid. (1983, 12, 99min) ★★
8.00 **Lake Placid** Horror starring Bill Pullman and Bridget Fonda. (1999, 15, 82min) ★★★★
9.25 **Men in Black** Sci-fi comedy with Tommy Lee Jones and Will Smith. A New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
11.05 **Mars Attacks!** Sci-fi comedy. (1996, 12, 106min) ★★★★

12.55 AM **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
2.25 **The Last Starfighter** Sci-fi adventure with Robert Preston. (1984, PG, 100min) ★★★
4.10 **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
5.45 **to 7.40** AM **Mars Attacks!**

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.20 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
9.05 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
10.45 **The Lion King** Animation. (2019, PG, 118min) ★★★
12.15 PM **Mulan** Animated adventure with the voice of Eddie Murphy. (1998, U, 88min) ★★★

1.45 **Mufasa: The Lion King** Animated adventure prequel. (2024, PG, 118min) ★★★
3.45 **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★
5.10 **Hercules** Animated musical. (1997, U, 92min) ★★★★
6.50 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
9.00 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★
11.05 **The Amateur** Action thriller. (2025, 12, 125min) ★★★★

1.10 AM **A Complete Unknown** Biopic with Timothée Chalamet. (2024, 15, 140min) ★★★★
3.30 **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
4.50 **to 6.00** AM **Bambi** Animation. (1942, U, 69min) ★★★★★

Movies 24

312 313 419

7.00 AM **Romance at Hope Ranch** Drama. (2026, PG, 84min) ★★
9.00 **A Melbourne Match** Romantic drama. (2026, PG, 90min) ★★
11.00 **For Love & Honey** Romantic comedy. (2024, U, 84min) ★★
1.00 PM **The Love Heist** Romantic drama. (2026, PG, 90min) ★★
3.00 **His and Hers** Drama starring Lacey Chabert and Brennan Elliott. (2024, PG, 90min) ★★

5.00 **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
7.00 **Sense and Sensibility** Drama starring Deborah Ayorinde. (2024, U, 84min) ★★
9.00 **Royal-Ish** Romantic drama starring Nichole Sakura and William Moseley. A woman who plays a princess at an amusement park befriends the real thing, and falls for her older brother. (2025, PG, 84min) ★★
11.00 **The Wedding Contest** Comedy. (2023, PG, 88min) ★★

1.00 AM **3 Bed, 2 Bath, 1 Ghost** Romantic comedy with Julie Gonzalo. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **The Finnish Line** Romantic comedy starring Kim Matula. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Alibi Breaker** (1937) ★★
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of William Tell**
9.00 **Batman** 23/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 17/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 26/32. (S1)
10.30 **Supercar** 7/26. (S1)
11.00 **The Buccaneers** 37/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **The Mummy** (1959) ★★★
1.45 PM **The Last Film Show**
2.00 **Time Lock** (1957, b/w, PG) ★★
3.30 **Cinebox Memories**
3.35 **Whiplash** Western.
4.10 **Hobson's Choice** (1953) ★★★★
6.20 **Cinebox Memories**
6.25 **Dick Turpin** 12/13. (S1)
7.00 **Maigret** 9/13. (S1)
8.00 **The Duchess of Duke Street**
9.05 **The Hound of the Baskervilles**
11.05 **Scotland Yard** 15/39. (S1)
11.45 **Eurotrash**

12.20 AM **Sin in the Suburbs** (1964)
2.10 **Nicole Kidman: Eyes Wide Open**
3.15 **A Hole Lot of Trouble** Comedy.
3.50 **Look at Life** Documentary.
4.00 **One Step Beyond** 19/22. (S1)
4.35 **Tales of Frankenstein**
5.10 **The Midlands in the 1960s**
5.30 **to 6.00** AM **Honey West**

SATURDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Premier League Weekend**
11.00 LIVE **Formula 1** The Dutch Grand Prix sprint race at Circuit Zandvoort. Start-time **11.00am**.
12.00 NOON LIVE **EFL Lincoln City v Portsmouth.** The Championship match from LNER Stadium. Kick-off **12.30pm**.
2.30 PM LIVE **Formula 1** Coverage of the Dutch Grand Prix qualifying session ahead of the 12th round of the season staged at Circuit Zandvoort. Start-time **3.00pm**.
5.00 LIVE **SNF Brentford v Tottenham Hotspur.** Coverage of the Premier League match staged at the Gtech Community Stadium. Kick-off **5.30pm**. *See feature, page 28.*
8.00 LIVE **PGA Tour Golf** Coverage of day three of the BMW Championship held at Bellerive Country Club in St Louis, Missouri.
11.00 LIVE **WTA & ATP Tennis** Coverage of day 10 of the Cincinnati Open at Lindner Family Tennis Center in Mason, Ohio.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League Stories**
8.30 **FNF** Arsenal v Coventry City.
9.00 **Saturday Social**
10.00 **Premier League Weekend**
11.30 **The Transfer Show**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF Brentford v Tottenham Hotspur.** Coverage of the Premier League match held at the Gtech Community Stadium. Brentford will be looking for another top-half finish after coming ninth last term in Keith Andrews' first season as manager. Kick-off **5.30pm**. *See feature, page 28.*
8.30 **Game of the Day**
10.30 **Premier League Highlights** Everton v Crystal Palace. **11.00** Highlights of Ipswich Town v Sunderland at Portman Road. **11.30** Action from Nottingham Forest v Leeds United.
12.00 M'T **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights** League One.
6.15 **Championship Season Review**
7.15 **Bundesliga Preview**
8.15 **John Robertson: Hammer of Hibs** The striker's derby goals.
8.45 **EFL Highlights** League One.
9.00 **Saturday Social**
10.00 **EFL Cup Highlights**
11.30 LIVE **EFL Lincoln City v Portsmouth.** The Championship match from LNER Stadium. The teams last faced each other three seasons ago in League One, when Pompey won 2-1 at home and 2-0 here on their way to promotion, with the Imps finally following them into this division by winning the title last term. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
6.00 **EFL Cup Highlights**
8.00 **EFL** Lincoln City v Portsmouth.
10.00 **EFL Cup Highlights** Middlesbrough v Wrexham.
10.30 **EFL Highlights**
2.00 AM **EFL** A play-off final.
3.00 **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket**
9.30 **Nepal Climbing Cricket's Mountain** Documentary.
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v Pakistan.** Coverage of the fourth day of the first Test in the three-match series staged at Headingley Cricket Ground in Leeds. The teams last met here in this format in 2018, when Jos Buttler top-scored with 80 in a comfortable victory for the hosts by an innings and 55 runs.
7.00 PM **Best of ICC WT20**
7.30 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket** Highlights from England v India.
9.30 **Test Cricket Bitesize**
10.00 **Test Cricket** England v Pakistan.
11.00 **International T20 Cricket**
11.30 **Nepal Climbing Cricket's Mountain** Documentary.
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **Chronicles of a Champion**
11.00 **The Greatest Solheim Cup**
12.00 NOON **PGA Tour Champions Learning Centre** Golf tips.
12.30 PM LIVE **DP World Tour Golf** Coverage of day three of the Nexo Championship in Aberdeenshire.
5.00 LIVE **PGA Tour Golf** The third day of the BMW Championship.
11.00 LIVE **LPGA Tour Golf** Day three of the CPKC Women's Open.
2.00 AM **PGA Tour Golf**
4.00 **Playing Lessons**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
4.00 PM LIVE **WTA & ATP Tennis** The Cincinnati Open women's doubles final in Mason, Ohio.
6.00 LIVE **WTA & ATP Tennis** Further coverage of day 10 of the Cincinnati Open in Mason, Ohio.
3.00 AM **Tennis** Indian Wells Open.
4.00 **ATP & WTA Tour Classics**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **LIV Golf** Highlights.
8.30 **Premier League Review**
10.30 **Premier League Preview**
11.00 LIVE **Premier League Hull City v Manchester United.** Coverage of the top-flight game from MKM Stadium. Kick-off **12.30pm**. *See feature, page 28.*
3.00 PM **Xtra Time** Analysis.
3.15 LIVE **La Vuelta Men** The first stage of the Grand Tour race.
7.00 **The WRC Magazine**
7.30 **TNT Sports Reload**
7.45 LIVE **Serie A Genoa v Napoli.** Coverage of the Italian top-flight match at Stadio Luigi Ferraris. Kick-off **7.45pm**.
9.45 **UEFA Champions League Goals Reload** Arsenal.
10.00 **UFC: The Ultimate Fighter**
11.00 LIVE **UFC** The preliminary bouts at Golden 1 Center in California.
1.00 AM LIVE **UFC Anthony Hernandez v Gregory Rodrigues.** Coverage of the middleweight bout staged at Golden 1 Center in Sacramento.
4.30 **Hard Knocks: Training Camp with the Seattle Seahawks**
5.30 **to 6.00** AM **European Rally Championship Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 LIVE **AFL Melbourne v Western Bulldogs.** Coverage from Melbourne Cricket Ground. Bounce-up **7.15am**.
10.00 **Reframe the Game**
10.15 **Cycling** Event highlights.
12.15 PM LIVE **Women's Cycling** Stage four of the Tour of Britain.
3.30 LIVE **Men's Cycling Pro Series** Coverage of stage three of the Lidl Deutschland Tour.
5.00 **CPL Highlights**
5.30 **MLB Highlights**
7.00 LIVE **MLB Milwaukee Brewers v Atlanta Braves.** Coverage of the National League match from American Family Field. Start-time **7.10pm**.
10.00 **Premier League**
11.30 LIVE **NWSL Kansas City Current v Seattle Reign.** Coverage of the match at CPKC Stadium. Kick-off **11.30pm**.
1.45 AM **TNT Sports Reload**
2.00 **MLB Plays of the Week**
2.30 **T100 Triathlon World Tour**
3.00 **to 6.00** AM LIVE **AFL Essendon v Port Adelaide.** In Melbourne. Bounce-up **3.20am**.

Sky Sports Action

412 410 510 426 446

6.00 AM LIVE **NRL Newcastle Knights v Manly-Warringah Sea Eagles.** Coverage from McDonald Jones Stadium. Kick-off **6.00am**.
8.00 **Super League Highlights**
8.30 LIVE **NRL South Sydney Rabbitohs v New Zealand Warriors.** K-o **8.30am**.
10.35 LIVE **NRL St George Illawarra Dragons v Canterbury-Bankstown Bulldogs.** Kick-off **10.35am**.
12.35 PM **Rugby Union Highlights**
3.00 **Super League Highlights**
3.45 **Rugby Union Greatest Games**
3.55 LIVE **Rugby Union South Africa v New Zealand.** The first Test. Kick-off **4.00pm**.
6.10 **British and Irish Lions Tour**
6.15 **Super League Highlights**
7.00 **NFL Highlights**
7.55 LIVE **Super League Catalans Dragons v Hull FC.** Coverage of the match at Stade Gilbert Brutus. Kick-off **8.00pm**.
10.30 **NFL Highlights**
2.00 AM **Super League**
4.05 **My Icon** Natasha Jonas.
4.15 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM LIVE **NRL Newcastle Knights v Manly-Warringah Sea Eagles.** Coverage from McDonald Jones Stadium. Kick-off **6.00am**.
8.00 **Sky Sports Breakfast**
8.30 LIVE **NRL South Sydney Rabbitohs v New Zealand Warriors.** From Accor Stadium. Kick-off **8.30am**.
10.30 **Premier League Weekend**
11.30 LIVE **EFL Millwall v Norwich City.** The Championship match from The Den. Kick-off is at **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
3.55 LIVE **Rugby Union South Africa v New Zealand.** The first Test. Kick-off **4.00pm**.
6.10 LIVE **WTA & ATP Tennis** Cincinnati Open men's doubles semi-finals from Mason, Ohio.
8.00 LIVE **Super League Catalans Dragons v Hull FC.** Coverage of the match at Stade Gilbert Brutus. Kick-off **8.00pm**.
10.00 **Formula 1** Dutch Grand Prix.
11.00 **Sky Sports News**
12.00 M'T **Super League**
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
6.15 LIVE **NRLW Canterbury-Bankstown Bulldogs v Canberra Raiders.**
8.15 LIVE **NRLW St George Illawarra Dragons v North Queensland Cowboys.**
10.15 **PL Greatest Games**
11.00 **NFL Highlights**
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **Barney Meets Klopp**
12.45 **Darts Gold** Taylor v van Gerwen.
1.00 **NFL Highlights**
2.00 LIVE **Indycar** The Grand Prix of Washington DC first practice.
3.30 **Indycar** The Indy at Markham.
4.30 **Formula 1** Hungarian Grand Prix.
5.30 **Barney: A Life in Darts**
6.00 LIVE **NFL MInnesota Vikings v Baltimore Ravens.** Kick-off **6.00pm**.
10.00 LIVE **Indycar** The Grand Prix of Washington DC qualifying.
11.30 **All In: Indycar**
12.00 M'T **EFL Cup Retro**
2.45 AM **Darts Top 5 Moments**
2.50 LIVE **NRLW Gold Coast Titans v Brisbane Broncos.** Kick-off is at **2.50am**.
4.45 **to 6.45** AM LIVE **NRLW Sydney Roosters v New Zealand Warriors.** Kick-off **4.45am**.

TNT Sports 3

413 415 523 410 432

6.00 AM **UCI Mountain Bikes**
7.00 **Premier League Features**
8.00 LIVE **AFLW Geelong v St Kilda.** At GMHBA Stadium. Bounce-up **8.00am**.
10.00 LIVE **AFLW Brisbane v North Melbourne.** Coverage from Brighton Homes Arena. Bounce-up **10.15am**.
12.00 NOON **Fishing: On the Bank**
1.00 PM LIVE **SailGP** The first day of the Germany Sail Grand Prix.
2.30 **TNT Sports Reload**
2.45 LIVE **La Vuelta Men** Stage one of the Grand Tour race.
7.00 **UCI Mountain Bike World Series**
8.00 **FEI World Championships**
11.00 **CPL Highlights**
11.30 LIVE **CPL Antigua & Barbuda Falcons v Trinbago Knight Riders.**
3.45 AM **Ultimate Pool**
5.15 **to 6.00** AM LIVE **Test Cricket Sri Lanka v India.** Coverage of the first day of the second Test.

TNT Sports 4

414 416 524 411 434

5.00 AM LIVE **AFLW Western Bulldogs v Richmond.** Coverage of the match at Mission Whitten Oval. Bounce-up **5.05am**.
7.00 LIVE **V8 Supercars Championship** Coverage of the Ipswich Super 440 race two.
8.30 **Men's Cycling** Renewi Tour.
9.30 **TNT Sports Reload**
10.00 **Inside Serie A** The latest news.
10.30 **UCI Mountain Bike World Series**
11.30 LIVE **UCI Mountain Bike World Series** Coverage of elite downhill events in Haute Savoie.
3.15 PM **TNT Sports Cricket Reload**
3.30 LIVE **LIV Golf** Coverage of the third round at LIV Golf Indianapolis.
9.30 **The WRC Magazine**
10.00 **La Vuelta Men** The first stage.
11.00 **Men's Cycling Pro Series**
12.00 M'T **TNT Sports Reload**
12.15 AM LIVE **MLB Seattle Mariners v Chicago Cubs.**
3.00 AM **Cycling World Tour**
5.00 **to 6.00** AM **Serie A**

Premier Sports 1

419 APP 528

6.00 AM **Scottish Rally Championship**
6.30 **Bike World** Magazine.
7.00 **DTM Motorsport Highlights**
8.00 **FIM Quadcross Championship**
8.30 **FIM Sidecarcross Championship**
9.30 **World of FreeSports**
10.00 **KOTV Weekly** Boxing news.
10.30 **LaLiga** Two match replays.
2.30 PM **Sporting Countdowns**
3.00 **LaLiga Match Highlights**
3.45 **Coppa Italia Show**
4.15 **Scottish Football Social Club**
5.15 LIVE **SPFL Dundee United v Dundee.** Coverage of the derby staged at the CalForth Construction Arena. Kick-off is at **5.45pm**.
8.15 **LaLiga Match Highlights**
8.30 **LaLiga** Rayo Vallecano v Alaves. **10.30** Real Betis v Real Sociedad. **12.30** AM Valencia v Celta Vigo.
2.30 **World of FreeSports**
3.00 **KOTV Weekly** Boxing news.
3.30 **Africa Eco Race**
3.45 **to 6.00** AM **NHL Ice Hockey**

Premier Sports 2

420 APP 529

6.00 AM **3Ice Hockey**
9.00 **NHL: This is Hockey**
10.00 **Temples of Sport**
10.30 **Top 14 Rugby Union** Another chance to see Toulouse v Racing 92 in the first semi-final. **12.30** PM Montpellier v Stade Francais in the second semi-final.
2.30 **Top 14 Rugby Union** Another chance to see Toulouse v Montpellier in the final.
4.30 **Coppa Italia** Lazio v Mantova.
6.25 LIVE **LaLiga Valencia v Celta Vigo.** Coverage of the top-flight match staged at the Mestalla. Kick-off **6.30pm**.
8.30 **Temples of Sport**
9.00 **Football's Greatest**
9.30 **LaLiga** Another chance to see Athletic Bilbao v Sevilla. **11.30** Valencia v Celta Vigo.
1.30 AM **Coppa Italia** Another chance to see Palermo v Lecce. **3.30** Cremonese v Sampdoria.
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 507 424 444

6.00 AM **British GT Championship**
7.00 **Ginetta Juniors Highlights**
8.00 **At Home with Liam Lawson**
8.15 LIVE **F1 Academy** The Dutch Grand Prix qualifying session.
9.00 **British Kart Championships**
10.00 LIVE **Formula 1** Coverage of the Dutch Grand Prix sprint race.
12.30 PM **Formula 1** Dutch Grand Prix.
1.30 LIVE **F1 Academy** Coverage of the Dutch Grand Prix race one.
2.15 LIVE **Formula 1** The Dutch Grand Prix qualifying session.
5.00 **Formula 1** Dutch Grand Prix.
6.00 LIVE **Indycar** The Grand Prix of Washington DC second practice.
7.30 **Formula 1** Dutch Grand Prix.
9.30 **All In: Indycar**
10.00 LIVE **Indycar** The Grand Prix of Washington DC qualifying session
11.30 **Formula 1** Dutch Grand Prix.
2.30 AM **At Home with Liam Lawson**
3.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

23 August

Planner

Premier League

FOOTBALL Sky Sports Main Event & PL

The opening Super Sunday of the new season. Elliot Anderson will hope to make his Man City debut against Bournemouth (k-o 2pm) – before Newcastle entertain Liverpool (k-o 4.30pm).

The Joy of Pets

FACTUAL ITV1, 11.30am

Gaby Roslin is joined by vet Dr Bolu Eso to host this celebration of our passion for pets. They begin today by heading to Horsham in West Sussex, where a blind rescue husky is given a second chance in a foster home – and a pet rat undergoes surgery.

9/11 Reunited

DOCUMENTARY

National Geographic, 9pm & 10pm

As the 25th anniversary of the 11 September terrorist attacks on the United States nears, this moving three-parter revisits that day through the testimony of survivors and rescuers. Concludes tomorrow.

F1: Dutch Grand Prix

MOTORSPORT

Sky Sports F1 & Sky Sports+, start-time 2pm

The F1 season is back after a summer break. It may be an emotional afternoon for Red Bull's Max Verstappen – this will be the last F1 race staged at his home circuit of Zandvoort.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow: VJ Day Special		8.00 Film: Darkest Hour				10.00 News	10.30 Match of the...
	102 BBC2	7.00 Today at the Test		8.00 Blue Planet Revisited: A Shark's Tale		9.00 Why Sharks Attack		10.00 Film: Jaws	
	103 ITV1	7.00 Force of Nature		8.00 Film: No Time to Die					
	104 CHANNEL 4	‹ 6.30 F1: Dutch Grand Prix Highlights				9.00 The Piano		10.00 Gogglebox	
	105 5	7.00 Cycling: Vuelta a España		8.00 Inside the Four Seasons: Park Lane		9.00 Rich House, Poor House		10.00 When Honeymoons Go Horribly Wrong	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs K-Pop		9.00 Film: Homefront			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Vigil			
	116 BBC4	7.00 The Lake District: A Wild Year		8.00 Mozart at the Proms			9.30 The Art of the Vikings...	10.10 Copenhagen	
	118 ITV2	‹ 6.55 Film: Coyote Ugly				9.00 The Only Way Is Essex		10.00 Olivia Attwood: The Price of Perfection	
	136 MORE4	‹ 6.55 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 Police Rescue	
	135 E4	‹ 6.50 Film: The Devil Wears Prada				9.00 Celebrity Gogglebox		10.00 Film: Bad Boys for Life	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam				10.00 The Rookie	
	108 SKY ATLANTIC	7.00 Possession				9.00 The Terror: Devil in Silver			
	110 U&GOLD	7.00 Dad's Army					9.40 Gavin & Stacey	10.20 The Royle Family	
	111 U&DAVE	7.00 Guy Martin: Proper Jobs		8.00 Pete Wicks: For Dogs' Sake		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.05 Midsomer Murders						10.00 Vera	
	120 ITV4	7.00 The Motorbike Show		8.00 Cycling: Women's Tour of Britain...		9.00 Film: Apollo 13			
	112 COMEDY CENTRAL	‹ 6.30 Film: Maverick				9.00 Film: Con Air			
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 Stargate Universe			
	143 U&DRAMA	7.00 Hetty Wainthropp Investigates		8.00 Sister Boniface Mysteries		9.00 Silent Witness			
	109 U&ALIBI	7.00 Father Brown				9.00 Death in Paradise		10.00 The Hunting Party	
	122 SKY ARTS	7.00 The Bee Gees: How Can You Mend a Broken Heart				9.00 Bardot			
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 Brit Cops Down Under	
DOCUMENTARY	125 DISCOVERY	7.00 Homestead Rescue: Intervention				9.00 Barnwood Builders		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 Europe from Above		8.00 Lost Treasures of Ancient Greece		9.00 9/11 Reunited			
	123 SKY HISTORY	7.00 Ultimate Mysteries				9.00 History's Deadliest with Ving Rhames			
	155 U&YESTERDAY	7.00 Portillo's Empire Journey		8.00 Bangers & Cash				10.00 Canal Boat Diaries	
	114 SKY DOCS	7.00 PL 360				9.00 Film: Amy			

‹ Denotes programmes starting before 7.00pm † Regions vary

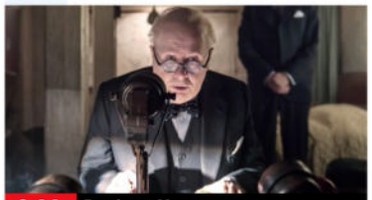
SUNDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.40 **Match of the Day** (S)(R)
10.00 **Prayer and Reflection** (S)(R)
10.30 NEW SERIES **Sunday Morning** Topical debate covering religious, moral and ethical issues. (S)
11.30 **Money for Nothing** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Escape to the Country** (S)(R)
2.15 FILM **Shaun the Sheep Movie** Animated comedy adventure with the voice of Justin Fletcher. (S)(AD) (2015, U, 80min) ★★★★
3.35 **Hamza: Strictly Birds of Prey** Hamza Yassin goes in search of his favourite birds of prey. (S)(R)(AD)
4.35 **Homes Under the Hammer** (S)(R)
5.35 **BBC News** (S)
5.50 **Local News** (S)


8.00 Darkest Hour

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

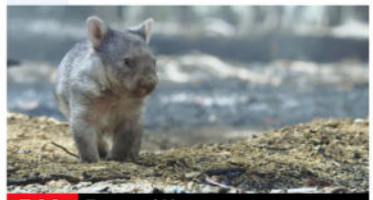
6.10 AM **A to Z of TV Gardening** (S)(R)
6.55 **Glorious Gardens from Above** (R)
7.40 **Countryfile** (S)(R)
8.40 **Breakfast** (S)
9.00 **Best of Weatherman Walking** New edition Gwynedd. (S)
9.30 **Beechgrove Garden** New edition
10.00 **Saturday Kitchen Best Bites** (S)(R)
11.30 **Caribbean Food Made Easy** (S)(R)
12.00 NOON **Lorraine Pascale: How to Be a Better Cook** (S)(R)(AD)
12.30 PM **Nigel Slater's Simple Suppers**
12.45 LIVE **Gymnastics: European Championships** The concluding day of the men's event in Zagreb, featuring the senior team final. (S)
4.10 LIVE **Athletics: Diamond League Silesia** The Kamila Skolimowska Memorial from Chorzów, Poland. (S)
5.00 **Fake or Fortune? What Happened Next** (S)(R)(AD)

7.00 Today at the Test

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **The Voice UK** (S)(R)
7.00 **James Martin's Saturday Morning** With The Shires. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Bryn Terfel. (S)(R)
11.30 NEW SERIES **The Joy of Pets** 1/5. A celebration of the UK's love of pets. *See feature, page 21.* (S)
12.30 PM **Tom Kerridge Cooks Italy** Sicily's citrus heritage. (S)(R)(AD)
1.00 **ITV News** (S)
1.10 **Force of Nature** (S)(R)(AD)
2.15 FILM **For Your Eyes Only** James Bond adventure starring Roger Moore and Carole Bouquet. (S)(AD) (1981, PG, 145min) ★★★★
4.40 **The Chase Celebrity Special** With Christine Ohuruogu. (S)(R)
5.40 **The Chase Around the World** The teams arrive in Athens. (S)(R)(AD)


7.00 Force of Nature

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **Cheers** 8-10/22. (S2) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
8.15 FILM **Tad the Lost Explorer and the Curse of the Mummy** Animated family adventure. (S) (2022, PG, 105min) ★★★
10.00 **Sunday Brunch** New edition With guests Sunetra Sarker, Chris Ramsey, Tamzin Outhwaite, Kevin Bishop and Laurie Vincent. Plus, music from Antony Szmierek. (S)
1.00 PM **The Dog House** (S)(R)(AD)
2.00 **Our Farm Next Door: Amanda, Clive and Kids** (S)(R)(AD)
3.05 **Worst House on the Street** (S)(R)
4.10 **Location, Location, Location** House-hunting in the north east with two sets of buyers. (S)(R)
5.15 **Devon and Cornwall** Following the head gardener at Cornwall's Lost Gardens of Heligan. (S)(R)(AD)

9.00 The Piano

6 PM

6.00 Countryfile New edition Adam Henson meets a young beef and sheep farmer in the Yorkshire Dales, and discovers how unpredictable conditions have an impact on his flock during winter. (S)

6.00 The Big Deal with Steph McGovern 2/6. Having said goodbye to one pair, the remaining teams are tasked with buying and selling works to meet the brief of two homeowners. (S)(R)(AD)

6.35 ITV News (S)
6.50 Local News (S)

6.00 News (S)
6.30 F1: Dutch Grand Prix Highlights Steve Jones presents action from today's 12th race of the season, which came staged at Circuit Zandvoort. Oscar Piastri of McLaren was the victorious driver here last year, with Red Bull's home favourite Max Verstappen taking second and Isack Hadjar, then of Racing Bulls, claiming his first Formula 1 podium finish in third. Expert analysis comes from David Coulthard and Billy Monger. (S)

7 PM

7.00 Antiques Roadshow: VJ Day Special Special edition marking the 80th anniversary of VJ Day at the National Memorial Arboretum in Staffordshire, with contributions from two war veterans. (S)(R)

7.00 Today at the Test England v Pakistan: Action from the final day of the first Test in the three-match series staged at Headingley. *(programme subject to late change)* (S)

7.00 Force of Nature New edition *Boiling Point:* 5/6. A look at how new extremes of heat and drought are pushing the behavioural and physical adaptations of animals. (S)(AD)
■ Entire series on ITVX

8 PM

8.00 FILM Darkest Hour Wartime drama starring Gary Oldman and Kristin Scott Thomas. As the Nazis advance against Britain's European allies, newly elected prime minister Winston Churchill must decide whether to leave neighbouring countries to their fate, by striking a peace deal with Hitler, or fight on against terrifying odds for the greater good. With Lily James and Stephen Dillane. (S)(AD) (2017, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 Blue Planet Revisited: A Shark's Tale 1/2. Steve Backshall finds out why the Bahamas provides a safe sanctuary for sharks, and explores the role science plays in their conservation. (S)(R)(AD)

8.00 FILM No Time to Die Action thriller starring Daniel Craig in his fifth and final outing as Agent 007. James Bond sets off on the trail of an enigmatic villain armed with lethal new technology. With Léa Seydoux, Rami Malek, Ana de Armas and Christoph Waltz. (S)(AD) (2021, 12, 180min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9 PM

9.00 Why Sharks Attack Documentary investigating shark behaviour, following three fatal attacks in Egypt, and whether pressure from human activity and climate change could be the cause. (S)(R)(AD)

9.00 The Piano Series finale 7/7. Claudia Winkleman, Mika, and Alice Sara Ott head for the Birmingham Symphony Hall, where the six amateur pianists perform at a sold-out concert. (S)(AD)

10 PM

10.00 BBC News (S)
10.25 Local News (S)
10.30 Match of the Day Highlights of the latest Premier League matches, including Brighton & Hove Albion v Aston Villa and Newcastle United v Liverpool. (S)
11.30 FILM Edge of Darkness Thriller based on the 1985 BBC TV series, starring Mel Gibson. A widowed Boston cop uncovers a murky world of nuclear secrets, eco-activism, corporate corruption and government cover-ups when he investigates his daughter's murder. (S)(AD) (2010, 15, 105min) ★★★
1.15 AM **Weather for the Week Ahead**
1.20 to 6.00 AM **BBC News** (S)

10.00 FILM Jaws Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A great white shark terrorises a resort town on America's Eastern Seaboard. (S)(AD) (1975, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Murder Trial: Death of a Dog Walker** 2/2. With Brian Low's family seeking justice and answers, former gamekeeper David Campbell takes the stand. (S)(R)(AD)
1.00 AM **Sign Zone: Buried with Michael Sheen** (S)(R)(AD)
2.00 Sign Zone: Ann Droid (S)(R)(AD)
2.30 Sign Zone: Murder Trial: Death of a Dog Walker 1/2. (S)(R)(AD)
3.30 to 6.15 AM **Previews** (S)

11.00 ITV News (S)
11.20 NEW SERIES One Dollar 1/10. Mystery thriller with John Carroll Lynch. *See feature, page 16.* (S1) (S)
■ Entire series on ITVX
12.20 AM **The Staircase** 6/8. An ill-fated Thanksgiving leaves Kathleen stressed. (S1) (S)(R)(AD)
■ Entire series on ITVX
1.20 Teleshopping
3.00 Motorsport UK (S)(R)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM **Dickinson's Real Deal** (S)(SL)(R)(AD)

10.00 Gogglebox The armchair critics share their opinions on *Stranger Things, Strictly Come Dancing, Celebrity Scam Interceptors, Malice, Songs of Praise and Animals on Drugs.* (S)(R)(AD)
11.05 FILM Boston Strangler Drama. (S) (2023, 15, 120min) ★★★★
1.05 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.55 Surgery Secrets of the Super Rich Documentary. (S)(R)(AD)
2.50 The Great ADHD Myth? (S)(R)
3.45 Couples Come Dine with Me (R)
4.40 The Simpsons (S)(R)(AD)
5.30 Find It, Fix It, Flog It (S)(R)
5.50 to 6.30 AM **Countdown** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

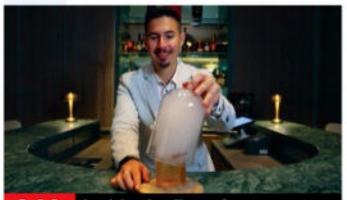
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 FILM **Lemony Snicket's A Series of Unfortunate Events** Fantasy comedy with Jim Carrey and Emily Browning. (S) (2004, PG, 115min) ★★★★
11.10 **Happy Campers: The Caravan Park** Documentary. (S)(R)
12.05 PM **Cruising with Susan Calman** Double bill. (S)(R)
2.00 **Hippo Watch with Steve Backshall** Double bill. (S)(R)
4.00 **Stockholm with Michael Portillo** The presenter spends a midwinter weekend in the Swedish capital. (S)(R)
5.30 **When Motorways Go Horribly Wrong** Featuring first-hand accounts of drivers who came to a grinding halt. (S)(R)



8.00 Inside the Four Seasons

6.55 **News** (S)

7.00 **Cycling: Vuelta a España** Rebecca Charlton introduces action from stage two of the Grand Tour race – the hilly 214.3km route from the Place du Palais Princier in Monaco to Manosque, France. (S)

8.00 **Inside the Four Seasons: Park Lane** New edition 4/5. A fire breaks out at Heathrow wreaking havoc on the hotel's room occupancy as guests are unable to check out. (S)

9.00 **Rich House, Poor House** Two West Yorkshire families swap lives, with millionaires Katy and Peter trading their luxurious Halifax home for Richard and Sarah's terraced house in Bradford. (S)(R)

10.00 **When Honeymoons Go Horribly Wrong** A newlywed is bitten by a shark while in the Bahamas, a couple get stranded in the wilds of Asia, and a safari trip is stopped by a gorilla. (S)(R)

11.30 **Britain's Worst Weather Disasters** Documentary. (S)(R)
12.50 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Tom Read Wilson's Grand Tour** Tuscany. (S)(R)
3.40 **Friends** (S10) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Monkey Life** (S)(R)
7.15 FILM **Alvin and the Chipmunks** Musical comedy starring Jason Lee. (S) (2007, U, 105min) ★★★
9.00 **F1: Dutch Grand Prix Qualifying Highlights** (R)
11.00 **The Simpsons** (S)(R)
1.00 PM **David Attenborough's Global Adventure** (S)(R)(AD)
2.00 **David Attenborough's Global Adventure: Home Planet** Documentary. (S)(R)(AD)
3.00 **David Attenborough's Global Adventure: The Rise of Nature** Documentary. (S)(R)(AD)
4.00 **Best Medicine** 12/13. Mark exhibits symptoms that warrant an intervention. (S1) (S)(R)
5.00 **F1: Dutch Grand Prix Highlights** The 12th round of the season at Circuit Zandvoort.

9.00 Homefront

6.00 **The Simpsons** *She Used to Be My Girl:* Marge bumps into an old school friend. (S)(R) **6.30** *Fat Man and Little Boy:* Bart creates a range of novelty T-shirts. (S)(R)

7.00 **The Simpsons** *Midnight RX:* Homer tries to smuggle medication into the country. (S)(R) **7.30** *Mommie Beerest:* Moe's bar is threatened with closure. (S)(R)

8.00 **Rob & Romesh vs K-Pop** Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)

9.00 FILM **Homefront** Action thriller starring Jason Statham and James Franco. A former federal agent falls foul of a local drug dealer shortly after moving to a quiet Louisiana town with his daughter. Also stars Winona Ryder, Kate Bosworth and Rachelle Lefevre. (S) (2013, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Chris Ramsey: Live from London** Stand-up show from the Royal Court Theatre. (S)(R)
12.00 M'T **The Walking Dead: Dead City** 4/8. Negan tries to outmanoeuvre a slippery foe, and Maggie uncovers surprising information. (S2) (S)(R)(AD)
1.00 AM **The Force: Manchester** Double bill of editions. (S)(R)
3.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.35-5.35pm World Pipe Band Championships (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
4.35pm The Travelling Auctioneers (S)(R)
5.05-5.35pm Best of Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
6.00pm Insect Worlds (S)(R) **6.30-7.00pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y Cosmos **10.00** Radio Fa'ma (AD) **11.00** Garddio a Mwy **11.30** Cartrefi Cymru **12.00noon** Natur Cymru **1.00pm** Yr Afon **2.00** Iaith ar Daith **3.00** Priodas Pum Mil **4.00** Arfordir Cymru: Sir Benfro (AD) **4.35** Y Fets **5.40** Cefn Gwlad (AD) **6.40** Pobol y Cwm Omnibws (AD) **7.45** Newyddion a'r Tywydd **8.00** Sioe Sir Benfro **9.00** Cynefin **10.00** Y Babell Lên **10.30 11.00-1.35pm** Nol o'r Dibyn gyda Iolo Williams (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** A situation escalates for Nicola and George, while Avani attempts to play matchmaker. **7.30** Ravi turns to Zack for relationship advice, and Max gets up to his old tricks. **8.00** It's the day of Cindy and Kim's hen dos, but Max wakes up in Priya's bed. **8.30** Priya takes advice, while Lily and Joel try to support one another.
9.00 **Vigil** 4/6. Kirsten refuses to bow to pressure from the authorities and has concerns that they are orchestrating a cover up.
9.55 **Vigil** 5/6. The submarine is forced into lockdown, while Kirsten desperately hunts for clues to reveal the source of the threat to *Vigil* but with no word from the boat, she fears for the safety of Amy,.
10.50 **Vigil** 6/6. The crew of the *Vigil* must identify the traitor to avert disaster. (S1)
11.50 **Not Going Out**
2.45 AM **I Am Darren**
3.00 **to 3.55** AM **Vigil**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Grand Designs: Living in the City**
10.00 **A Place in the Sun**
3.50 PM **Come Dine with Me** Financial controller Sophie plays host in Birmingham. **4.20** Security officer Rebecca hosts night two. **4.50** Hip-hop artist Owen hosts the third dinner party. **5.20** Hairdresser Richard prepares a traditional feast. **5.50** Self-styled 'bling queen' Donna hosts the final night from Birmingham.
6.20 **Four in a Bed** The contest begins at The Sportsman in Whitworth, Lancashire. **6.55** The second visit of the week is to Lahtle Wood Glamping in North Yorkshire. **7.25** The third visit is to the Cley Hall Hotel, Lincolnshire. **7.55** A visit to Bumble Barn Luxury B&B in Norfolk. **8.25** Payment Day arrives.
9.00 **Surgeons: Life in Their Hands** A 44-year-old woman is confronted with a life-changing diagnosis of a rare abdominal cancer.
10.00 **Police Rescue** An elderly man has gone missing in bushland north of Sydney, with temperatures soaring.
11.00 **24 Hours in A&E**
1.10 AM **Surgeons: Life in Their Hands** As 9.00pm.
2.15 **Police Rescue**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Lake District: A Wild Year** Twelve months in the life of England's largest national park.
8.00 **Mozart at the Proms** New edition Georgia Mann hosts from the Royal Albert Hall as the Academy of St Martin in the Fields and horn player Felix Klieser perform *Horn Concerto No 3*.
9.25 NEW **What Has the BBC Ever Done for Me?** With Romesh Ranganathan.
9.30 **The Art of the Vikings: Secret Knowledge** The long-lasting effects of Viking culture on the British Isles.
10.00 **Copenhagen: The Prologue** Michael Frayn introduces his play.
10.10 **Copenhagen** A 2002 adaptation of Michael Frayn's play, starring Daniel Craig and Stephen Rea.
11.40 **Mark Lawson Talks to Michael Frayn**
12.40 AM **The Lake District: A Wild Year** As 7.00pm.
1.40 **to 3.05** AM **Mozart at the Proms**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Modern Family**
7.40 **Ramsay's Kitchen Nightmares USA**
10.40 **The Simpsons**
12.45 PM FILM **Antz** Animation. (1998, PG, 83min) ★★★
2.25 FILM **Home Alone** Comedy starring Macaulay Culkin. (1990, PG, 100min) ★★★★
4.35 **Cruising Paradise: Above and Below Deck**
5.35 **Lego Masters Australia** New edition The teams make Lego flying machines.
6.50 FILM **The Devil Wears Prada** Satirical comedy with Meryl Streep and Anne Hathaway. A frumpy college graduate gets seduced by the world of high fashion after she goes to work for a tyrannical magazine editor. (2006, PG, 109min) ★★★★
9.00 **Celebrity Gogglebox** Famous faces appraise *Coronation Street*, *Match Me Abroad* and *This Morning*.
10.00 FILM **Bad Boys for Life** Action comedy thriller sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. (2020, 15, 124min) ★★★
12.25 AM **Gogglebox**
2.30 **Below Deck**
4.00 **Modern Family**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 | 306 | 30 | 123 | 256

Sunday primetime

Sunday primetime

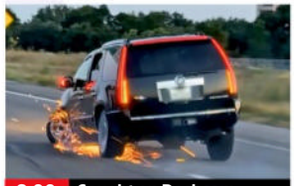
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **A1: Britain's Longest Road** Documentary.
7.00 **Caught Red Handed**
9.00 **Customs UK**
10.00 **Stop, Search, Seize**
11.00 **Border Patrol**
12.00 NOON **Nothing to Declare UK** Double bill of the series following the work of customs officers in the south of England.
1.00 PM **UK Border Force** The enforcement team in London raid a cleaning company.
2.00 **Nothing to Declare** Ten editions of the documentary.

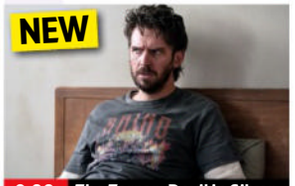


8.00 Caught on Dashcam

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **The Guest Wing**
8.00 **Billions** 3&4/12. (S6)
10.00 **Homicide: Life on the Street** Six episodes, including at: **2.00** PM 15/22. A police officer is found shot dead. **3.00** 16/22. Brodie puts his own life at risk as he searches for a murder suspect. (S5)
4.00 **Possession** 1/5. Supernatural thriller starring Gugu Mbatha-Raw and Johnny Lee Miller. **5.00** 2/5. Claudia and Oliver search for Cudjoe. **6.00** 3/5. Oliver becomes violent at Hope Hill. (S1)



9.00 The Terror: Devil in Silver

ITV2

118 122 115 6 113 6

6.00 AM **Totally Bonkers Guinness World Records**
6.15 **Deal or No Deal**
7.15 **In for a Penny**
7.45 **Dress to Impress**
8.45 **The Only Way Is Essex**
10.50 **Deal or No Deal**
12.50 PM **The Voice UK**
2.05 **Celebrity Catchphrase**
3.05 **FILM Ella Enchanted** Fantasy starring Anne Hathaway. (2004, PG, 96min) ★★★
5.00 **FILM Nanny McPhee** Comedy starring Emma Thompson. (2004, U, 98min) ★★★★

5.00 Nanny McPhee

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **A Touch of Frost**
8.45 **Doc Martin** 2/8. (S9)
9.45 **Agatha Christie's Poirot**
2.10 PM **Midsomer Murders** *The Ballad of Midsomer County:* A folk song seems to be the inspiration for a murder. **4.10** *A Vintage Murder:* Guests at a sparkling wine launch party fall victim to poisoning. **6.05** *Habeas Corpus:* Barnaby investigates when a wealthy landowner's body goes missing on the night of his death.

8.00 Midsomer Murders

ITV4

120 124 118 26 117 21

6.00 AM **Auto Mundial**
6.30 **Motorsport Mundial**
7.00 **The Big Match Revisited**
9.00 **English Football League Highlights** Recent EFL action.
10.30 **Made in Britain**
11.00 **LIVE British Touring Car Championship** Nicki Shields presents coverage of the 19th, 20th and 21st races of the season from Donington Park.
6.15 PM **Snooker v Darts** Nine-dart finishes and 147 breaks.
6.30 **Made in Britain** A look at how crystal glasses are hand-blown.

9.00 Apollo 13

7 PM

7.00 **Nothing to Declare** Officers carry out a search on a pensioner. **7.30** Officers question a suspicious passenger.

7.00 **Possession** 4/5. Claudia seeks out her Aunt Mercy to help her defeat Charlotte.

6.55 **FILM Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. With John Goodman. (2000, 12, 100min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

Midsomer Murders (started at 6.05pm)

7.00 **The Motorbike Show** Henry Cole interviews Enduro legend David Knight, and meets the Norton racing team.

8 PM

8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

8.00 **Possession** 5/5. Claudia must embrace both her British and Jamaican heritages to defeat Charlotte's spirit. (S1)

8.00 **Midsomer Murders** *The Incident at Cooper Hill:* Mysterious lights are seen in the sky, and when a forest ranger suffers a strange death, the visiting UFO spotters are convinced that aliens are responsible. Guest stars Michelle Collins.

8.00 **Cycling: Women's Tour of Britain Highlights** Action from the fifth and final stage, a 123.km route in Royal Leamington Spa.

9 PM

9.00 **Caught on Dashcam** Outrageous road disasters, captured in video form by drivers' in-vehicle dashboard cameras.

9.00 **NEW SERIES The Terror: Devil in Silver** *November in My Soul:* 1/6. Return of the supernatural horror starring Dan Stevens.

9.00 **The Only Way Is Essex** New edition Junaid and Joe's engagement announcement is met with mixed reactions.

9.00 **FILM Apollo 13** Fact-based drama telling the story of the near-disastrous Apollo 13 space mission in 1970. Stars Tom Hanks, Kevin Bacon, Bill Paxton, Gary Sinise, Ed Harris and Kathleen Quinlan. (1995, PG, 140min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.00 **The Rookie** *Labour Day:* 2/22. Nolan tries to uncover the truth about a colleague's death. (S5)

10.05 **The Terror: Devil in Silver** New episode *Disturbed:* 2/6. Pepper is attacked by a mysterious entity. (S3)

10.00 **Olivia Attwood: The Price of Perfection** Olivia looks into the booming trend of facelifts for the under fifties.

10.00 **Vera** *Dark Angel:* The detective investigates Newcastle's drug underworld to discover the identity of a man found dead in the river.

10.00 **The Summit Australia** Series finale 8/8. The final six must overcome death-defying terrain and make some of the toughest decisions yet.

11.00 **Law & Order: Criminal Intent**
12.00 M'T **FBI** 9&10/15. (S3)
2.00 AM **Law & Order: Special Victims Unit** New episode 14/21. Crime drama. (S27)
3.00 **The Good Doctor** 19/22. (S6)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

11.10 **The Iris Affair** 1/8. An entrepreneur invites an enigmatic genius to work with him to unlock a top-secret piece of technology. (S1)
12.15 AM **Homicide: Life on the Street** 10-13/22. (S5)
4.10 **to 6.00** AM **Urban Secrets**

11.00 **Family Guy** 12/18. Quagmire loses his job as a pilot. (S5)
11.35 **Family Guy** 8/20. (S14)
12.05 AM **American Dad!** (S5&4)
1.05 **Plebs** 5/8. (S3)
1.35 **G'wed** 5/6. (S1)
2.00 **Changing Ends** 3/6. (S3)
2.25 **to 3.00** AM **Unwind with ITV**

11.50 **Wycliffe** 3/6. An ancient legend has latter-day repercussions. (S5)
12.55 AM **The Dark** 2/6. (S1)
2.00 **George and Mildred** (S2)
2.25 **to 2.30** AM **Unwind with ITV**

11.50 **The Summit Australia** Series finale 8/8. The final six must overcome death-defying terrain and make some of the toughest decisions yet.
1.05 AM **Minder**
2.05 **to 3.00** AM **Two and a Half Men**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** From Aberfeldy's Crannog Centre.
8.00 **The Singer Story: Made in Clydebank** The story of the Singer sewing machine and its impact across the world.
9.00 **Paramedics on Scene** New edition 9/10. The Special Operations Response Team respond to a serious crash in hurricane-force winds.
10.00 **Still Game** 6/9. Jack and Victor are left minding Navid's shop. (S2)
10.30 **Scot Squad** 5/6. PC Leanne Hunter's canine partner is given a medal. (S4)
11.00 **Edinburgh Unlocked** 2/3. The best of the Edinburgh Festival.
11.30 PM **to 12.00** M'T **Style Fixers**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 2/8. (S3)
8.25 **Will & Grace** (S7&8)
11.00 **The Office Movers** (S2)
12.00 NOON **Two Weeks to Live** 4-6/6. (S1)
1.30 PM **Community** (S2)
4.00 **Will & Grace** (S4)
6.30 **The Office (US)** 19/28. Kevin seeks dating advice from Andy. **7.00** 20/28. Jim's practical joke backfires. **7.30** 21/28. Michael becomes increasingly careless under pressure. **8.00** 22/28. Michael recruits a dream team for his new company. **8.30** 23/28. Dwight and Andy compete over a woman. (S5)
9.00 **Stewart Lee, Basic Lee: Live at the Lowry** Stand-up performance.
10.45 **FILM Warm Bodies** Horror comedy starring Nicholas Hoult. (2013, 12, 94min) ★★★★
12.30 AM **Two Weeks to Live**
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **42nd Street**
8.15 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **André Rieu: At Schonbrunn, Vienna**
4.00 **Voices of the Valleys**
7.00 **The Bee Gees: How Can You Mend a Broken Heart** Documentary exploring the history of the group.
9.00 **Bardot** A look at the life and career of actor Brigitte Bardot.
10.50 **NEW Grand Ole Opry: Opry Live** With Jelly Roll, Lainey Wilson, Craig Morgan and Ernest.
11.50 **Gimme Some Truth: John Lennon** Following the making of the 1971 album *Imagine*.
1.15 AM **Classic Albums**
2.15 **Eric Clapton: 24 Nights**
4.35 **Discovering: Jimi Hendrix** Documentary.
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
7.00 **Border Security: America's Front Line**
9.00 **UK Border Force**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Police 24/7**
4.00 **Wildlife ER**
5.00 **The Kimberley: Australia's Wild West**
6.00 **Wolves and Lions: Old Enemies** Documentary.
7.00 **Caught Red Handed** Triple bill of editions.
9.00 **Forensics: Catching the Killer** A case in which the body of a 16-year-old girl was found in a field. **10.00** Thirty years after the gruesome murders of three women, familial DNA and the exhumation of a body finally closes the case.
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With Ortis Deley, Maggie Aderin, Graeme Hall and Sarah Millican.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Celebrity Catchphrase** With Guz Khan, Angela Scanlon and Joel Corry.
9.00 **The Chase Celebrity Special** With guests David James, Lucrezia Millarini, Joe Sugg and Myles Stephenson.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.35 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **George Clarke's Amazing Spaces**
3.00 **Extraordinary Extensions** A couple build a barn extension.
4.00 **A Place in the Sun**
8.00 **Grand Designs** Zara and Giuliano build a malthouse-inspired home in the Lincolnshire Wolds. **9.00** Rosa and Craig plan on transforming a decommissioned steam railway reservoir.
10.00 **Big Fat Quiz: Best Bits** Featuring a compilation of comedic rants.
11.05 **FILM Everything Everywhere All at Once** Fantasy comedy starring Michelle Yeoh. (2022, 15, 140min) ★★★★
1.50 AM **FILM Sumotherhood** Comedy drama starring Adam Deacon. (2023, 15, 97min) ★★★
3.50 **to 4.50** AM **The Dog House**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the drama, including at: **2.00** PM 12/20. The *Prometheus* is stolen while responding to a distress call. **3.00** 13/20. The Goa'uld try to enslave a planet. (S8)
4.00 **Stargate Atlantis** 14/20. Sheppard and McKay come to the aid of a child princess. **5.00** 15/20. Sheppard hunts an escaped Replicator. **6.00** 16/20. A village is rocked by tremors. (S4)

11.00 The Lawnmower Man

7.00 **Stargate Atlantis** *Midway:* 17/20. The Wraith find their way to Midway Space Station. Guest stars Christopher Judge.
8.00 **Stargate Atlantis** *The Kindred – Part One:* 18/20. Dr Keller discovers a deadly protein. (S4)
9.00 **Stargate Universe** *Darkness:* 4/20. The crew hope a nearby solar system may provide the key to their survival.
10.00 **Stargate Universe** *Light:* 5/20. The crew decide to abandon ship, hoping one of three nearby planets will be habitable. (S1)
11.00 FILM **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan and Jeff Fahey. (1992, 15, 105min) ★★★
1.30 AM **The Walking Dead** 5/16. Negan and his Saviours adjust to the realities of all-out war with the other survivor groups. **2.40** 6&7/16. (S8)
4.20 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.45 AM **Murdoch Mysteries** (S17)
10.40 **Death in Paradise** 8/8. (S6)
11.40 **Father Brown** Triple bill.
2.40 PM **Death in Paradise** Festive special from 2023. An entrepreneur and family man is found dead in a ravine. (S13)
4.40 **Bookish** 5/6. Part one of two. When an army captain is poisoned, there are multiple suspects – including Trottie. **5.50** 6/6. Part two of two. Book discovers something quite curious in Captain Victor Orr's little black book. (S1)

11.00 CSI: Vegas

7.00 **Father Brown** *The Hand of Lucia:* A local writer found is murdered, leaving Father Brown delving into her novel for clues.
8.00 **Father Brown** *The Alchemist's Secret:* The priest investigates a 300-year-old secret hidden in a university.
9.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)
10.00 **The Hunting Party** *Amanda Weiss:* 4/13. The team hunt a killer dubbed 'The Masseuse' for breaking the necks of her massage clients. (S2)
11.00 **CSI: Vegas** 3/21. A dead body is discovered in a ghost town. **12.00** M'T 4/21. Three assailants invade a home and murder an entire family. (S2)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Dad's Army**
1.05 PM **Dad's Army** Nine episodes, including at: **4.20** A daring bid to rescue Walker and Godfrey from a pumping station goes wrong. **5.00** The older members of the platoon try to look younger. **5.40** Jones buys a load of black-market pigeons from wheeler-dealer Walker. **6.20** Mainwaring camps the platoon in the middle of a firing range, forcing Corporal Jones to make a desperate effort to raise the alarm.

10.20 The Royle Family

7.00 **Dad's Army** Captain Mainwaring orders his blundering platoon to guard the bank's money. **7.40** Platoon pensioner Private Godfrey is at the centre of controversy. **8.20** The platoon dress as firemen to take part in an initiative exercise.
9.00 **Dad's Army** Mainwaring finds a German pilot trapped on top of the town clock by his parachute. **9.40** **Gavin & Stacey** Bryn organises a surprise party for Gwen's birthday.
10.20 **The Royle Family** Denise and Dave share some happy news.
11.00 **The Royle Family**
11.40 **Blackadder: The Lost Pilot** Tony Robinson introduces the previously unseen pilot.
1.00 AM **Hi-de-Hi!**
2.00 **The Royle Family**
3.20 **to 4.00** AM **Mrs Brown's Boys**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Top Gear**
8.00 **Yukon Gold** Triple bill.
11.00 **Red Bull Soapbox Race**
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.00 **The Hairy Bikers' Chicken and Egg** Double bill.
5.00 **Would I Lie to You?** With Bill Oddie and Frank Skinner. **5.40** With Mackenzie Crook, Chris Packham, Victoria Coren Mitchell and Rhod Gilbert. **6.20** With guest panellists Lorraine Kelly, Dara Ó Briain, Barry Cryer and Sue Perkins.

8.00 Pete Wicks: For Dogs' Sake

7.00 **Guy Martin: Proper Jobs** The presenter trains to become a firefighter at a fire station in Grimsby.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a litter of puppies who were found abandoned in a crisp box.
9.00 **Have I Got a Bit More News for You** Roy Wood Jr hosts the satirical quiz, with guest panellists Guz Khan and Kirsty Wark.
10.00 **QI** With guest panellists Mark Gatiss, Sean Lock and Linda Smith.
10.40 **Mock the Week** With Gary Delaney, Angela Barnes, Ed Gamble and Kerry Godliman.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Lulu.
2.00 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill** Five episodes.
12.00 NOON **Call the Midwife**
2.40 PM **Catherine Cookson's The Girl** Feature-length drama starring Siobhan Flynn and Mark Benton. A dying woman takes her daughter to the home of her former lover, a wealthy mine agent, who looks after the child.
6.00 **Hetty Wainthropp Investigates** 5/9. When her niece's son is charged with possession of drugs, Hetty goes undercover in his school to try to clear his name. (S3)

2.40 Catherine Cookson's The Girl

7.00 **Hetty Wainthropp Investigates** *Pursuit by Proxy:* 6/9. Hetty represents a friend at a creditor's meeting. (S3)
8.00 **Sister Boniface Mysteries** *Professor Y:* 3/10. Sister Boniface investigates the disappearance of a TV show's creator. (S3)
9.00 **Silent Witness** *Hope:* Nikki and the Lyell team investigate a suspicious death from 20 years previously after a skeleton is found in a concrete pillar in a car park.
11.15 **New Tricks** *Old Fossils:* The team reopen the case of a palaeontologist's murder. Guest stars Trevor Bannister.
12.35 AM **Call the Midwife** (S12)
1.55 **2point4 Children**
3.05 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S5)
1.55 PM **Columbo** Five episodes, including at: **5.05** *Double Shock:* A man is electrocuted. **6.45** *A Deadly State of Mind:* The detective examines a psychiatrist who has dispatched his lover's husband and persuaded her to lie. **8.20** *Playback:* An inventor manipulates security-camera footage to provide himself with an alibi for murdering his mother-in-law.
10.00 **Law & Order: Special Victims Unit** *Zero Tolerance:* 3/24. Benson and Stone rescue a girl from a sex trafficker and try to reunite her with her mother. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&19)
1.55 **to 3.50** AM **NCIS: Los Angeles**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S10)
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Car Pound Cops**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** Ross and John must deal with a suspected gunman. **8.00** Duggie and Mark chase a serial offender.
9.00 **Trauma Room One** A patient faces brain surgery while awake.
10.00 **Surgeons: A Matter of Life or Death** ENT surgeon Shahz Ahmed prepares to remove a patient's large bone tumour.
11.00 **A&E After Dark**
12.00 M'T **Killer on the Run**
1.00 AM **Fatal First Dates**
2.00 **Skin A&E**
2.50 **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
11.00 **Gunsmoke** (S13)
4.20 PM FILM **The Last Hunt** Western starring Robert Taylor. A trigger-happy gunman convinces a hunter to go shooting. (1955, PG, 108min) ★★
6.25 FILM **Rio Lobo** Director Howard Hawks' western adventure starring John Wayne and Jennifer O'Neill. (1970, PG, 110min) ★★★
9.00 FILM **The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a US Marine general who has seized the island. (1996, 15, 136min) ★★★★
11.40 **World's Deadliest Weather: Caught on Camera** Four editions.
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Classic Neighbours**
11.00 **My Family**
1.00 PM **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance** Paramedics encounter a couple who have both taken an overdose. **7.00** Paramedics help a woman who has suffered a series of seizures.
8.00 **Inside the Operating Theatre** A seven-year-old girl has an operation to straighten her squint. **9.00** A woman needs an operation to remove a bony lump from her foot.
10.00 **Brit Cops Down Under** The Khan family hope to make their move to Perth a permanent one. **11.00** Maggie's dream of becoming a police dog handler is revived.
12.00 M'T **Stacey Dooley Sleeps Over**
1.00 **to 3.00** AM **Property Brothers at Home**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Great Continental Railway Journeys**
10.00 **Great Canal Journeys**
12.00 NOON **Great Canal Boat Diaries** Triple bill.
3.00 PM **Russia with Simon Reeve** Double bill.
5.00 **1066: A Year to Conquer England**
7.00 **Portillo's Empire Journey** Michael Portillo tells the story of how Great Britain built the biggest empire the world has ever seen.
8.00 **Bangers & Cash** Derek picks up three classic cars from a grand aristocratic estate. **9.00** Paul travels to Co Durham to pick up a 1936 Singer Le Mans.
10.00 **Canal Boat Diaries**
1.00 AM **Flipping Bangers**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Featuring a woman whose teenage discovery changed her life, and a mother longing to find the son she felt she let down as a baby.
10.00 **Who Do You Think You Are?** Presenter, actor and comedian Paddy McGuinness researches his ancestry.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

SUNDAY Entertainment

Sunday

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **The Waltons** (S7)
3.30 PM **FILM Carry On Cabby** Comedy starring Sidney James and Hattie Jacques. (1963, b/w, PG, 95min) ★★★
5.30 **FILM The Horse Whisperer** Romantic drama directed by and starring Robert Redford, with Kristin Scott Thomas. A New York magazine editor falls in love with a Montana cowboy. (1998, PG, 169min) ★★★★
9.00 **FILM Rob Roy** Romantic period adventure starring Liam Neeson and Jessica Lange. A highland clan leader becomes an outlaw. (1995, 15, 139min) ★★
12.05 AM **M*A*S*H** (S1)
2.05 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM **Murder Maps**
10.10 **FILM Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
12.00 NOON **FILM The Immortal Sergeant** Wartime drama. (1943, b/w, PG, 91 min) ★★
2.00 PM **FILM Night People** Cold War thriller. (1954, PG, 93min) ★★★
4.05 **FILM Run Silent, Run Deep** Drama. (1958, b/w, U, 90min) ★★★
6.05 **FILM High Plains Drifter** Western. (1972, 18, 105min) ★★★★
8.15 **FILM Parker** Thriller. (2013, 15, 114min) ★★★
10.45 **FILM American Heist** Drama. (2014, 15) ★★
12.45 AM **The New Avengers**
1.45 **The Persuaders!** (S1)
2.45 **FILM Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
4.15 **Coast Guard Alaska**
5.00 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM Murder, She Baked: A Plum Pudding Mystery** Festive drama starring Alison Sweeney. (2015, PG, 85min) ★★
11.00 **Murder, She Wrote** Ten episodes of the mystery.
9.00 PM **FILM Morning Show Mysteries: Murder on the Menu** Drama with Rick Fox and Holly Robinson Peete. (2018, PG, 85min) ★★
10.55 **The Chronicle Mysteries: Deep End** Drama starring Alison Sweeney. A man's body is discovered in a pond.
12.50 AM **FILM The Wrong Babysitter** Thriller starring Daphne Zuniga. (2017, 12, 90min) ★★
2.40 **FILM Dispatch** Thriller with Fiona Gubelmann. (2015, 15, 95min) ★★
4.05 **to 5.00** AM **Diagnosis Murder**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Sweet Pecan Summer** Romance. (2021, PG, 84min) ★★
10.05 **FILM A Perfect Match** Drama. (2021, PG) ★★
12.00 NOON **FILM Love at the Ranch** Drama. (2020, PG, 89min) ★★
2.00 PM **FILM Sealed with a Kiss** (2015, PG) ★★
3.55 **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
5.50 **FILM A Very Country Wedding** Drama. (2019, PG, 90min) ★★
7.50 **FILM Vote One for Love** Romantic drama. (2023, PG, 90min) ★★
9.50 **FILM The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
11.45 **FILM To England, with Love** Romantic comedy. (2023, PG, 89min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Sealed with a Kiss**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Home and Garden** Double bill.
2.00 PM **FILM The Odd Job** Comedy with David Jason. (1978, 15, 87min) ★★
3.45 **FILM Mrs Ratcliffe's Revolution** Comedy starring Catherine Tate. (2007, 12, 102min) ★
5.45 **FILM Loophole** Thriller starring Albert Finney. (1980, PG, 105min) ★★
8.00 **FILM Take a Girl Like You** Comedy drama starring Hayley Mills. (1970, 15, 101 min) ★★
10.15 **FILM Lady Libertine** Drama with Jennifer Inch. (1983, 18, 83min) ★★
12.00 M'T **FILM Au Pair Girls** Comedy drama. (1972, 18, 86min) ★★
1.45 AM **Real Thick Glasses**
2.00 **FILM Loophole** Thriller. (1980, PG, 105min) ★★
4.15 **Real Thick Glasses**
4.30 **to 5.00** AM **Queer Lives Today**

Rewind TV

182 81 164 141

6.00 AM **Space 1999** (S2)
7.00 **Man in a Suitcase**
8.00 **UFO** 1/26. (S1)
9.00 **Doctor in Charge**
10.00 **The Upper Hand**
11.30 **The Gaffer** (S1&2)
12.30 PM **Second Thoughts**
2.00 **Two's Company** (S2)
3.00 **Only When I Laugh**
4.30 **The Upper Hand** (S1)
6.00 **Doctor in Charge** (S2)
7.00 **The Gaffer** (S1&2)
8.30 **The Day Pele Came to Town** Santos FC bring Brazil's World Cup talent to Plymouth in 1970.
9.00 **Space 1999** 14/24. (S2)
10.00 **FILM Leprechaun 3** Horror. (1995, 18) ★
11.55 **FILM Wildest Dreams** Romantic fantasy. (1990, 15, 80min) ★★
1.35 AM **Stereo Underground**
2.35 **Rik Mayall Presents**
3.40 **We Had One of Those**
3.50 **Rewind Time Machine**
4.00 **Two's Company**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **How Do They Do It?**
9.00 **Kindig Customs**
1.00 PM **Junkyard Empire**
3.00 **Ant Anstead: Born Mechanic** Double bill.
5.00 **Guz Khan's Custom Cars** Double bill.
7.00 **Expedition Bigfoot** Ronny and Mireya launch a sound trap. **8.00** Strange sounds lead to a discovery.
9.00 **Curse of the Bermuda Triangle** Experts investigate a strange disappearance from the Bermuda Triangle. **10.00** Experts search for ghost ships in the Bermuda Triangle.
11.00 **Expedition X** Reports of possessions by spirits of people who died during World War Two.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Triple bill.
9.30 **Man v Food**
1.00 PM **James Martin: Sweet**
2.30 **James Martin's United Cakes of America**
3.00 **Great British Bake Off** Six editions, including at: **8.00** The amateurs tackle three desserts.
9.00 **James Martin's French Adventure** The chef visits the Languedoc region, famous for wine and cassoulet.
10.00 **Man v Food** Adam Richman visits hot-dog vendors in Connecticut. **10.30** An enormous omelette in San Diego.
11.00 **Michel Roux's French Country Cooking**
12.00 M'T **James Martin's French Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Babylon 5** (S3)
12.00 NOON **FILM The War of the Worlds** Thriller with Gene Barry. (1953, PG, 85min) ★★★★
1.45 PM **FILM The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
3.40 **FILM Doomwatch** Ecological chiller starring Ian Bannen. (1972, 12, 92min) ★★★
5.30 **FILM Earthquake** Disaster movie starring Charlton Heston. (1974, PG, 129min) ★★★
8.00 **The Twilight Zone** (S3)
9.00 **FILM Survivor** Thriller starring Milla Jovovich and Pierce Brosnan. (2015, 12, 96min) ★★
11.00 **FILM The Day of the Jackal** Crime thriller starring Edward Fox and Michael Lonsdale. (1973, 15, 142min) ★★★★★
1.50 **to 4.05** AM **FILM The Fan** Sports thriller. (1996, 15, 114min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The A-Team** (S3)
3.00 PM **FILM The People That Time Forgot** Adventure sequel. (1977, U, 96min) ★★
5.00 **The Poseidon Adventure** Drama.
9.00 **FILM The Arrival** Sci-fi thriller starring Charlie Sheen, Ron Silver and Lindsay Crouse. (1996, 12, 115min) ★★★
11.25 **FILM Momentum** Action thriller starring Olga Kurylenko and Morgan Freeman. (2015, 15, 96min) ★★★
1.25 AM **FILM Beware My Brethren** Crime thriller starring Tony Beckley. (1972, 15, 98min) ★★
3.15 **FILM 7 Guardians of the Tomb** Adventure starring Li Bingbing. (2018, 12, 90min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Hardcore Pawn**
9.15 **Pawn Stars Do America**
11.10 **Container Wars**
1.05 PM **Junk & Disorderly**
4.05 **Storage Wars: Texas**
7.00 **Secrets in the Jungle** Archaeologists discover the remains of an ancient rhinoceros.
8.00 **Secrets in the Sand** Inspecting a Mongolian mass grave and a 5,000-year-old tavern.
9.00 **The Lost City of Ramses II** The true history of the lost city of Ramses the Great.
10.00 **Queens of Ancient Egypt** Two Cleopatras who ruled Egypt jointly with Ptolemy VIII.
11.00 **The UnXplained: Mysteries of the Universe** Double bill.
1.00 AM **Strange Evidence**
2.00 **Court Cam** Double bill.
3.00 **to 6.00** AM **The Great British Dig: History in Your Back Garden**

5SELECT

153 166 138 46 133 30

9.00 AM **Somerset: Wonder of the West Country**
11.55 **All Creatures Great and Small** (S6)
12.55 PM **All Creatures Great & Small: Christmas Special**
2.10 **FILM All Creatures Great and Small** Comedy drama. (1974, PG, 87min) ★★★
4.00 **Reuben Owen: Life in the Dales** Triple bill.
7.00 **The Windsor Castle Fire: Minute by Minute** The story of the fire in November 1992.
8.30 **The Trial of Paul Burrell** A look at the collapse of the trial of the former royal butler.
9.55 **The Palace: What the Royal Servants Saw** The Royal Family from the point of view of the downstairs staff.
10.55 **Taggart** *A Fistful of Chips.*
1.00 **to 4.00** AM **Prisoner: Cell Block H**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Family Fortunes**
11.00 **Celebrity Antiques Road Trip** With Phil Tufnell.
12.15 PM **Catchphrase**
1.00 **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Chase** Double bill.
5.00 **The Chase Celebrity Special** With Gaby Roslin, Hayley Tamaddon, Geoff Hurst and Rob Beckett. **6.00** Rory Bremner, Laura Tobin, Deborah Meaden and Alan Titchmarsh take part.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With guests Martin Roberts, Tracy Edwards, Debbie McGee and Duncan James.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 24/24. Sheldon presses Leonard and Penny to choose a date for their wedding. (S8) **7.30** 1/24. Amy tells Sheldon she wants to take a break. (S9)
8.00 **Georgie and Mandy's First Marriage** 17/22. Georgie's attempt to break up Missy and her new boyfriend backfires. **8.30** 18/22. Mandy tries to prove she is financially responsible. (S1)
9.00 **Mock the Week**
10.00 **Unacceptable**
11.00 **Mock the Week**
12.00 M'T **Young Sheldon**
12.30 AM **Dr Pimple Popper: Breaking Out**
2.30 **Say Yes... UK**
3.00 **My 600lb Life**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Comedy Bus**
8.35 **Mr Bean** (S1)
9.30 **Friends** (S3&4)
5.30 PM **Mr Bean**
6.30 **FILM Maverick** Comedy western based on the TV series, starring Mel Gibson and Jodie Foster. (1994, PG, 127min) ★★★
9.00 **FILM Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. (1997, 18, 115min) ★★★★
11.15 **Jimmy Carr's Am I the A**hole?**
12.15 AM **8 Out of 10 Cats**
1.05 **8 Out of 10 Cats: Best Bits** Compilation.
1.55 **The Comedy Bus**
2.25 **Dragony Aunts**
2.40 **Russell Howard: Right Here Right Now**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S8)
7.00 **Teleshopping**
9.00 **The Upper Hand**
11.00 **Criminally Funny**
7.00 PM **Friends** 4/24. Joey makes a deal with the building's caretaker. **7.30** 5/24. Chandler falls for Joey's girlfriend. **8.00** 6/24. Ross's latest conquest reveals a grubby secret. **8.30** 7/24. Chandler desperately tries to prevent Joey from finding out the truth. (S4) **9.00** 22/24. Joey gets a shock in Las Vegas. **9.30** 23/24. Part one of two. The pals head to Las Vegas. (S5)
10.00 **Friends** (S6)
2.00 AM **Impractical Jokers**
3.00 **South Park** (S16)
4.30 **Mike Judge's Beavis and Butt-Head**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **The Kenny Everett Video Show** Comedy.
8.25 **Oh, Doctor Beeching!**
11.25 **Steptoe and Son**
2.25 PM **Rising Damp**
4.55 **Man About the House**
7.55 **Minder** *Rembrandt Doesn't Live Here Any More:* 3/13. Terry takes a job at a strip club. (S3)
9.00 **Benidorm** 7/9. Joyce is furious with Sam and Monty. (S10)
9.55 **Shameless** 5/16. Ian pretends to be Maxine's boyfriend at her parents' party. (S7)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S10)
1.00 **Minder** 6/6. (S7)
2.05 **Duty Free** 2/7. (S1)
2.25 **Man About the House**
2.50 **The Kenny Everett Video Show** Comedy.
3.15 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 12/13. (S2)
6.25 **Teen Mom 2**
7.15 **Dallas Cowboys Cheerleaders**
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Charmed** (S1)
6.00 **Catfish: The TV Show** Shawny wants to uncover the identity of her new love interest. **7.00** Solana prepares to meet her online match. **8.00** Derek meets Kristen, having met initially on Facebook.
9.00 **Skin A&E** The clinic opens its doors to people with skin conditions.
10.00 **Ink Master**
11.00 **Ink Master: OGs vs Young Guns**
12.00 M'T **Jersey Shore Family Vacation**
1.25 AM **MTV Cribs: Mind-Blowing Mansions**
2.20 **Dating Naked**
3.05 **to 4.00** AM **All Star Shore**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Building Off the Grid** Exploring a cliff house retreat and a mushroom getaway.
1.00 PM An underground home on a rock quarry and an oceanfront tropical paradise.
2.00 **Alaska: Homestead Rescue** The Raneys rescue a family descended from music royalty.
4.00 In the Tennessee mountains, the Raneys construct a massive yurt.
6.00 The Raneys reveal the five essential watchouts for wannabe homesteaders.

7.00 Homestead Rescue

7.00 **NEW SERIES Homestead Rescue: Intervention** The Raneys are called by a concerned uncle to save a stubborn Alaskan family facing bears, arsenic in the water, and winter closing fast.

9.00 **Barnwood Builders** The crew head to the Appalachian Mountains in New York to build a huge, antique log guesthouse.

10.00 **In the Eye of the Storm** Hurricane Idalia's winds overturn rush-hour traffic in Charleston.

11.00 **Mighty Truckers** An insight into the challenges of working as a truck driver.
12.00 M'T **Kindig Customs** The team attempt to put a fire-damaged 1932 Ford back together.
1.00 AM **Kindig Customs**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo** A feisty camel develops a tooth issue.
4.00 Giraffes Jigsaw and Zizi are paired for breeding.
5.00 **Treehouse Masters**
6.00 **Meet the Penguins** A wild penguin is brought in with a life-threatening wound.
6.30 Two home-pen inhabitants get into a fight.

8.30 Little Giants

7.00 **How Do Animals Do That?** The secret behind the kangaroo's hop.
7.30 Exploring how cats always land on their feet.

8.00 **Little Giants** The team look for the whip scorpion.
8.30 **Little Giants** The tomato frog of Madagascar.

9.00 **Alaskan Bush People: Bushcraft Chronicles** The Browns recall some of their most ingenious water designs.

10.00 **Tanked** A shopping centre in Santa Rosa wants an aquarium that pays respects to local firefighters.

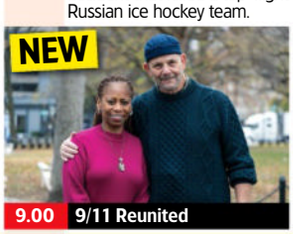
11.00 **Alaska: The Last Frontier** Atz Lee and Jane help homesteader Mike repurpose an old city house into a cabin.
12.00 M'T **Fish or Die**
1.00 AM **Air Jaws Strikes Back**
2.00 **The Haunted**
3.00 **Little Giants** Double bill.
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Toronto Airport Uncovered** Triple bill.
11.00 **Mutant Weather**
12.00 NOON **Air Crash Investigation** Seven editions of the series, including at:
4.00 PM A brand new aircraft crashes into a mangrove swamp in Cameroon.
5.00 A look at the case of Luxair Flight 50, which fell out of the sky just a few miles short of Luxembourg airport.
6.00 Investigating the 2011 accident that killed a top-flight Russian ice hockey team.



9.00 9/11 Reunited

7.00 **Europe from Above** An aerial view of Scotland reveals an astonishing tidal energy project and a majestic cliff-top castle.

8.00 **Lost Treasures of Ancient Greece** New edition Experts explore new discoveries at Olympia and Gibraltar.

9.00 **NEW SERIES 9/11 Reunited** 1/3. Uncovering the events of the 9/11 terrorist attacks in 2001. *See feature, page 20.*

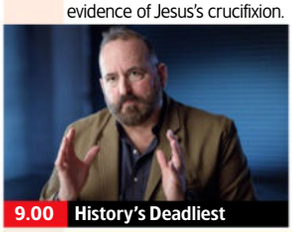
10.00 **9/11 Reunited** New edition 2/3. Focusing on events between 9.07am and 10.15am on the day of the attacks.

11.00 **9/11: I Was There** A look into the stories of people caught up in the terrorist attacks.
12.00 M'T **Air Crash Investigation** The pilots of a New Zealand turboprop pull off a remarkable wheels-up landing.
1.00 AM **Car S.O.S** Double bill.
3.00 **Megafactories**
4.00 **to 5.00** AM **Mysteries of Ancient Medicine**

Sky History

123/124 115/116 131 353 368

6.00 AM **Britain's Most Historic Towns** Double bill of editions.
8.00 **Storage Wars** Six editions.
11.00 **Storage Hunters**
1.00 PM **Pawn Stars** Eight editions of the series, including at:
4.00 A signed first edition of *The Wonderful Wizard of Oz*.
4.30 A look at some original blueprints to the Hoover Dam.
5.00 **Forbidden History** Atrocities carried out in the name of national security.
6.00 A look at the historical evidence of Jesus's crucifixion.



9.00 History's Deadliest

7.00 **Ultimate Mysteries** The case of UFO chaser Captain Mantell, and what he may have seen before he was killed.

8.00 **Ultimate Mysteries** Experts investigate whether Betty and Barney Hill really were abducted by aliens.

9.00 **History's Deadliest with Ving Rhames** Reliving history's deadliest battles, from Cannae and Agincourt to Stalingrad.

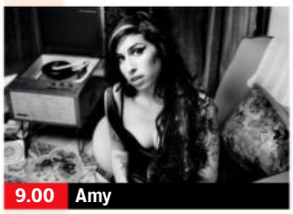
10.00 **History's Deadliest with Ving Rhames** Reflecting on history's most feared criminals, from serial killers to con men.

11.00 **What on Earth?** A mystery sunken fleet in Maryland.
12.00 M'T The hunting of Jack the Ripper from space.
1.00 AM **Storage Hunters** The bidders wonder what is inside Sean's mysterious trailer.
1.30 A unit containing a body bag leaves everyone intrigued.
2.00 **Storage Hunters** Double bill.
3.00 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Samuel L Jackson** Profile of the actor.
7.00 **Discovering: Nicolas Cage**
8.00 **The Directors**
9.00 **Stax: Soulsville USA**
1.10 PM **Love Means Zero** Documentary about famed tennis coach Nick Bollettieri.
3.00 **Costa Concordia: Chronicle of a Disaster** Different accounts of the sinking of the cruise ship.
5.00 **Williams & Mansell: Red 5** The rise of Nigel Mansell and the Williams F1 racing team.
6.45 **My Icon: Martin Offiah**



9.00 Amy

7.00 **PL 360 The Fall and Rise of Coventry City** A look at Coventry City's return to the Premier League under Frank Lampard, and the tumultuous years that preceded it.

9.00 **FILM Amy** Asif Kapadia's documentary portrait of soul, jazz and R'n'B singer-songwriter Amy Winehouse, whose death in July 2011 followed a well-publicised history of drugs and alcohol abuse. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event in 2002.
1.20 AM **Benetton Formula** The history of the Formula 1 team led by Alessandro Benetton.
3.10 **I Am MLK Jr** Documentary exploring the life and legacy of Dr Martin Luther King Jr.
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **American Pickers**
8.00 **Johnny Vegas' Little Shop of Antiques**
9.00 **Celebrity Yorkshire Auction House**
11.00 **The Yorkshire Auction House** Double bill.
1.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Johnny Vegas' Little Shop of Antiques** Johnny heads to Ireland for a buying trip at a salvage yard in Kilkenny.
8.00 **The Repair Shop** Items include damaged motorbike saddle bags, a barometer and a decorative window panel.
9.00 **The Repair Shop**
1.00 AM **Mike Brewer's World of Cars**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **FBI Files**
3.00 PM **Evil Online**
6.00 **Caught in the Net** How Julie Ann Gonzalez suddenly went missing.
7.00 The murder of Morgan Ashlye Fox.
8.00 Police suspect foul play when widow Valena Shepherd is found dead at home.
9.00 **The Detectives: My Killer Case** The crimes of so-called Canal Killer, John Sweeney.
10.00 **Faking It: Tears of a Crime** The crimes of Oscar Pistorius.
11.00 Robert Leeming.
12.00 M'T The case of Russell Williams.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Wrongful Revenge** Exploring the case of Colin Gunn, who ordered two murders.
8.00 **UK Crime Files: Murder – The Tattoo Clue** The discovery of a woman's body at a pumping station in Hull.
9.00 **UK Crime Files: Killer Commadore**
10.00 **UK Crime Files: Drug Den Murder**
11.00 **UK Crime Files: Blackpool Double Murder** Documentary.
12.00 M'T **UK Crime Files: The Blackpool Poisoner**
1.00 AM **Fatal Fraud**
2.00 **Murder on the Internet**
3.00 **The Chem-Sex Cannibal: Murder on the Internet**
4.00 **to 5.45** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **Killers: Caught on Camera**
2.00 PM **UK Crime Files: Brighton Trunk Murders** A case in which the bodies of two women were found in cars in Brighton.
3.00 **UK Crime Files: Murder of a Lonely Hearted Wife** The case of Hassan Shatanawi.
4.00 **UK Crime Files: No Honour Killing** Simon Toyne investigates the killing of Banaz Mahmod.
5.00 **UK Crime Files: The Killing of a Deaf Girl** The 1988 murder of Suzanne Greenhill.
6.00 **UK Crime Files: Murder Without a Body** The case of Mitchell Quy.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Cops**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Road Wars**
9.00 **Caught on Dashcam**
11.00 **The Force: Manchester**
12.00 NOON **Caught Red Handed** Triple bill.
2.00 PM **Forensics: Catching the Killer** Double bill.
4.00 **The Real Manhunter**
5.00 **Killer in My Village**
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **The Murder of Grace Millane** True-crime.
10.50 **Killer in My Village**
11.55 **What the Killer Did Next** Michael Ryan.
1.00 AM **World's Most Evil Killers** Jorge Avila-Torrez.
2.00 **Britain's Most Evil Killers** Andrzej Kunowski.
3.00 **Murdered at First Sight**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Hitler's Propaganda Machine**
11.30 **Pandemic: The Flu That Killed 50 Million**
1.00 PM **Digging Up Britain's Past** Triple bill.
4.00 **Conquistadors: The Rise and Fall**
7.10 **Pandemic: The Flu That Killed 50 Million** Docu-drama about the 1918 Flu pandemic.
8.25 **Hitler's Propaganda Machine** 1/3. Exploring the use of propaganda in the Nazi regime.
9.35 2/3. The decade of propaganda that led to Hitler being made Chancellor of Germany.
10.50 3/3. How Hitler's ambitions spread beyond Germany, drawing the world toward another war.
12.00 M'T **Pandemic: The Flu That Killed 50 Million**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SUNDAY

Sunday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Extraordinary Animals**
7.00 **Island of the Monsoon**
9.00 **Nature's Dress Code: Who Wears What and Why?**
10.00 **Deep in the Heart**
11.00 **Volcanic Odysseys**
12.00 NOON **Battle of the Alphas**
1.00 PM **Big Beasts: Last of the Giants** Triple bill of editions.
4.00 **Predators** Double bill.
6.00 NEW SERIES **Violent Earth** Liev Schreiber explores the science behind epic natural disasters, starting with tornados.
7.00 **Great Barrier Reef with David Attenborough** Unlocking the secrets of the natural wonder. **8.00** Exploring the shark-infested waters of Osprey Reef. **9.00** The future of the reef.
10.00 **Leopard Dynasty: The Rise of Rana** A leopard fights to secure his place in Jhalana's territory.
11.00 **Violent Earth** As 6.00pm.
12.00 M'T **Islands** Double bill.
2.00 AM **Africa's Hidden Kingdoms**
4.00 **Nature's Dress Code: Who Wears What and Why?**
5.00 **to 6.00** AM **Deep in the Heart**

Crime+Investigation

139/140 142 133

6.00 AM **Robbie Coltrane's Critical Evidence** Double bill.
8.00 **When Missing Turns to Murder**
10.00 **Murdertown** Double bill.
12.00 NOON **999: Killer on the Line**
2.00 PM **Crimes That Shook Britain**
4.00 **K9 PD with Jim Belushi**
7.00 **Alaska State Troopers**
8.00 **Tell Me How I Died** Dr Antoine Wrice investigates unusual evidence when a man is shot.
9.00 **Cold Case Files** Two masked gunmen shoot a man, leaving him a quadriplegic for five years. **10.00** A woman is found brutally stabbed in her home. **11.00** A girl turns up dead after selling mints door-to-door.
11.55 **Murder in the Goldfields**
2.05 AM **Check-In to Murder** New edition A man who raped and killed a woman in a hotel.
3.00 **Last Seen on Holiday** New edition Cases of people who disappeared abroad.
4.00 **Accident, Suicide or Murder?**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
6.00 **999 Rescue Squad** A forester is badly injured following a nasty accident involving a chainsaw deep in the woods. **7.00** Staff are scrambled to a block of flats after an explosion. **8.00** A man digging for antique bottles in a South Yorkshire tip is buried alive, leading to a desperate fight to save him. **9.00** The discovery of underwear on a canal bank sparks a missing persons search and a police incident ends in a fleeing car passenger jumping over a wall and breaking his leg. **10.00** A serious accident at an illegal off-road biking site leads to a rider needing urgent hospital treatment. **11.00** A skier falls over on a steep slope and suffers a suspected brain injury.
12.00 M'T **999 Rescue Squad**
4.40 AM **One Foot in the Grave**
5.20 **to 6.00** AM **River Walks**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Great British Dig: History in Your Back Garden**
11.00 **Crimes That Shook Britain**
1.00 PM **Instruments of Death**
2.00 **Ancient Aliens** Double bill.
4.00 **The Great British Dig: History in Your Back Garden**
6.00 **Kevin Costner's The West** The Fetterman Fight, also known as the Fetterman Massacre. **7.00** Ranchers' efforts to protect their rights to graze cattle on the open range.
8.00 **Crimes That Shook Britain** The family of Stephen Lawrence reflect on his murder. **9.00** A look at Raoul Moat's shooting spree in 2010. **10.00** Investigating the murder of Garry Newlove outside his home in Cheshire in 2007.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Iconic Combat Machines**
2.00 **Secret Wars Uncovered**
3.00 **Combat Trains**
4.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **Discovered by Disaster**

WILD

165 145 182

8.00 AM **Heartland Docs**
10.00 **The Incredible Dr Pol**
12.00 NOON **Jaws @ 50: The Definitive Inside Story**
2.00 PM **Panda School**
5.00 **Critter Fixers: Country Vets** New edition The Critter Fixer team return home for a parade.
6.00 **Heartland Docs** New edition The team race to save a critically ill calf and perform emergency surgery on a puppy.
7.00 **Land of the Iberian Lynx** A year in the life of the Iberian lynx in southern Spain.
8.00 **War of the Lions** Conditions in which lions have to survive.
9.00 **Vanishing Kings: Desert Lions of Namib** Five lions try to establish their own kingdom in the unforgiving Namib Desert.
10.00 **Cheetahs Up Close with Bertie Gregory**
11.00 **Sharks Up Close with Bertie Gregory** Great white sharks.
12.00 M'T **Bizarre Animal Friends**
1.00 AM **Alaska Animal Rescue**
2.00 **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 140 166

8.00 AM **Diabolical: Deadly Love**
12.00 NOON **On the Case with Paula Zahn** Four editions.
4.00 PM **People Magazine Investigates** The story of how an American family's dream went up in flames. **5.00** In 1990, a clown delivering flowers and balloons guns down a woman at home. **6.00** A young woman's violent murder in 1972 plagues Hawaii. **7.00** In 1996, a college co-ed vanishes and is presumed dead.
8.00 **American Monster** A popular teacher found dead in her Staten Island condo.
9.00 **The Killer in My Family** Peter Wyatt opens up about his violent, controlling brother-in-law, Lee Ford.
10.00 **The Friday the 13th Murders** The case of a young woman who vanished into a patrol car.
11.00 **Murder on CCTV** Double bill.
1.00 AM **Signs of a Psychopath**
2.00 **Death by Fame** Double bill.
4.00 **to 6.00** AM **Deadly Secrets**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
12.30 PM **How It's Made: Dream Cars** Triple bill of editions.
2.00 **Incredible Engineering Blunders: Fixed** Double bill.
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions of the series, including at: **7.00** The creation of digital paintings and badminton rackets. **7.30** Examining how dumplings and brass faucets are made..
8.00 **Mysteries of the Deep** Jeremy explores a technique that could identify the Loch Ness Monster. **9.00** The mystery behind the infamous giant squid.
10.00 **Houdini's Last Secrets**
11.00 **Super Factories: Food Edition**
12.00 M'T **How the Universe Works**
2.00 AM **Through the Wormhole with Morgan Freeman**
4.00 **How Do They Do It?**
4.30 **to 6.00** AM **How It's Made: Dream Cars**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Massive Engineering Mistakes**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Exploring a mysterious Roman settlement buried in ashes. **7.00** Experts seek the truth behind one of Rome's most enigmatic emperors. **8.00** Experts investigate the buried secrets of the lost city of Kish, Iraq to uncover the first origins of royalty.
9.00 **Salvage Hunters: The Restorers** Sculptor Nick has his skills tested by an equestrian piece with classical connections. **10.00** Blacksmith Neville is tested with the restoration of a cast iron 19th-century fireplace. **11.00** French polisher Alex restores a 1930s rocking horse, and upholsterer Craig tries to restore a classic Victorian chair.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **Sewer Divers**
10.00 **Extreme RVs**
11.00 **Extreme Car Hoarders**
12.00 NOON **Street Outlaws: Locals Only** Five editions.
5.00 PM **Shed and Buried: Classic Cars** Henry and Fuzz uncover a Morris 35 van in Wales.
6.00 **Shed and Buried** Henry Cole and Sam Lovegrove take a trip from Cornwall to Oxfordshire. **6.30** Henry and Sam seek items to restore in Buckinghamshire.
7.00 **Wheeler Dealers** Mike and Ant enter the market for a 1988 Jeep Grand Wagoneer. **8.00** Mike attempts to track down an early SUV. **9.00** Mike works on a Ford Bronco for Barrett Jackson. **10.00** A 1979 Jeep CJ-7 Renegade rolls into the workshop, but it is rusted out. **11.00** The boys decide to snap up a Mitsubishi Shogun. **12.00** M'T Mike and Elvis tackle a classic Toyota Landcruiser.
1.00 **to 4.00** AM **Sewer Divers**

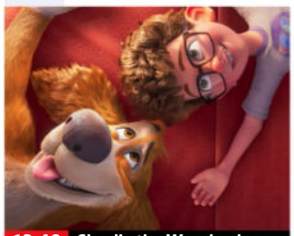
+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.35 AM **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
8.50 **Hamnet** As shown at 5.45pm.
11.00 **Tom and Jerry: Forbidden Compass** (2025, PG)
12.40 PM **Charlie the Wonderdog** Animation. (2025, PG, 92min)
2.25 **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
4.10 **Normal** Action comedy. (2026, 15, 91 min) ★★★★
5.45 **Hamnet** Period drama. (2025, 12, 125min) ★★★★



12.40 Charlie the Wonderdog

8.00 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

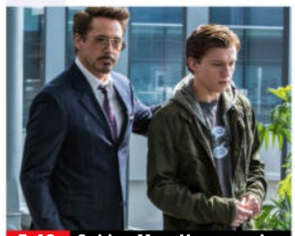
9.50 Heretic Horror starring Hugh Grant. Two young missionaries are forced to prove their faith when they knock on the wrong door and are greeted by the diabolical Mr Reed. (2024, 15, 111 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Normal** Action comedy. (2026, 15, 91 min) ★★★★
1.30 AM **Primate** Horror thriller. (2025, 18, 92min) ★★★
3.05 **Love Me** Drama with Steven Yeun. (2025, 15, 91 min) ★★★
4.45 **Sky Cinema Preview**
5.30 **to 7.05** AM **Looney Tunes: The Day the Earth Blew Up** Animation. (2024, PG, 91 min)

Sky Cinema Box Set

303 303 403 503 517

6.15 AM **The Amazing Spider-Man** Adventure. (2012, 12) ★★★
8.35 **The Amazing Spider-Man 2** Adventure. (2014, 12) ★★★
11.00 **Spider-Man** Fantasy adventure. (2002, 12, 121 min) ★★★★
1.05 PM **Spider-Man 2** Fantasy. (2004, PG, 127min) ★★★★
3.15 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
5.40 **Spider-Man: Homecoming** Adventure with Tom Holland. (2017, 12, 133min) ★★★★



5.40 Spider-Man: Homecoming

8.00 Spider-Man: No Way Home Adventure sequel starring Tom Holland and Zendaya. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. With Benedict Cumberbatch. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Venom Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Kraven the Hunter** Fantasy starring Aaron Taylor-Johnson. (2024, 15, 127min) ★★★
2.35 **Clash of the Titans** Fantasy starring Sam Worthington. (2010, 12, 106min) ★★
4.25 **to 6.10** AM **Wrath of the Titans** Fantasy adventure. (2012, 12, 99min) ★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
9.10 **The Luckiest Man in America** Drama with Paul Walter Hauser. (2024, 15, 90min) ★★★★
10.45 **Joker: Folie à Deux** Musical. (2024, 15, 138min) ★★★★
1.05 PM **Hamnet** As 8.00pm.
3.15 **Molly's Game** Fact-based drama starring Jessica Chastain. (2017, 15, 137min) ★★★★
5.35 **Cast Away** Adventure starring Tom Hanks and Helen Hunt. (2000, 12, 143min) ★★★★
8.00 **Hamnet** Period drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
10.10 **Wuthering Heights** Drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
12.30 AM **The End of the Affair** Drama starring Ralph Fiennes. (1999, 18, 101 min) ★★★★
2.15 **Peggy Sue Got Married** Fantasy. (1986, 15, 104min) ★★★★
4.05 **Sky Cinema Preview**
4.50 **to 6.40** AM **Turn Me On** Fantasy. (2024, 15, 99min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.15 AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
9.20 **The Crazies** Horror thriller. (2010, 15, 101 min) ★★★★
11.10 **Critters** As shown at 12.15am.
12.45 PM **Zombieland** Comedy. (2009, 15, 84min) ★★★★
2.20 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
4.35 **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
6.15 **The Craft** Supernatural horror fantasy starring Robin Tunney. (1996, 15, 101 min) ★★★
8.00 **Mars Attacks!** Tim Burton's sci-fi spoof starring Jack Nicholson and Glenn Close. (1996, 12, 106min) ★★★★
10.00 **Weapons** Horror starring Julia Garner. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
12.15 AM **Critters** Sci-fi horror comedy starring Dee Wallace Stone. (1986, 15, 86min) ★★
2.00 **The Exorcist** Occult horror chiller starring Max von Sydow. (1973, 18, 121 min) ★★★★★
4.10 **to 6.10** AM **Slingshot** Thriller. (2024, 15, 108min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.40 AM **The Golden Compass** Fantasy. (2007, PG) ★★★
8.40 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG) ★★★★★
11.40 **The Lord of the Rings: The Two Towers** (2002) ★★★★★
2.40 PM **The Lord of the Rings: Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
6.00 **Lemony Snicket's A Series of Unfortunate Events** Comedy. (2004, PG, 103min) ★★★★

7.50 How to Train Your Dragon

7.50 **How to Train Your Dragon** Live-action fantasy adventure starring Mason Thames, Nico Parker and Gerard Butler. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Matilda** Roald Dahl's dark children's fantasy with Danny DeVito, Rhea Perlman, Mara Wilson and Embeth Davidtz. (1996, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
1.10 AM **Stuart Little 2** Fantasy. (2002, U, 78min) ★★★★
2.30 **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101min) ★★
4.15 **to 6.10** AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy sequel. (2016, 12, 112min) ★★★

Sky Cinema Statham

306 306 407 507 521

6.00 AM **The Expendables** (2010)
8.00 **The Expendables 2** (2012)
10.00 **The Expendables 3** (2014)
12.10 PM **Cellular** Crime thriller. (2004, 15, 94min) ★★★
2.00 **The Meg** Action thriller. (2018, 12, 113min) ★★★
4.00 **The Italian Job** Crime thriller inspired by the 1960s caper film. (2003, 12, 110min) ★★★
6.00 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★

6.00 The Beekeeper

8.00 **The Expendables** Action adventure directed by and starring Sylvester Stallone. A veteran mercenary and his team undertake a mission to overthrow the corrupt dictator of an island. With Jason Statham. (2010, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Expendables 2** Action adventure sequel starring Sylvester Stallone, Jason Statham, Jean-Claude Van Damme, Bruce Willis and Arnold Schwarzenegger. (2012, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Expendables 3** Action adventure sequel starring Sylvester Stallone, Mel Gibson and Jason Statham. (2014, 12, 126min) ★★
2.00 AM **The Beekeeper** (2023)
3.50 **The Italian Job** As 4.00pm.
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Hitch** (2005, 12) ★★★
9.15 **Pitch Perfect** (2012) ★★★★
11.10 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
1.05 PM **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
2.40 **Anchorman 2: The Legend Continues** Comedy sequel. (2013, 15, 118min) ★★
4.40 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
6.20 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★

8.00 Central Intelligence

8.00 **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. A rogue CIA agent turns to an old classmate for help when he is targeted by his own organisation. (2016, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

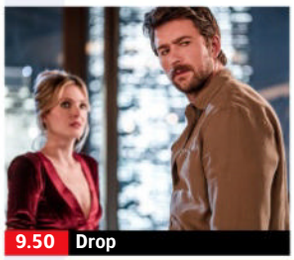
9.50 **Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
2.00 AM **Risky Business** Comedy drama starring Tom Cruise. (1983, 18, 98min) ★★★★
3.40 **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★
5.35 **to 7.20** AM **Blue Moon** Biographical comedy drama. (2025, 15, 100min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Hallow Road** Thriller. (2025, 15, 80min) ★★★★
7.25 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
9.10 **Captain Phillips** As 1.35pm.
11.30 **No Country for Old Men** Thriller. (2007, 15) ★★★★
1.35 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
3.50 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
5.55 **Mr & Mrs Smith** Comedy thriller. (2004, 15) ★★★



9.50 Drop

8.00 **Snatch** Guy Ritchie's crime comedy starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Drop** Thriller starring Meghann Fahy. A widow's first date in years takes a terrifying turn when she is bombarded with threatening messages. (2025, 15, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Fatal Attraction** Thriller starring Michael Douglas. (1987, 15, 120min) ★★★★
1.40 AM **Amongst the Wolves** Thriller with Luke McQuillan. (2024, 15, 102min) ★★★
3.30 **Sharp Corner** Psychological thriller starring Ben Foster. (2024, 15, 110min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dora and the Lost City of Gold** (2019, PG) ★★★
1.05 PM **The Lost World** Fantasy. (1960, PG, 98min) ★★
3.00 **The Son of Robin Hood** Adventure. (1958, U) ★★
4.40 **Von Ryan's Express** World War Two action drama. (1965, PG, 117min) ★★★★
7.00 **The Greatest Showman** Musical with Hugh Jackman. (2017, PG, 102min) ★★★★

7.00 The Greatest Showman

The Greatest Showman (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Mechanic** Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin seeks to avenge the murder of his mentor. With Tony Goldwyn. (2011, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. (2008, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 **to 3.15** AM **Official Competition** Spanish/Argentinian comedy drama starring Penélope Cruz and Antonio Banderas. Subtitled. (2022, 15, 115min) ★★★

+1hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

6.55 AM **Tom and Jerry: Forbidden Compass** Animation. (2025, PG)
8.50 **Charlie the Wonderdog** (2025)
10.40 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
12.15 PM **Spider-Man: Into the Spider-Verse** Animated fantasy. (2018, PG, 117min) ★★★★★
2.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
4.00 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
5.40 **The SpongeBob Movie: Sponge Out of Water** Animated comedy. (2015, U, 93min) ★★★
7.15 **Penguins of Madagascar** Animation. (2014, U) ★★★★
8.50 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
10.25 **Mr Peabody & Sherman** Animated comedy adventure. (2014, U, 97min) ★★★★
12.00 M'T **Flushed Away** Animation. (2006, U, 85min) ★★★★
1.30 AM **The Wild Thornberrys Movie** Animated adventure. (2002, U, 85min) ★★★★
3.10 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
4.30 **to 6.10** AM **The Angry Birds Movie** Animated comedy. (2016, U, 97min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.40 AM **InnerSpace** As 2.15am.
9.45 **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
11.15 **The Last Starfighter** Adventure. (1984, PG, 100min) ★★★
1.00 PM **Waterworld** Adventure. (1995, 12, 134min) ★★★
3.15 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
4.55 **Lake Placid** Horror comedy. (1999, 15, 82min) ★★★★
6.20 **Men in Black** Sci-fi action comedy with Tommy Lee Jones. (1997, PG, 94min) ★★★★
8.00 **Deep Impact** Disaster movie starring Robert Duvall, Téa Leoni and Elijah Wood. An astronaut leads a mission into space to explode a comet before it hits the Earth and causes destruction. (1998, 12, 123min) ★★★★
10.05 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger. (1991, 15, 146min) ★★★★★
12.25 AM **Event Horizon** Sci-fi horror starring Laurence Fishburne. (1997, 18, 96min) ★★★
2.15 **InnerSpace** Sci-fi comedy thriller starring Dennis Quaid. (1987, PG, 119min) ★★★
4.25 **Sky Cinema Preview**
5.25 **to 7.50** AM **Waterworld** (1995)

Disney+ Cinema

305 305

6.00 AM **The Sorcerer's Apprentice** Fantasy. (2010, PG) ★★★★
8.00 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
9.35 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
11.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
1.00 PM **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
2.20 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
4.10 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
5.50 **The Lion King** Animation featuring the voice of Donald Glover. (2019, PG, 118min) ★★★
7.20 **Flubber** Fantasy starring Robin Williams. (1997, U, 94min) ★★★
9.00 **John Carter** Sci-fi fantasy adventure starring Taylor Kitsch. (2012, 12, 126min) ★★★
11.10 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★
12.55 AM **Alien: Covenant** Thriller starring Katherine Waterston. (2017, 15, 117min) ★★★
3.00 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.35 **to 6.00** AM **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

Movies 24

312 313 419

7.00 AM **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
9.00 **Three Wisest Men** Comedy drama. (2025, PG, 84min) ★★
11.00 **A Make or Break Holiday** Drama. (2025, U, 89min) ★★
1.00 PM **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
3.00 **Aussie at Heart** Romantic drama starring Rhiannon Fish. (2026, PG, 90min) ★★
5.00 **Adventures in Love & Birding** Drama. (2025, PG, 84min) ★★
7.00 **Three Wiser Men and a Boy** Comedy starring Paul Campbell. (2024, PG, 84min) ★★
9.00 **Mystery Island: Play For Keeps** Crime drama starring Elizabeth Henstridge. A corporate retreat at the luxury resort results in a murder and a woman being confronted with her past. (2025, PG, 90min) ★★
11.00 **The Love Hunt** Romantic comedy. (2023, PG, 89min) ★★
1.00 AM **The PA and the Manhattan Prince** Romantic drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **A Melbourne Match** Romantic drama. (2026, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Naked Hills** (1956) ★★
7.30 **The Lucy Show** 1/22. (S5)
8.00 **Sherlock Holmes** 1/39. (S1)
8.35 **Links of Justice** Crime drama. (1958, b/w, U, 68min) ★★
9.55 **Child in the House** Drama. (1956, b/w, U, 88min) ★★
11.35 **Look at Life** Documentary.
11.45 **Batman** 18/26. (S3)
12.20 PM **Lord Jim** Adventure. (1965, PG, 154min) ★★
3.20 **Look at Life** Documentary.
3.30 **For the Love of Ada** 4/7. (S2)
4.00 **The Man from UNCLE** (S2)
5.00 **The Footage Detectives**
6.00 **Mr Denning Drives North** Drama starring John Mills. (1951, b/w, PG, 93min) ★★
7.50 **Look at Life** Documentary.
8.00 **Play for Today: The Flipside of Dominick Hyde** Sci-fi drama.
9.50 **Confessions from a Holiday Camp** Comedy starring Robin Askwith. (1977, 18, 88min) ★
11.35 **The Heritage Chart Show**
12.40 AM **The Big Trees** (1952) ★★★
2.30 **A Hole Lot of Trouble**
3.05 **A Lifetime Ago with the Baim Collection**
3.30 **The Rogues** 30/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 34/39. (S1)
5.30 **to 6.00** AM **Supercar**

8 PM
9 PM
10 PM
11 PM

Sunday

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
11.30 LIVE **EFL** West Bromwich Albion v Burnley. Coverage of the Championship match at The Hawthorns. Kick-off 12.00noon.
1.00 PM LIVE **Premier League** Manchester City v Bournemouth. Coverage of the top-flight match staged at the Etihad Stadium. Kick-off 2.00pm.
4.00 LIVE **Super Sunday** Newcastle United v Liverpool. The Premier League match from St James' Park. Kick-off 4.30pm.
7.30 LIVE **PGA Tour Golf** The final round of the BMW Championship.
11.00 LIVE **ATP Tennis** The Cincinnati Open men's final at Lindner Family Tennis Center in Mason, Ohio.
11.30 LIVE **WTA Tennis** The Cincinnati Open women's final at Lindner Family Tennis Center.
2.00 AM LIVE **NFL** Tennessee Titans v Seattle Seahawks. Kick-off 1.00am.
4.45 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM LIVE **Super Sunday** Brighton & Hove Albion v Aston Villa. Coverage of the Premier League match from the opening round of fixtures staged at the AMEX Stadium. Kick-off 2.00pm.
4.00 LIVE **Super Sunday** Newcastle United v Liverpool. The Premier League match from St James' Park. Goals have rarely been in short supply in meetings between the teams over the year, and last season was no exception, with teenager Rio Ngumoha's first goal for Liverpool giving his team a 3-2 win here, before the Reds completed a double over the Magpies with a 4-1 victory at Anfield. Kick-off is at 4.30pm.
7.30 **Newcastle – The Entertainers**
8.00 **Premier League Stories**
8.30 **Arsenal Champions Show**
9.30 **Premier League Stories**
10.00 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
11.30 LIVE **EFL** West Bromwich Albion v Burnley. The Championship match at The Hawthorns. West Brom will be looking to improve on a disappointing campaign last time out that saw them finish 21st in the table, while the Clarets are aiming to bounce back after being relegated from the Premier League last season. Kick-off 12.00noon.
2.30 PM **EFL Highlights**
5.30 **EFL Cup Highlights**
6.00 **EFL Highlights** Championship.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL** West Bromwich Albion v Burnley from The Hawthorns.
10.00 **EFL Highlights** Action from Millwall v Norwich City at The Den.
10.15 Blackburn Rovers v Middlesbrough at Ewood Park.
10.30 Derby County v Cardiff.
10.45 West Brom v Burnley.
11.00 **EFL League One Goals**
11.30 **EFL League Two Goals**
12.00 M'T **EFL** The 2015/16 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** England v Pakistan. Coverage of the fifth day of the first Test in the three-match series at Headingley Cricket Ground in Leeds. The last Test series between the teams came in October 2024, when Pakistan claimed a 2-1 victory on home soil. England won the first match by an innings and 47 runs, but the Shaheens fought back to prevail by 152 runs in the second contest and secure the series with a nine-wicket triumph.
7.00 PM **Best of ICC WT20**
7.30 **Nepal Climbing Cricket's Mountain** Nepal's mission to become a Test-playing nation.
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket**
9.30 **Test Cricket Bitesize**
10.00 **Test Cricket** England v Pakistan.
11.00 **International T20 Cricket**
11.30 **Nepal Climbing Cricket's Mountain** Documentary.
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **Chronicles of a Champion Golfer** Profiles of leading players.
11.00 **HotelPlanner Tour Golf**
11.30 LIVE **DP World Tour Golf** Coverage of day four of the Nexo Championship in Aberdeenshire.
4.30 PM LIVE **PGA Tour Golf** The BMW Championship fourth and final day at Bellerive Country Club.
11.00 LIVE **LPGA Tour Golf** Day four of the Standard Portland Classic.
2.00 AM **PGA Tour Golf**
4.00 **Golf Academy** Laura Davies.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
4.00 PM **Tennis** The Cincinnati Open.
7.00 LIVE **WTA & ATP Tennis** The Cincinnati Open men's doubles final staged at Lindner Family Tennis Center in Mason, Ohio.
9.00 LIVE **ATP Tennis** The Cincinnati Open men's final at Lindner Family Tennis Center in Mason, Ohio.
11.30 LIVE **WTA Tennis** The Cincinnati Open women's final at Lindner Family Tennis Center.
2.00 **to 6.30** AM LIVE **WTA & ATP Tennis** The ATP Winston-Salem Open and WTA Monterrey Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **Men's Cycling** Renewi Tour.
7.00 LIVE **Snooker: Wuhan Open** The first session from round one.
10.00 **Women's Cycling**
11.00 LIVE **Cycling** The women's fifth stage of the Tour of Britain.
3.00 PM LIVE **La Vuelta Men** Stage two of the Grand Tour race.
5.00 **CPL Highlights**
5.30 **T100 Triathlon World Tour**
6.00 **The WRC Magazine**
6.30 **Serie A** Genoa v Napoli.
7.30 LIVE **Serie A** Torino v AC Milan. Italian top-flight action from Stadio Olimpico Grande Torino. Kick-off 7.45pm.
9.45 **TNT Sports Reload**
10.00 **La Vuelta Men** Stage two.
11.00 **UCI Mountain Bike World Series**
12.00 M'T LIVE **MLB** Milwaukee Brewers v Atlanta Braves. The annual MLB Little League Classic from Bowman Field. Start-time 12.00m't.
3.00 AM **TNT Sports Reload**
3.15 **British Superbikes Highlights**
4.15 **Test Cricket Highlights**
5.15 **to 6.00** AM LIVE **Test Cricket** Sri Lanka v India. Coverage of day two of the second Test.

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **AFL** Sydney Swans v North Melbourne. From Sydney Cricket Ground. Bounce-up 6.20am.
9.00 **Men's Cycling Pro Series**
10.00 LIVE **AFL** West Coast Eagles v Hawthorn. Coverage of the match at Optus Stadium. Bounce-up 10.20am.
1.00 PM LIVE **SailGP** Coverage from day two of the Rockwool Germany Sail Grand Prix in Sassnitz.
2.30 LIVE **Men's Cycling Pro Series** The fourth and final stage of the Lidl Deutschland Tour.
3.30 LIVE **LIV Golf** Coverage of the fourth and final round at LIV Golf Indianapolis from The Club at Chatham Hills in Westfield, Indiana.
9.30 **Premier League Stories**
10.00 **Test Cricket Highlights**
11.00 **CPL Highlights**
11.30 LIVE **CPL** Antigua & Barbuda Falcons v Guyana Amazon Warriors. The T20 match staged at Sir Vivian Richards Stadium in Antigua.
3.45 AM **TNT Sports Cricket Reload**
5.15 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **International Rugby Union** South Africa v New Zealand.
3.15 **Women's Super League** Wigan Warriors v Leeds Rhinos.
3.30 **NFL Highlights**
4.30 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **NBA Basketball** Los Angeles Lakers v Golden State Warriors.
8.00 **International Rugby Union** South Africa v New Zealand held at DHL Stadium in Cape Town.
10.15 **Women's Super League** Wigan Warriors v Leeds Rhinos in 2024.
10.30 **NFL Bitesize Highlights** Tampa Bay Buccaneers v Atlanta Falcons.
10.45 Highlights of Cincinnati Bengals v Pittsburgh Steelers.
11.00 **NFL Highlights** Seattle Seahawks v San Francisco 49ers.
12.00 M'T Action from Carolina Panthers v Seattle Seahawks.
1.00 AM LIVE **NFL** Tennessee Titans v Seattle Seahawks. Coverage of the pre-season match at Nissan Stadium. Kick-off 1.00am.
4.45 **NFL Highlights**
5.45 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Formula 1** The Dutch Grand Prix, the 12th round of the season held at Circuit Zandvoort. Red Bull's Max Verstappen will be looking to become just the second driver to win this race four times, a record currently held by Britain's Jim Clark who won this event four times between 1963 and 1967. Start-time 2.00pm.
4.00 **Formula 1** Reaction and analysis from the Dutch Grand Prix.
5.00 **Sports Sunday**
6.00 **Sky Sports Catch Up** The biggest sports stories.
6.30 **Formula 1** Highlights of the Dutch Grand Prix, the 12th round of the season at Circuit Zandvoort.
7.30 **Sky Sports Catch Up**
8.00 LIVE **ATP Tennis** Coverage from the opening day of the Winston-Salem Open, the ATP 250 hard-court tournament staged at Wake Forest University in Winston-Salem, North Carolina.
2.00 AM **My Icon** Sporting influences.
3.10 **to 6.00** AM **Super League**

Sky Sports Mix

416 412 511 429 449

6.45 AM **PL Greatest Games**
7.00 **NFL Highlights**
9.00 **EFL Greatest Games**
9.15 LIVE **NRLW** Cronulla-Sutherland Sharks v Parramatta Eels. From Ocean Protect Stadium. Kick-off 9.15am.
11.15 **NFL Highlights**
12.15 PM **My Icon** Johnny Nelson.
12.30 **Darts Gold** Archive action.
1.00 **British Kart Championships**
2.00 LIVE **Indycar** The Grand Prix of Washington D.C. warm-up session.
3.00 **Ginetta Juniors Highlights**
4.00 **All In: Indycar**
4.30 LIVE **Indycar** Coverage of the Grand Prix of Washington D.C.
8.30 **My Icon** Johnny Nelson.
9.00 **Championship Retro**
11.00 **NFL Highlights**
12.00 M'T LIVE **WNBA** Chicago Sky v Indiana Fever. The Eastern Conference match at Wintrust Arena. Tip-off 12.00m't.
2.30 AM LIVE **NFL** Tennessee Titans v Seattle Seahawks. Pre-season match at Nissan Stadium. Kick-off 1.00am.
4.45 **Super League Highlights**
5.00 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Darts Feature**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **Test Cricket** Sri Lanka v India. Coverage of the opening day of the second Test staged at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM LIVE **La Vuelta Men** Coverage of stage two of the Grand Tour race, a hilly 214.3km route from the Place du Palais Princier in Monaco to Manosque.
5.00 **MLB Plays of the Week**
5.30 **MLB Highlights**
6.30 LIVE **MLB** Philadelphia Phillies v St Louis Cardinals. Coverage of the National League match at Citizens Bank Park. Start-time 6.35pm.
9.30 **T100 Triathlon World Tour Highlights** From Vancouver.
10.00 **Snooker: Wuhan Open** Action from day one in Wuhan, China.
12.00 M'T **UFC** A replay of Anthony Hernandez v Gregory Rodrigues.
3.00 AM **Serie A** Torino v AC Milan.
4.00 **to 6.00** AM **Snooker**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFLW** Carlton v Adelaide. Coverage from IKON Park in Melbourne.
8.00 LIVE **AFLW** Port Adelaide v Hawthorn. Coverage from Alberton Oval.
10.00 **LIV Golf** From Indianapolis.
11.30 LIVE **UCI Mountain Bike World Series** In Haute Savoie.
4.00 PM LIVE **Motocross World Championship** From Arnhem.
5.00 **British Superbikes Highlights**
6.00 **Fishing: On the Bank**
7.00 **Test Cricket Highlights**
8.00 LIVE **MLB** Boston Red Sox v San Francisco Giants. The inter-league match. Start-time 8.10pm.
11.00 **FEI World Championships**
2.00 AM **Hard Knocks: Training Camp with the Seattle Seahawks**
3.00 **Men's Cycling** Renewi Tour.
4.00 **Men's Cycling Pro Series**
5.00 **to 6.00** AM **Women's Cycling**

Premier Sports 1

419 APP 528

6.00 AM **DTM Motorsport Highlights**
7.00 **LaLiga** Real Betis v Real Sociedad.
9.00 **Swedish Speedway**
11.00 **LaLiga** Athletic Bilbao v Sevilla.
1.00 PM **DTM Motorsport Highlights**
2.00 **LaLiga** Valencia v Celta Vigo.
3.55 LIVE **LaLiga** Atletico Madrid v Villarreal.
6.00 **LaLiga Match Highlights**
6.25 LIVE **LaLiga** Getafe v Racing Santander. At Estadio Coliseum. Kick-off 6.30pm.
8.25 LIVE **LaLiga** Elche v Barcelona. The Spanish top-flight clash. Kick-off 8.30pm.
10.30 **Coppa Italia Show**
11.00 **LaLiga Match Highlights**
11.25 LIVE **Brasileiro Serie A** Coritiba v Corinthians. At Estadio Couto Pereira. Kick-off 11.30pm.
1.30 AM **Sporting Greats**
2.00 **World of FreeSports**
2.30 **Brasileiro Serie A**
4.30 **DTM Motorsport Highlights**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 APP 529

6.00 AM **Motorsport** Valentino Rossi.
6.30 **GP Insights** The latest news.
7.00 **NASCAR Trucks**
10.00 **Bike World** Magazine.
10.30 **Temples of Sport**
11.00 **Swedish Speedway**
1.00 PM **Motorsport** Valentino Rossi.
1.30 **Coppa Italia** Verona v Entella.
3.30 **Africa Eco Race**
3.45 LIVE **Elite Ice Hockey League** Glasgow Clan v Dundee Stars. Coverage of the game at Braehead Arena. Face-off 4.00pm.
7.00 **Temples of Sport**
7.30 LIVE **NASCAR** Dollar Tree 301.
12.00 M'T **Bike World**
12.30 AM **Temples of Sport**
1.00 **LaLiga Match Highlights**
1.25 LIVE **Argentine Primera Division** Racing v Boca Juniors.
3.30 **Bike World** Motorcycling news.
4.00 **GP Insights** The latest news.
4.30 **Temples of Sport**
5.00 **to 6.00** AM **Mass Participation**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Dutch Grand Prix.
7.00 **F1 Academy Highlights**
8.15 **F1 Features**
8.30 **Formula 1** Dutch Grand Prix.
9.30 **F1 Football Skills**
9.35 LIVE **F1 Academy** Coverage of the Dutch Grand Prix race two.
10.25 **F1 Features**
10.50 LIVE **Porsche Supercup** Coverage from Circuit Zandvoort.
11.40 **F1 Features**
12.00 NOON **Formula 1** Highlights.
12.30 PM LIVE **Formula 1** Coverage of the Dutch Grand Prix at Circuit Zandvoort. Start-time 2.00pm.
5.00 **Formula 1** The Dutch Grand Prix.
6.00 LIVE **Indycar** Coverage of the Grand Prix of Washington DC
8.30 **Formula 1** Dutch Grand Prix.
12.00 M'T **F1 Academy Highlights**
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

24 August

Planner

Long Lost Family: Born Without Trace – What Happened Next

FACTUAL ITV1, 9pm

Davina McCall and Nicky Campbell find out what happened to sisters Natasha and Lee-Ann – who were left as babies less than two years apart in the toilets of two different south London hospitals.

Dog Park

COMEDY U

This Australian series stars Leon Ford as a middle-aged moaner who, while his wife is working abroad, is left to look after their dog. He's not best pleased about this turn of events until he starts hanging out with some fellow dog owners in Melbourne.

Premier League

FOOTBALL

Sky Sports Main Event & PL, kick-off 8pm

Cole Palmer will be hoping to impress new Chelsea manager Xabi Alonso, who is taking charge of his first competitive fixture this evening – a west London derby against Fulham held at Craven Cottage.

Martin & Roman's Irish Road Trip

TRAVELOGUE C4, 8pm

The duo conclude their epic journey in Northern Ireland. They learn about a vampire myth that may have inspired writer Bram Stoker, stay in a haunted hotel and uncover the sporting origins of hurling.

Monday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Death in Paradise		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Global Eye	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Buried with Michael Sheen		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Fletchers'...	8.00 Emmerdale	8.30 Coronation...	9.00 Long Lost Family: Born Without Trace...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Martin & Roman's Irish Road Trip		9.00 Celebrity Hunted		10.00 Secret Lives of Gypsy Wives	
	105 5	7.00 Cycling: Vuelta a España		8.00 Street Cops: Catching the Yobs		9.00 Fare Dodgers: At War with the Law		10.00 Police Interceptors: Taking Down the...	
	106 SKY ONE	7.00 The Simpsons		8.00 Shark: British Isles Special with Steve...		9.00 Never Mind the Buzzcocks		10.00 Last Week Tonight with John Oliver	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 The Great British Sewing Bee		9.00 Top Gear		10.00 Silent Witness	
	116 BBC4	7.00 The Architecture the Railways Built		8.00 Archaeology: A Secret History		9.00 Mastermind	9.30 Call My Bluff	10.00 John Betjeman: The Last Laugh...	
	118 ITV2	7.00 The Floor		8.00 The 1% Club Rollover		9.00 The Only Way Is Essex		10.00 Family Guy	
	136 MORE4	‹ 6.50 Car S.O.S.	7.55 Grand Designs			9.00 PopMaster TV		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Ladies of London: The New Reign		9.00 Below Deck Down Under		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Criminal Intent	
	108 SKY ATLANTIC	‹ 6.35 House of the Dragon				9.00 Film: Nightcrawler			
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Dad's Army	8.20 Are You Being Served?		9.00 Fawlty Towers	9.40 The Office	10.20 Not Going Out	
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?...	8.20 Would I Lie to You? At...		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 River Monsters		8.00 The Motorbike Show		9.00 Film: 6 Bullets			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Stupid Central		10.00 Jimmy Carr's Am I the A**hole?	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Grimm	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 My Life Is Murder		9.00 Father Brown		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: The Flying Dutchman					10.30 HMS Pinafore...
	132 U&W	7.00 MasterChef Australia			8.30 Special Ops: Crime Squad UK		9.30 One Born Every Minute		10.30 Inside the...
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Ant Anstead Master Mechanic		9.00 Maine Cabin Masters		10.00 Building Off the Grid	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Air Jaws Strikes Back		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 9/11: Inside the Pentagon		9.00 9/11 Reunited		10.00 Air Crash Investigation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp Mysteries with Troy Landry		9.00 Secrets Declassified with David Duchovny			
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Canal Boat Diaries				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Love Has Won: The Cult of Mother God		8.00 The Girl Who Caught a Killer					10.20 I Am Patrick Swayze

‹ Denotes programmes starting before 7.00pm † Regions vary

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

MONDAY

Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live: Top Tips and Best Bits** New edition Highlights. (S)
10.30 **Garden Rescue** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Jacqui Joseph tries to get a dated rocking chair back in full swing. (S)
2.45 **Escape to the Country** New edition Nicki Chapman helps a couple who are hoping to swap suburban life for rural Cheshire. (S)
3.30 **The Repair Shop** (S)(R)(AD)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** The Fox-Trueman's continue their efforts to find a stem cell match for Denise, while Priya and Jean join forces. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** The Appleyard family enlists the help of Stacey and her team in decluttering their home and letting go of half of their belongings to pave the way for a reorganised future. (S)(R)(AD)

9 PM

9.00 **Death in Paradise** *Death of a Pawn:* 8/9. A prestigious chess match ends in murder, while the Commissioner is confronted with his past by the very last person he was expecting to see. (S11) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Actor Stephen Mangan hosts the satirical current affairs quiz, with comedy writer Andy Hamilton and comedian Chloe Petts joining team captains Ian Hislop and Paul Merton. (S)(R)
11.10 FILM **Emily** Writer/director Frances O'Connor's drama starring Emma Mackey, Oliver Jackson-Cohen and Adrian Dunbar. A story of the imagined life of Emily Brontë and her relationship with a parish curate. (S) (2022, 15, 120min) ★★★★
1.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **The Answer Run** (S)(R)
7.00 **Sign Zone: The Repair Shop** (S)(R)
8.00 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Do You Know Your Place?** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti II** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Redruth in Cornwall. (S)(R)
5.15 **Flog It!** Revisiting historic venues featured on the series. (S)(R)
6.00 **Richard Osman's House of Games** With Jon Culshaw, Harriet Kemsley, Laurence Llewelyn-Bowen and Verona Rose. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo travels across north-west France. (S)(R)

9.00 Buried with Michael Sheen

7 PM

7.00 **Global Eye** Investigations from BBC correspondents worldwide. (S)
7.30 **Mastermind** New edition Tonight's specialist subjects include the the Tour de France in the 21st century and George Harrison. (S)

8 PM

8.00 **Only Connect** New edition The Six Sevens take on Meat and Two Veg in another first-round match. (S)
8.30 **University Challenge** New edition Pembroke College, Cambridge face the University of St Andrews in round one. (S)

9 PM

9.00 **Buried with Michael Sheen** Series finale 2/2. Michael's search leads him to Ruabon where many locals have voiced concerns about what they believe is a high incidence of cancer in the community. (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob journey to the Surrey Hills, where they hope to catch a big carp. (S)(R)(AD)
10.30 **Newsnight** (S)
11.05 FILM **Jaws 2** Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. A great white shark terrorises the small town of Amity. (S)(AD) (1978, PG, 110min) ★★★
12.55 AM **Sign Zone: Countryfile** Adam Henson meets a young farmer in Cumbria. (S)(R)
1.50 **Sign Zone: Bergerac** 6/6. The race is on to find Kim before she comes to harm. (S1) (S)(R)(AD)
2.45 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Oldham to hunt for items to put up for auction, with Alison Chapman coming across a ring that brings back family memories. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Alicia takes on the infamous Banker for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Fletchers' Family Farm

7 PM

7.30 **Fletchers' Family Farm** 4/10. The family carry out a sheep-worming treatment, Marnie and Milo go exploring in the barns and discover some bat boxes, while Liz and Kelvin have a go at working with sheepdogs. (S)(R)(AD)

8 PM

8.00 **Emmerdale** It is Joe and Dawn's wedding day, and Caleb is delighted at a plan coming together. (S)(AD)
8.30 **Coronation Street** Tim makes a confession, while Todd discovers Celeste's family connection to Bernie. (S)(AD)

9 PM

9.00 **Long Lost Family: Born Without Trace – What Happened Next** Series finale Davina McCall and Nicky Campbell find out what happened to sisters Lee-Ann and Natasha who were left in hospitals as babies. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Rush Hour** Action comedy starring Jackie Chan and Chris Tucker. A Hong Kong detective joins forces with a maverick LAPD cop after a master criminal kidnaps the daughter of the Chinese consul in LA and holds her to ransom. With Tom Wilkinson. (S)(AD) (1998, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 **The Staircase** 6/8. An ill-fated Thanksgiving leaves Kathleen stressed. (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Dickinson's Real Deal** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S6&7) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** The second week of heats begins, and three new couples take the keys to the properties. (S)(R)
5.00 **Chateau DIY** Julia may have bitten off more than she can chew in putting on a Mad Hatter's tea party in her grounds. (S)(R)(AD)
6.00 **American Pickers** New edition Mike and Frank unleash a 1967 Jaguar in a New Jersey garage. (S)

8.00 Irish Road Trip

7 PM

7.00 **News** (S)

8 PM

8.00 **Martin & Roman's Irish Road Trip** Series finale 3/3. Martin and Roman Kemp head to snowy Northern Ireland, diving into Selkie myths, vampire legends, haunted hotels and Derry's Halloween festival. (S)(AD)

9 PM

9.00 **Celebrity Hunted** New edition 7/8. One fugitive heads north to Loch Lomond, a pair on the run make a risky appearance at Bristol Pride, and a prank in a pub threatens to backfire badly. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **Secret Lives of Gypsy Wives** Series finale 6/6. Pearly tries on wedding dresses, while Trewley goes against traditional roles by going on a date – and faces a dilemma concerning an influencer deal. (S)(AD)
■ Entire series on C4 streaming
11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.05 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
1.55 FILM **Dirt Music** Drama with Kelly Macdonald and David Wenham. (S) (2019, 15, 105min) ★★★★
3.40 **Find It, Fix It, Flog It** (S)(R)
3.45 **Couples Come Dine with Me** (R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.20 **FILM A View to Kill For** Thriller starring Tiffany Montgomery. (S) (2023, PG, 100min) ★★
4.00 **Castle** *PhDead:* 3/22. Castle poses as a college professor so he can investigate the gruesome murder of a student. (S8) (S)(R)
4.55 **Love Nature** The process of hand-harvesting sea salt. (S)(R)
5.00 **News** (S)
6.00 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster take to the roads in their motorhome again, starting with a trip to Cornwall. (S)(R)
6.55 **News** (S)

9.00 Fare Dodgers

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents action from stage three of the Grand Tour race – the mountainous route from Gruissan to Font-Romeu. (S)
7.55 **News** (S)

8.00 **Street Cops: Catching the Yobs** New edition A rapid response unit of armed officers are called to a Northampton street after a frustrated bank customer takes his rage out on passing street cops. (S)

9.00 **Fare Dodgers: At War with the Law** New edition Transport for London investigators try to track down a suspected serial fare evader accused of racking up more than £2,000 in unpaid fares. (S)

10.00 **Police Interceptors: Taking Down the Shoplifting Gangs** Officers in Lancashire arrest a notorious shoplifter who is suspected of multiple thefts and a robbery. (S)(R)

11.05 **Traffic Cops** Officers are out in force protecting lorry drivers and their cargoes. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **GPs: Behind Closed Doors** Medical documentary. (S)(R)
2.50 **Castle** As 4.00pm. (S)(R)
3.35 **Friends** (S10) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S)(R)
10.00 **La Brea** 1/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *There's Something About Marrying:* Same-sex marriage is legalised in Springfield. (S)(R)
5.30 *She Used to Be My Girl:* Marge bumps into an old school friend. With the guest voice of Kim Cattrall. (S)(R)
6.00 **Rob & Romesh vs Country Music** Rob Beckett and Romesh Ranganathan meet Shania Twain as they explore the world of country music. (S)(R)(AD)

10.00 Last Week Tonight

7.00 **The Simpsons** *On a Clear Day I Can't See My Sister:* Lisa decides to take out a restraining order against Bart. (S)(R)
7.30 *Goo Goo Gai Pan:* Selma flies to China to adopt a baby. With Lucy Liu. (S)(R)

8.00 **Shark: British Isles Special with Steve Backshall** The naturalist goes in search of sharks inhabiting the waters around the British Isles, encountering a four-ton basking shark around the Hebrides. (S)(R)(AD)

9.00 **Never Mind the Buzzcocks** Greg Davies hosts, as Joel Dommett, Abi Harding, Glen Matlock and stand-in captain Courtney Love join regulars Noel Fielding and Jamali Maddix. (S)(R)(AD)

10.00 **Last Week Tonight with John Oliver** New edition A satirical look at developments from the past seven days.
10.45 **Rob Beckett: Wallop** The comedian's stand-up special filmed at the Cliffs Pavilion in Southend. (S)(R)
12.00 M'T **Grimm** 6/22. A mysterious biker has a connection to a series of explosions. (S1) (S)(R)
1.00 AM **Evil** 6/13. The Catholic Church asks Kristen, David and Ben to assess the veracity of a local prophetess. (S1) (S)(R)
2.00 **Best Medicine** Series finale 13/13. Martin deals with a startling baby delivery. (S1) (S)
3.00 **Hawaii Five-0** 2/25. (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.10pm Sportscene: SWPL Highlights (S)(R) **11.40** Scotcast (S)(R) **12.10am FILM** Emily (S) (2022, 15, 120min) ★★★★ **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Girl Fight (S)(R) **11.10** Have I Got News for You (S)(R) **11.40 FILM** Emily: As Scotland. **1.45-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
9.00-10.00pm Buried with Michael Sheen Series finale (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Ar an Sliabh (S)(R)

WALES
Sky **968**, Freesat **968**
9.00-10.00pm Death in Paradise (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys (AD) **12.30** Heno **1.00** Straeon Harri Parri **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Miwsig Fy Mywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Sir Benfro (AD) **6.30** Lowri Morgan: Her 333 **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Sgwrs Dan y Lloer **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad (AD) **9.58** Y Tywydd **10.05** Y Deis **10.35-11.40pm** Y Fets

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** A report on endangered animals. **7.30** Steve Backshall and the team travel to Indonesia.
8.00 **The Great British Sewing Bee** 6/10. The contestants make tutus, cuddly toys and superhero costumes for Children's Week.
9.00 **Top Gear** Jeremy and Richard assist with the making of *The Sweeney*, while James tests the Vauxhall Corsa VXR Nurburgring and updated Fiat Panda.
10.00 **Silent Witness** *Body 21 – Part One:* The team investigate a rail crash.
11.00 **Silent Witness** *Body 21 – Part Two:* The team stage a reconstruction to identify the mysterious corpse.
11.55 **FILM Monkey Man** Action thriller co-written, produced, directed by and starring Dev Patel, with Sharlto Copley. (2024, 18, 121min) ★★★★
1.50 AM **The Trouble with Kanye** Documentary.
3.05 **to 4.00** AM **Vigil**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Harrogate.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw travel to Worcestershire to pick up a classic car fan's once-stylish 1965 VW Karmann Ghia.
6.50 **Car S.O.S** Fuzz and Tim fix up an car enthusiast's World Rally-winning pride and joy.
7.55 **Grand Designs** Kevin McCloud visits a couple constructing a home that looks like a work of art overlooking a south Devon valley, with large zinc shards jutting out in all directions.
9.00 **PopMaster TV** New edition 2/9. Ken Bruce hosts the second heat of the music quiz, with more contestants battling it out to see who can top the charts and secure their place on the leaderboard.
10.00 **24 Hours in A&E** An 81-year-old cyclist is brought to St George's after being hit by a car, while a 78-year-old man is treated after falling and landing on his face.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Architecture the Railways Built** Tim Dunn follows his family's roots by exploring Metroland.
7.45 **The Flying Gardener** Chris Beardshaw investigates a couple's lawn designs.
8.00 **Archaeology: A Secret History** 1/3. Richard Miles chronicles the history of archaeological breakthroughs.
9.00 **Mastermind** The second heat of the 1977 series.
9.30 **Call My Bluff** With Robin Knox-Johnston, Pamela Harlech, Michael Jayston and Francesca Annis.
10.00 **John Betjeman: The Last Laugh – Reputations** A 2001 profile of the former Poet Laureate.
11.05 **Beside the Seaside: Bird's Eye View**
11.55 **Metroland**
12.45 AM **A Passion for Churches**
1.35 **The Flying Gardener**
1.50 **John Betjeman: The Last Laugh – Reputations**
3.00 **to 3.55** AM **Archaeology: A Secret History**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From East Anglia.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **Below Deck: Mediterranean**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** Vicky's family try their best to support her.
7.30 **The Simpsons** *Homie the Clown:* Homer enrols in clown college.
8.00 **NEW SERIES Ladies of London: The New Reign** Some glamorous fresh blood makes an impact on London's elite social scene.
9.00 **Below Deck Down Under** New edition A new romance blossoms on a crew night out.
10.00 **Gogglebox** Opinions on *Starstruck, Challenge Anneka* and *The Piano.*
11.00 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Below Deck Down Under**
2.10 **Ladies of London: The New Reign** As 8pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.55 **The Goldbergs**
4.45 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Motorway Patrol**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 14&15/15. (S3)
2.00 PM **The Rookie** 19/22. The team investigate a pattern of kidnappings. (S5)
3.00 **Law & Order: Criminal Intent** 4/8. Goren and Eames investigate the murder of a Wall Street CEO. (S10)
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Law & Order: Special Victims Unit New episode *Frequency:* 14/21. A family discover that a young boy is in grave danger. (S27)

10 PM
10.00 Law & Order: Criminal Intent *Dead:* 1/23. Goren and Eames investigate the murder of an undertaker. (S2)
11.00 **The Rookie** 15/22. Lopez puts everything on the line. (S5)
12.00 M'T **FBI** 11&12/15. (S3)
2.00 AM **FBI: International** (S3)
3.00 **FBI: Most Wanted** 9/22. (S3)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **The Guest Wing**
8.00 **Billions** 9&10/12. (S6)
10.15 **House of the Dragon** (S3)
12.40 PM **Homicide: Life on the Street** 18&19/22. (S5)
2.30 **Billions** 9&10/12. (S6)
4.40 **Django** 7/10. Seymour's betrayal drives John mad and he spends all the oil profits on fortifications and weapons.
5.40 8/10. John and Django track down Sarah. (S1)
6.35 **House of the Dragon** 1/8. Rhaenyra positions herself to take King's Landing. (S3)

9.00 Nightcrawler

7.45 House of the Dragon *Queen's Landing:* 2/8. As Alicent risks everything to fulfill her end of the bargain, Rhaenyra must decide whether the Iron Throne is worth the cost. (S3)

9.00 FILM Nightcrawler Crime thriller starring Jake Gyllenhaal. A freelance TV cameraman prowls the streets of Los Angeles, looking for scoops to sell to sensation-hungry TV stations. With Rene Russo and Riz Ahmed. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Possession** 5/5. Claudia must embrace both her British and Jamaican heritages to defeat Charlotte's spirit and face the truth about Hope Hill. (S1)
12.05 AM **Dune: Prophecy** (S1)
2.50 **House of the Dragon** (S3)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 3/22. (S2)
11.10 **Charmed** 16/22. (S1)
12.10 PM **Deal or No Deal**
1.10 **Celebrity Supermarket Sweep**
2.10 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Only Way Is Essex

7.00 The Floor Rob Brydon hosts the final as the nine remaining contestants face one last series of high-stakes duels.

8.00 The 1% Club Rollover The first of five special editions of the quiz hosted by Lee Mack.

9.00 The Only Way Is Essex New edition Joe attempts to reunite Lauren and Junaid after his outburst following the engagement.

10.00 Family Guy 13/18. Peter befriends Bill Clinton.
10.35 14/18. A windfall allows the Griffins to buy a restaurant. (S5)
11.05 **Family Guy** 9/20. Peter is arrested and charged with a hate crime. (S14)
11.35 **American Dad!** (S5)
12.35 AM **Bob's Burgers** (S13)
1.30 **Plebs** 6/8. (S3)
2.00 **Deep Fake Neighbour Wars**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Dead Man's Eleven:* A wealthy landowner's wife is found battered to death with a bat. Guest stars Imelda Staunton.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Lily of the Valley:* David spends a night in the cells after joining a protest.

5.50 Heartbeat

6.55 Heartbeat *House Rules:* Steve lands himself in danger and Vernon Scripps has an amazing change in fortune.

8.00 Midsomer Murders *Breaking the Chain:* When an international cycling competition comes to Midsomer and the race leader is murdered, DCI Barnaby and DS Nelson are drawn into a world of blackmail, bribery and bloodshed.

10.00 Lewis *Generation of Vipers:* A humiliated professor is found dead after her dating video is leaked onto a website, but Lewis is not convinced she committed suicide and begins searching for a killer.
11.50 **Trial & Retribution** 2/6. (S12)
1.45 AM **George and Mildred**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Robin of Sherwood**
9.10 **Boon**
10.15 **The Professionals**
11.25 **Robin of Sherwood**
12.25 PM **Magnum, PI**
2.35 **The Memoirs of Sherlock Holmes** Murder mystery.
3.45 **Boon** *The Sharp End:* Harry and Alex try to win a contract.
4.50 **The Professionals**
5.55 **Minder** *The Son Also Rises:* A property tycoon goes back on his word and Terry is called upon to protect his son.

9.00 Six Bullets

7.00 River Monsters Tracking down a deadly fish in southern Africa.
7.30 Tales of fatal attacks in Florida's waterways.

8.00 The Motorbike Show Henry Cole joins 3,500 other riders on the Bike for Life ride out.

9.00 FILM Six Bullets Action thriller starring Jean-Claude Van Damme. A mercenary comes out of retirement to track down a kidnapped girl. With Joe Flanigan and Anna-Louise Plowman. (2012, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Benidorm** 5/6. The Garveys attempt to win a pub quiz.
11.50 6/6. The Oracle decides it's time he stopped going on holiday with his mother. (S1)
12.20 AM **Lost** 11/24. (S2)
1.15 **Motorsport UK**
2.10 **to 3.00** AM **BattleBots**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Paramedics on Scene**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Race Against the Tide**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Mountain**
8.30 **Race Against the Tide** New edition 2/6. Six teams sculpt what home means to them.
9.00 **Interior Design Masters with Alan Carr** 8/8. The finalists transform cottages at Longleat.
10.00 **River City** New episode Alice is forced to consider her future with Bob.
10.30 **Two Doors Down** *Christine 69:* 4/6. (S6)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Gary: Tank Commander**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 1&2/8. (S1)
10.00 **Avenue 5** 3&4/9. (S1)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** 1&2/8. (S1)
1.40 **Avenue 5** 3&4/9. (S1)
3.00 **Will & Grace** (S7)
4.00 **Two Weeks to Live** (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S5)
8.00 **Animal Control** (S1)
9.00 **Real Time with Bill Maher** New edition The host and his guests discuss the week's events.
10.10 **Warren's Vortex** New episode 5/6. Warren and Lucy land in an 1930s murder mystery time loop.
10.40 Series finale 6/6. Warren and Lucy land in a cultured, rugby-free utopia. (S1)
11.10 **The Reluctant Landlord**
12.10 AM **Animal Control** (S1)
1.10 **Community** (S2)
2.10 **Avenue 5** 3&4/9. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Musical Masterpieces**
7.00 **Battle of the Irish Dancers** Documentary.
8.00 **Artist of the Year: Masterclass** Double bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **The Art of Film**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **The Nineties**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: The Flying Dutchman**
10.30 **HMS Pinafore with ENO**
12.30 AM **Mozart's Women: A Musical Journey**
2.00 **National Theatre Live: Much Ado About Nothing** From 2022.
4.30 **Inside Art**
5.00 **to 6.00** AM **The Art of Film**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 11/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** *Hero Worship:* 11/26. (S5)
8.00 **Hawaii Five-0** *Pilot:* 1/24. Crime drama. (S1)
9.00 **Evil** *3 Stars:* 3/13. (S1)
10.00 **Caught on Dashcam**
11.00 **Grimm** 11/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Five family members from Stoke hope to take home a big cash prize.
3.00 **The Chase Celebrity Special** With guests David James, Lucrezia Millarini, Joe Sugg and Myles Stephenson.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal**
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Anton Du Beke and Fred Sirieix compete to win a cash prize for charity.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Three editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Grand Designs**
8.00 **Renovation Rescue** A family who have been living in a building site decide to take matters into their own hands.
9.00 **Gogglebox** Appraisals of *Strictly Come Dancing* and *Songs of Praise.*
10.00 **Love You to Death** The story of a mother who tried to fabricate her son's illness.
11.00 An unthinkable truth is revealed.
12.05 AM Matthew confronts his past.
1.05 **Murder Case: The Digital Detectives**
2.05 **Crime Scene Cleaners**
3.05 **Gogglebox**
4.05 **to 5.05** AM **Celebrity Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** 1 (S4)
2.00 **Warehouse 13** 2/6. (S5)
3.00 **Primeval** 1/6. (S1)
4.00 **Stargate SG-1** 14/20. (S8)
5.00 **Star Trek: Voyager** 4/26. A mysterious assailant attacks the crew members. (S7)
6.00 **Star Trek: Enterprise** 3/22. Archer and the crew are hailed as heroes when they return to Earth. (S4)

7.00 **Stargate Atlantis** *The Kindred – Part Two:* 19/20. The crew are stunned when Dr Carson Beckett returns. (S4)

8.00 **Stargate SG-1** *Full Alert:* 14/20. The US and Russian governments fall out, and Colonel Chekov brings O'Neill bad news. (S8)

9.00 **Resident Alien** *Cat and Mouse:* 14/16. Harry goes head-to-head with one of his biggest enemies. (S2)

10.00 **Grimm** *Blood Magic:* 10/13. A series of brutal attacks are linked to a local nursing home, and Eve visits Adalind. (S6)
11.00 **The Walking Dead** 8/16. The Saviors launch an attack on Alexandria. (S8)
12.00 M'T **Resident Alien** 13/16. Harry learns which alien race is on Earth. (S2)
1.00 AM **Warehouse 13** 2/6. (S5)
2.00 **Primeval** 1/6. (S1)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 5/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 5/22. (S6)
5.00 **Hudson & Rex** 8/8. A man is stabbed by an intruder who left no trace of a break-in. (S7)
6.00 **Body of Proof** 9/20. A medical student helps Megan on an investigation. (S2)

7.00 **Private Eyes** *Cut and Run:* 3/12. Nora is back with a beau who hires Shade and Everett after his clinic's database is hacked. (S3)

8.00 **My Life Is Murder** New episode *For the Love of Dog:* 3/8. A wealthy woman is killed amid a dog custody dispute. (S5)

9.00 **Father Brown** *The Smallest of Things:* The sleuth investigates the macabre world of doll's house crime scenes.

10.00 **Death in Paradise** *A Murder in the Skies:* 8/8. A passenger seemingly disappears from a flight to Dominica. (S13)
11.00 **Private Eyes** As 7.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** 1/10. The duo expose a mole within a tech company. (S4)
1.00 AM **My Life Is Murder** (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **The Green Green Grass**
9.55 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Ever Decreasing Circles**
12.25 PM **Only Fools and Horses**
1.00 **Keeping Up Appearances**
1.40 **Dad's Army**
2.20 **The Green Green Grass**
3.00 **Are You Being Served?**
3.40 **Ever Decreasing Circles**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.00 **Only Fools and Horses** Del pays a stripper to attend a party at the Nag's Head with Rodney.
7.40 **Dad's Army** Captain Mainwaring enlists an unusual new recruit.
8.20 **Are You Being Served?** Mr Goldberg sets up an employment agency.

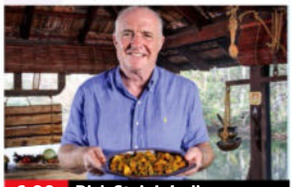
9.00 **Fawlty Towers** An abrasive woman comes to stay at the hotel.
9.40 **The Office** A work experience trainee has a baptism of fire.
10.20 **Not Going Out** Lee poses as Lucy's husband at a trade conference.
10.55 **Mrs Brown's Boys** Agnes goes on a diet.
11.35 **Fawlty Towers**
12.20 AM **The Office**
1.00 **Not Going Out**
1.35 **Mrs Brown's Boys**
2.25 **Don't Wait Up**
2.55 **Fawlty Towers**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's India**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Guy's Garage** Creating a racing version of a Piaggio Ape.
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's India** Rick explores the country's cuisine.
6.00 The chef enjoys Parsee hospitality in Mumbai.



7.00 **Mortimer & Whitehouse: Gone Fishing** The duo visit the Norfolk Broads.
7.40 **Would I Lie to You? The Unseen Bits** Previously unseen material.
8.20 **Would I Lie to You? At Christmas** With guests Bill Bailey, Ruth Jones, Jo Brand and Kelly Holmes.

9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guest panellists Jack Dee and Kelly Cates.

10.00 **QI XL** With guests Gyles Brandreth, Lulu and Emmanuel Sonubi.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? The Unseen Bits** As 7.40pm.
1.20 **Would I Lie to You? At Christmas** As 8.20pm.
2.00 **QI XL** With Neil Delamere.
3.00 **House of Games**
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
8.10 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Classic Neighbours**
3.05 **Whitstable Pearl**
4.10 **Kingdom**
5.15 **As Time Goes By**
6.00 **Last of the Summer Wine** Foggy's experiments with camouflage only succeed in frightening innocent passers-by.
6.40 Wesley finds a racing car.

7.20 **Last of the Summer Wine** Wally is called upon to settle an argument between the pals – the size of Nora Batty's feet.

8.00 **The Brokenwood Mysteries** *As If Nothing Had Happened:* 4/4. An ex-finance boss responsible for the loss of many elderly people's life savings is found floating in a swimming pool with a samurai sword in his back. (S4)

10.00 **New Tricks** *Old Fossils:* The team reopen the case of a murdered palaeontologist after learning he was opposed to his museum's dealings with a fuel company.
11.20 **Luther** 2/2. Luther tries to find the cannibalistic killer. (S4)
12.40 AM **Lovejoy**
1.50 **Sister Boniface Mysteries**
2.50 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Twilight:* 23/23. An old enemy targets Gibbs. Guest stars Rudolf Martin. (S2)
7.00 *Kill Ari – Part One:* 1/24. The team reel in the wake of the attack.
8.00 *Kill Ari – Part Two:* 2/24. Gibbs continues to blame himself for Kate's death. (S3)
9.00 **Wild Cards** *Once Upon a Con in the West:* 2/13. Max and Ellis track down the murderer of a ranch family's stud horse. (S2)
10.00 **Law & Order: Special Victims Unit** *Accredo:* 5/24. Rollins keeps her pregnancy under wraps to avoid desk duty. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&19)
2.00 AM **Blue Bloods** (S11)
2.55 **to 3.50** AM **NCIS: Los Angeles**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** Emergency response teams on their most extreme callouts.
10.00 **A&E After Dark** A biker is badly injured in a high-impact collision with a car.
11.00 **Skin A&E** Documentary.
12.00 M'T **999: Killer on the Line** Julie Dixon.
1.00 AM **Cold Case Killers**
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E** Documentary.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.55 **Police Interceptors**
10.55 **Gunsmoke** (S13)
11.55 FILM **Warpath** Western with Edmond O'Brien and Dean Jagger. (1951, U, 95min) ★★
1.55 PM FILM **Five Card Stud** Western whodunit with Dean Martin and Robert Mitchum. (1968, PG, 100min) ★★★
4.00 **Highway Thru Hell**
5.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Highway Thru Hell**
11.00 **The X-Files** 5/22. (S6)
12.00 M'T **World's Deadliest Weather: Caught on Camera**
1.05 AM **Outback Truckers**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Rick Stein enters the *MasterChef* kitchen to set a spicy Mystery Box challenge.
8.30 **Special Ops: Crime Squad UK** Detectives pursue a violent drug gang in Gloucester.
9.30 **One Born Every Minute** A man prepares to become a father to someone else's child.
10.30 **Inside the Ambulance** Crews attend to a man found unconscious.
11.00 **Lies, Deceit and Betrayal** Double bill.
1.00 **to 3.00** AM **Property Brothers at Home**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Secret Nazi Bases**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **The Blue Planet**
8.00 **Canal Boat Diaries** Four editions of the series.
10.00 **Bangers & Cash** Derek is reunited with the vehicle that he took his driving test in – a 1957 Ford 100E Estate.
11.00 Derek lands a 1947 Lea-Francis that is half made of wood.
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** With children's author Sally Gardner.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Celebrity Yorkshire Auction House** Double bill.
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** A woman asks Angus to sell her jewellery collection.
8.00 **Antiques Road Trip**
9.00 **The Repair Shop**
10.00 **The Yorkshire Auction House** Angus unearths a treasure trove of toys in Manchester.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
9.00 **Bramwell** 4/8. (S2)
10.00 **The Irish RM** 5/6. (S2)
11.00 **Little House on the Prairie** 15&16/23. (S3)
1.00 PM **The Waltons**
4.00 **Little House on the Prairie** 15&16/23. (S3)
6.00 **The Irish RM** 5/6. (S2)
7.00 **M*A*S*H** 13/24. Radar suffers an accident. **7.30** 14/24. Hot Lips decides to dump Frank. **8.00** 15/24. The medics get an officers' club. **8.30** 16/24. Henry falls in love with cheerleader Nancy Sue Parker. **9.00** 17/24. Hawkeye plays the market. **9.35** 18/24. Hawkeye tackles a nose job. (S2)
10.10 **M*A*S*H** (S2)
1.25 AM **Rising Damp** (S2)
1.55 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Wanted: Dead or Alive** 7/36. (S1)
9.30 **Murder Maps**
10.30 **FILM The First of the Few** Biopic starring Leslie Howard. (1942, b/w, U, 114min) ★★★★
1.00 PM **The Unit** (S2)
2.00 **Burn Notice** (S4)
4.00 **FILM Seattle Superstorm** Thriller starring Esai Morales. (2012, PG, 95min) ★★
6.00 **The Unit** 14/23. (S2)
7.00 **Burn Notice** (S4)
9.00 **FILM Hercules** Mythological adventure with Dwayne Johnson and Ian McShane. (2014, 12, 98min) ★★★
11.05 **The Avengers** (S5)
12.05 AM **The New Avengers**
1.05 **The Persuaders!** (S1)
2.05 **FILM Collision Course** Thriller with Tia Carrere. (2012, PG, 90min) ★★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Aurora Teagarden Mysteries: How to Con a Con** Thriller. (2020, PG) ★★
10.10 **FILM Mystery 101: Pilot** Drama with Jill Wagner. (2019, PG, 89min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S5)
2.00 **Castle** 7/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 8/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 7/8. (S5)
10.00 **FILM Mystery 101: Playing Dead** Thriller. (2019, PG, 90min) ★★
11.55 **FILM Ruby Herring Mysteries: Silent Witness** Crime drama. (2019, PG, 90min) ★★
1.50 AM **FILM Killer in Red** Thriller. (2018, 12) ★★
3.25 **to 5.00** AM **FILM I Do, or Die: A Killer Arrangement** Thriller. (2020, 12, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Technically Yours** Romantic drama. (2025, PG, 90min) ★★
10.10 **FILM One Perfect Wedding** Drama. (2021, PG, 84min) ★★
12.05 PM **FILM It Was Always You** Romantic drama. (2021, PG, 86min) ★★
2.00 **FILM Cabin Connection** Drama. (2022, PG) ★★
3.55 **FILM October Kiss** Drama. (2015, PG) ★★
5.50 **FILM How to Win a Prince** Romantic comedy. (2023, U, 89min) ★★
7.50 **FILM The Presence of Love** Romantic drama. (2022, PG, 84min) ★★
9.45 **FILM The Clue to Love** Drama with Rachel Bles. (2021, U, 89min) ★★
11.45 **FILM Sweet Home Carolina** Drama. (2017, PG, 84min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Cabin Connection**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** In Nottingham.
1.00 PM **The Greatest Auction** A neon sign.
2.00 **Case Sensitive**
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **Becoming Jazzy Whipps**
5.00 **The Greatest Auction**
6.00 **Love Your Garden**
7.00 **BSL Zone: Small World**
7.30 **Queer Lives Today**
8.00 **Garden Rescue**
9.00 **Case Sensitive**
10.00 **BSL Zone: Small World**
10.30 **FILM Strip Poker** Drama starring Sebastian Breaks. (1968, 18, 80min) ★★
12.00 M'T **FILM I'm Not Feeling Myself Tonight** Comedy starring Barry Andrews. (1976, 18, 84min) ★★
1.45 AM **Musketeer**
2.00 **The Greatest Auction**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge** (S2)
10.30 **The Upper Hand** (S1)
11.00 **The Gaffer** (S2)
11.30 **Only When I Laugh**
12.00 NOON **UFO** 2/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 5/7. (S2)
2.00 **Second Thoughts** (S4)
2.30 **The Gaffer** 2/7. (S2)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk...**
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S1)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 2/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 17/26. (S1)
9.30 **The New Statesman**
10.00 **FILM Leprechaun 4: In Space** Horror comedy. (1996, 12, 95min) ★★
11.50 **FILM Pick-Up** Drama. (2005, 15, 74min) ★★
1.30 AM **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Gold Gypsies go on a night-time mission. **8.00** Marcus and Linden suffer an injury that could end their road trip.
9.00 **Dr Jeff: Rocky Mountain Vet** A cat that has been losing weight. **10.00** A Weimaraner that has stopped eating.
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Marcus in the Med: Mallorca** Double bill.
7.00 **Hairy Bikers Go Local**
8.00 **Delicious Miss Brown**
9.00 **Jamie's 5 Ingredient Mediterranean Meals**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Spanish Adventure**
3.00 **Hairy Bikers Go Local**
4.00 **Jamie's 5 Ingredient Mediterranean Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
9.00 **James Martin's French Adventure** The chef explores the Dordogne. **10.00** A visit to Lyon's famous food market.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 16/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 10/22. (S3)
11.00 **FILM Trapped in Space** Sci-fi suspense drama. (1994, 15, 84min) ★★
1.00 PM **FILM Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
3.00 **FILM Charro!** Western. (1969, U, 98min) ★
5.00 **Star Trek** 23/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 11/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Driven** Drama. (2001, PG, 116min) ★★
11.25 **FILM Man on Fire** Thriller with Scott Glenn. (1987, 18, 92min) ★★
1.20 AM **FILM How I Spent My Summer Vacation** Crime thriller. (2012, 15, 92min) ★★★★
3.10 **to 5.00** AM **FILM The Inglorious Bastards** World War Two thriller. (1978, 15, 99min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
11.00 **Andromeda** 3/22. (S5)
12.00 NOON **FILM Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
2.00 PM **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
7.00 **Andromeda** 4/22. (S5)
8.00 **The A-Team** (S3)
9.00 **FILM In the Line of Fire** Crime thriller. (1993, 15, 127min) ★★★★
11.40 **FILM Sniper: Special Ops** Action thriller. (2016, 15, 82min) ★★
1.30 AM **FILM The Satanic Rites of Dracula** Horror. (1973, 18, 88min) ★★
3.15 **FILM The 7 Adventures of Sinbad** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From York Minster.
6.45 **Pawn Stars Do America**
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Junk & Disorderly**
1.05 PM **Pawn Stars Do America** From Georgia.
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **We Are Not Alone**
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **Secrets in the Sand**
10.00 **Secrets in the Dark** A visit to the tomb of Qin Shi Huang.
11.00 **Field of Vampires**
12.00 M'T **The Curse of Civil War Gold** Kevin and his team begin their search of Lake Michigan.
1.00 AM **We Are Not Alone**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **All Creatures Great and Small** 6/7. (S6)
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson**
5.00 **Summer in the Scilly Isles** With Fern Britton.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets a Buddhist monk in the mountains of Thailand. **8.00** Ben travels to the forests of the Rhodope Mountains in Bulgaria.
9.00 **China with Ben Fogle** Ben embarks on a journey across Sichuan.
10.30 **Battle Front: WWII Road to Victory**
11.00 **Prisoner: Cell Block H**
1.05 AM **Murder, She Wrote**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Jon Culshaw.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Rudolph Walker and Pam St Clement.
5.15 **All Star Family Fortunes**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 8/24. Howard and Raj attempt to find Sheldon a new girlfriend. **8.30** 9/24. Sheldon and Amy spend Thanksgiving together as friends. (S9)
9.00 **Mock the Week** A look at highlights, unseen clips and out-takes.
10.00 **FILM Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf. (2011, 12, 154min) ★★★
1.00 AM **The Middle**
2.30 **Dr Pimple Popper: Breaking Out**
3.30 **My 600lb Life**
5.30 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** (S9)
11.00 **Sabrina the Teenage Witch** 21-24/24. (S1)
1.00 PM **Friends** (S4)
8.00 **Friends** 22/24. Joey loses Ross's wedding ring. **8.30** 23/24. Ross sets off for England. (S4)
9.00 **Stupid Central** New editions Featuring a rope swing fighting back. **9.30** Featuring extreme sports gone wrong.
10.00 **Jimmy Carr's Am I the A**hole?**
11.00 **Mr Bean** 1&2/14. (S1)
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park** (S10)
2.30 **Dragony Aunts**
2.45 **Al Murray: One Man, One Guvnor Uncut**
3.30 **Russell Howard: Right Here Right Now**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 7&8/16. (S9)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S1)
11.00 **Friends** (S6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** (S9)
6.00 **The Upper Hand** (S3)
7.00 **Sabrina the Teenage Witch** 21-24/24. (S1)
9.00 **Rhod Gilbert's Growing Pains** With Pravanya Pillay, Kerry Godliman and Remel London.
10.00 **Friends** 8/24. Monica visits Richard's son. **10.30** 9/24. Rachel is offered a promotion. (S4)
11.00 **Friends** (S4)
1.30 AM **8 Out of 10 Cats**
2.20 **Most Ridiculous**
2.50 **Spin City** 12&13/24. (S1)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
10.10 **Bread** 7/10. (S8)
10.50 **Steptoe and Son** (S4)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S3)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 11/13. Drama. (S1)
2.45 **Minder** 7/10. (S5)
3.50 **Just Good Friends**
4.25 **Man About the House**
4.55 **Bread** 7/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 6/7. (S3)
6.40 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 4/13. (S3)
9.00 **Benidorm** 8/9. (S10)
9.55 **Shameless** 6/16. (S7)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 1/13. (S8)
2.00 **Duty Free** 3/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom 2**
6.45 **Teen Mom 2: From the Beginning**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** (S1)
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Judge Judy**
9.00 **Geordie Stories: Charlotte's New Baby**
10.00 **Ink Master** New edition Artists race against time in a flash tattoo marathon.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo encounter hazardous dogs.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

24 August **Monday**

Monday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Aquarium**
9.00 **Gold Rush** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** How steel shipping drums and police whistles are made.
5.00 **Alaska: Homestead Rescue** The Raneys battle still-frozen ground to secure water and food stores for a single mother in Interior Alaska.

5.00 Alaska: Homestead Rescue

7.00 **Wheeler Dealers** Mike Brewer seeks a challenge in the form of a 1970 Ford Bronco that is riddled with rust.
8.00 **Ant Anstead Master Mechanic** The Alfa build nears the halfway point. **8.30** Ant's 158 and injured arm are both progressing.
9.00 **Maine Cabin Masters** Chase Morrill and his crew work to save an old cabin that the owner bought from his father.
10.00 **Building Off the Grid** A family attempt to build a silo greenhouse home in the Blue Ridge Mountains of Georgia.
11.00 **Expedition X** Phil and Heather explore tunnels in pursuit of the Mad Monk.
12.00 M'T **Deadliest Catch**
1.00 AM **Maine Cabin Masters**
2.00 **Building Off the Grid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** With Tracy Morgan.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** A rescued wallaby is ready to be relocated. **4.00** Clyde and Tacoma the sea lions trade places.
5.00 **Lone Star Law** Texas Game Wardens trained to stop drug-smuggling across the border.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Nichols treats an injured cat.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** Pete Nelson installs a stainless steel kitchen in the trees for a family of sweet-makers.
8.00 **Air Jaws Strikes Back** Shark experts return to Plettenberg in South Africa to study battles between sharks and seals.
9.00 **Alaska: The Last Frontier** Otto and Atz brave flooded rivers to bring the cattle back to the homestead.
10.00 **Alaskan Bush People** The Browns must balance the fate of their new community with their homestead's success.
11.00 **Mountain Monsters** The team are offered a dangerous deal.
12.00 M'T **Crikey! It's the Irwins** The zoo welcomes four Sumatran elephants.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Engineering by Catastrophe**
11.00 **Car S.O.S** A Fiat X1/9.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Nazi Megastructures**
4.00 **Lost Treasures of Egypt** Archaeologists investigate the mysterious Kings of Egypt's Pyramid Age.
5.00 **Destruction Decoded** Featuring the 10 most perilous expeditions in history.
6.00 **Nazi Megastructures: Battle Ready** Unusual war machines.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A plane ends up at the wrong end of a runway, leading to a collision that kills eight people.
8.00 **9/11: Inside the Pentagon** Survivors of the 2001 terrorist attack share their personal accounts of the tragedy.
9.00 **9/11 Reunited** Series finale 3/3. Survivors and rescuers recall the aftermath of the 9/11 attacks.
10.00 **Air Crash Investigation** Special edition focusing on the plane that targeted the Pentagon during the 2001 terrorist attack.
11.00 **Air Crash Investigation** How a strong gust of wind caused a crash that claimed the lives of more than 130 people in Texas.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Northwoods Survival**
2.00 **Mysteries of Ancient Medicine**
2.55 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack and Why**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **Hardcore Pawn**
9.15 **Pawn Stars** Documentary.
10.10 **Junk & Disorderly**
11.05 **Storage Wars** Double bill.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Secrets Declassified with David Duchovny**
3.00 **Digging for Britain** Triple bill of editions, including at: **5.00** A visit to Bamburgh.
6.00 **American Pickers** In California, Robbie and Jersey uncover a folk art masterpiece.

8.00 Swamp Mysteries

7.00 **Forged in Fire** Two of the top champions face the task of recreating one of history's most famous swords, the Tizona.
8.00 **Swamp Mysteries with Troy Landry** The swamp expert rushes to Florida to investigate reports of a Nile crocodile.
9.00 **Secrets Declassified with David Duchovny** New edition The actor delves into the world of Cold War espionage.
10.00 **Secrets Declassified with David Duchovny** New edition Exploring the nature of targeting individuals and secrets.
11.00 **UFO POV** Innovative special effects and expert analysis show what UFOs might see from their own perspective.
12.00 M'T **Digging for Britain**
1.50 AM **Swamp Mysteries with Troy Landry** As 8.00pm.
2.50 **Secrets Declassified with David Duchovny** Double bill.
4.25 **Junk & Disorderly**
5.10 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: Jeremy Irons**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **The Story of Late Night**
11.00 **Juan Carlos: Downfall of the King** 1/4. Documentary.
12.00 NOON **On the Line: The Richard Williams Story**
1.45 PM **My Icon: Duke McKenzie**
2.00 **Jackie Stewart**
4.00 **The Directors**
5.00 **Discovering: Jeremy Irons**
5.55 **Chimp Crazy** *Monkey Love:* 1/4. Documentary series.

8.00 The Girl Who Caught a Killer

7.00 **Love Has Won: The Cult of Mother God** 1/3. The story of Amy Carlson, the leader of religious movement Love Has Won.
8.00 **The Girl Who Caught a Killer** 1/2. The story of Rachael Watts, who was kidnapped and strangled by Russell Bishop.
9.05 **The Girl Who Caught a Killer** 2/2. The testimony of seven-year-old Rachael Watts puts a killer behind bars.
10.20 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing, Ghost* and *The Outsiders*. With contributions by Rob Lowe and Demi Moore.
12.10 AM **Steve McQueen: The Lost Movie** Documentary exploring an unfinished movie.
2.00 **Alexia: Labor Omnia Vincit** 1-3/3. Documentary about Alexia Putellas, an international icon of women's football.
5.00 **to 6.00** AM **Discovering: Jeremy Irons**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars** A 1960s Chrysler Imperial Crown.
9.00 **Ant Anstead: Born Mechanic** New edition Ant takes on a three-wheeled BMW Isetta.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories** Gary Nelson.
12.00 NOON **Faking It: Tears of a Crime** Jamie Lavis.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** The barrister examines the disappearance of Sian O'Callaghan in 2011.
8.00 **Murder on CCTV**
10.00 **Faking It: Tears of a Crime** The cases of John Tanner and Paul Dyson.
11.00 **Deadliest Mums & Dads**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The 2015 murders of actor Sian Blake and her two sons.
8.00 **UK Crime Files: Britain's Youngest Contract Killer** The case of Gulistan Subasi, who was shot dead on her mother's doorstep.
9.00 **UK Crime Files: Kidnap and Murder of an Heiress** Examining the 1969 kidnap and murder of Muriel McKay in Wimbledon.
10.00 **Murder UK** Double bill.
12.00 M'T **UK Crime Files: Britain's Youngest Contract Killer**
1.00 AM **UK Crime Files: Kidnap and Murder of an Heiress** As 9.00pm.
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Boarded Barn Murders**
9.55 **UK Crime Files: Murder of a Showgirl**
11.00 **Killers: Caught on Camera** True-crime.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Anagram Serial Killer**
3.00 **UK Crime Files: Brides in the Bath Murders**
4.00 **Killers: Caught on Camera** Becky Bliefnick.
5.00 **Medical Detectives** How the FBI identified a St Louis serial killer. **5.30** The hunt for a Philadelphia rapist. **6.00** A healthy family contracts three separate deadly illnesses. **6.30** A renowned surgeon is found dead.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Face to Face with Scott Peterson**
1.10 PM **Britain's Most Evil...**
2.05 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers** Peter Moore.
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Catching the Killer**
11.00 **How I Caught the Killer**
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **Murdered at First Sight**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **The World After...**
9.55 **The Normans**
11.10 **The War Cabinet**
1.00 PM **Weathered: Earth's Extremes**
1.35 **The World After...**
2.50 **The Normans**
4.05 **The War Cabinet**
6.05 **The World After Stonehenge** Exploring the origins of Britain.
7.15 **The Normans** The unchecked ambition of the Norman empire.
8.30 **NEW SERIES The War Cabinet** 1&2/2. The key players behind Donald Trump's use of the US military.
10.30 **Once Upon a Time in Northern Ireland** Stories of the Troubles from people on all sides of the conflict.
12.00 M'T **The Normans**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

MONDAY

Monday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Parks of Africa**
7.00 **Monkey Life**
8.00 **Tales from Zambia**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Jaguar Journals**
12.00 NOON **Secrets of the Enchanted Forests**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Guardians of the Wild**
4.00 **Cub Camp**
5.00 **Jaguar Journals**
6.00 **Secrets of the Enchanted...**
7.00 **Monkey Life** Double bill.
8.00 **Valley of Flood and Fire**
9.00 **Carpathian Predators**
10.00 **Secrets of the Enchanted Forests** Exploring some of the planet's driest terrains.
11.00 **Jaguar Journals**
12.00 M'T **Arabian Inferno**
1.00 AM **Great Parks of Africa**
2.00 **Valley of Flood and Fire**
3.00 **Carpathian Predators**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History of Weapons**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed** Experts question whether the Egyptians received extra-terrestial help.
8.00 **History of Weapons** A look at how new weapons with immense force defined the wars of the 20th century.
9.00 **The Proof Is Out There: Alien Edition** Tony Harris explores mysteries in Kansas and Japan.
10.00 **Royal Murder Mysteries** Exploring the mysterious death of the Duke of Kent in a 1942 plane crash, which has led to accusations of the Royal Family erasing him from history.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Digging for Britain**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **Truth Behind the Moon Landing**
11.00 **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars**
8.30 **How Do They Do It?** A look at ways to weave an authentic Turkish carpet
9.00 **Truth Behind the Moon Landing** Experts investigate whether the fire on board *Apollo1* that killed three astronauts was a cover-up. **10.00** Experts investigate if the Nazis were involved in the Apollo space programme.
11.00 **Through the Wormhole with Morgan Freeman** The actor investigates the epidemic of gun crime. **12.00** M'T Technology to increase intelligence.
1.00 AM **How the Universe Works**
4.00 **Codes and Conspiracies**
5.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Gone Bad with Will Mellor** Triple bill of editions.
2.00 PM **Green Eyed Killers**
3.00 **Sunshine Slayings**
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers**
9.00 **Last Seen on Holiday** New edition Documentary examining cases of people who disappeared abroad.
10.00 **Check-In to Murder** New edition The case of Dainotas Doblys, who raped and killed Virginja Jurkiene in a Cambridgeshire hotel in 2013.
11.00 **Sunshine Slayings**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **On the Case with Paula Zahn**
3.00 **Sunshine Slayings**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Heartland Docs**
3.00 **Legend of the Giant Squid**
4.00 **Secrets of the Zoo: North Carolina** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **American Amazon** New edition Documentary following the waterways of the American Amazon. **8.00** The deepest forests of Southern swamps.
9.00 **Killer Shark vs Killer Whale** Exploring the mystery of orcas attacking great white sharks.
10.00 **When Sharks Attack**
11.00 **Inside Airport Lost & Found**
12.00 M'T **Africa's Deadliest**
1.00 AM **Casey and Brutus: Grizzly Encounters**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
8.00 **Combat Dealers**
9.00 **Blowing Up History**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Investigating dark matter.
8.00 **Expedition Unknown: Hunt for Extraterrestrials** Josh Gates starts his search for extra-terrestrial life with a visit to NASA and an alien-hunting expedition in Chile.
9.00 **Secrets Underground** Gold and silver artefacts believed to be lost in King Solomon's mines.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Truckers**
1.00 PM **Train Truckers**
5.00 **Whatever Happened to the Likely Lads?** Four episodes.
7.40 **Citizen Smith** The first episode of John Sullivan's 1970s comedy starring Robert Lindsay.
8.20 **Whatever Happened to the Likely Lads?** Bob feels the strain of Thelma's absence, so Terry suggests he moves in until she decides to come home. **9.00** Bob wallows in self-pity, convinced he will never be able to cope without Thelma. **9.40** Terry gets into a scuffle with the local hard-man. **10.20** Bob gets a taste of his future when he attends the funeral of Terry's Uncle Jacob.
11.00 **Citizen Smith** As 7.40pm.
11.40 **Whatever Happened to the Likely Lads?** Four episodes.
2.20 AM **Citizen Smith** As 7.40pm.
3.00 **Whatever Happened to the Likely Lads?** Four episodes.
5.10 **to 6.00** AM **One Foot in the Grave**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
12.00 NOON **Deadly Secrets**
1.00 PM **The 1980s: The Deadliest Decade** Double bill of editions.
3.00 **The Perfect Murder**
7.00 **Faking It: Tears of a Crime** Experts analyse a man's deception following the 2017 Manchester Arena attack. **8.00** Examining the case of former TV weatherman Fred Talbot, who was arrested for historic sexual offences.
9.00 **True Conviction** Focusing on the case of 19-year-old college student Christa Sallani.
10.00 **On the Case with Paula Zahn** In 1998, an unidentified woman is found bound, frozen and shot dead in the mountains of Utah.
11.00 **American Detective with Lt Joe Kenda** A killer executes a seemingly perfect family.
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **The Perfect Murder**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead Master Mechanic**
3.00 **Bad Chad Customs**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Locals compete in Oklahoma.
9.00 **Goblin Works Garage** The team add a 5-litre, 2017 Mustang engine to a Ford Capri.
10.00 **Guz Khan's Custom Cars**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Anthony must attend a mechanics boot camp.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Charlie the Wonderdog**
8.45 **Signal One** As 3.25am.
10.25 **Five Nights at Freddy's 2**
12.15 PM **Heretic** Horror thriller. (2024, 15, 111 min) ★★★★
2.15 **Hamnet** As 11.30pm.
4.30 **Charlie the Wonderdog** Animated family adventure featuring the voice of Owen Wilson. (2025, PG, 92min)
6.15 **Twinless** Dark comedy drama starring Dylan O'Brien. (2025, 15, 100min) ★★★★

9.40 Five Nights at Freddy's 2

8.00 Normal Director Ben Wheatley's action comedy starring Bob Odenkirk. A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. (2026, 15, 91 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson and Elizabeth Lail. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Hamnet** Drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
1.40 AM **Twinless** As 6.15pm.
3.25 **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
5.05 **to 6.40** AM **Seven Snipers** Thriller with Radha Mitchell. (2025, 15, 87min) ★★★

Sky Cinema Box Set

303 303 403 503 517

6.10 AM **Teenage Mutant Ninja...**
7.55 **Teenage Mutant Ninja Turtles: Out of the Shadows**
9.50 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
11.45 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
1.35 PM **Batman** Adventure. (1989, 15, 121 min) ★★★★
3.45 **Batman Returns** Adventure. (1992, 12, 121 min) ★★★★
5.55 **Batman Forever** Adventure. (1995, 12, 121 min) ★★★

8.00 Batman & Robin

8.00 Batman & Robin Fantasy adventure starring George Clooney, Arnold Schwarzenegger and Chris O'Donnell. Batman and Robin, aided by new ally Batgirl, take on fearsome villains Mr Freeze and Poison Ivy. (1997, PG, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Aquaman Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Justice League** Adventure. (2017, 12, 120min) ★★
2.45 **Sky Cinema Preview**
3.15 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101 min) ★★
5.00 **to 6.55** AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy sequel. (2016, 12, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Don't Let's Go to the Dogs Tonight** As shown at 9.45pm.
8.30 **Hamnet** As shown at 5.40pm.
10.40 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
1.05 PM **Nuremberg** Legal thriller. (2025, 15, 148min) ★★★★★
3.40 **Boyz N the Hood** Drama. (1991, 15, 111 min) ★★★★★
5.40 **Hamnet** Historical drama. (2025, 12, 125min) ★★★★

8.00 Lost in Translation Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★

9.45 Don't Let's Go to the Dogs Tonight Drama written, directed by and starring Embeth Davidtz. A young girl experiences life on her family's Rhodesian farm during the Bush War's final stages. (2024, 15, 99min) ★★★★

11.30 **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★
1.35 AM **The Swimmer** Drama. (2021, 18, 84min) ★★★
3.05 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
4.55 **to 6.30** AM **Widow Clicquot** Drama. (2023, 15) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **Opus** Mystery thriller. (2025, 15, 104min) ★★★★
8.05 **Redux Redux** Fantasy. (2025, 15, 109min) ★★★★
10.05 **Kill** Thriller. (2023, 15) ★★★
11.55 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
1.40 PM **The Craft** Supernatural horror. (1996, 15, 101 min) ★★★
3.35 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★

5.35 **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
8.00 Interview with the Vampire Gothic horror thriller based on the bestseller by Anne Rice, starring Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
10.15 From Dusk Till Dawn Horror thriller starring George Clooney and Harvey Keitel. Two crooks kidnap a preacher and his children, then find themselves in a bar full of vampires. (1995, 18, 108min) ★★★★

12.15 AM **Strange Darling** Thriller. (2023, 18, 97min) ★★★★
1.55 **The Crazies** Horror remake. (2010, 15, 101 min) ★★★★
3.40 **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
5.15 **to 6.50** AM **Presence** Horror. (2024, 15, 84min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.10 AM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
7.50 **Matilda** (1996, PG) ★★★★
9.45 **Yogi Bear** (2010, U) ★★★
11.10 **Fantastic Mr Fox** Animation. (2009, PG, 87min) ★★★★
12.40 PM **Peter Rabbit** Comedy. (2018, PG, 95min) ★★★
2.20 **Peter Rabbit 2: The Runaway** Comedy. (2021, U) ★★★
4.00 **Sonic the Hedgehog 3** Fantasy. (2024, PG) ★★★
6.00 **Jumanji** (1995, PG) ★★★★

7.45 Flavia

7.45 **Flavia** Family adventure starring Molly Belle Wright. An 11-year-old amateur sleuth investigates a murder at her family's manor house. (2026, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Muppets Take Manhattan** Musical comedy. The madcap Muppets decide to take their college show *Manhattan Melodies* to New York. With Joan Rivers, Elliott Gould and Gregory Hines. (1984, U, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
12.45 AM **Small Soldiers** Fantasy. (1998, PG, 99min) ★★★★
2.40 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
4.40 **to 6.20** AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★

Sky Cinema Action

306 306 407 507 521

6.30 AM **Retribution** Thriller. (2023, 12, 91min) ★★
8.05 **Highlander** As 2.20am.
10.05 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
11.50 **Bad Boys** Action comedy. (1995, 15, 118min) ★★★
1.50 PM **Bad Boys II** Action comedy. (2003, 15, 147min) ★★★
4.20 **The Meg** Action thriller. (2018, 12, 113min) ★★★
6.20 **Normal** Action comedy. (2026, 15, 91min) ★★★★

4.20 The Meg

8.00 **Fuze** Thriller starring Aaron Taylor-Johnson. An unexploded World War Two bomb is found on a building site in the centre of London, leading to a mass evacuation. (2026, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Troy** Epic historical drama inspired by *The Iliad*, starring Brad Pitt, Eric Bana, Orlando Bloom and Diane Kruger. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **300: Rise of an Empire** Fantasy adventure sequel starring Sullivan Stapleton. (2014, 15, 100min) ★★★
2.20 **Highlander** Sci-fi action thriller starring Christopher Lambert and Sean Connery. (1986, 15, 111min) ★★★★
4.25 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
5.55 **to 8.15** AM **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
9.30 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
11.10 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
1.15 PM **The Wedding Singer** Comedy. (1998, 12) ★★★★
2.55 **Central Intelligence** Comedy. (2016, 12, 107min) ★★★
4.45 **The Whole Nine Yards** (2000)
6.25 **Zoolander** Comedy. (2001, 12, 89min) ★★★★

4.45 The Whole Nine Yards

8.05 **Zoolander 2** Comedy sequel directed by and starring Ben Stiller. Dim-witted supermodel Derek Zoolander must step back into the spotlight when a killer targets some of the world's most beautiful pop stars. (2016, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mr Bean's Holiday** Comedy starring Rowan Atkinson. Accident-prone Mr Bean wins a holiday to the south of France. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Blue Moon** Comedy drama. (2025, 15, 100min) ★★★★
1.40 AM **The Whole Nine Yards** Black comedy thriller. (2000, 15, 101min) ★★★
3.30 **Tootsie** Cross-dressing comedy. (1982, 15, 116min) ★★★★
5.35 **to 7.40** AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15, 108min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Dirty Harry** Thriller. (1971, 15, 103min) ★★★★★
7.45 **Jaws** Monster thriller. (1975, 12, 125min) ★★★★★
9.50 **Jaws 2** Thriller sequel. (1978, PG, 115min) ★★★
11.50 **Murder by Numbers** (2002)
1.55 PM **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
4.20 **Drop** Thriller with Meghann Fahy. (2025, 15, 95min) ★★★★
6.00 **Now You See Me** Thriller. (2013, 12, 115min) ★★★

8.00 Now You See Me 2

8.00 **Now You See Me 2** Thriller sequel starring Jesse Eisenberg, Mark Ruffalo, Daniel Radcliffe and Morgan Freeman. A gang of magicians-turned-criminals reunite to expose the illegal activities of a ruthless businessman. (2016, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Nightcrawler** Thriller starring Jake Gyllenhaal. An unscrupulous freelance TV cameraman prowls the streets of LA, looking for scoops to sell to sensation-hungry TV stations. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Murder by Numbers** Thriller starring Sandra Bullock. (2002, 15, 120min) ★★★
2.15 **The Alto Knights** Fact-based drama starring Robert De Niro. (2024, 15, 123min) ★★★
4.25 **to 6.00** AM **Restless** Thriller. (2024, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Charade** Comedy thriller. (1963, PG, 114min) ★★★★
1.15 PM **Howards End** Merchant-Ivory period drama. (1991, PG, 142min) ★★★★★
4.05 **Shenandoah** Western set during the American Civil War, starring James Stewart. (1965, PG, 101min) ★★★★
6.25 **Moonfall** Sci-fi thriller starring Patrick Wilson and Halle Berry. (2022, 12, 130min) ★★★

9.00 Public Enemies

Moonfall (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale, Marion Cotillard and Billy Crudup. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 PM **to 3.10** AM **Heat** Director Michael Mann's crime thriller starring Al Pacino and Robert De Niro. An LA police detective is determined to catch an elusive master criminal whose dedication to his profession matches his own. (1995, 15, 171min) ★★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.10 AM **The Angry Birds Movie 2** Animation. (2019, U) ★★★
7.55 **The SpongeBob Movie: Sponge Out of Water** Animated comedy. (2015, U, 93min) ★★★
9.30 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
11.10 **Charlie the Wonderdog** Animation. (2025, PG) ★★★
12.55 PM **Penguins of Madagascar** Animation. (2014, U) ★★★★
2.30 **Flushed Away** Animation. (2006, U, 85min) ★★★★
4.00 **Chicken Run** Animated comedy. (2000, U, 84min) ★★★★
5.30 **The Secret Life of Pets** Animation. (2016, U) ★★★
7.00 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
8.30 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
10.05 **DC League of Super-Pets** Animation. (2022, PG) ★★★
11.55 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
1.30 AM **Buffalo Kids** Animation. (2024, U, 79min) ★★★
2.55 **The Amazing Maurice** Animation. (2022, PG) ★★★★
4.30 **Cinema List: Family Favourites**
4.50 **to 6.20** AM **The Wild Thornberrys Movie** Animation. (2002, U, 85min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.50 AM **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
9.30 **Logan's Run** Sci-fi adventure. (1976, PG, 115min) ★★★★
11.30 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
1.55 PM **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
4.15 **Deep Impact** Disaster movie. (1998, 12, 123min) ★★★★
6.20 **Mad Max** Cult thriller starring Mel Gibson and Joanne Samuel. (1979, 15, 93min) ★★★★★
8.00 **Mad Max 2** Futuristic action thriller starring Mel Gibson as a lone road warrior rescuing a beleaguered community from barbarian bikers. With Bruce Spence and Vernon Wells. (1981, 15, 95min) ★★★★
9.40 **Mad Max Beyond Thunderdome** Futuristic action thriller sequel starring Mel Gibson. (1985, 15, 107min) ★★★
11.30 **The Exorcist** Occult horror. (1973, 18, 121min) ★★★★★
1.35 AM **Se7en** Dark thriller. (1995, 18, 127min) ★★★★
3.45 **to 6.10** AM **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller. (1980, 15, 119min) ★★★★★

Disney+ Cinema

305 305

6.00 AM **Alice in Wonderland** Cartoon version of Lewis Carroll's tale. (1951, U, 75min) ★★★★
7.25 **Mulan** Animated adventure. (1998, U, 88min) ★★★
8.55 **Cars 2** Animated comedy sequel. (2011, U, 102min) ★★★
10.40 **Raya and the Last Dragon** Animation. (2021, PG) ★★★★
12.30 PM **Wish** Animated fantasy. (2023, U, 95min) ★★★★
2.10 **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★
3.35 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
5.20 **Maleficent** Fairytale adventure reworking of *Sleeping Beauty*. (2014, PG, 97min) ★★★★
7.00 **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★
9.00 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
10.50 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
12.40 AM **28 Weeks Later** Horror thriller sequel to *28 Days Later*. (2007, 18, 99min) ★★★★
2.25 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★
4.45 **to 6.00** AM **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U) ★★★

Movies 24

312 313 419

7.00 AM **For Love & Honey** Romantic comedy drama. (2024, U, 84min) ★★
9.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
11.00 **The Stars Between Us** Drama. (2026, PG, 84min) ★★
1.00 PM **Sense and Sensibility** Drama. (2024, U, 84min) ★★
3.00 **A Safari Romance** Romantic comedy. (2023, PG, 84min) ★★
5.00 **The Snow Must Go On** Festive drama. (2025, PG, 90min) ★★
7.00 **The Royal Nanny** Festive comedy starring Rachel Skarsten and Dan Jeannotte. (2022, PG, 84min) ★★
9.00 **Paging Mr Darcy** Romantic drama starring Mallory Jansen and Will Kemp. An academic attends a Jane Austen conference, and seeks the aid of a Mr Darcy impersonator in impressing the organiser. (2024, PG, 84min) ★★
11.00 **CrimeTime: Freefall** Mystery drama. (2024, PG, 90min) ★★
1.00 AM **The Way to You** Romantic drama. (2026, PG, 90min) ★★
3.00 **to 5.00** AM **Three Wisest Men** Comedy. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 20/39. (S1)
6.30 **Operation Stogie** Comedy. (1959, b/w, U, 75min) ★★
7.40 **Who Killed The Cat** Mystery. (1966, b/w, U, 86min) ★★
9.25 **Mad Mel and Mister Gibson**
10.30 **Z Cars** 8/31. (S10)
11.30 **The Dark Light** Thriller. (1951, b/w, PG, 70min) ★
12.50 PM **Look at Life**
1.00 **Richard the Lionheart**
1.30 **Hell Drivers** Action drama. (1957, b/w, PG, 104min) ★★★
3.40 **Window to the Sky**
4.00 **That's My Boy** 1/6. (S1)
4.35 **Blanche Fury** Melodrama. (1947, PG, 90min) ★★★
6.35 **The History of Shippams in Chichester 1954** Documentary.
7.00 **The Footage Detectives**
8.00 **Maigret** 4/4. (S5)
9.55 **Mort D'un Pourri** French crime thriller starring Alain Delon and Ornella Muti. Subtitled. (1977, 12, 123min) ★★★
12.25 AM **Sea of Sand** Adventure. (1958, b/w, U, 97min) ★★★
2.25 **Svengali** Melodrama. (1954, PG, 82min) ★★
4.05 **Kent in the 1970s: Glimpses**
4.25 **The Veil** 5/12. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

MONDAY Sport

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports Catch Up**
- 7.00 **Sky Sports Breakfast**
- 9.00 **Good Morning Transfers**
- 10.00 **Sky Sports FC**
- 11.00 **Ref Watch** Analysing decisions.
- 12.00 NOON **Transfer Talk**
- 1.00 PM **Lunchtime Live**
- 2.00 **The EFL Show**
- 3.00 **Sports Desk**
- 4.00 **LIVE US Open Tennis** Coverage of the opening day of the qualifying event for the Grand Slam held at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 6.30 **LIVE MNF** **Fulham v Chelsea.** Coverage of the Premier League match staged at Craven Cottage, as the opening round of fixtures draws to a close. Kick-off **8.00pm**.
- 11.00 **LIVE US Open Tennis** Further coverage of the opening day of the qualifying event for the Grand Slam at the USTA Billie Jean King National Tennis Center, New York.
- 2.00 **to 6.30** AM **LIVE WTA & ATP Tennis** The ATP Winston-Salem Open and WTA Monterrey Open, both hard-court tournaments in the USA and Mexico respectively.

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **Premier League Stories**
- 6.30 **Premier League Highlights**
- 9.00 **Good Morning Transfers**
- 10.00 **Sky Sports FC**
- 11.00 **Ref Watch** Analysing decisions.
- 12.00 NOON **Transfer Talk**
- 1.00 PM **Premier League Highlights**
- 3.00 **SNF** Highlights of Brentford v Tottenham Hotspur.
- 3.30 **Premier League Highlights** Manchester City v Bournemouth. **4.00** Brighton v Aston Villa. **4.30** Newcastle Utd v Liverpool.
- 5.00 **The Premier League Show**
- 6.00 **Ref Watch** Analysing decisions.
- 6.30 **LIVE MNF** **Fulham v Chelsea.** Coverage of the Premier League match from Craven Cottage, as the opening round of fixtures draws to a close. Goals by Raul Jimenez and Harry Wilson gave Fulham a 2-1 win over their London rivals in last season's fixture. Kick-off **8.00pm**.
- 11.00 **Transfer 360** Double bill.
- 12.00 M'T **MNF Hlts** Fulham v Chelsea.
- 12.30 AM **Ref Watch** Analysis.
- 1.00 **PL Retro** Leicester v West Ham.
- 3.00 **PL Greatest Games**
- 4.00 **Premier League Best Goals**
- 5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **EFL League One Goals**
- 6.30 **EFL League Two Goals**
- 7.00 **EFL Highlights**
- 9.00 **SPFL Round-Up**
- 9.15 **EFL Highlights** Championship.
- 10.00 **EFL League One & Two Goals**
- 11.00 **EFL** West Brom v Burnley.
- 1.00 PM **EFL Greatest Games**
- 1.15 **EFL Highlights** Championship.
- 1.30 **SPFL Round-Up**
- 1.45 **EFL Highlights**
- 2.00 **The EFL Show**
- 3.00 **EFL League One Goals**
- 3.30 **EFL League Two Goals**
- 4.00 **SPFL Round-Up**
- 4.15 **EFL Highlights** Championship.
- 6.00 **SPFL Round-Up**
- 6.15 **EFL Highlights**
- 6.30 **Bundesliga Preview**
- 7.30 **EFL League One Goals**
- 8.00 **EFL League Two Goals**
- 8.30 **EFL Highlights** Derby County v Cardiff City and Preston North End v Wolverhampton Wanderers.
- 9.00 **SPFL Round-Up**
- 9.15 **EFL Cup Highlights**
- 9.45 **EFL Highlights** Championship.
- 11.00 **Bundesliga Preview**
- 12.00 M'T **EFL** The 2016/17 play-offs.
- 3.00 AM **SPFL Highlights**
- 3.30 **EFL Greatest Games**
- 4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **International T20 Cricket**
- 6.30 **Nepal Climbing Cricket's Mountain** Documentary.
- 7.00 **Test Cricket** England v Pakistan.
- 1.00 PM **International T20 Cricket**
- 3.30 **Nepal Climbing Cricket's Mountain** Nepal's mission to become a Test-playing nation.
- 4.00 **Test Cricket** Highlights from England v Pakistan in the first Test in the three-match series held at Headingley Cricket Ground, Leeds.
- 9.00 **One-Day International Cricket** Action from the first ODI between England and India at Edgbaston. **10.00** Highlights of the second ODI between England and India held at Sophia Gardens in Cardiff. **11.00** Highlights of the third ODI between England and India held at Lord's Cricket Ground in London.
- 12.00 M'T **International T20 Cricket** England v India in the fifth and final T20 staged at Utilita Bowl.
- 12.30 AM **Nepal Climbing Cricket's Mountain** Documentary.
- 1.00 **Women's T20 World Cup**
- 1.30 **International T20 Cricket**
- 2.00 **The Hundred** Manchester Super Giants v Trent Rockets.
- 5.15 **Best of ICC WT20**
- 5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Nick Dougherty's Tee Time Tips** Expert golfing advice.
- 7.00 **Playing Lessons**
- 7.30 **DP World Tour Golf**
- 11.00 **PGA Tour Golf** A replay of day four of the BMW Championship.
- 5.00 PM **LPGA Tour Golf** The fourth day of the CPKC Women's Open.
- 7.00 **PGA Tour Golf** Action from day four of the BMW Championship.
- 8.00 **DP World Tour Golf**
- 8.30 **HotelPlanner Tour Golf Highlights** Irish Challenge.
- 9.00 **PGA Tour Golf** Action from day four of the BMW Championship.
- 10.00 **Legends Tour Golf**
- 11.00 **Women in Golf: Breaking with Tradition** Documentary.
- 12.00 M'T **to 6.00** AM **PGA Tour Golf**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **LIVE Test Cricket** **Sri Lanka v India.** Coverage of day two of the second Test.
- 1.30 PM **LIVE La Vuelta Men** Coverage of stage three of the Grand Tour race, a 174km mountain route from the coastal town of Gruissan to a summit finish near the Spanish border.
- 5.00 **Sign Up – Into Football**
- 6.00 **LIVE Ultimate Pool** Coverage of the Finals Night of the Champions League tournament, as four players compete in two semi-finals followed by a final as they bid to be crowned champion.
- 9.30 **UFC: The Ultimate Fighter**
- 10.30 **MLB Highlights**
- 11.30 **LIVE MLB** **Miami Marlins v Boston Red Sox.** Coverage of the inter-league match staged at loanDepot park, in the first of a three-game series. Start-time **11.40pm**.
- 2.30 AM **MLB Classic** Archive action.
- 3.45 **CPL Highlights**
- 4.15 **Test Cricket Highlights**
- 5.15 **to 6.00** AM **LIVE Test Cricket** **Sri Lanka v India.** The third day of the second Test at Sinhalese Sports Club Cricket Ground.

TNT Sports 2

411 414 522 409 431

- 6.00 AM **La Vuelta Men**
- 7.00 **LIVE Snooker: Wuhan Open** Coverage of the third session from round one at the Optics Valley Gymnasium, Huazhong University of Science and Technology.
- 10.00 **The WRC Magazine**
- 10.30 **Cycling** Event highlights.
- 12.30 PM **LIVE Snooker: Wuhan Open** Coverage of the fourth session from round one staged at the Optics Valley Gymnasium, Huazhong University of Science and Technology in Wuhan, China.
- 3.30 **CPL Highlights**
- 4.00 **UEFA Champions League**
- 5.00 **Serie A** Action from Italy.
- 7.00 **Test Cricket Highlights**
- 8.00 **UCI Mountain Bike World Series Review** From France.
- 8.30 **UEFA Champions League**
- 8.45 **The Gruppetto** Cycling news.
- 9.00 **Fishing: On the Bank**
- 10.00 **Snooker Wuhan Open**
- 12.00 M'T **Test Cricket Highlights**
- 1.00 AM **LIV Golf** From Indianapolis.
- 2.30 **UCI Mountain Bike World Series Review** From France.
- 3.00 **Hard Knocks: Training Camp with the Seattle Seahawks**
- 4.00 **to 6.00** AM **NWSL**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Super League**
- 12.00 NOON **NFL Highlights**
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights**
- 4.00 **Super League Highlights**
- 5.00 **NFL Highlights**
- 6.00 **NBC's Pro-Football Talk**
- 8.00 **The Proving Ground** The New York Jets in the summer of 2025.
- 8.30 **NBA Basketball** Los Angeles Lakers v Oklahoma City Thunder.
- 10.30 **NFL Bitesize Highlights** Tampa Bay Buccaneers v Atlanta Falcons from the 2025/26 season. **10.45** Highlights of Cincinnati Bengals v Pittsburgh Steelers from the 2025/26 season.
- 11.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks.
- 12.00 M'T **The Insiders** NFL news.
- 1.00 AM **LIVE WNBA** **Minnesota Lynx v Golden State Valkyries.** Coverage of the match at Target Center. Tip-off **1.00am**.
- 3.30 **LIVE WNBA** **Los Angeles Sparks v Atlanta Dream.** Coverage of the match at Crypto.com Arena. Tip-off **3.00am**.
- 5.30 **Women's Super League**
- 5.45 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports Catch Up**
- 7.00 **Sky Sports Breakfast**
- 8.00 **Super League** Another chance to see Leeds Rhinos v St Helens at AMT Headingley Stadium.
- 10.45 **My Icon** Christine Ohuruogu.
- 11.00 **Ref Watch** Analysing decisions.
- 12.00 NOON **Transfer Talk** Discussion of the latest transfer news.
- 1.00 PM **Lunchtime Live**
- 2.00 **The EFL Show** The latest news and talking points from across all three EFL divisions.
- 3.00 **Sports Desk**
- 4.00 **The Transfer Show**
- 4.30 **Sports Desk**
- 5.00 **The Premier League Show** A daily guide to the top flight.
- 7.00 **LIVE WTA & ATP Tennis** ATP Winston-Salem Open and WTA Monterrey Open, the ATP 250 and WTA 500 events, both hard-court tournaments staged in the USA and Mexico respectively.
- 2.00 **to 6.30** AM **LIVE WTA & ATP Tennis** Further coverage of the ATP Winston-Salem Open and WTA Monterrey Open, the ATP 250 and WTA 500 events, both hard-court tournaments staged in the USA and Mexico respectively.

Sky Sports Tennis

408 408 508 425 445

- 6.30 AM **WTA & ATP Tennis**
- 12.00 NOON **WTA Tennis** The Canadian Open women's final.
- 1.00 PM **US Open Tennis** Highlights of the 2025 mixed doubles final. **2.00** Aryna Sabalenka v Amanda Anisimova in the women's final. **3.00** Jannik Sinner v Carlos Alcaraz in the 2025 men's final.
- 4.00 **LIVE US Open Tennis** Coverage of the opening day of the qualifying event for the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 2.00 **to 6.30** AM **LIVE WTA & ATP Tennis** Coverage of the ATP Winston-Salem Open and WTA Monterrey Open, the ATP 250 and WTA 500 events, both hard-court tournaments staged in the USA and Mexico respectively.

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **PL Greatest Games**
- 7.00 **Women's T20 World Cup**
- 8.00 **ATP Tennis** Bucharest Open.
- 9.00 **LPGA Tour Golf**
- 10.00 **PGA Tour Golf** Highlights.
- 11.00 **WTA Tennis** Linz Open final.
- 12.00 NOON **My Icon** Sporting heroes.
- 12.30 PM **Darts Gold** Archive action.
- 12.45 **Premier League Darts**
- 4.00 **LIVE US Open Tennis** Coverage of day one of the qualifying event for the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 12.00 M'T **NFL Highlights**
- 3.00 AM **LIVE WNBA** **Los Angeles Sparks v Atlanta Dream.** Coverage of the top-flight encounter staged at Crypto.com Arena. Tip-off is at **3.00am**.
- 5.30 **Darts Top 5 Moments**
- 5.35 **Darts Gold** Archive action.
- 5.45 **to 6.00** AM **The Mensur Suljovic Story**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **LIV Golf** From Indianapolis.
- 7.30 **Fishing: On the Bank**
- 8.30 **Serie A** Highlights from Italy.
- 10.30 **Premier League: Big Interview**
- 11.00 **Premier League** A chance to see Hull City v Manchester United.
- 12.30 PM **La Vuelta Men** The second stage of the Grand Tour race.
- 1.30 **LIVE La Vuelta Men** Coverage of stage three of the Grand Tour race, a 174km mountain route from the coastal town of Gruissan to a summit finish near the Spanish border in Font-Romeu.
- 5.00 **FEI World Championships** Action from the jumping individual final in Aachen, Germany.
- 8.00 **NWSL** Recent highlights.
- 10.00 **La Vuelta Men** Highlights of the third stage of the Grand Tour race.
- 11.00 **UFC** A chance to see Anthony Hernandez v Gregory Rodrigues.
- 2.00 AM **CPL Highlights**
- 4.00 **to 6.00** AM **Snooker: Wuhan Open**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Premier League**
- 7.30 **UCI Mountain Bike World Series Women** From France.
- 8.30 **UCI Mountain Bike World Series Men** Highlights.
- 9.30 **Men's Cycling Pro Series**
- 10.30 **LIV Golf** From Indianapolis.
- 12.00 NOON **British Superbikes**
- 1.00 PM **MLB Highlights**
- 2.00 **LIV Golf** The fourth and final round at LIV Golf Indianapolis.
- 3.30 **UCI Mountain Bike World Series** From Haute Savoie.
- 5.30 **MLB Highlights**
- 6.30 **AFL** St Kilda v Gold Coast Suns. **8.00** Collingwood v Brisbane Lions. **9.30** Carlton v Fremantle. **11.00** Another chance to see Melbourne v Western Bulldogs.
- 12.30 AM **The Cycle** Analysis.
- 1.45 **The Gruppetto** Cycling news.
- 2.00 **La Vuelta Men** The third stage.
- 3.00 **Men's Cycling** Renewi Tour.
- 4.00 **Men's Cycling Pro Series**
- 5.00 **to 6.00** AM **Women's Cycling**

Premier Sports 1

419 APP 528

- 6.00 AM **FIM Sidecarcross Championship** From Lithuania.
- 7.00 **LaLiga** Rayo Vallecano v Alaves. **9.00** Real Betis v Real Sociedad.
- 11.00 **World of FreeSports**
- 11.30 **LaLiga** Atletico Madrid v Villarreal. **1.30** PM Another chance to see Getafe v Racing Santander.
- 3.30 **Sporting Greats**
- 4.00 **Sporting Countdowns**
- 4.30 **LaLiga** Elche v Barcelona.
- 6.25 **LIVE LaLiga** **Osasuna v Levante.** Coverage of the Spanish top-flight match from Estadio El Sadar. Kick-off **6.30pm**.
- 8.25 **LIVE LaLiga** **Malaga v Deportivo La Coruna.** Coverage of the Spanish top-flight encounter staged at the Estadio La Rosaleda. Kick-off **8.30pm**.
- 10.30 **Sporting Countdowns**
- 11.00 **Mass Participation**
- 12.00 M'T **LaLiga** A chance to see Malaga v Deportivo La Coruna.
- 2.00 **to 6.00** AM **Brasileiro Serie A**

Premier Sports 2

420 APP 529

- 6.00 AM **Temples of Sport**
- 7.00 **NASCAR** The Dollar Tree 301.
- 11.00 **Motorsport** Valentino Rossi.
- 11.30 **Bike World** Magazine.
- 12.00 NOON **NASCAR Trucks** From New Hampshire Motor Speedway.
- 3.00 PM **Temples of Sport** Sporting venues from around the globe.
- 3.30 **Coppa Italia** Another chance to see Monza v Avellino. **5.30** Catanzaro v Südtirol.
- 7.30 **Football's Greatest** A selection of the finest players in history discuss their playing careers.
- 8.30 **Argentine Primera** A chance to see River Plate v Velez Sarsfield.
- 10.30 **Temples of Sport** Sporting venues from around the globe.
- 11.30 **Argentine Primera** A chance to see Racing v Boca Juniors.
- 1.30 AM **NASCAR** Another chance to see the Dollar Tree 301 held at New Hampshire Motor Speedway in Loudon, New Hampshire.
- 5.30 **to 6.00** AM **Bike World**

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** Dutch Grand Prix.
- 10.30 **At Home with Liam Lawson**
- 10.45 **Formula 1** Dutch Grand Prix.
- 4.00 PM **Formula 1** The Dutch Grand Prix staged at Circuit Zandvoort.
- 6.15 **At Home with Liam Lawson**
- 6.30 **Liam Lawson IV Belgium**
- 6.40 **Lewis Hamilton IV Britain**
- 6.50 **Martin Brundle on Kimi Antonelli** The driver's rise.
- 7.00 **Formula 1** A replay of the Dutch Grand Prix at Circuit Zandvoort.
- 9.15 **At Home with Liam Lawson**
- 9.30 **Indycar** A chance to see the Grand Prix of Washington D.C.
- 1.30 AM **All In: Indycar**
- 2.00 **The Best of F1**
- 5.00 **to 6.00** AM **F1 Explained**

Tuesday

25 August

Planner

EFL Cup

FOOTBALL ITV1, kick-off 8pm

There's an all-Premier League second-round tie at the City Ground tonight. Nottingham Forest take on Leeds United – these two teams also played each other in the league on Saturday.

Celebrity MasterChef

COOKERY BBC1, 9pm

Emily Steel (pictured), who is better known as Dynamite in *Gladiators*, will be hoping to impress in the kitchen tonight – but faces competition from acting duo Nitin Ganatra and Donna Preston, You Tube star Tom Simons and ballet dancer Eric Underwood.

The Tudors with Rob Rinder and Ruth Goodman

DOCUMENTARY 5, 9pm

The hosts journey back to 1588, just before the arrival of the Spanish Armada. Rob follows the story of a wealthy London merchant while Ruth chronicles the experiences of ordinary folk caught up in the crisis.

The Great British Sewing Bee

ENTERTAINMENT BBC1, 8pm

Judging duo Esme Young and Patrick Grant ask the remaining stitchers to create a Madonna-inspired cone bra before they turn bedroom textiles into costumes fit for a pop trio.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Great British Sewing Bee		9.00 Celebrity MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Nigellissima	7.30 Race Against...	8.00 Saving Lives at Sea		9.00 Emergency 24/7		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Football: EFL Carabao Cup – Live: Nottingham Forest v Leeds United (Kick-off 8.00)						10.25 News
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Celebrity Hunted		10.00 24 Hours in A&E	
	105 5	7.00 Cycling: Vuelta a España		8.00 Motorway Cops: Catching Britain's...		9.00 The Tudors with Rob Rinder and Ruth Goodman			10.30 Murder on...
	106 SKY ONE	7.00 The Simpsons		8.00 Best Medicine		9.00 Micky Flanagan – An' Another Fing Live			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 Film: Darkest Hour			
	116 BBC4	7.00 The Architecture the Railways Built		8.00 To the...	8.25 Keeping Up...	9.00 How the Celts Saved Britain		10.00 Britain in Focus: A Photographic...	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club Rollover		9.00 Olivia Attwood: The Price of Perfection		10.00 Family Guy	
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 PopMaster TV		10.00 Little Trains & Big Names with Pete...	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Ladies of London: The New Reign		9.00 Below Deck Down Under		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.45 House of the Dragon				9.00 Little Bird			
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Dad's Army		8.20 Are You Being Served?	9.00 The Office	9.40 Fawlty Towers		10.20 Not Going Out
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	7.00 Aussie Pickers		8.00 The Motorbike Show		9.00 Ice Road Truckers		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Grimm	
	143 U&DRAMA	‹ 6.35 Last of the Summer Wine		8.00 'Allo 'Allo!			9.40 New Tricks		
	109 U&ALIBI	7.00 Private Eyes		8.00 Return to Paradise		9.00 Death in Paradise			10.20 Father Brown
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 The World in a Painting: Vermeer's Hat			9.15 Art Traffickers: Treasures Stolen from...	10.15 Wonderland: From JM...	
	132 U&W	7.00 MasterChef Australia		8.00 Pete Wicks: For Dogs' Sake		9.00 Inside the Ambulance		10.00 Tortured to Death: Murdering the...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Deadliest Catch		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Aircraft		9.00 History's Greatest Machines with...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	114 SKY DOCS	‹ 6.55 Love Has Won: The Cult of Mother...		8.00 Salt Path: A Very British Scandal			9.30 The Sleepwalker		

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live: Top Tips and Best Bits** New edition Highlights. (S)
10.30 **Garden Rescue** (S)(R)
11.15 **Homes Under the Hammer** New edition Cheshire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Sarah Moore plans to create candlesticks out of old spindles. (S)
2.45 **Escape to the Country** New edition A Newport couple look for a new home in Devon. (S)
3.30 **The Repair Shop** (S)(R)(AD)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 The Great British Sewing Bee

7 PM

7.00 **The One Show** Lauren Laverne and JB Gill present the topical show. (S)
7.30 **EastEnders** A breakthrough offers Denise's family fresh hope, while Penny begins to feel overwhelmed by those around her. (S)(AD)

8 PM

8.00 **The Great British Sewing Bee** New edition 7/10. In Music Week, the sewers pay homage to Madonna's cone bra, turn bedroom furnishings into clothes for pop artists and make 1970s disco outfits. (S)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 4/15. In the second week of heats, famous faces Emily Steel, Nitin Ganatra, Tom Simons, Donna Preston and Eric Underwood enter the *MasterChef* kitchen. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Arthur the King** Fact-based drama starring Mark Wahlberg. A professional adventure racer looking for one last chance at glory joins a team of athletes on a 435-mile, 10-day event in the Dominican Republic, with the aid of a scrappy stray dog. With Simu Liu and Juliet Rylance. (S) (2024, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **The Hit List** Contestants from Blackburn, Glasgow and Manchester take part in the music-based quiz show. (S)(R)
1.05 **Weather for the Week Ahead** Seven-day forecast. (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: The Great British Sewing Bee** Children's Week. (S)(R)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Do You Know Your Place?** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** The team visit Dumfries. (S)(R)
5.15 **Flog It!** From Surrey. (S)(R)
6.00 **Richard Osman's House of Games** Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe compete. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo arrives in the naval port of Brest. (S)(R)

8.00 Saving Lives at Sea

7 PM

7.00 **Nigellissima** Nigella prepares butterflied leg of lamb. (S)(R)(AD)
7.30 **Race Against the Tide** New edition 2/6. The six remaining teams sculpt what home means to them. (S)(AD)
■ Entire series on BBC iPlayer

8 PM

8.00 **Saving Lives at Sea** New edition 2/10. When a mayday comes in from a yacht breaking up off the Norfolk coast, both the Great Yarmouth and Gorleston RNLI crew and Caister's independent lifeboats race to the rescue. (S)(AD)

9 PM

9.00 **Emergency 24/7** New edition 2/6. The team battle to save a man whose leg has been severed after being hit by a train, and they question the story of a man with a deep wound who denies being stabbed. (S)(AD)

10 PM

10.00 **Live at the Apollo** Maisie Adam hosts the comedy show, introducing stand-up routines by Michael Odewale and Susie McCabe. (S)(R)
10.30 **Newsnight** (S)

11.05 **The Vampire Lestat: Interview with the Vampire** Series finale 7/7. Armand's demands test Louis to his limits, Lestat's soul searching revives memories, and Daniel's bowling is disrupted. (S3) (S)(AD)
■ Entire series on BBC iPlayer
11.55 **A House Through Time** (S)(R)(AD)
12.55 AM **Sign Zone: Celebrity MasterChef** (S)(R)(AD)
1.55 **Sign Zone: Captive Audience: A Real American Horror Story** (R)
2.45 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The team head to Albert Hall in Nottingham, where Fay Rutter is offered the Rolls-Royce of watches, and Stewart Hoffgartner examines a cowboy collection. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Tracie takes on the infamous Banker for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Football: EFL Cup

7 PM

7.30 **LIVE Football: EFL Cup** Nottingham Forest v Leeds United: Mark Pougatch hosts coverage of this second-round tie staged at the City Ground. This is the second meeting between the sides here in the space of four days, with the teams also facing each other in the Premier League on Saturday. Both teams will be looking to fare much better in this competition than they did last season. Forest received a bye to the third round but lost at that stage away to Swansea City, and Leeds went out on penalties at Yorkshire rivals Sheffield Wednesday in this round. Commentary from Sam Matterface and Lucy Ward, and pitchside reports by Gabriel Clarke. Kick-off is at 8.00. (S)

10 PM

10.25 **ITV News** (S)

11.00 **Local News** (S)
11.15 **Long Lost Family: Born Without Trace – What Happened Next** Catching up with two sisters who were both left in south London hospitals as babies. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Love & Death** (S)(SL)(R)(AD)
3.50 **Long Lost Family: Born Without Trace – What Happened Next** As 11.15pm. (S)(SL)(R)(AD)
4.45 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 3-6/24. (S7) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** New York. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** House-hunting on Spain's Costa Blanca. (S)(R)
4.00 **The Great B&B Challenge** A delayed bakery run causes stress for Jo and Guy. (S)(R)
5.00 **Chateau DIY** In the Dordogne, Tim and Krys transform an old restaurant building into a French cookery school. (S)(R)(AD)
6.00 **American Pickers** New edition Mike and Frank view a collection that might be off-limits. (S)

9.00 Celebrity Hunted

7 PM

7.00 **News** (S)

8 PM

8.00 **The Dog House** Parents Kirsty and Oliver think maybe a dog can wear out two-year-old toddler Stanley, while Coco the dachshund has to overcome some first date nerves as it meets 25-year-old Liv. (S)(R)(AD)

9 PM

9.00 **Celebrity Hunted** Series finale 8/8. The remaining fugitives converge in Birmingham for extraction details, with hopes the hunters won't catch them before they reach the pick-up point. (S)(AD)
■ Entire series on C4 streaming

10 PM

10.00 **24 Hours in A&E** A 56-year-old man is airlifted to the Queen's Medical Centre in Nottingham after crashing his motorbike at speed. Surgeons need to act quickly in order to save the patient's leg from amputation. (S)(R)(AD)

11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Building Monaco's Superhomes** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** Los Angeles. (S)(SL)(R)
1.55 **FILM The Quiet Girl** Poignant Irish drama. Partly subtitled. (S) (2022, 12, 95min) ★★★★
3.30 **The Piano** (S)(SL)(R)(AD)
4.25 **A Place in the Sun** (S)(R)
4.55 **Couples Come Dine with Me** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.20 **FILM A Killer in the Family** Thriller starring Zoe Christie. (S) (2023, PG, 100min) ★★
4.00 **Castle** *What Lies Beneath:* 4/22. A famously reclusive author turns up dead and Castle is determined to solve his hero's murder. (S8) (S)(R)
4.55 **Love Nature** Cameras focus on Atlantic puffins living on the Scottish island of Fidra. (S)(R)
5.00 **News** (S)
6.00 **Motorhoming with Merton & Webster** Paul and Suki explore the Cotswolds. (S)(R)
6.55 **News** (S)

8.00 Motorway Cops

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents action from stage four of the Grand Tour race, a 104.8km route that started and finished in Andorra la Vella. (S)
7.55 **News**

8.00 **Motorway Cops: Catching Britain's Speeders** New edition On the M6, PCs Mark Gribble and Lucy Pond are called in after a car fails to stop for Cheshire Police. Intel reveals it's untaxed, uninsured and without an MOT. (S)

9.00 **NEW The Tudors with Rob Rinder and Ruth Goodman** The hosts look back at when England braced for the arrival of the Spanish Armada in 1588, with Rob following the story of wealthy London merchant, while Ruth uncovering the experiences of a couple. (S)
10.30 **Murder on the Doorstep: Who Killed Alistair Wilson?** Examining the 2004 murder of a Scottish banker and father who was murdered on his own doorstep. (S)(R)
12.05 AM **Nigel Farage: Where Does the Money Come From?** A look at the finances of the leader of Reform UK. (S)(R)
1.00 **Teleshopping** (S)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Castle** As 4.00pm. (S)(R)
3.40 **Friends** (S10) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S)(R)
10.00 **La Brea** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Mobile Homer:* Homer moves into a camper van parked in the backyard. (S)(R)
5.30 *Mommie Beerest:* A health inspector eats a pickled egg at Moe's and instantly drops dead, prompting the authorities to threaten closure. (S)(R)
6.00 **Rob & Romesh vs Anthony Joshua Revisited** Rob Beckett and Romesh Ranganathan meet the former world heavyweight champion boxer. (S)(R)(AD)

8.00 Best Medicine

7.00 **The Simpsons** *The Seven-Beer Snitch:* Marge tries to bring a spot of culture to Springfield. (S)(R)
7.30 *Future-Drama:* Bart and Lisa are given a glimpse of themselves as they will be in eight years' time. (S)(R)

8.00 **Best Medicine** Series finale *Norway No How:* 13/13. Martin deals with a startling baby delivery and the arrival of his amorous ex, while Louisa receives some thought-provoking medical results. (S1) (S)

9.00 **Micky Flanagan: An' Another Fing Live** A stand-up show recorded at London's O2 Arena. The Cockney comedian covers topics including Saga holidays with his dad and his love of Mary Berry. (S)(R)

10.45 **The 'Burbs** *The Old Face-to-Face:* 5/8. Samira makes a startling discovery about her strange neighbour across the street that turns everyone's world upside down. (S1) (S)(R)(AD)
11.40 **Grimm** 7/22. A drug dealer is murdered by a strange creature in the forest. A length of hair is found at the scene of the crime, which links the killing to a girl who went missing. (S1) (S)(R)
12.40 AM **Evil** 7/13. Monsignor Korecki asks Kristen, David and Ben to investigate when Bridget confesses to murder during her exorcism. (S1)(S)(R)
1.35 **Road Wars** Double bill. (S)(R)
3.00 **Hawaii Five-0** 3/25. (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City (S)(R)(AD) **12.20am** Scotcast (S)(R) **12.50** The Hit List (S)(R) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm House of the Year (S)(R) **11.10 FILM** Arthur the King (S) (2024, 12, 100min) ★★★★ **12.50am** The Hit List (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Bwrdd i Dri **1.30** Arfordir Cymru: Sir Benfro (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr **5.00** Stwnsh **6.00** 3 Lle: Ffion Dafis **6.30** Codi Hwyl **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Nol o'r Dibyn gyda Iolo Williams (AD) **8.55** Newyddion a'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Iaith ar Daith **11.00pm-12.05am** Y Cosmos

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Examining deadly animals in Ethiopia. **7.30** Steve Backshall looks at deadly animals in the UK.
8.00 **Top Gear** Jeremy Clarkson, Richard Hammond and James May try to construct mobility scooters capable of tackling the terrain of the British countryside. With AC/DC star Brian Johnson.
9.00 **FILM Darkest Hour** Wartime drama starring Gary Oldman and Kristin Scott Thomas. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across western Europe. (2017, PG, 122min) ★★★
11.00 **Jared Leto: Hollywood's Dark Secret** Allegations of sexual misconduct against the Hollywood actor.
12.00 M'T **Confessions of a Steroid Gang** 1-3/3.
1.30 AM **Kyle: The Gunman Who Divided America**
2.30 **BBC New Comedy Awards**
3.00 **to 3.55** AM **Vigil**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Norwich
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend rescue a 1989 Peugeot 205 GTi.
6.50 **Car S.O.S** Tim and Fuzz embark on a journey to northern France to collect 94-year-old wartime hero Roger's 1968 Citroën DS.
7.55 **Grand Designs** Host Kevin McCloud meets Andy and Jeanette, who are building a new house on top of a sheer cliff on the west coast of Scotland.
9.00 **PopMaster TV** New edition 3/9. Ken Bruce hosts the third heat of the music quiz, testing contestants on chart-topping classics and one-hit wonders.
10.00 **Little Trains & Big Names with Pete Waterman** 3/4. Pete takes Status Quo's Francis Rossi on a trip down memory lane to inspire his first layout and works on a exhibition build destined for Chester Cathedral.
11.05 **Police Rescue**
12.05 AM **999: On the Front Line** Medical documentary.
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Architecture the Railways Built** Tim Dunn takes a tour of St Pancras station in London.
7.45 **The Flying Gardener** Exotic species in Ireland.
8.00 **To the Manor Born** DeVere brings his grocery business to the manor.
8.25 **Keeping Up Appearances** Hyacinth plans a special event, desperate to outdo the Barker-Finches.
9.00 **How the Celts Saved Britain** 1/2. How the Irish saved Britain from cultural oblivion during the Dark Ages.
10.00 **Britain in Focus: A Photographic History** 2/3. The response to historic events in the first half of the 20th Century.
11.00 **The Secret Genius of Plants** 2/2. Documentary.
11.55 **Do We Really Need the Moon?** Documentary.
12.55 AM **The Flying Gardener**
1.10 **The Secret Genius of Plants** 2/2. Documentary.
2.05 **to 3.05** AM **How the Celts Saved Britain**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Oxfordshire.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **Below Deck: Mediterranean**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** Cindy wants to find out why she was set up.
7.30 **The Simpsons** *Bart v Australia:* Bart finds himself in trouble with the Australian authorities.
8.00 **Ladies of London: The New Reign** New edition Tensions begin to boil over at a dinner party.
9.00 **Below Deck Down Under** New edition Harry's new responsibilities prove testing.
10.00 **Gogglebox** Opinions on *Gordon, Gino & Fred: Viva España* and *Beat the Chasers.*
11.00 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Below Deck Down Under**
2.10 **Ladies of London: The New Reign** As 8pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Motorway Patrol**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 1&2/22. (S4)
2.00 PM **The Rookie** 20/22. Bradford's ex-wife asks the team to help her save someone from her past. (S5)
3.00 **Law & Order: Criminal Intent** 5/8. A wine connoisseur is found murdered. (S10)
4.00 **Nothing to Declare**

10.00 **Blue Bloods**

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 The Rookie *Dye Hard:* 3/22. The tables are turned as Officer Nolan gets assigned his first rookie. (S5)

10 PM
10.00 Blue Bloods *The Big Leagues:* 12/21. Danny reunites with a childhood friend who comes to him in desperate need. (S13)
11.00 **The Rookie** 16/22. (S5)
12.00 M'T **FBI** 13&14/15. (S3)
2.00 AM **Fire Country** New episode 9/20. (S4)
3.00 **The Rookie** 22/22. (S5)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **The Guest Wing**
8.00 **Billions** 11&12/12. (S6)
10.15 **House of the Dragon** (S3)
12.40 PM **Homicide: Life on the Street** 20&21/22. (S5)
2.30 **Billions** 11&12/12. (S6)
4.40 **Django** 9/10. John puts on a masquerade ball. **5.35** 10/10. Kevin finally gives Elizabeth an excuse to assemble an army. (S1)
6.45 **House of the Dragon** 3/8. Rhaenyra learns the situation in King's Landing is not what she anticipated. (S3)

9.00 **Little Bird**

7 PM
7.50 House of the Dragon *Tumbleton:* 4/8. Ormund prepares to invade Tumbleton and his actions force Rhaenyra into a corner. (S3)

9 PM
9.00 Little Bird New episode *The Land That Takes You:* 3/6. Esther has made her way back to the prairies.
■ Entire series on Box Sets

10 PM
10.00 Little Bird New episode *Burning Down the House:* 4/6. Esther returns home to confront Golda about her new discoveries. (S1)
11.00 **Das Boot** 1/8. A sequel to the classic 1981 German film. A U-boat crew try to survive a secret mission. Subtitled. (S1)
12.15 AM **Possession** 1&2/5. (S1)
2.15 **House of the Dragon** (S3)
4.35 **Sort Of** 6/8. (S3)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 4/22. (S2)
11.10 **Charmed** 17/22. (S1)
12.05 PM **Deal or No Deal**
1.05 **Celebrity Supermarket Sweep**
2.05 **The Floor** Game show.
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 **The Price of Perfection**

7 PM
7.00 Wheel of Fortune Graham Norton invites three contestants to spin the wheel and win a possible £50,000.

8 PM
8.00 The 1% Club Rollover Lee Mack hosts a special edition of the quiz show, featuring a potential jackpot of £500,000.

9 PM
9.00 Olivia Attwood: The Price of Perfection New edition 4/6. Olivia discovers how to get the 'perfect' legs.

10 PM
10.00 Family Guy 15/18. The Griffins go to Texas. (S5)
10.30 10/20. Quagmire is reunited with a former lover. (S14)
11.05 **Family Guy** 11/20. Stewie becomes a star after appearing in an advertisement. (S14)
11.35 **American Dad!** 15&11/18. (S5)
12.35 AM **Bob's Burgers** (S13)
1.30 **Plebs** 7/8. (S3)
1.55 **Deep Fake Neighbour Wars**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Blood Will Out:* A magistrate is discovered shot after a confrontation with travellers.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Mackerel Sky:* An ex-con with a score to settle arrives in the village, hoping to take revenge on Merton.

8.00 **Vera**

7 PM
6.55 Heartbeat *Absent Friends:* A farming couple go missing, leaving Jenny and Liz to look after their bemused children.

8 PM
8.00 Vera *Broken Promise:* The detective investigates when a student falls to his death in mysterious circumstances, turning to friends and family to get all the information she can about the dead man.

10 PM
10.00 Lewis *Fearful Symmetry:* The murder of a babysitter whose elbows and wrists were tied after her killing leads Lewis and Hathaway into a world of swinging.
11.50 **Trial & Retribution** 5/6. Satchell witnesses a killing. **12.50** AM 6/6. Walker needs to identify the mole. (S12)
1.50 **George and Mildred** (S3)
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Robin of Sherwood**
9.10 **Boon**
10.10 **The Professionals**
11.20 **Robin of Sherwood**
12.25 PM **Magnum, PI**
2.35 **The Memoirs of Sherlock Holmes** Murder mystery.
3.45 **Boon**
4.50 **The Professionals** *A Stirring of Dust:* The team assist the Russian authorities in tracking down a former spy.
5.55 **Minder** *Why Pay Tax?* Terry minds an illegal bookie.

8.00 **The Motorbike Show**

7 PM
7.00 Aussie Pickers Lucas Callaghan and Adam McDonald go to Victoria to meet an auctioneer known as Steptoe.

8 PM
8.00 The Motorbike Show Henry Cole goes green-laning in Oxfordshire and tells the story of the Streetfighter.

9 PM
9.00 Ice Road Truckers A storm brings turmoil to the Dalton Highway, and Lisa pays the price for ending up in a ditch.

10 PM
10.00 Wrestling: AEW Collision Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **Dark Side of the Ring** The tale of David Schultz.
12.55 AM **Minder** *The Birdman of Wormwood Scrubs:* Arthur helps an ex-con recover loot.
1.50 **BattleBots** The conclusion of the first Sin City Slugfest.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond focus on seafood.
8.00 **This Farming Life** The MacDonalds move their pregnant cattle to the tidal island of Vallay.
9.00 **Murder Case: The Hunt for Arlene Fraser's Killer** 1/2. An examination of the 1998 disappearance of an Elgin mother-of-two. **10.00** 2/2. Arlene's family and the police fight through courtrooms and appeals to uncover the truth about her sudden disappearance.
11.00 **Scotcast** Topical discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Icons of Football** A profile of Scotland's leading goalscorer Julie Fleeting.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 3&4/8. (S1)
10.00 **Avenue 5** 5&6/9. (S1)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** 3&4/8. (S1)
1.40 **Avenue 5** 5&6/9. (S1)
3.00 **Will & Grace** (S7)
4.00 **Two Weeks to Live** (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S5)
8.00 **Animal Control** 3/12. Amit squares off against a kangaroo. **8.30** 4/12. The office receives a 911 call about a bear in a hot tub. (S1)
9.00 **FILM Bill & Ted's Excellent Adventure** Cult fantasy comedy starring Keanu Reeves and Alex Winter. (1988, PG, 87min) ★★★★
10.45 **Two Weeks to Live**
11.45 **Animal Control** (S1)
12.45 AM **Community** (S2)
1.45 **Hitmen** 1&2/6. (S1)
2.45 **Avenue 5** 6&7/9. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Venice: A Concert for Our Climate**
7.00 **Backstage with the London Philharmonic**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **The Art of Film**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **The Nineties**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **The World in a Painting**
9.15 **Art Traffickers**
10.15 **Wonderland: From JM Barrie to JRR Tolkien**
11.15 **The Movies**
12.15 AM **Tilda Swinton: The Wildcards**
1.30 **A Sudden Glimpse to Deeper Things**
3.15 **Stories from Tate Britain**
4.10 **A Play in a Day**
5.05 **to 6.00** AM **The Art of...**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 12/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** *Violations:* 12/26. Troi falls into a mysterious coma. (S5)
8.00 **Hawaii Five-0** 2/24. (S1)
9.00 **Law & Order: Criminal Intent** 3&4/22. (S1)
11.00 **Grimm** 12/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members take part.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Anton Du Beke and Fred Sirieix compete for charity.
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Kirk takes on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton hosts as three couples compete to solve word puzzles and win big money.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous**
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

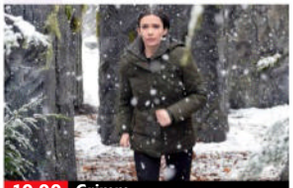
9.00 AM **American Pickers**
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **The Dog House**
8.00 **Extraordinary Extensions** A couple build a barn extension.
9.00 **Celebrity Gogglebox** Famous faces appraise recent TV shows.
10.00 **Outback Murder Highway** Investigating killings along a 500-mile Australian road. **11.00** The murder of three motorcyclists. **12.00** M'T A look at Tony Jones' disappearance. **1.00** AM The story of Jayden Penno-Tompsett.
1.55 **FILM Boston Strangler** Fact-based drama with Keira Knightley. (2023, 15, 112min) ★★★★
4.05 **to 5.05** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S4)
2.00 **Warehouse 13** 3/6. (S5)
3.00 **Primeval** 2/6. (S1)
4.00 **Stargate SG-1** 15/20. (S8)
5.00 **Star Trek: Voyager** 5/26. The Doctor is abducted and sold to a hospital ship. (S7)
6.00 **Star Trek: Enterprise** 4/22. Part one of three. Genetically enhanced superhumans hijack a Klingon ship. (S4)


10.00 Grimm

7.00 **Stargate Atlantis** *The Last Man:* 20/20. Sheppard finds the city of Atlantis abandoned. Guest stars Robert Picardo. (S4)

8.00 **Stargate SG-1** *Citizen Joe:* 15/20. A barber experiences disturbing visions of the crew's adventures. (S8)

9.00 **Resident Alien** *Best of Enemies:* 15/16. Harry tries to infiltrate a military base to find his alien baby. (S2)

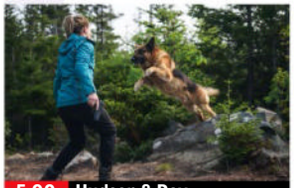
10.00 **Grimm** *Where the Wild Things Are:* 11/13. Eve finds herself in mysterious territories as she sets out to confront the force she saw in the mirror. (S6)

11.00 **The Walking Dead** 9/16. The survivor communities face some difficult decisions. (S8)
12.00 M'T **Resident Alien** (S2)
1.00 AM **Warehouse 13** 3/6. (S5)
2.00 **Primeval** 2/6. (S1)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 6/22. (S6)
11.00 **Hudson & Rex** 1/8. (S8)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 6/22(S6)
5.00 **Hudson & Rex** 1/8. Mark and Rex hunt down a key witness against a crime boss. (S8)
6.00 **Body of Proof** 10/20. A lottery winner is stabbed to death in his flat. (S2)


5.00 Hudson & Rex

7.00 **Private Eyes** *The Life of Riley:* 4/12. A motorcycle shop owned by a friend of Angie's is vandalised. (S3)

8.00 **Return to Paradise** *RIP Tide:* 1/6. *Death in Paradise* spin-off. A Metropolitan Police police officer is deployed to Australia. (S1)

9.00 **Death in Paradise** *Wish You Weren't Here:* 3/8. The body of a TV presenter is washed up on the shore. (S8)

10.20 **Father Brown** *Crimson Feather:* When Mrs McCarthy's goddaughter goes missing, Father Brown follows her trail to a risque gentlemen's club.

11.20 **Private Eyes** As 7.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators** 2/10. (S4)
1.20 **Return to Paradise** (S1)
2.20 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **The Green Green Grass**
9.55 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Ever Decreasing Circles**
12.30 PM **Only Fools and Horses**
1.10 **Keeping Up Appearances**
1.50 **Dad's Army**
2.25 **The Green Green Grass**
3.05 **Are You Being Served?**
3.45 **Ever Decreasing Circles**
4.25 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

11.00 Mrs Brown's Boys

7.00 **Only Fools and Horses** Del Boy persuades Denzil to lend him his redundancy money.
7.40 **Dad's Army** Frazer is asked to look after the platoon's Lewis gun.
8.20 **Are You Being Served?** Mr Humphries catches a rare tropical disease.

9.00 **The Office** David uses the staff's appraisals as another opportunity to share his wisdom.
9.40 **Fawlty Towers** Penny-pinching Basil tries to save money on building costs.
10.20 **Not Going Out** Lee gets jealous when Lucy talks about her first love.

11.00 **Mrs Brown's Boys**
11.40 **The Office**
12.20 AM **Fawlty Towers**
1.00 **Not Going Out**
1.35 **Mrs Brown's Boys**
2.25 **Don't Wait Up**
2.55 **The Office**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's India**
11.20 **Yukon Gold**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Guy's Garage**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's India** Rick learns about temple cooking in the southern town of Madurai. **6.00** The chef goes in search of the perfect chicken korma.

4.00 The Hairy Bikers

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo head for Mid Wales.
7.40 **Would I Lie to You?** With Mel Giedroyc, David Haye, Martin Kemp and Romesh Ranganathan. **8.20** With Diane Morgan, Michael Smiley, Nadiya Hussain and Bob Mortimer.

9.00 **Have I Got a Bit More News for You** Kevin Bridges hosts the satirical quiz, with guests Helen Lewis and Chloe Petts.

10.00 **QI XL** Neil Delamere, Cariad Lloyd and Chris McCausland join regular panellist Alan Davies and host Sandi Toksvig.

11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Rosie Jones.
3.00 **Richard Osman's House of Games** With Sarah Kendall.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.10 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Classic Neighbours**
3.05 **Whitstable Pearl**
4.10 **Kingdom**
5.15 **As Time Goes By**
6.00 **Last of the Summer Wine** An abandoned mattress sparks a clean-up campaign. **6.40** Compo hits upon a new scheme to impress Nora Batty.

4.10 Kingdom

7.20 **Last of the Summer Wine** Foggy, Compo and Clegg are in hot pursuit of Digby's runaway donkey.

8.00 **'Allo 'Allo!** René disguises himself and his Resistance friends as a string quartet. **8.35** Edith accepts Monsieur Alfonse's proposal of marriage. **9.10** Yvette and Edith question René about the whereabouts of the gold.
9.40 **New Tricks** *End of the Line:* The investigators reopen the 15-year-old case of a vagrant who was strangled on a tube train. Guest stars Peter Davison and Keith Allen.

11.00 **Luther** 1/4. The DCI is confounded by a series of monstrous and seemingly indiscriminate killings. (S5)
12.20 AM **Lovejoy**
1.30 **Sister Boniface Mysteries**
2.35 **The Chelsea Detective**
3.25 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Mind Games:* 3/24. Gibbs interrogates a death-row prisoner. **7.00** *Silver War:* 4/24. A man's remains indicate he was buried alive. **8.00** *Switch:* 5/24. The team uncover a case of identity theft. (S3)
9.00 **Law & Order: Special Victims Unit** *Tenfold:* 7/22. Carisi is helpless to stop a crime he suspects is about to happen. (S26) **10.00** *Caretaker:* 7/24. A family are murdered while sleeping. (S20) **11.00** *Real Fake News:* 17/21. The team are asked to disprove accusations against a congressman (S18)
12.00 M'T **Law & Order: Special Victims Unit**
2.00 **to 3.55** AM **Beauty and the Beast**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Killer on the Line** A woman decides her husband is worth more dead than alive.
10.00 **999: Critical Condition** A woman is rushed in when her heart stops.
11.00 **Skin A&E** Dr Natalia tackles a lipoma.
12.00 M'T **Surgeons: A Matter of Life or Death**
1.00 AM **Cold Case Killers**
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.15 **Police Interceptors**
11.15 **Gunsmoke** (S13)
12.25 PM **FILM Run for Cover** Western adventure. (1954, PG, 92min) ★★
2.15 **FILM Seven Men from Now** Western starring Randolph Scott. (1956, U, 77min) ★★★
4.00 **Highway Thru Hell**
5.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
10.00 **Fare Dodgers: At War with the Law** Tracking a suspect has racked up more than £5,000 in unpaid fares.
11.00 **The X-Files** 6/22. (S6)
12.00 M'T **Deadliest Weather: Caught on Camera**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Homes for Veterans**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants must create a dish inspired by a chosen cuisine.
8.00 **Pete Wicks: For Dogs' Sake** Documentary.
9.00 **Inside the Ambulance**
10.00 **Tortured to Death: Murdering the Nanny**
11.00 **Lies, Deceit and Betrayal** Documentary.
12.00 M'T **Missing Persons Investigation**
1.00 AM **Inside the Ambulance**
1.25 **to 3.00** AM **The Mormons Are Coming**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Secret Nazi Bases**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **The Blue Planet** David Attenborough looks at the opportunities tides create for marine life.
8.00 **Bangers & Cash: Restoring Classics** The team send their Paul Smith Mini in for some designer tailoring by the team at Mini Sport.
9.00 **Bangers & Cash**
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** A couple hope to move back to the UK from the Algarve.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop: Windrush Special**
7.00 **The Yorkshire Auction House** Angus spies a treasure while helping a couple downsize.
8.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** With reality star Gemma Collins. **10.00** With Nigel Havers.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
9.00 **Bramwell** 5/8. (S2)
10.00 **The Irish RM** 6/6. (S2)
11.00 **Little House on the Prairie** 17&18/23. (S3)
1.00 PM **The Waltons**
4.00 **Little House on the Prairie** 17&18/23. (S3)
6.00 **The Irish RM** 6/6. (S2)
7.00 **M*A*S*H** 21/24. The 4077th learn to make do without power when supply lines are cut. **7.30** 22/24. Frank learns to curb his prejudice. **8.00** 23/24. Romance is in the air for Radar's widowed mother. **8.30** 24/24. Two internal security agents target Frank. (S2)
9.00 **Brush Strokes**
11.00 **Robin's Nest** (S3&4)
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Raiders of the Lost Art** Rembrandt.
10.00 **Murder Maps**
11.00 **FILM Run Silent, Run Deep** Drama starring Burt Lancaster. (1958, b/w, U, 90min) ★★★
1.00 PM **The Unit** (S2)
2.00 **Burn Notice** (S4)
4.00 **FILM The Forger** Thriller with John Travolta and Christopher Plummer. (2014, 15, 92min) ★★
6.00 **The Unit** 13/23. (S2)
7.00 **Burn Notice** (S4)
9.00 **FILM Redemption Day** Thriller starring Serinda Swan and Gary Dourdan. (2021, 15, 99min) ★★
11.10 **The Avengers** (S6)
12.10 AM **The New Avengers**
1.10 **The Persuaders!**
2.10 **FILM Absolute Zero** Disaster movie with Jeff Fahey and Erika Eleniak. (2005, 12, 87min) ★
4.00 **Coast Guard Alaska**
4.45 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Chronicle Mysteries** Crime drama. (2021, PG, 85min) ★★
10.05 **FILM Mystery 101: Playing Dead** Thriller. (2019, PG, 90min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S5)
2.00 **Castle** 8/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 9/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 8/8. (S5)
10.00 **FILM Mystery 101: Words Can Kill** Thriller starring Jill Wagner. (2019, PG, 90min) ★★
11.55 **FILM Picture Perfect Mysteries: Dead Over Diamonds** Crime drama. (2020, PG, 90min) ★★
1.45 AM **FILM Her Final Bow** Thriller with Jordan Ladd. (2017, PG, 90min) ★★
3.25 **to 5.00** AM **FILM Web of Lies** Mystery thriller. (2009, 12, 90min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM I Me Wed** Comedy. (2007, PG) ★★
10.05 **FILM BFF Bride** Drama. (2019, PG, 77min) ★★
12.05 PM **FILM Stop the Wedding** Drama. (2016, U, 84min) ★★
2.00 **FILM A Royal Runaway Romance** Comedy. (2022, PG, 84min) ★★
3.55 **FILM Love on Safari** Drama. (2018, PG) ★★
5.55 **FILM Same Time Next Week** Romantic drama. (2016, PG, 90min) ★★
7.50 **FILM Sweet Home Carolina** Drama. (2017, PG, 84min) ★★
9.40 **FILM Love Upstream** Romantic comedy. (2021, PG, 85min) ★★
11.40 **FILM Falling for the Manny** Romantic drama. (2023, PG, 89min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Royal Runaway Romance** As 2.00pm.

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** From Yorkshire.
1.00 PM **The Greatest Auction** Buyers bid on hand-written Oasis lyrics.
2.00 **Case Sensitive**
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **This Farming Life**
6.00 **The Greatest Auction**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **Case Sensitive**
10.00 **FILM The Lady Vanishes** Hitchcock mystery. Stars Margaret Lockwood and Michael Redgrave. (1938, b/w, U, 98min) ★★★★★
12.00 M'T **FILM Zeta One** Sci-fi comedy starring James Robertson Justice. (1969, 18, 86min) ★★
1.45 AM **Real Thick Glasses**
2.00 **The Greatest Auction**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Doctor in Charge** (S2)
10.30 **The Upper Hand** (S2)
11.00 **The Gaffer** 3/7. (S2)
11.30 **Only When I Laugh**
12.00 NOON **UFO** 3/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 6/7. (S2)
2.00 **Second Thoughts** (S4)
2.30 **The Gaffer** 3/7. (S2)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk...**
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 3/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 18/26. (S1)
9.30 **The New Statesman**
10.00 **FILM The Lair of the White Worm** (1988) ★★
12.00 M'T **FILM And God Created Woman** (1987)
2.00 AM **Stereo Underground**
3.00 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Poseidon crew get permission to dig in century-old mine shafts. **8.00** A cyclone causes damage to Shane and Russell's wash plant.
9.00 **Gold Divers** Shawn hits a mysterious dry spell. **10.00** The Kellys unveil their secret weapon.
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's French Adventure**
7.00 **Hairy Bikers Go Local**
8.00 **Delicious Miss Brown**
8.30 **NEW SERIES Delicious Miss Brown**
9.00 **Jamie's 5 Ingredient Mediterranean Meals**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Spanish Adventure**
3.00 **Hairy Bikers Go Local**
4.00 **Jamie's 5 Ingredient Mediterranean Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
9.00 **Jamie Cooks Italy**
10.00 **Chopped Castaways** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 17/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 11/22. (S3)
11.00 **FILM Bermuda Tentacles** Sci-fi thriller. (2014, 12, 86min) ★★
1.00 PM **FILM Gunsmoke: The Long Ride** Western. (1993, 15, 95min) ★★
3.00 **FILM Brothers of the Frontier** Western. (1995, U, 87min) ★★
5.00 **Star Trek** 24/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 12/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Congo** Adventure with Laura Linney. (1995, 12, 108min) ★★★
11.10 **FILM Alien Nation** Sci-fi thriller with James Caan. (1988, 18, 94min) ★★★
1.05 AM **FILM Last Knights** Medieval adventure. (2015, 15, 112min) ★★
3.15 **to 5.00** AM **FILM The Golem** Horror. (2018, 15, 95min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
11.00 **Andromeda** 4/22. (S5)
12.00 NOON **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
2.00 PM **FILM Dr Terror's House of Horrors** Horror compendium. (1964, PG, 98min) ★★★
4.00 **Walker, Texas Ranger**
5.00 **King Solomon's Mines**
7.00 **Andromeda** 5/22. (S5)
8.00 **The A-Team** 21/25. (S3)
9.00 **FILM Acts of Violence** Drama starring Bruce Willis and Cole Hauser. (2018, 15, 86min) ★★
10.55 **FILM U Turn** Thriller with Sean Penn, Jennifer Lopez and Nick Nolte. (1997, 18, 119min) ★★★
1.25 AM **FILM Acts of Violence** As 9.00pm.
3.15 **King Solomon's Mines**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.45 **Pawn Stars Do America**
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Storage Wars**
1.05 PM **Pawn Stars Do America** From Texas.
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **We Are Not Alone**
6.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation.
7.00 **Dickinson's Real Deal**
9.00 **Hells Angels: Kingdom Come** Documentary.
10.00 **Gangland Chronicles**
11.00 **Mega Disasters**
12.00 M'T **History's Most Shocking** Double bill.
2.00 AM **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation.
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.55 **All Creatures Great & Small: Christmas Special** Festive drama.
12.05 PM **Ben Fogle: New Lives in the Wild**
1.05 **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Thailand.
5.00 **Summer in the Scilly Isles** Documentary.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets a family who live in the wilds of Canada. **8.00** A man who lives in a remote area of Brazil near the Amazon river.
9.00 **Alexander Armstrong Across America**
10.00 **Battle Front: WWII Road to Victory**
11.05 **Prisoner: Cell Block H**
1.05 AM **Murder, She Wrote**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Rudolph Walker.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Peter Shilton.
5.15 **All Star Family Fortunes** With Nikki Sanderson and Greg Rusedski.
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **Beat the Chasers**
9.00 **The Chase** Quiz show.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 17/24. The gang finally celebrate Sheldon's birthday. (S9)
9.00 **The Bad Skin Clinic** Ciaran's bumps have ruined his confidence. **10.00** Roger's red, itchy rash is preventing him from enjoying life.
11.00 **Dr Pimple Popper: Breaking Out** A singer with a huge neck bump.
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper: Breaking Out**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** 1-4/22. (S1)
11.00 **Sabrina the Teenage Witch** 1-4/26. (S2)
1.00 PM **Friends** (S4&5)
8.00 **Friends** 6/24. Emily asks Ross to move away. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **FILM Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers. (1997, 15, 95min) ★★★★
11.00 **Iain Stirling's Roast the Internet**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
2.30 **Dragony Aunts**
2.40 **Russell Howard: Right Here Right Now**
3.30 **Al Murray: One Man, One Guvnor Uncut**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S1)
11.00 **Friends** 13-16/25. (S6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** (S9&1)
6.00 **The Upper Hand** (S3)
7.00 **Sabrina the Teenage Witch** Four episodes of the series, including at: **8.30** 4/26. Sabrina and Harvey go on a double date. (S2)
9.00 **Rhod Gilbert's Growing Pains** With Sindhu Vee, Russell Kane and Steph McGovern.
10.00 **Friends** 14-19/24. (S4)
1.00 AM **8 Out of 10 Cats**
1.50 **Most Ridiculous**
2.50 **Spin City** (S1)
3.45 **Impractical Jokers**
5.10 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
10.10 **Bread** 8/10. (S8)
10.45 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the...**
1.00 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 12/13. Drama. (S1)
2.45 **Minder** 8/10. (S5)
3.45 **Just Good Friends** (S3)
4.25 **Man About the House**
4.55 **Bread** 8/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 7/7. (S3)
6.40 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 5/13. (S3)
9.00 **Benidorm** 9/9. (S10)
10.00 **Shameless** 7/16. (S7)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 2/13. (S8)
2.05 **Duty Free** 4/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 13/13. (S2)
6.25 **Teen Mom 2**
8.05 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 1&2/22. (S2)
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Judge Judy**
9.00 **Geordie Stories: Charlotte's New Baby**
10.00 **NEW SERIES Geordie Stories: Charlotte Mam of Two** Charlotte Crosby and Jake Ankers prepare for the arrival of their second baby.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Aquarium**
9.00 **Gold Rush**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** The technology used in the manufacture of pencils.
5.00 **Alaska: Homestead Rescue** The Raneys race to help rookie homesteaders who may not survive their first winter in the Arizona desert.

9.00 Deadliest Catch

7.00 **Wheeler Dealers** Mike Brewer and Edd China are asked to restore a powerful, luxury 1983 Mercedes 500 SEC.

8.00 **Wheeler Dealers** Mike and Edd restore a 1976 Porsche 912E that has suffered years of neglect.

9.00 **Deadliest Catch** New edition Captains Sig and Sophia shift their strategy as injuries plague the *Northwestern* crew.

10.00 **In the Eye of the Storm** New edition An unstable weather system moves north from Tornado Alley and spawns a twister.

11.00 **Expedition X** The team investigate Massachusetts' Bridgewater Triangle.
12.00 M'T **Deadliest Catch**
2.00 AM **In the Eye of the Storm**
3.00 **Gold Divers** Shawn's injury forces him to rely on his crew.
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Strange aquariums.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** The zoo's lone tree kangaroo gets a new mate. **4.00** A bat-eared fox becomes the zoo's newest ambassador.
5.00 **Lone Star Law** The wardens investigate a jet-ski accident.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff faces a surgery that he has never performed before.

7.00 Treehouse Masters

7.00 **Treehouse Masters** Two tastemakers hire Pete to create a cool treetop structure with a wall of windows and a crow's nest.

8.00 **The Pool Master** A restaurant owner and his family want an oasis in their desert garden to fit their organic lifestyle.

9.00 **Alaska: The Last Frontier** Atz Lee races to restore the fuel supply, and Charlotte tries to save a newborn calf.

10.00 **Alaskan Bush People** Billy gives daughter Rain major responsibility as barn construction goes full bore at the ranch.

11.00 **Mountain Monsters** The team enter the Dark Forest, where they are searching for the 'Woman of the Woods.'
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Air Jaws Strikes Back**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Engineering by Catastrophe**
11.00 **Car S.O.S** A VW Wizard.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Anne Frank: The Nazi Capture**
4.00 **Lost Treasures of Ancient Greece** Documentary.
5.00 **Destruction Decoded** The most dramatic collapses in history, including the footbridge disaster in Morbi in 2022.
6.00 **Nazi Megastructures: Battle Ready** The Siegfried Line and the Atlantic Wall.

4.00 Lost Treasures of Ancient...

7.00 **Air Crash Investigation** A plane crashes short of the runway in San Andres, and bad weather is thought to be the cause.

8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend tackle their first motorbike – a 1973 Triumph Bonneville.

9.00 **Car S.O.S** Tim and Fuzz enlist the aid of actor Joanna Lumley to rescue an Austin-Healey Frogeye Sprite that is falling apart.

10.00 **Construction Fails** An overpass on Philadelphia's busy Interstate 95 highway sets ablaze after a tanker truck rollover.

11.00 **Air Crash Investigation** The case of a 1983 Air Canada flight whose pilot tried to make an emergency landing.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Northwoods Survival**
2.00 **Lords of War**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **Digging for Britain**
9.15 **Pawn Stars** Documentary.
10.10 **Junk & Disorderly**
11.05 **Storage Wars** Double bill.
12.00 NOON **Ice Road Truckers**
1.00 PM **History's Greatest Machines with Dolph Lundgren** As 9.00pm.
2.00 **History's Greatest Mysteries**
3.00 **Greatest Prison Escapes with Billy Hayes** Triple bill.
6.00 **American Pickers** The owner of an automotive boneyard is in the mood to sell.

9.00 History's Greatest Machines

7.00 **Forged in Fire** Two former champions duel it out in a five-hour round making a pichangatti.

8.00 **History's Greatest Aircraft** The Junkers Ju 52, which was used as a bomber and air ambulance during World War Two.

9.00 **History's Greatest Machines with Dolph Lundgren** New edition The shadowy devices that won secret wars.

10.00 **History's Greatest Mysteries** New edition Investigating the death of America's 16th president, Abraham Lincoln.

11.00 **Original Gangsters with Sean Bean** Stephanie St Clair.
12.00 M'T **Greatest Prison Escapes with Billy Hayes** Double bill.
1.50 AM **History's Greatest Aircraft** As 8.00pm.
2.50 **History's Greatest Machines with Dolph Lundgren**
3.40 **History's Greatest Mysteries**
4.25 **Junk & Disorderly**
5.10 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: Emma Thompson**
8.00 **The Directors**
9.00 **Janet Jackson**
9.55 **Branson** 1/4. Documentary.
11.00 **Juan Carlos: Downfall of the King** 2/4. Documentary.
12.00 NOON **Wild Wild Space**
1.50 PM **My Icon: Michael Campbell**
2.00 **PL 360: The Fall and Rise of Coventry City** Documentary.
4.00 **The Directors**
5.00 **Discovering: Emma Thompson**
5.55 **Chimp Crazy** *Gone Ape:* 2/4. A Hollywood chimp disappears.

9.30 The Sleepwalker

6.55 **Love Has Won: The Cult of Mother God** 2/3. Amy Carlson's relatives talk about her past.

8.00 **Salt Path: A Very British Scandal** Journalist Chloe Hadjimatheou's investigation into allegations of factual inaccuracies in Raynor Winn's book *The Salt Path*.

9.30 **The Sleepwalker** Documentary investigation into whether remorseful Randy Herman Jr really did commit a brutal murder in his sleep, or whether it was a convenient cover story.

11.15 **JFK Revisited: Through the Looking Glass** Documentary.
1.30 AM **Chernobyl: My Promised Land** One-off documentary.
2.00 **NEW Rainbow Warrior** The story of the sinking of the Greenpeace ship by French secret service agents in 1985.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Emma Thompson**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Ant Anstead: Born Mechanic** A BMW Isetta.
9.00 **Johnny Vegas' Little Shop of Antiques** New edition Johnny and Bev head to Stafford to sell in an auction.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Faking It: Tears of a Crime**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
10.00 **Body Cam** New editions In Arizona, an art heist has officers reaching new heights. **11.00** Officers and firefighters rush to save lives after an explosion.
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The 2013 murder of 17- year-old Champion Ganda.
8.00 **UK Crime Files: The Most Evil Woman in Britain** Investigating the crimes of Myra Hindley and Ian Brady.
9.00 **UK Crime Files: The Party Killer** The case of Charlotte Pinkney, who vanished from Ilfracombe.
10.00 **Murder UK** The story of Raneem Oudeh. **11.00** The story of Nat Fraser, whose behaviour raises suspicion.
12.00 M'T **UK Crime Files: The Most Evil Woman in Britain** As 8.00pm.
1.00 AM **UK Crime Files: The Party Killer**
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Anagram Serial Killer**
9.55 **UK Crime Files: Brides in the Bath Murders**
11.00 **Killers: Caught on Camera** True-crime.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Gangland Murders**
3.00 **UK Crime Files: Evil Walks The Streets**
4.00 **Killers: Caught on Camera** How CCTV and phone data led police to Cristina Prodan's killer.
5.00 **Medical Detectives** Four editions, including at: **6.00** A murderer sends his victim's family her last will and testament. **6.30** Toxicologists try to determine whether a man was poisoned.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Face to Face with Scott Peterson**
1.10 PM **Britain's Most Evil...**
2.05 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **World's Most Notorious Killers**
10.45 **How I Caught the Killer**
11.50 **Killer in My Village**
12.55 AM **Catching the Killer**
2.00 **Murder Nation** New edition
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **The World After...**
9.20 **The Normans**
10.40 **The Mughal Empire**
1.00 PM **The World After...**
2.10 **The Normans**
3.25 **The Mughal Empire**
5.50 **The World After Stonehenge** Exploring the age of Celtic Britain.
7.00 **The Normans** The impact of the conquest of Britain and Ireland.
8.15 **The Mughal Empire** Investigating the legacy of the Mughals in the buildings they left behind. **9.30** Examining the impact of Shah Jahan's reign, which ushered in the golden age of Mughal architecture.
10.45 **Once Upon a Time in Northern Ireland** The growth of paramilitary organisations in the early 1970s.
12.00 M'T **The Normans**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

TUESDAY

Tuesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **America's Wild Seasons**
7.00 **Monkey Life**
8.00 **Tales from Zambia**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Jaguar Journals**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Guardians of the Wild**
4.00 **Cub Camp**
5.00 **Jaguar Journals**
6.00 **Airborne**
7.00 **Monkey Life** Double bill..
8.00 **Violent Earth** The science behind epic natural disasters.
9.00 **Age of the Big Cats** The stories of the puma and the leopard.
10.00 **Airborne** Animals that use the air to survive and thrive.
11.00 **Jaguar Journals**
12.00 M'T **Arabian Inferno**
1.00 AM **America's Wild Seasons**
2.00 **Violent Earth**
3.00 **Age of the Big Cats**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History of Weapons**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens**
1.00 PM **WW2 Air Crash Detectives** Five editions.
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** Examining evidence of potential UFO inhabitation on Earth.
8.00 **History of Weapons** Military historian Stephen Bull tests the three most significant weapons of the sea and explores whether the subsonic torpedo could rule the waves in the future
9.00 **Dark Marvels: Killing Machines** An exploration into the dark art of spy-craft.
10.00 **The Black West** The anonymous black people who inspired countless Westerns.
11.05 **Ancient Aliens** Double bill.
1.00 AM **UFOs: The Lost Evidence**
2.00 **WW2 Air Crash Detectives**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How It's Made**
8.30 **Above and Beyond: NASA's Journey to Tomorrow**
10.00 **How the Universe Works**
11.00 **Alaska Mega Machines**
12.00 NOON **The Dino Hunters**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
5.00 **Alien Highway**
6.00 **How It's Made: Dream Cars**
7.30 **How Do They Do It?**
9.00 **Incredible Engineering Blunders: Fixed** Justin Cunningham uncovers the truth behind a landslide that destroyed a ski resort in Turkey. **10.00** Justin learns more about the science behind a skyscraper melting a car.
11.00 **You Have Been Warned** Opening a bottle using a feather. **12.00** M'T Video clips of a mechanised super suit.
1.00 AM **How the Universe Works**
3.00 **Alien Highway**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
2.00 PM **Green Eyed Killers**
3.00 **Killer Investigations** New editions Triple bill.
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers** The death of Justine Vanderschoot.
9.00 **The Toolbox Murders** 1/2. Serial killer Lawrence Bittaker describes his 1979 killing spree. **10.00** 2/2. The criminal connections and psychological dynamics behind the crimes begin to come to light.
11.00 **Check-In to Murder**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **On the Case with Paula Zahn**
3.00 **Killer Investigations**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **American Amazon**
4.00 **Secrets of the Zoo: North Carolina** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** Two manatee orphans arrive at the zoo before returning to the wild.
8.00 **Legends of Venom** Following the fastest, longest venomous snakes in Africa – the mamba.
9.00 **Ultimate Viper: Fear the Fang** The scariest fangs in the world.
10.00 **When Sharks Attack** A series of shark attacks in Charleston, South Carolina.
11.00 **Inside Airport Lost & Found**
12.00 M'T **Africa's Deadliest**
1.00 AM **Casey and Brutus: Grizzly Encounters**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
8.00 **Combat Dealers**
9.00 **Blowing Up History**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Whether a planet similar to our own will ever be found.
8.00 **Expedition Unknown: Hunt for Extraterrestrials** Josh Gates travels to Easter Island, where ancient alien theorists believe extra-terrestrials visited millennia ago. Plus, he goes meteorite hunting in Zimbabwe.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Rise of the Nazis: The Manhunt** Double bill.
7.00 **Secrets and Spies: A Nuclear Game** A look at the events and causes of the Cold War. **8.00** A look at how Britain identified Mikhail Gorbachev as a possible new contender for Soviet leader, believing he would lead to better relations between East and West. **9.00** In 1985, Mikhail Gorbachev is instated as the new leader of the Soviet Union.
10.00 **Rise of the Nazis: The Manhunt** The hunt for Adolf Eichmann and Klaus Barbie. **11.00** The hunt for Nazi war criminals in the 1960s and 1970s.
12.00 M'T **Secrets and Spies: A Nuclear Game** Triple bill.
3.00 AM **Rise of the Nazis: The Manhunt** Double bill.
4.40 **Secrets and Spies: A Nuclear Game** Documentary.
5.30 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **The Perfect Murder**
12.00 NOON **Faking It: Tears of a Crime** Experts analyse a man's deception following the 2017 Manchester Arena attack.
1.00 PM **The 1980s: The Deadliest Decade** Double bill of editions.
3.00 **The Night That Didn't End**
7.00 **Deadline: Crime with Tamron Hall** The presenter recalls the murders of a psychiatrist and his adult son, who were killed execution-style. **8.00** The disappearance of young father Terrance Williams in south-west Florida.
9.00 **Evil Lives Here: The Killer Speaks** In 1990, two young men confessed to a double murder in self-defence.
10.00 **The Killer in My Family** The older sister of the Oregon serial killer shares the warning signs.
11.00 **On the Case with Paula Zahn**
12.00 M'T **Mean Girl Murders**
2.00 AM **The Night That Didn't End**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead Master Mechanic**
3.00 **Guz Khan's Custom Cars**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Local racers in Idaho compete.
9.00 **Goblin Works Garage** Ant arrives with a 1958 Apache.
10.00 **Guz Khan's Custom Cars**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard Hammond eyes a classic Bentley driven with synthetic fuel at Goodwood.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Tom and Jerry: Forbidden Compass** Animation. (2025, PG, 104min)
8.30 **Charlie the Wonderdog** Animated family adventure. (2025, PG, 92min)
10.10 **Hamnet** As shown at 5.45pm.
12.25 PM **Five Nights at Freddy's 2**
2.25 **Normal** As shown at 9.50pm.
4.00 **Twinless** As shown at 11.25pm.
5.45 **Hamnet** Drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★

9.50 Normal

8.00 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Normal Action comedy starring Bob Odenkirk. A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. (2026, 15, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Twinless** Dark comedy drama starring Dylan O'Brien. (2025, 15, 100min) ★★★★
1.10 AM **Primate** Horror thriller starring Johnny Sequoyah. (2025, 18, 92min) ★★★
2.45 **Seven Snipers** Thriller starring Radha Mitchell. (2025, 15, 87min) ★★★
4.20 **to 6.00** AM **Love Me** Drama. (2025, 15, 91min) ★★★

Sky Cinema Box Set

303 303 403 503 517

6.55 AM **Batman** Adventure. (1989, 15, 121min) ★★★★
9.05 **Batman Returns** Adventure. (1992, 12, 121min) ★★★★
11.15 **Batman Forever** Adventure. (1995, 12, 121min) ★★★
1.20 PM **Batman & Robin** Fantasy. (1997, PG, 125min) ★★
3.30 **Aquaman** Action adventure. (2018, 12, 143min) ★★★
5.55 **Justice League** Sci-fi action adventure starring Ben Affleck. (2017, 12, 120min) ★★

8.00 Annabelle

8.00 Annabelle Horror prequel to *The Conjuring*, starring Annabelle Wallis and Ward Horton. A couple are attacked by members of a satanic cult. With Alfre Woodard. (2014, 15, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Annabelle: Creation Horror thriller starring Anthony LaPaglia. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Conjuring: Last Rites** Horror starring Vera Farmiga. (2025, 15, 135min) ★★★
2.00 AM **From Dusk Till Dawn** Horror. (1995, 18) ★★★★
3.50 **From Dusk Till Dawn 2: Texas Blood Money** Horror sequel. (1999, 18, 88min)
5.30 **Sky Cinema Preview**
5.55 **to 7.35** AM **Zombieland** Comedy. (2009, 15) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.30 AM **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
8.40 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
10.20 **Tommy** As shown at 4.05am.
12.15 PM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
2.15 **Hamnet** As shown at 10.25pm.
4.30 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★

6.20 **Stand by Me** Nostalgic drama starring Wil Wheaton, River Phoenix and Corey Feldman. (1986, 15, 89min) ★★★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
10.25 **Hamnet** Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★

12.40 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
4.05 **to 6.00** AM **Tommy** Ken Russell's screen version of The Who's rock opera. Stars Roger Daltrey, Ann-Margret and Oliver Reed. (1975, 15, 111min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Kill** Suspense thriller. (2023, 15, 94min) ★★★
8.35 **They Will Kill You** As 4.05pm.
10.20 **After Yang** Sci-fi drama. (2022, PG, 96min) ★★★★
12.10 PM **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
2.10 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
4.05 **They Will Kill You** Horror comedy. (2025, 15, 94min) ★★★

5.50 **Ghostbusters** Fantasy comedy. (2016, 12, 113min) ★★★
8.00 **Waterworld** Sci-fi adventure starring Kevin Costner and Dennis Hopper. In a future world entirely covered by water, a solitary hero called the Mariner leads a quest for dry land. (1995, 12, 134min) ★★★
10.25 **Interview with the Vampire** Gothic horror thriller based on the bestseller by Anne Rice, starring Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★

12.35 AM **Event Horizon** Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★
2.15 **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
4.35 **to 6.10** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Alvin and the Chipmunks** Comedy. (2007, U) ★★★
8.00 **Alvin and the Chipmunks: The Squeakquel** (2009, U) ★★
9.40 **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★
11.15 **Alvin and the Chipmunks: The Road Chip** (2015, U) ★★
1.00 PM **Sonic the Hedgehog 3**
2.55 **The Lord of the Rings: The Two Towers** (2002) ★★★★★
6.00 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★

8.05 **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox and William Fichtner. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel starring Megan Fox and Will Arnett. (2016, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Twist** Crime comedy starring Raff Law and Michael Caine. (2021, 12, 90min) ★★★★
1.20 AM **Lemony Snicket's A Series of Unfortunate Events** Fantasy comedy. (2004, PG, 103min) ★★★★
3.15 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
5.15 **to 7.05** AM **Bookworm** Comedy. (2024, 12) ★★★★

Sky Cinema Action

306 306 407 507 521

8.15 AM **Crawl** Horror thriller. (2019, 15, 87min) ★★★
9.50 **Homefront** Action thriller. (2013, 15, 98min) ★★★
11.35 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.10 PM **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12) ★★★★★
4.30 **Normal** Action comedy. (2026, 15, 91 min) ★★★★
6.10 **Fuze** Thriller with Theo James. (2026, 15, 97min) ★★★

8.00 **Kong: Skull Island** Action adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. With Samuel L Jackson and Brie Larson. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

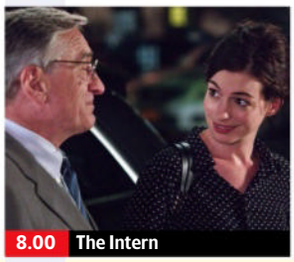
10.10 **First Blood** Adventure starring Sylvester Stallone. Vietnam veteran John Rambo runs foul of some small-town cops and triggers off a full-scale manhunt. (1982, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★
2.25 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
4.35 **to 6.25** AM **300: Rise of an Empire** Fantasy sequel. (2014, 15, 100min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.40 AM **We're the Millers** (2013)
9.40 **Zoolander** (2001, 12) ★★★★
11.20 **Zoolander 2** Comedy sequel. (2016, 12, 102min) ★★★
1.10 PM **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
2.55 **Quartet** Comedy drama (2012, 12, 94min) ★★★★
4.35 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
6.20 **Big Daddy** Comedy. (1999, 12, 95min) ★★★



8.00 **The Intern** Comedy starring Robert De Niro and Anne Hathaway. A retiree becomes an intern at a start-up run by a beautiful entrepreneur. With Rene Russo. (2015, 12, 121 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Team America: World Police** Spoof of Hollywood action movies performed by puppets. (2004, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Talladega Nights: The Ballad of Ricky Bobby** Action comedy starring Will Ferrell. (2006, 15, 108min) ★★★★
1.55 AM **Marmaduke** Comedy with the voice of Owen Wilson. (2010, U, 99min) ★★★
3.35 **Sky Cinema Preview**
4.35 **to 6.30** AM **We're the Millers** Comedy starring Jennifer Aniston and Jason Sudeikis. (2013, 15, 110min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Last Stop in Yuma County** (2023, 15) ★★★★
7.35 **Icefall** (2025, 15) ★★★
9.15 **Jaws 3** Thriller. (1983, 12) ★★
11.00 **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
1.25 PM **Now You See Me** Thriller. (2013, 12, 115min) ★★★
3.25 **Now You See Me 2** Thriller. (2016, 12, 124min) ★★★
5.40 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **A Clockwork Orange** Director Stanley Kubrick's satire. (1971, 18, 136min) ★★★★
2.35 **The Plague** Dark thriller. (2025, 15, 98min) ★★★★
4.20 **to 6.00** AM **Night Call** Thriller. (2024, 15, 97min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Togo** Period adventure. (2019, 15, 95min) ★★★★
1.15 PM **Sherlock Holmes: Terror by Night** Mystery thriller. (1946, b/w, U, 60min) ★★
2.30 **It Came from Outer Space** Thriller. (1953, b/w, PG) ★★★
4.05 **Those Magnificent Men in Their Flying Machines** Comedy adventure. (1965, U) ★★★
6.45 **Midway** World War Two drama. (2019, 12, 138min) ★★★★

Midway (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Drive-Away Dolls** Ethan Coen's action comedy starring Margaret Qualley and Geraldine Viswanathan. Two women cross paths with a group of inept criminals while on a road trip. With Beanie Feldstein, Pedro Pascal and Matt Damon. (2023, 15, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Hustlers** Comedy crime drama starring Jennifer Lopez. Strip club employees band together to turn the tables on their Wall Street clients. (2019, 15, 110min) ★★★★
1.25 **to 3.40** AM **Queenpins** Crime comedy starring Kristen Bell and Kirby Howell-Baptiste. (2021, 15, 110min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.20 AM **Looney Tunes: The Day the Earth Blew Up** Animated adventure. (2024, PG, 91 min)
7.55 **Grand Prix of Europe** Animation. (2025, U) ★★★
9.35 **Chicken Run** Animated comedy. (2000, U, 84min) ★★★★
11.10 **The Secret Life of Pets** Animation. (2016, U) ★★★
12.45 PM **The Secret Life of Pets 2** Animation. (2019, U) ★★★

2.20 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
4.00 **Fantastic Mr Fox** Animated tale. (2009, PG, 87min) ★★★★
5.35 **DC League of Super-Pets** Animation. (2022, PG) ★★★
7.25 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
9.10 **The Angry Birds Movie** Animation. (2016, U) ★★★
10.50 **The Angry Birds Movie 2** Animation. (2019, U) ★★★
12.30 AM **Flushed Away** Animation. (2006, U, 85min) ★★★★

2.00 **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
3.35 **Tafiti: Across the Desert** Animation. (2025, PG) ★★★
5.00 **to 6.35** AM **Mr Peabody & Sherman** Animated comedy. (2014, U, 97min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.10 AM **Logan's Run** Adventure. (1976, PG, 115min) ★★★★
8.15 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
10.45 **Tremors** Witty monster chiller. (1990, 15, 96min) ★★★★
12.30 PM **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
2.10 **Mad Max 2** Action thriller sequel starring Mel Gibson. (1981, 15, 95min) ★★★★

3.55 **Mad Max Beyond Thunderdome** Futuristic thriller sequel. (1985, 15, 107min) ★★★
5.50 **The Fifth Element** Luc Besson's sci-fi fantasy adventure. (1997, PG, 126min) ★★★★
8.00 **The Shining** Stanley Kubrick's chilling adaptation of Stephen King's bestseller, starring Jack Nicholson and Shelley Duvall. (1980, 15, 119min) ★★★★★
10.25 **Basic Instinct** Erotic thriller with Michael Douglas and Sharon Stone. (1992, 18, 128min) ★★★★

12.35 AM **Flash Gordon** Sci-fi adventure starring Sam J Jones. (1980, PG, 115min) ★★★
2.30 **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves. (1995, 15, 98min) ★★
4.10 **Sky Cinema Preview**
5.00 **to 6.40** AM **Tremors** (1990)

Disney+ Cinema

305 305

6.00 AM **Lady and the Tramp** Vintage animated musical. (1955, U, 76min) ★★★★★
7.25 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
9.10 **Cinderella** Animated feature. (1950, U, 75min) ★★★★
10.30 **Mufasa: The Lion King** Prequel. (2024, PG, 118min) ★★★
12.30 PM **The Little Mermaid** Animation. (1989, U) ★★★★★

1.55 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
3.35 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
5.15 **Mulan** Animated adventure. (1998, U, 88min) ★★★
6.45 **Mary Poppins Returns** Musical fantasy starring Emily Blunt. (2018, U, 130min) ★★★★
9.00 **Deadpool & Wolverine** Superhero adventure sequel. (2024, 15, 128min) ★★★★
11.10 **Flightplan** Suspense thriller. (2005, 12, 98min) ★★★★

12.50 AM **Nightbitch** Dark comedy starring Amy Adams and Scoot McNairy. (2024, 15, 99min) ★★★
2.30 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.05 **to 6.00** AM **The Princess Diaries** Comedy starring Julie Andrews. (2001, U, 115min) ★★★

Movies 24

312 313 419

7.00 AM **A Make or Break Holiday** Drama. (2025, U, 89min) ★★
9.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
11.00 **Adventures in Love & Birding** Drama. (2025, PG, 84min) ★★
1.00 PM **Three Wiser Men and a Boy** Festive comedy. (2024, PG, 84min) ★★
3.00 **A Very Merry Mix Up** Romantic comedy. (2023, PG, 90min) ★★

5.00 **For The Love of Lily** Romantic drama. (2024, PG, 90min) ★★
7.00 **Finding Love in Saint Lucia** Romance starring Brooke Burfitt and Philip Boyd. An ornithologist and a journalist try to save an endangered bird species in Santa Lucia. (2023, PG, 90min) ★★
9.00 **An Unexpected Valentine** Romantic comedy with Lacey Chabert. (2025, PG, 84min) ★★
11.00 **The Dancing Detective: A Deadly Tango** Murder mystery. (2023, PG, 84min) ★★

1.00 AM **For Love & Honey** Romantic comedy drama. (2024, U, 84min) ★★
3.00 **to 5.00** AM **His and Hers** Romance with Lacey Chabert. (2024, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Happiness of Three Women** (1954, b/w, U) ★★
7.35 **Juggernaut** Mystery thriller. (1936, b/w, PG, 71 min) ★★
8.50 **The Big Bluff** Crime thriller. (1955, b/w, PG, 71 min) ★★
10.20 **The Better Milk Story**
11.05 **The Battle of the Rails** Drama. (1946, PG, 85min) ★★
12.45 PM **Look at Life**
1.00 **The Adventures of William Tell**

1.30 **Jassy** Drama. (1947, PG) ★★
3.30 **Dial 999** 19/39. (S1)
4.00 **That's My Boy** 2/6. (S1)
4.35 **Pink String and Sealing Wax** Drama. (1945, b/w, PG) ★★★★
6.20 **Food Flash Dried Eggs 1942**
6.25 **Whiplash** 29/34. (S1)
6.55 **The Man from UNCLE** (S2)
7.55 **Buccaneer** 6/13. (S1)
9.00 **Sherlock Holmes: The Sign of Four** Feature-length drama.
11.05 **Fortean TV**
11.40 **The Siege of Sidney Street** Drama. (1960, b/w, PG) ★★

1.35 AM **The Long Haul** Drama with Victor Mature and Diana Dors. (1957, PG, 100min) ★★★
3.20 **Cinebox Memories**
3.25 **Scotland Yard** 9/39. (S1)
4.00 **Target: The Corruptors** (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

TUESDAY Sport 25 August

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
11.30 **Transfer 360** Andy Cole.
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
2.30 **Transfer 360** Andy Cole.
3.00 LIVE **US Open Tennis** Day one of the mixed doubles tournament staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 LIVE **US Open Tennis** Day two of the qualifying event for the Grand Slam in Flushing Meadows.
1.00 AM LIVE **Tennis** Coverage of the exhibition event featuring Federer, Andy Roddick, Andre Agassi, and John McEnroe competing in Arthur Ashe Stadium at the USTA Billie Jean King National Tennis Center in Flushing Meadows.
3.00 **to 6.30** AM LIVE **WTA & ATP Tennis** The ATP Winston-Salem Open and WTA Monterrey Open, both hard-court tournaments in the USA and Mexico respectively.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
11.30 **Transfer 360** Andy Cole.
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Highlights** Everton v Crystal Palace.
1.30 Ipswich Town v Sunderland.
2.00 Nottingham Forest v Leeds United staged at The City Ground.
2.30 The key moments from Brentford v Tottenham Hotspur.
3.00 Manchester City v Bournemouth at Etihad Stadium.
3.30 Highlights from Brighton & Hove Albion v Aston Villa.
4.00 Newcastle United v Liverpool at St James' Park.
4.30 Fulham v Chelsea.
5.00 **The Premier League Show**
7.00 **Soccer Special** Reports on the evening's football fixtures.
10.30 **Premier League Review**
11.30 **Premier League Stories**
12.00 M'T **Netbusters** Fast-paced highlights using alternative angles.
12.30 AM **Premier League 100 Club**
1.00 **PL Retro** Bolton Wanderers v Chelsea in the 2004/05 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.45 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **SPFL Greatest Games**
11.30 **EFL Greatest Games**
12.00 NOON **SPFL Round-Up**
12.15 PM **EFL Highlights**
12.30 **Bundesliga Preview**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights** Championship.
3.00 **SPFL Round-Up**
3.15 **EFL Highlights**
4.30 **Bundesliga Preview**
5.30 **EFL League One Goals**
6.00 **EFL League Two Goals**
6.30 **EFL Cup Highlights**
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 **SPFL Round-Up** Highlights from the Scottish Premiership.
10.45 **EFL Highlights** Championship.
12.00 M'T **EFL Cup Highlights**
12.30 AM **Dundee United – Champions 83**
1.00 **EFL** The 2017/18 play-off finals.
3.00 **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Nepal Climbing Cricket's Mountain** Documentary.
6.30 **Women's T20 World Cup Cricket** England v Australia in the final held at Lord's in London.
7.00 **One-Day International Cricket**
10.00 **International T20 Cricket**
12.30 PM **Nepal Climbing Cricket's Mountain** Documentary.
1.00 **Test Cricket** England v Pakistan: Action from all five days of the first Test in the three-match series staged at Headingley in Leeds.
6.00 **One-Day International Cricket** England v India. Highlights from all three ODI matches in the series.
9.00 **International T20 Cricket** England v India: Action from all five T20 games in the series.
11.30 **Nepal Climbing Cricket's Mountain** Nepal's mission to become a Test-playing nation.
12.00 M'T **Women's T20 World Cup Cricket** England v Australia.
12.30 AM **International T20 Cricket**
1.30 **Nepal Climbing Cricket's Mountain** Documentary.
2.00 **The Hundred** A chance to see Birmingham Phoenix v Welsh Fire.
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **Hundred Bitesize**

Sky Sports Golf

406 406 506 423 443

6.00 AM **School of Golf**
7.00 **Golf Academy** Expert tips.
8.00 **Playing Lessons**
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **Women's Golf** Women's Open.
12.00 NOON **Best of Open Zone 2018**
1.00 PM **Best of the Sky Zone**
2.00 **Best of the Shot Centre**
2.30 **Mark Roe's Short Game School**
3.00 **The Golf Fitness Show**
3.30 **The Improvers**
4.30 **Nick Dougherty's Tee Time Tips**
5.30 **Scotland's Greatest Golf Holes**
6.00 **PGA Tour Golf** Highlights.
7.00 **DP World Tour Golf** Action from the Nexo Championship.
7.30 **Ladies European Tour Golf** The London Championship.
8.30 **Challenge Tour Golf Highlights**
9.00 **Scotland's Greatest Golf Holes**
10.00 **The Greatest Solheim Cup**
12.00 M'T **Europe! Europe!**
2.00 AM **Ryder Cup – Official Films**
3.00 **Best of the Open Zone 2018**
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Test Cricket Sri Lanka v India.** Day three of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM LIVE **La Vuelta Men** Stage four of the Grand Tour race, starting and ending in Andorra la Vella.
5.00 **Premier League Netbusters**
5.30 **Groundbreaking**
5.45 LIVE **UEFA Champions League** Coverage of a play-off round second-leg match.
7.45 **Premier League Reload**
8.00 LIVE **UEFA Champions League** Coverage of a play-off round second-leg match.
10.00 **Premier League Stories**
10.30 **MLB Highlights**
11.30 **MLB Lead Off** Match preview.
12.00 M'T LIVE **MLB Atlanta Braves v Los Angeles Dodgers.** Coverage from Truist Park. Start-time **12.15am**.
3.00 AM **MLB Closer** Match review.
3.30 **TNT Sports Cricket Reload**
3.45 **UCI Mountain Bike World Series**
4.15 **Test Cricket Highlights**
5.15 **to 6.00** AM LIVE **Test Cricket Sri Lanka v India.** Coverage of day four of the second Test.

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Review**
7.00 LIVE **Snooker: Wuhan Open** Coverage of the first session from round two at the Optics Valley Gymnasium, Huazhong University of Science and Technology.
10.00 **UCI Mountain Bike World Series Review** In Haute Savoie, France.
10.30 **CPL Highlights**
11.00 **Premier League Stories**
11.30 **Premier League Review**
12.30 PM LIVE **Snooker: Wuhan Open** Coverage of the second session from round two in China.
3.30 **Serie A** Action from Italy.
5.30 **UEFA Champions League**
5.45 LIVE **UEFA Champions League** Coverage of a play-off round second-leg match.
7.45 **UEFA Champions League**
8.00 **Rolex SailGP Championship**
9.00 **UFC: The Ultimate Fighter**
10.00 **Test Cricket Highlights**
11.00 **CPL Highlights**
11.30 LIVE **CPL Antigua & Barbuda Falcons v Barbados Tridents.** Coverage of the T20 match from Sir Vivian Richards Stadium in Antigua.
3.45 AM **Premier League Reload**
4.00 **to 6.00** AM **NWSL**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Castleford Tigers v Hull FC from 2025.
9.00 **Super League** A replay of St Helens v Leeds Rhinos in 2025.
11.45 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **Super League Highlights**
3.30 **International Rugby Union** South Africa v New Zealand.
5.45 LIVE **International Rugby Union Lions v New Zealand.** The tour match from Ellis Park Stadium in Johannesburg. Kick-off **6.00pm**.
8.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Tampa Bay Buccaneers v Atlanta Falcons.
10.45 Highlights from Cincinnati Bengals v Pittsburgh Steelers.
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 **Super League** Wigan Warriors v Leigh Leopards from 2024.
4.45 **Women's Super League**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.30 AM **Sky Sports News**
8.00 **Super League** Another chance to see St Helens v Warrington.
10.45 **My Icon** Deta Hedman.
11.00 **Sky Sports FC**
11.30 **Transfer 360** Andy Cole.
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
2.30 **Transfer 360** Andy Cole.
3.00 **Sports Desk**
4.00 **The Transfer Show**
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special** Featuring pre-match reports and news of all tonight's goals as they go in, with studio guests keeping an eye on the big games.
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 LIVE **WTA & ATP Tennis** Coverage from the ATP Winston-Salem Open and WTA Monterrey Open, both hard-court tournaments staged in the USA and Mexico respectively.
2.00 **to 6.30** AM LIVE **WTA & ATP Tennis** Further coverage of the ATP Winston-Salem Open and WTA Monterrey Open staged in the USA and Mexico respectively.

Sky Sports Tennis

408 408 508 425 445

6.30 AM **ATP Tour This Week**
7.00 **Tennis** Cincinnati Open finals.
9.00 **WTA & ATP Tennis**
3.00 PM LIVE **US Open Tennis** Day one of the mixed doubles tournament at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
10.00 LIVE **US Open Tennis** Day two of qualifying for the Grand Slam at the USTA Billie Jean King National Tennis Center, Flushing Meadows.
1.00 AM LIVE **Tennis** An exhibition event featuring Roger Federer, Andy Roddick, Andre Agassi, and John McEnroe at Arthur Ashe Stadium.
3.00 **to 6.30** AM LIVE **WTA & ATP Tennis** The ATP Winston-Salem Open and WTA Monterrey Open, both hard-court tournaments in the USA and Mexico respectively.

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Highlights.
9.00 **LPGA Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **WTA Tennis** Rouen Open final.
12.00 NOON **My Icon** Sporting heroes.
12.20 PM **Super League**
3.00 LIVE **US Open Tennis** Day two of the qualifying event for the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
12.00 M'T **NFL Highlights**
2.00 AM **Premier League Darts**
5.40 **Darts Top 5 Moments**
5.45 **to 6.00** AM **The Mensur Suljovic Story**

TNT Sports 3

413 415 523 410 432

6.00 AM **Motocross World Championship** From Arnhem.
9.00 **Conference League Goals**
9.15 **Europa League Goals Reload**
9.30 **Champions League Goals**
9.45 **Serie A** Highlights from Italy.
11.45 **Formula E Unplugged**
12.15 PM **The Gruppetto** Cycling news.
12.30 **La Vuelta Men** The third stage.
1.30 LIVE **La Vuelta Men** Coverage of the fourth stage of the Grand Tour race, a route of 104.8km.
5.00 **MLB Highlights**
6.00 **Fishing: On the Bank**
7.00 **The WRC Magazine**
7.30 **MLB Highlights**
8.30 **T100 Triathlon World Tour**
9.00 **TNT Sports Cricket Reload**
9.15 **The Gruppetto** Cycling action.
9.30 **UCI Mountain Bike World Series**
10.00 **La Vuelta Men** Stage four.
11.00 **Snooker: Wuhan Open**
1.00 AM **UEFA Champions League**
3.00 **La Vuelta Men** Stage four.
4.00 **to 6.00** AM **Snooker**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Another chance to see Geelong Cats v Richmond.
7.30 Another chance to see Adelaide Crows v GWS Giants.
9.00 Essendon v Port Adelaide.
10.30 **AFL** Another chance to see Sydney Swans v North Melbourne.
12.00 NOON A chance to see West Coast Eagles v Hawthorn.
1.30 PM **MLB Highlights**
2.30 **NWSL** Action from San Diego Wave FC v Utah Royals FC.
3.30 Highlights from Kansas City Current v Seattle Reign.
4.30 **UCI Mountain Bike World Series Review** In Haute Savoie, France.
5.00 **MotoGP Rewind**
8.00 **Playing for Our Future** Asking what the future holds for sport in the battle against global warming.
9.15 **Groundbreaking** Anfield.
9.30 **Fishing: On the Bank**
10.30 **UFC** A chance to see Anthony Hernandez v Gregory Rodrigues.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 APP 528

6.00 AM **DTM Motorsport Highlights**
7.00 **LaLiga** Another chance to see Malaga v Deportivo La Coruna.
9.00 **NASCAR Highlights**
10.00 **LaLiga Match Highlights**
11.30 **Scottish Football Social Club**
12.30 PM **Africa Eco Race**
1.00 **Top 14 Rugby Union Highlights**
1.30 **World of FreeSports**
2.00 **Brasileiro Serie A**
3.55 **LaLiga Match Highlights**
4.55 **NASCAR Highlights**
5.55 **LaLiga** Another chance to see Malaga v Deportivo La Coruna.
7.55 LIVE **LaLiga Valencia v Real Betis.** Coverage of the Spanish top-flight match at the Mestalla. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.30 **Scottish Football Social Club**
11.30 **LaLiga Match Highlights**
12.00 M'T **LaLiga** Two match replays.
4.00 AM **Scottish Rally Championship**
4.30 **Sporting Greats**
5.00 **to 6.00** AM **Sidecarcross**

Premier Sports 2

420 APP 529

6.00 AM **Temples of Sport**
7.00 **NASCAR Trucks** Action from New Hampshire Motor Speedway.
10.00 **Bike World** Magazine.
10.30 **Coppa Italia** Udinese v Padova.
12.30 PM **Coppa Italia** Another chance to see Venezia v Modena.
2.30 **Temples of Sport**
3.00 **Football's Greatest**
3.30 **Swedish Speedway** Action from a high-profile Elitserien meeting.
5.25 **Motorsport** Valentino Rossi.
5.55 LIVE **Swedish Speedway** Coverage of an Elitserien meeting.
8.00 **Bike World** Magazine.
8.30 **Temples of Sport**
9.30 **Coppa Italia** Another chance to see Torino v Carrarese in the Italian domestic cup competition.
11.30 **Swedish Speedway** Action from a high-profile Elitserien meeting.
1.30 AM **3Ice Hockey** Action from the three-on-three ice hockey league.
4.30 **NHL: This is Hockey**
5.00 **to 6.00** AM **Motorsport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Races from 2022.
9.00 **British GT Championship**
10.00 **Formula 1** Highlights from the Dutch Grand Prix sprint race.
11.00 Action from the Dutch Grand Prix qualifying session.
1.00 PM **Formula 1** Another chance to see the Dutch Grand Prix.
5.30 **At Home with Liam Lawson**
6.00 **F1 Academy Highlights**
8.00 **Formula 1** The Dutch Grand Prix.
9.00 **Indycar** Highlights from the Grand Prix of Washington D.C.
10.00 **Formula 1** The Dutch Grand Prix.
11.00 **Indycar** Highlights from the Grand Prix of Washington D.C.
12.00 M'T **Formula 1** Dutch Grand Prix.
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

26 August

Planner

The Last Sunrise

DRAMA Prime Video

A woman (Maia Reficco, left), whose life has been shaped by illness and her over-protective mother (Eva Longoria), experiences some much longed-for adventure during a trip to Mallorca.

Bookish

DRAMA

U&Alibi, 8pm & 9.15pm

A second series for this 1940s-set yarn. This evening's two-parter sees the bookshop-owning sleuth (Mark Gatiss) drawn into the world of spiritualism – after a death during a séance presents a table full of potential killers.

The Never Ending Murder

DOCUMENTARY

C4, 10pm

This four-parter examines the tragic case of Nicola Payne, a teenage mother-of-one from Coventry who disappeared in 1991 while walking the short distance to her parents' house. Concludes tomorrow night.

The Great Wall of China with Dan Snow

DOCUMENTARY 5, 9pm

The historian journeys to China to find out more about the iconic landmark. He travels from the sea in the east to the jagged peaks near Beijing, home to some of the most visited sections of the monument.

Wednesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Fake or Fortune: What Happened Next?		9.00 Celebrity MasterChef		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Inside the Factory		9.00 9/11: Inside the President's War Room			10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation...	9.00 Professor T		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It...		9.00 The Murder Detective		10.00 The Never Ending Murder	
	105 5	7.00 Cycling: Vuelta a España		8.00 Call the Bailiffs: Time to Pay Up		9.00 The Great Wall of China with Dan Snow			10.30 A&E: Crash...
	106 SKY ONE	7.00 The Simpsons		8.00 Surviving Earth		9.00 Film: The Expendables			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60	7.30 Film: Paddington			9.00 Top Gear		10.00 Guy Montgomery's Guy...	
	116 BBC4	7.00 Villages by the...	7.30 Canal Boat...	8.00 Rome: A History of the Eternal City		9.00 Mary Beard's Ultimate Rome: Empire...		10.00 I, Claudius	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club Rollover		9.00 Family Guy			
	136 MORE4	‹ 6.50 Car S.O.S.	7.55 Grand Designs			9.00 The Roman Empire by Train with Alice...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Ladies of London: The New Reign		9.00 Ramsay's Kitchen Nightmares USA		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.45 House of the Dragon				9.00 The Terror: Devil in Silver			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 Are You Being Served?		9.00 Fawlty Towers	9.45 The Office		10.25 Not Going Out
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 Target Sports Stars Fishing Championship				9.00 River Monsters	9.30 Film: Universal Soldier		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Grimm	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Chelsea Detective				10.05 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 Bookish					10.30 Return to...
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Gene Wilder		9.00 Battle of the Irish Dancers		10.00 The Eighties	
	132 U&W	7.00 MasterChef Australia		8.10 Pete Wicks: For Dogs' Sake		9.10 Signora Volpe			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Mighty Truckers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of Ancient Greece		9.00 Elizabeth I: The Secret Life		10.00 Mysteries of Ancient Medicine	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain: UFO Special		9.00 Curse of Skinwalker Ranch		10.00 Airport Security: USA	
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Michael Palin: Travels of a Lifetime		9.00 Explore		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Love Has Won: The Cult of Mother God		8.00 Costa Concordia: Chronicle of a Disaster				10.00 Rainbow Warrior	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live: Top Tips and Best Bits** New edition Highlights. (S)
10.30 **Garden Rescue** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition In Surrey, Sarah Moore finds some lawn bowls and a croquet set. (S)
2.45 **Escape to the Country** Sonali Shah helps a couple buying their first house together in Devon. (S)(R)
3.30 **The Repair Shop** A wartime diary is restored. (S)(R)(AD)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Fake or Fortune

7 PM

7.00 **The One Show** JB Gill and Clara Amfo present the topical show. (S)
7.30 **EastEnders** Alfie secretly plans a party to lift Kat's spirits, while Kim is furious with Jack when she learns what's happened. (S)(AD)

8 PM

8.00 **Fake or Fortune: What Happened Next?** Series finale 6/6. Fiona Bruce and Philip Mould investigate a piano that may have belonged to John Lennon and a guitar believed to have once belonged to Ronnie Wood. (S)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 5/15. In the second round of heats, TV and radio broadcaster Zoe Ball asks the celebrities to make their ultimate pudding. (S)(AD)
■ Continues on Friday

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the play-off round second-leg fixtures, including LASK v Celtic at Raiffeisen Arena, Bodø/Glimt v NEC Nijmegen at Aspmyra Stadion and Lyon v Fenerbahce at Groupama Stadium. (S)
11.30 FILM **The Shallows** Survival thriller starring Blake Lively and Oscar Jaenada. A surfer strays into the hunting territory of a great white shark and faces a life or death struggle to get back to shore. (S) (2016, 15, 80min) ★★★★
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Great Continental Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Do You Know Your Place?** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Cressing Temple Barns. (S)(R)
5.10 **Flog It!** From Kent. (S)(R)
6.00 **Richard Osman's House of Games** Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe compete. (S)(R)
6.30 **Great Continental Railway Journeys** Michael reaches Rennes, the capital of Brittany. (S)(R)

11.05 Couples Therapy

7.00 **Celebrity Antiques Road Trip** Life-long friends and stars of 1979 movie *Quadrophenia* Leslie Ash and Phil Daniels are together again on Lincolnshire's roads in a pink Cadillac, with expert guidance from Serhat Ahmet and Phil Serrell. (S)(R)

8.00 **Inside the Factory** Presenter Paddy McGuinness goes inside the Warburtons bread factory located in his hometown of Bolton, where he had a Saturday job more than 30 years ago. (S)(R)(AD)

9.00 **9/11: Inside the President's War Room** One-off documentary revealing how President George W Bush and his senior staff dealt with the September 11 terrorist attacks. Featuring testimony from George W Bush himself, as well as staff members Dick Cheney, Condoleezza Rice and Colin Powell. (S)(R)(AD)
10.30 **Newsnight** (S)

11.05 **Couples Therapy** New editions 4/9. Marjorie uncovers deep-rooted shame and trauma. (S)
11.30 5/9. Sienna explores why she buried uncomfortable feelings. (S)
12.00 M'T **Buried with Michael Sheen** 2/2. Michael's search leads him to Ruabon in north Wales. (S)(R)(AD)
1.00 AM **Sign Zone: Celebrity MasterChef** (S)(R)(AD)
2.00 **Sign Zone: Brexit – A Very British Civil War** (S)(R)(AD)
3.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Blackburn, where Alys Dobbie meets a time-travelling fan, Matt Taylor hopes a big deal won't go up in smoke, and things heat up for Karen Dalmeny. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Richard tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Professor T

7.30 **Celebrity Lingo** Adil Ray hosts the word-based quiz, as sports presenter Mark Pougatch and tennis coach Judy Murray take on *Morning Live* hosts Helen Skelton and Rav Wilding to win money for their chosen charities. (S)(R)

8.00 **Emmerdale** Dawn has a very important decision to make, and Graham is in a tricky position. (S)(AD)
8.30 **Coronation Street** Ollie comes to the aid of Christina, and Bethany spots blood on Kit's shirt. (S)(AD)

9.00 **Professor T** New episode *September Gardens:* 2/6. Jasper is reluctantly visiting a retirement home with Zelda when one of the residents apparently kills a woman. (S4) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Spectre** James Bond thriller starring Daniel Craig and Christoph Waltz. 007 goes in search of the elusive mastermind behind a secret criminal network with links to his own past. (S)(AD) (2015, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

1.10 AM **Teleshopping**
3.00 **Love & Death** *Sssssh:* 7/7. Candy testifies that she feared for her life. (S1) (S)(SL)(R)(AD)
4.00 **Inside the Langham: Britain's First Grand Hotel** (S)(SL)(R)(AD)
4.20 **Unwind with ITV** (S)
5.35 **to 6.00** AM **Tom Kerridge Cooks Italy** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 7-10/24. (S7) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** New Orleans. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Jasmine Harman helps a couple find a property in Mojácar, Spain. (S)(R)
4.00 **The Great B&B Challenge** Jo and Guy improvise when there are issues in the market. (S)(R)
5.00 **Chateau DIY** Jon and Carmen battle the imposing vines that threaten their tower. (S)(R)(AD)
6.00 **American Pickers** New edition An Oktoberfest gem has Frank Fritz's name written all over it. (S)

8.00 Kirstie and Phil's Love It or List

7.00 **News** (S)

8.00 NEW SERIES **Kirstie and Phil's Love It or List It: Brilliant Builds** Hosts Kirstie Allsopp and Phil Spencer look back at cases that showed them the pros and cons of period properties and modern homes. (S)(AD)

9.00 NEW SERIES **The Murder Detective** 1/3. The inside story of the seven-year-long mission to find out who murdered journalist Lyra McKee in 2019. (S)(AD)
■ Continues tomorrow

10.00 NEW SERIES **The Never Ending Murder** 1/4. Re-examining the case of Nicola Payne, an 18-year-old mum-of-one who went missing in 1991 while walking to the home of her parents. (S)(AD)
■ Entire series on C4 streaming

11.05 **The Never Ending Murder** New edition 2/4. The police begin their forensic investigation and question two local men. (S)(AD)
■ Continues tomorrow
12.05 AM **Spy Next Door: The Anna Chapman Story** (S)(SL)(R)(AD)
1.55 **Celebrity Hunted** (S)(SL)(R)(AD)
3.50 **Couples Come Dine with Me** (R)
4.45 **Jamie: Eat Yourself Healthy** (R)
5.40 **Find It, Fix It, Flog It** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.20 **FILM PREMIERE Reality Bites** Mystery starring Alison Sweeney and Victor Webster. (S) (2025, PG, 100min) ★★
4.00 **Castle** *The Nose:* 5/22. A priceless work of art is stolen and the person transporting it is murdered. (S8) (S)(R)
4.55 **Love Nature** Cameras follow Tim, a rooftop beekeeper in Birmingham. (S)(R)
5.00 **News** (S)
6.00 **Motorhoming with Merton & Webster** Paul and Suki explore the New Forest. (S)(R)
6.55 **News** (S)

9.00 The Great Wall of China

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights from stage five of the Grand Tour race – the hilly 173.4km route from Falset to Roquetes. (S)
7.55 **News** (S)

8.00 **NEW SERIES Call the Bailiffs: Time to Pay Up** Documentary following the work of High Court enforcement agents. Tonight, Agents try to recover a debt owed by an estate agent to a former client. (S)(AD)

9.00 **NEW The Great Wall of China with Dan Snow** The historian heads to China to find out more about the country's iconic landmark – the world's biggest building project that changed the course of Chinese history. (S)

10.30 **A&E: Crash Scene Emergency** Medics treat a man whose car was crushed underneath a tractor, while a man who has shattered his thigh bone is taken into theatre for complex surgery. (S)(R)

11.30 **Ambulance: Code Red** Medical documentary. (S)(R)
12.30 AM **Cops** (S)(R)
12.55 **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Castle** As 4.00pm. (S)(R)
3.40 **Friends** (S10) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S)(R)
10.00 **La Brea** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Don't Fear the Roofer:* Homer is committed to a mental institution by an exasperated Marge. (S)(R) **5.30** *There's Something About Marrying:* Same-sex marriage is legalised in Springfield. (S)(R)
6.00 **Rob & Romesh vs Ballet** The comedians go behind the scenes at Birmingham Royal Ballet Company and take part in a real performance of *Swan Lake*. (S)(R)(AD)

8.00 Surviving Earth

7.00 **The Simpsons** *The Heartbroke Kid:* Bart gets sent to a high-security fat camp. (S)(R) **7.30** *A Star Is Torn:* Lisa decides to enter a singing competition on *The Krusty the Clown Show*. (S)(R)

8.00 **Surviving Earth** New edition *When the Climate Broke:* 2/6. A look at the end of the Carnian pluvial episode and its aftermath, following a hatchling who grows to be a leader of her herd. (S)

9.00 **FILM The Expendables** Action movie directed by and starring Sylvester Stallone, co-starring Jason Statham, Jet Li and Dolph Lundgren. Veteran mercenary Barney Ross and his team undertake a mission for America's CIA to overthrow the corrupt dictator of the South American island of Vilena. When the bullets begin to fly, however, the men realise that they have been set up. (S) (2010, 18, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Grimm** 8/22. A string of brutal murders leads Hank and Nick to an escaped convict who is seeking revenge on those who put him behind bars. (S1) (S)(R)
12.00 M'T **Evil** 8/13. David recognises one of the signs in the Poveglia Codex from his father Leon's artwork. (S1) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 4/25. (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.30pm Scotcast (S)(R) **12.00m't FILM** The Shallows (S) (2016, 15, 80min) ★★★★ **1.20am** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The Big Deal with Steph McGovern New edition (S) **11.40** MOTD: UEFA Champions League (S) **12.30am FILM** The Shallows: As Scotland. **1.55-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Camau Bach **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Lowri Morgan: Her 333 **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Siwrna Scandi Chris **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.30** Adeiladu'r Freuddwyd: Camp Out West **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru **8.55** Newyddion a'r Tywydd **9.00** Priodas Pum Mil **10.00** Y Deis **10.30-11.35pm** Ty Ffit

TV&Streaming week
More channels than any other TV magazine

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall and the team visit Alaska.
7.30 **FILM Paddington** Comedy starring Hugh Bonneville and featuring the voice of Ben Whishaw. A bear from the Peruvian jungle starts a new life in London – but catches the eye of a sinister taxidermist. (2014, PG, 95min) ★★★★★
9.00 **Top Gear** The team compete to find the fastest way to get around London – by bike, boat or car.
10.00 **Guy Montgomery's Guy Mont-Spelling Bee Australia** New edition 7/10. The panel go back to school for Show and Spell with the help of a squad of athletes. **10.50** New edition 8/10. Aaron takes the panel to a full spelling carnival.
■ Entire series on BBC iPlayer
11.35 **The Young Offenders**
2.40 AM **Shabaz Asks: Are Billionaires Bad?**
3.30 **to 4.00** AM **BBC New Comedy Awards**

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Villages by the Sea** Archaeologist Ben Robinson discovers the impressive lime kilns in Solva, Wales.
7.30 **Canal Boat Diaries** Robbie Cumming breaks down in Nottingham.
8.00 **Rome: A History of the Eternal City** 2/3. Rome's rise to become the capital of Western Christendom.
9.00 **Mary Beard's Ultimate Rome: Empire Without Limit** 4/4. The scholar examines how and why the Roman Empire fell.
10.00 **I, Claudius** *Hail Who?* 9/12. Caligula announces he is leaving to fight the Germans. **10.55** *Fool's Luck:* 10/12. The Praetorian Guard hold Claudius under protective custody. (S1)
11.50 **The Australian Wars**
12.50 AM **Canal Boat Diaries**
1.20 **Rome: A History of the Eternal City** As 8.00pm.
2.20 **Mary Beard's Ultimate Rome: Empire Without...**
3.20 **to 3.50** AM **Villages by the Sea**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Bournemouth.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend travel to Norfolk to pick up Andrew's classic 1971 Triumph GT6.
6.50 **Car S.O.S** Tim and Fuzz journey to south Wales to secretly restore a 1984 Toyota FJ40 Land Cruiser.
7.55 **Grand Designs** Host Kevin McCloud meets a couple who are planning to create a hybrid structure by slotting in an entirely new home within the walls of a 200-year-old former blacking mill in Cumbria.
9.00 **The Roman Empire by Train with Alice Roberts** 4/6. Alice surveys a museum of offerings to the gods in the city of Parma, before heading across the Alps to discover how Hannibal dragged his army of elephants through the mountains.
10.00 **24 Hours in A&E** A man is rushed in with breathing difficulties and tests reveal he has fluid on his lungs.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Oxfordshire.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **Below Deck: Mediterranean**
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** The villagers gather to support Ste.
7.30 **The Simpsons** *Homer v Patty and Selma:* Homer asks Patty and Selma for help.
8.00 **Ladies of London: The New Reign** New edition Martha recalls long-forgotten memories.
9.00 **NEW SERIES Ramsay's Kitchen Nightmares USA** Chef Gordon Ramsay helps a steak house in Indiana.
10.00 **Gogglebox** *My Mum, Your Dad* and *Welcome to Wrexham* are appraised.
11.00 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Gogglebox**
2.10 **Ladies of London: The New Reign** As 8pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

- 6.00 AM **Sun, Sea and A&E**
- 7.00 **Border Patrol**
- 8.00 **UK Border Force**
- 9.00 **The Force: Manchester**
- 10.00 **Motorway Patrol**
- 10.30 **Caught Red Handed**
- 12.00 NOON **FBI** 3&4/22. (S4)
- 2.00 PM **The Rookie** 21/22. Chen goes undercover to infiltrate a firearm operation. (S5)
- 3.00 **Law & Order: Criminal Intent** 6/8. Goren and Eames investigate the death of a wealthy philanthropist. (S10)
- 4.00 **Nothing to Declare**

9.00 Fire Country

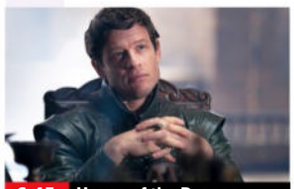
- 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.
- 8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
- 9.00 **Fire Country** New episode *Who Owns the Dirt:* 9/20. A turf war between Station 42 and Drake County comes to a head. (S4)
- 10.00 **FBI: International** *Hail Mary:* 8/22. Vo goes undercover when the team look into the death of a model in Milan. (S2)
- 11.00 **The Rookie** 17/22. (S5)
- 12.00 M'T **FBI** (S3&4)
- 2.00 AM **CIA** New episode 6/12. Colin recieves a tip-off. (S1)
- 3.00 **The Rookie** 1/10. (S6)
- 4.00 **Motorway Patrol**
- 5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

- 6.00 AM **Urban Secrets**
- 8.00 **Billions** 1&2/12. (S7)
- 10.15 **House of the Dragon** (S3)
- 12.40 PM **Homicide: Life on the Street** Double bill. (S5&6)
- 2.30 **Billions** 1&2/12. (S7)
- 4.40 **The White Lotus** 1/7. A group of demanding vacationers arrive at a resort in Sicily. **5.45** 2/7. Harper questions Cameron and Daphne's claims about their marriage. (S2)
- 6.45 **House of the Dragon** 5/8. The search for Aemond and Vhagar continues. (S3)



6.45 House of the Dragon

- 7.50 **House of the Dragon** *Faceless Men:* 6/8. While Rhaenyra and Daemon focus on how best to deal with Ormund, tensions among their neglected allies begin to erupt. (S3)
- 9.00 **The Terror: Devil in Silver** *November in My Soul:* 1/6. Return of the supernatural horror starring Dan Stevens.
- 10.05 **The Terror: Devil in Silver** *Disturbed:* 2/6. Pepper is attacked by a mysterious entity. (S3)
- 11.05 **Station Eleven** 9&10/10. (S1)
- 1.10 AM **Possession** 3/5. (S1)
- 2.00 **NEW SERIES Fightland** 1/8. An ex-boxing champion returns to London to seek vengeance. **3.05** New episodes 2&3/8. Double bill of the drama. (S1)
- 5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

- 6.00 AM **Highlights**
- 7.30 **Real Housewives of Potomac**
- 8.20 **Real Housewives of Beverly...**
- 9.15 **The Only Way Is Essex**
- 10.15 **Dawson's Creek** 5/22. (S2)
- 11.10 **Charmed** 18/22. (S1)
- 12.10 PM **Deal or No Deal**
- 1.10 **Celebrity Supermarket Sweep**
- 2.10 **Wheel of Fortune**
- 3.10 **The Only Way Is Essex**
- 4.10 **Real Housewives of Potomac**
- 5.00 **Real Housewives of Beverly Hills** Reality series.
- 6.00 **Celebrity Catchphrase**

7.00 Wheel of Fortune

- 7.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to solve word puzzles.
- 8.00 **The 1% Club Rollover** Lee Mack hosts a special edition of the quiz show, featuring a potential jackpot of £500,000.
- 9.00 **Family Guy** 16/18. Lois is outraged when Chris is expelled from school. **9.30** 17/18. Lois decides to run for mayor. (S5)
- 10.00 **Family Guy** 10/18. Peter searches for his father. **10.30** 11/18. Stewie becomes convinced he has skin cancer. (S5)
- 11.05 **Family Guy** 12/18. Quagmire loses his job. With the guest voice of Hugh Hefner. (S5)
- 11.35 **American Dad!** (S5)
- 12.35 AM **Bob's Burgers** (S13)
- 1.30 **G'wed** 6/6. (S1)
- 2.00 **Transaction** 3/6. (S1)
- 2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

- 6.00 AM **George and Mildred**
- 7.05 **Classic Emmerdale**
- 8.05 **Classic Coronation Street**
- 9.10 **Agatha Christie's Poirot**
- 11.30 **Heartbeat** Double bill.
- 1.35 PM **Midsomer Murders** *Death of a Stranger:* A fox-hunt turns sour when a tramp is found dead in the woods.
- 3.35 **Classic Emmerdale**
- 4.40 **Classic Coronation Street**
- 5.50 **Heartbeat** *Speed:* Sgt Merton is under pressure when a group of teenagers plan a 'chicken run' with stolen cars.

11.50 Inspector Morse

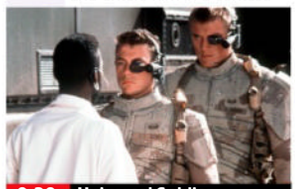
- 6.55 **Heartbeat** *Dog Days:* PC Steve Crane is shocked to discover Peter Pyke's warehouse has gone up in smoke.
- 8.00 **Midsomer Murders** *A Dying Art:* When the launch of a new sculpture park is marred by murder, the detectives have to get creative as they investigate a case where everything has a deeper meaning.
- 10.00 **Lewis** *Entry Wounds – Part One:* The detective comes out of retirement to help the now Inspector Hathaway and new partner DS Maddox look into a surgeon's murder.
- 11.50 **Inspector Morse** *Promised Land:* Lewis and Morse pursue a former supergrass all the way to the Australian Outback.
- 2.00 **to 2.30** AM **George and Mildred**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

- 6.00 AM **Magnum, PI**
- 8.05 **Robin of Sherwood**
- 9.10 **Boon**
- 10.15 **The Professionals**
- 11.25 **Robin of Sherwood**
- 12.25 PM **Magnum, PI**
- 2.35 **The Memoirs of Sherlock Holmes** Murder mystery.
- 3.45 **Boon**
- 4.50 **The Professionals** *Blind Run:* Bodie and Doyle protect a Middle Eastern diplomat.
- 5.55 **Minder** *Broken Arrow:* Arthur spots a possible darts champion and enters him in a contest.



9.30 Universal Soldier

- 7.00 **Target Sports Stars Fishing Championship** Action from the annual charity event at Tunnel Barn Farm Fisheries in Warwick, featuring 32 stars from the world of sport, including Luke Littler, David Seaman, Tony Bellew and Hollie Doyle.
- 9.00 **River Monsters** Attacks in Florida's waterways.
- 9.30 **FILM Universal Soldier** Sci-fi drama starring Jean-Claude Van Damme and Dolph Lundgren. Two Vietnam veterans are brought back from the dead and transformed into cyborg soldiers. (1992, 18, 104min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.35 **EFL Carabao Cup Highlights** A round of action from the second-round ties.
- 12.35 AM **Benidorm** 1&2/9. (S2)
- 1.35 **The Professionals**
- 2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **Reporting Scotland**
- 7.30 **Scotland's Home of the Year** Showcasing the best houses in the east of Scotland.
- 8.00 **Island Crossings** Two senior CalMac managers meet the Arran Ferry Committee.
- 9.00 **Dolly: The Sheep That Changed the World** The story of the first mammal to be cloned.
- 10.00 **River City** New episode Harry is hellbent on revenge and goes on the hunt for Tyler.
- 10.30 **Icons of Football** Featuring a profile of journalist Chick Young.
- 11.00 **Scotcast** Topical debate
- 11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland** A fraud case that became the longest criminal court case in UK history.

Sky Comedy

113/114 109/110 112 347 362

- 8.00 AM **Will & Grace** (S4)
- 9.00 **Sort Of** 5&6/8. (S1)
- 10.00 **Avenue 5** 7&8/9. (S1)
- 11.20 **Will & Grace** (S8)
- 12.20 PM **Upright** 5&6/8. (S1)
- 1.40 **Avenue 5** 7&8/9. (S1)
- 3.00 **Will & Grace** (S7)
- 4.00 **Two Weeks to Live** (S1)
- 5.00 **Community** (S2)
- 6.00 **Will & Grace** (S8)
- 7.00 **The Office (US)** 28/28. Michael and Holly are reunited at a company picnic. (S5) **7.30** 1/26. Michael discovers that the rumour he started about Stanley is true. (S6)
- 8.00 **Animal Control** (S1)
- 9.00 **Last Week Tonight with John Oliver** Talk show.
- 9.45 **Chris Fleming: Live at the Palace** Stand-up.
- 11.15 **Two Weeks to Live** (S1)
- 12.15 AM **Animal Control** (S1)
- 1.15 **Community** (S2)
- 2.15 **Hitmen** 3&4/6. (S1)
- 3.20 **Avenue 5** 8/9. (S1)
- 4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

- 6.00 AM **Jonas Kaufman at Arena di Verona**
- 8.00 **Artist of the Year: Masterclass** Double bill.
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **Discovering**
- 12.00 NOON **The Art of Film with Ian Nathan**
- 1.00 PM **Tales of the...**
- 2.00 **Alfred Hitchcock Hour**
- 3.00 **The Nineties**
- 4.00 **Discovering**
- 5.00 **Portrait Artist 2023**
- 6.00 **Tales of the Unexpected**
- 7.00 **Hitchcock Presents**
- 8.00 **Discovering**
- 9.00 **Battle of the Irish Dancers** Documentary.
- 10.00 **The Eighties**
- 11.00 **Accelerate or Die!**
- 12.20 AM **Blind Eye Artist**
- 2.00 **Matisse: The Last Masterpiece**
- 3.10 **Stories from Tate Britain**
- 4.05 **A Play in a Day**
- 5.05 **to 6.00** AM **The Art of Film with Ian Nathan**

Sky Mix

151 158 156 11 141 23

- 7.00 AM **Border Security: America's Front Line**
- 8.00 **Border Patrol**
- 9.00 **Nothing to Declare**
- 11.00 **Border Security: America's Front Line**
- 12.00 NOON **Caught on Dashcam** Road disasters.
- 1.00 PM **Police 24/7**
- 2.00 **Nothing to Declare**
- 4.00 **Star Trek: Deep Space Nine** 13/26. (S6)
- 5.00 **Stargate SG-1** (S9)
- 6.00 **Stargate Universe** (S2)
- 7.00 **Star Trek: The Next Generation** 13/26. (S5)
- 8.00 **Hawaii Five-0** *Malama Ka Aina (Respect the Land):* 3/24. (S1)
- 9.00 **FBI: Most Wanted** (S3)
- 10.00 **The Rookie** (S4)
- 11.00 **Grimm** 13/22. (S1)
- 12.00 M'T **Wynonna Earp** (S1)
- 1.00 AM **Police 24/7**
- 2.00 **Road Wars**
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

- 9.00 AM **Deal or No Deal**
- 10.00 **Tipping Point** Triple bill.
- 1.00 PM **Lingo** Quiz show.
- 2.00 **Tenable** The Curtain Callers answer questions about top 10 lists.
- 3.00 **Wheel of Fortune** Graham Norton hosts a special couples edition.
- 4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
- 5.00 **Deal or No Deal** Stephen Mulhern hosts as Sarah takes on the infamous Banker for the chance to win a life-changing cash prize.
- 6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
- 9.00 **Supermarket Sweep** Rylan Clark hosts a revival of the supermarket-based game show.
- 10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
- 12.55 AM **Tenable** Quiz show.
- 1.50 **Riddiculous** Quiz show.
- 2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

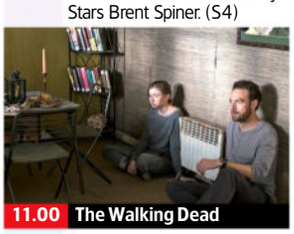
- 9.00 AM **American Pickers**
- 10.00 **Find It, Fix It, Flog It**
- 11.00 **Great B&B Challenge**
- 12.00 NOON **A Place in the Sun** Triple bill.
- 3.00 PM **Come Dine with Me**
- 5.30 **A Place in the Sun**
- 7.00 **The Dog House** Parents think a dog can wear out a two-year-old toddler. **8.00** Beth and Jemima look for an outgoing pup.
- 9.00 **24 Hours in A&E** Three pedestrians are brought in to Queen's following a roadside accident.
- 10.00 **Surgery Secrets of the Super Rich** A woman undergoes a non-surgical skin treatment.
- 11.05 **Gogglebox** Appraisals of *Strictly Come Dancing.*
- 12.05 AM **Celebrity Gogglebox**
- 1.10 **8 Out of 10 Cats Does Countdown**
- 2.10 **Big Fat Quiz: Best Bits**
- 3.10 **Our Farm Next Door: Amanda, Clive and Kids**
- 4.05 **to 5.05** AM **Worst House on the Street**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Warehouse 13** 4/6. (S5)
3.00 **Primeval** 3/6. (S1)
4.00 **Stargate SG-1** 16/20. (S8)
5.00 **Star Trek: Voyager** 6/26. The crew are fooled by a devious Ferengi plan. (S7)
6.00 **Star Trek: Enterprise** 5/22. Part two of three. Soong returns to the medical facility. Stars Brent Spiner. (S4)



11.00 The Walking Dead

7.00 **Stargate Atlantis** *Search and Rescue:* 1/20. Carter races to save the trapped crew members from the rubble of the facility. (S5)

8.00 **Stargate SG-1** *Reckoning – Part One:* 16/20. The Replicators threaten to overwhelm the galaxy,. With Isaac Hayes. (S8)

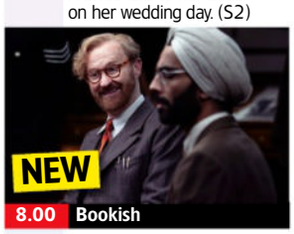
9.00 **Resident Alien** *I Believe in Aliens:* 16/16. Harry comes face to face with his greatest enemy and faces a big decision. (S2)

10.00 **Grimm** *Zerstorer Shrugged:* 12/13. A dark force arrives in Portland intent on reaching Diana. (S6)
11.00 **The Walking Dead** 10/16. Groups unite their forces and converge on the Hilltop. (S8)
12.00 M'T **Resident Alien** 15/16. Harry attempts to infiltrate a military base. (S2)
1.00 AM **Warehouse 13** 4/6. (S5)
2.00 **Primeval** 3/6. (S1)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 7/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 7/22. (S6)
5.00 **Hudson & Rex** 2/8. The team rush to save a hostage from an anonymous abductor. (S8)
6.00 **Body of Proof** 11/20. A bride falls to her death on her wedding day. (S2)



8.00 Bookish

7.00 **Private Eyes** *The Grape Deception:* 5/12. Angie's college roommate calls for help when a bottle of wine is stolen. (S3)

8.00 **NEW SERIES Bookish** *Momento Mori – Part One:* 1/6. Return of the detective drama set in post-war London, starring Mark Gatiss.

9.15 **Bookish** New episode *Memento Mori – Part Two:* 2/6. The mounting evidence forces Book and the team to face a disturbing question. *See feature, page 8.* (S2)

10.30 **Return to Paradise** *Dead Last:* 2/6. A man is killed shortly after advising Mackenzie that many lives are in danger. (S1)
11.35 **Private Eyes** As 7.00pm.
12.35 AM **Shakespeare & Hathaway: Private Investigators** (S4)
1.35 **Hudson & Rex** 1/8. (S8)
2.25 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.40 **Ever Decreasing Circles**
12.20 PM **Porridge**
1.00 **Keeping Up Appearances**
1.40 **Dad's Army**
2.20 **The Green Green Grass**
3.00 **Are You Being Served?**
3.40 **Ever Decreasing Circles**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

8.20 Are You Being Served?

7.00 **Porridge** Fletch tries to sort out Godber's love life.
7.40 **Dad's Army** Captain Mainwaring's platoon acquire a boat and plan to use it for coastal patrols.
8.20 **Are You Being Served?** Captain Peacock becomes convinced his wife is having an affair.

9.00 **Fawlty Towers** Basil goes to great lengths to prove a guest has smuggled a woman into his room.
9.45 **The Office** David and Finchy resolve to beat Tim and Ricky in a quiz.
10.25 **Not Going Out** Lucy's first love asks her to star in a romantic play.
11.00 **Mrs Brown's Boys** Agnes fears being sent to a nursing home.
11.45 **Fawlty Towers** As 9.00pm.
12.30 AM **The Office** As 9.45pm.
1.10 **Not Going Out** As 10.25pm.
1.50 **Mrs Brown's Boys**
2.25 **Don't Wait Up**
2.55 **to 4.00** AM **Fawlty Towers**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's India**
11.20 **Yukon Gold**
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Guy's Garage**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's India** Rick has an audience with the Dalai Lama.
6.00 In Lucknow, Uttar Pradesh, Rick meets India's first *MasterChef* winner.

7.00 Mortimer & Whitehouse

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo fish on the River Severn.
7.40 **Would I Lie to You?** With Sara Cox, Jason Manford, Nick Robinson and Harry Shearer.
8.20 With Warwick Davis, Hugh Dennis, Katherine Ryan and John Simpson.

9.00 **QI XL** Sandi Toksvig asks Alan Davies, Rosie Jones, Josh Widdicombe and Susan Calman questions on a 'vintage' theme.

10.00 **Have I Got a Bit More News for You** Amol Rajan hosts the satirical quiz, with guests Miles Jupp and Andrea Jenkyns.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Rhys James.
3.00 **Richard Osman's House of Games** With Sarah Kendall.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
8.10 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Classic Neighbours**
3.05 **Whitstable Pearl**
4.10 **Kingdom**
5.15 **As Time Goes By**
6.00 **Last of the Summer Wine** Compo takes up running.
6.40 Ivy goes out for the afternoon – leaving Foggy in charge of the cafe.

8.00 The Chelsea Detective

7.20 **Last of the Summer Wine** Howard asks a reluctant Clegg to deliver a message to Marina at her place of employment.

8.00 **The Chelsea Detective** *Deadlock – Part One:* 3/8. When a body is found, Max and Layla race to identify the victim.

9.00 **The Chelsea Detective** *Deadlock – Part Two:* 4/8. The investigation into the bodies on the allotment heats up. (S3)

10.05 **New Tricks** *Lost in Translation:* Fresh DNA tests on an unidentified body found in 1996 reveal the victim to be an Albanian police interpreter.
11.25 **Luther** 2/4. Luther confronts a demon from his past. (S5)
12.40 AM **Lovejoy**
1.50 **Sister Boniface Mysteries**
2.50 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Voyeur's Web:* 6/24. A murder is shown live online.
7.00 *Honour Code:* 7/24. A child claims his father has been kidnapped.
8.00 *Under Covers:* 8/24. Ziva and Tony pose as assassins. (S3)
9.00 **Prodigal Son** *Fear Response:* 3/20. Malcolm gets his dream interview opportunity.
10.00 *Designer Complicity:* 4/20. Malcolm assists the investigation into the murder of social media influencer. (S1)
11.00 **Law & Order: Special Victims Unit** *Mea Culpa:* 9/24. Stone asks Benson to investigate a sexual assault. (S20)
12.00 M'T **to 3.55** AM **Law & Order: Special Victims Unit**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A pregnant woman is rushed in with concerns over potential conditions.
9.00 **FILM San Andreas** Disaster movie starring Dwayne Johnson. A pilot makes a dangerous journey across California to rescue his daughter. (2015, 12, 114min) ★★★
11.20 **Special Forces: Most Daring Missions**
12.20 AM **Scam City**
1.25 **Cold Case Killers**
2.20 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
10.15 **Police Interceptors**
11.15 **Gunsmoke** (S13)
12.20 PM **FILM The Hired Hand** Western. (1971, 12, 93min) ★★★
2.10 **FILM Branded** Western. (1950, PG, 94min) ★★
4.00 **Highway Thru Hell**
5.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999** Officers are called to a potentially fatal road traffic incident.
11.00 **The X-Files** 7/22. (S6)
12.00 M'T **Deadliest Weather: Caught on Camera**
1.05 AM **Outback Truckers**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: Homes for Veterans** In Manchester.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: Homes for Veterans** In Manchester.
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants must make a dish featuring cuisines from two countries.
8.10 **Pete Wicks: For Dogs' Sake** A litter of pups who were found in a crisp box.
9.10 **Signora Volpe** *Death of a Ghost:* 3/3. Sylvia is taken by an old foe. (S2)
11.10 **Missing Persons Investigation**
1.30 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **The Blue Planet** Marine life in coastal regions.
8.00 **Michael Palin: Travels of a Lifetime** Michael reflects on his fourth travel series, exploring the Sahara.
9.00 **Explore** Simon Reeve seeks the hidden side of tourist locations, beginning with the landscapes of Argentina.
10.00 **Bangers & Cash**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop: NHS Special** The team restore four items chronicling the evolution of the NHS.
7.00 **The Yorkshire Auction House** Angus clears a home of classic books to fund a trip for a widower.
8.00 **Antiques Road Trip**
9.00 **Long Lost Family: False Identities Special**
10.00 **Who Do You Think You Are?** Gemma Collins.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
9.00 **Bramwell** 6/8. (S2)
10.00 **The Irish RM** 1/6. (S3)
11.00 **Little House on the Prairie** 19&20/23. (S3)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 19&20/23. (S3)
6.00 **The Irish RM** 1/6. (S3)
7.00 **M*A*S*H**. Four episodes of the series, including at: **8.30** 4/24. General Kelly's demise is given a heroic spin. (S3)
9.00 FILM **As Good As It Gets** Comedy starring Jack Nicholson. A neurotic novelist rediscovers his humanity through his encounters with a painter and a single mother. (1997, 15, 138min) ★★★★
11.50 **M*A*S*H** 1-4/24. (S3)
1.50 AM **Rising Damp** (S2)
2.20 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Raiders of the Lost Art** El Greco.
10.00 **Murder Maps**
11.00 FILM **Tomorrow We Live** War drama starring John Clements. (1942, b/w, U, 87min) ★★
1.00 PM **The Unit** (S2)
2.00 **Burn Notice** (S4)
4.00 FILM **The Trust** Comedy thriller starring Nicolas Cage and Elijah Wood. (2016, 15, 90min) ★★★
6.00 **The Unit** 15/23. (S2)
7.00 **Burn Notice** (S4)
9.00 FILM **Flight of Fury** Thriller starring Steven Seagal and Alki David. (2007, 15, 98min) ★
11.10 **The Avengers** (S6)
12.10 AM **The New Avengers**
1.10 **The Persuaders!** (S1)
2.10 FILM **Seattle Superstorm** Thriller starring Esai Morales. (2012, PG, 95min) ★★
4.00 **Coast Guard Alaska**
4.45 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Nelly Knows: A Fatal Engagement** Crime mystery. (2024, PG, 89min) ★★
10.10 FILM **Mystery 101: Killer Timing** Thriller. (2021, U, 89min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S5)
2.00 **Castle** 9/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 10/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 1/12. (S1)
10.45 **Castle** 22/23. (S4)
11.45 FILM **Garage Sale Mysteries: All That Glitters** Crime drama starring Lori Loughlin. (2014, PG, 87min) ★★
1.50 AM FILM **Famous and Fatal** Thriller with Sarah Roemer and Jon Prescott. (2019, 12, 87min) ★★
3.20 **to 5.00** AM FILM **What the Nanny Saw** Thriller. (2022, 12, 100min) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.00 AM FILM **Reunited at Christmas** (2018) ★★
10.00 FILM **Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
12.00 NOON FILM **Christmas with a Prince: Becoming Royal** Drama. (2019, PG, 92min) ★★
2.00 PM FILM **Love You Like Christmas** Drama. (2016, U, 88min) ★★
3.55 FILM **Christmas Next Door** (2017, U) ★★
5.50 FILM **Once Upon a Holiday** Romantic drama. (2015, PG, 85min) ★★
7.45 FILM **Christmas in Paris** Drama. (2019, PG) ★★
9.45 FILM **A Christmas Exchange** Drama. (2020, PG, 87min) ★★
11.40 FILM **12 Pups of Christmas** Romance. (2019, PG, 95min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love You Like Christmas**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** From Hackney.
1.00 PM **The Greatest Auction** A set of drums.
2.00 **Case Sensitive**
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **This Farming Life**
6.00 **The Greatest Auction**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **Case Sensitive**
10.00 FILM **Wife Swappers** Drama starring Judette Banket, Theresa Cauwels and Robert Chambers. (1965, 12, 60min) ★★
11.45 **Musketeer** Short drama.
12.00 M'T FILM **On the Game** Comedy starring Lloyd Lamble and Gloria Maley. (1974, 18, 88min) ★★
1.45 AM **Real Thick Glasses**
2.00 **The Greatest Auction**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Doctor in Charge** (S2)
10.30 **The Upper Hand** (S2)
11.00 **The Gaffer** 4/7. (S2)
11.30 **Only When I Laugh**
12.00 NOON **UFO** 4/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 7/7. (S2)
2.00 **Second Thoughts** (S4)
2.30 **The Gaffer** 4/7. (S2)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk...**
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 4/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 19/26. (S1)
9.30 **The New Statesman**
10.00 FILM **Salome's Last Dance** (1987, 18) ★
11.55 FILM **Takin' It All Off** Comedy. (1987, 18) ★★
1.50 AM **Stereo Underground**
2.50 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Poseidon Crew unearth two monster nuggets. **8.00** Thieves hit the Dust Devils' Siberia lease.
9.00 **Building Off the Grid** A young family embark on a challenging build. **10.00** A family head to Arkansas to build a mountain getaway.
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's French Adventure**
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New editions Double bill.
9.00 **Jamie's 5 Ingredient Mediterranean Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Simple Comforts**
1.00 **James Martin's Spanish Adventure**
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's 5 Ingredient Mediterranean Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Simple Comforts**
9.00 **Sophie Grigson: Slice of Italy** Double bill.
10.00 **Jamie Cooks Italy**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 12/22. (S3)
11.00 FILM **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
1.00 PM FILM **Shark** Thriller. (1969, 15, 88min) ★★
3.00 FILM **The Land That Time Forgot** Adventure. (1974, PG, 91min) ★★★
5.00 **Star Trek** 25/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 13/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Shanghai Job** Thriller starring Orlando Bloom and Lei Wu. (2017, 15, 95min) ★★
11.00 FILM **Ambush** Drama. (2023, 15, 130min) ★★
1.10 AM FILM **Vendetta** Thriller with Danny Dyer. (2013, 18, 106min) ★★
3.10 **to 5.00** AM FILM **Jack's Back** Crime thriller. (1988, 18, 93min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Dr Terror's House of Horrors** Horror compendium. (1964, PG, 98min) ★★★
11.00 **Andromeda** 5/22. (S5)
12.00 NOON **King Solomon's Mines** Adventure starring Patrick Swayze.
2.00 PM FILM **Alien Convergence** Thriller starring Stephen Brown. (2017, 15, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **King Solomon's Mines**
7.00 **Andromeda** 6/22. (S5)
8.00 **The A-Team** 22/25. (S3)
9.00 FILM **Upgrade** Sci-fi thriller starring Logan Marshall-Green and Melanie Vallejo. (2018, 15, 100min) ★★★★
11.05 FILM **Revenge** Thriller starring Matilda Lutz and Kevin Janssens. (2017, 18, 108min) ★★★★
1.15 AM FILM **Upgrade** (2018)
3.15 **King Solomon's Mines**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Ludlow.
6.45 **Pawn Stars Do America**
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Canadian Pickers**
1.05 PM **Pawn Stars Do America** Reality series.
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **We Are Not Alone**
6.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation.
7.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
11.00 **Secrets in the Dark**
12.00 M'T **Mysteries from Above** An urban centre sinking towards oblivion.
1.00 AM **We Are Not Alone**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly: Henry's Wreck-trospective** Compilation.
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Australia.
5.00 **Summer in the Scilly Isles** Documentary.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben visits Arkansas to live with a master craftsman. **8.00** Ben meets a nomadic family on New Zealand's North Island.
9.00 **Angela Rippon's River Cruises** Angela ends her trip along the Mekong.
10.00 **Keeping Faith** 1/6. (S3)
11.05 **Prisoner: Cell Block H**
1.10 AM **Murder, She Wrote**
2.10 **The Yorkshire Vet**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Peter Shilton.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Emilia Fox.
5.15 **All Star Family Fortunes**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With guests Jacqui Oatley, Dev Griffin, Fallon Sherrock and Johnny Vegas.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **Most Extreme Humans** New edition Godfrey seeks answers about a rare disorder that has left him disfigured.
10.00 NEW SERIES **ER: Caught on Camera** First-person accounts of medical emergencies. Chan's medical mystery could take her eyesight.
11.00 **Dr Pimple Popper: Breaking Out**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper: Breaking Out**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** 7-10/22. (S1)
11.00 **Sabrina the Teenage Witch** 5-8/26. (S2)
1.00 PM **Friends** (S4&5)
7.00 **Friends** 12/24. Chandler's behaviour begins to annoy Monica. **7.30** 13/24. Phoebe meets her father. **8.00** 14/24. Chandler and Monica's relationship becomes public knowledge. **8.30** 15/24. Ross makes a bad impression on his new neighbours. (S5)
9.00 **Michael McIntyre's Big Show** With Rylan, Joel Corry and Tom Grennan.
10.00 **8 Out of 10 Cats Uncut**
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **South Park**
3.30 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 3&4/22. (S1)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S1)
11.00 **Friends** (S6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** 5-9/22. (S1)
6.00 **The Upper Hand** (S3)
7.00 **Sabrina the Teenage Witch** 5-8/26. (S2)
9.00 **Rhod Gilbert's Growing Pains** Guests Gemma Cairney, Jeremy Vine and James Acaster reflect on their teenage years.
10.00 **South Park**
1.00 AM **Beavis and Butt-Head** (S3)
1.30 **Mike Judge's Beavis and Butt-Head** (S3)
2.00 **Most Ridiculous**
3.00 **Spin City** (S1)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
10.10 **Bread** 9/10. (S8)
10.45 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 2/6. (S4)
12.25 PM **Man About the ...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 13/13. Drama. (S1)
2.40 **Minder** 9/10. (S5)
3.45 **Just Good Friends** (S3)
4.25 **Man About the House**
4.55 **Bread** 9/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 1/6. (S4)
6.35 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 6/13. (S3)
9.00 **Benidorm** 1&2/6. (S1)
9.55 **Shameless** 8/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 1&2/6. (S1)
12.50 AM **Minder** 3/13. (S8)
1.55 **Duty Free** 5/7. (S1)
2.20 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 1/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: Scammed**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 4&2/22. (S2)
7.00 **Teen Mom: The Next Chapter** Jade finds a private school for Kloie.
8.00 **Judge Judy**
9.00 **Geordie Stories: Charlotte's New Baby** Charlotte faces issues with her business.
10.00 **Ink Master**
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition The team spring into summer with 'water tramps.'
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

26 August **Wednesday**

Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Aquarium**
9.00 **Gold Rush**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Cine cameras and glass Christmas ornaments. **4.30** Microphones, hot tubs, artificial turf and beer steins.
5.00 **Alaska: Homestead Rescue** A family homestead in Texas requires a total makeover.

10.00 Mighty Truckers

7.00 Wheeler Dealers Mike tracks down one of the most iconic estate cars of all time – the Volvo 240 Torslanda.

8.00 Wheeler Dealers Mike thinks there's money to be made on a soft-top Saab 900 that has a dicey clutch and woolly steering.

9.00 Wheeler Dealers Mike is in the Pacific Northwest, where he has tracked down a Volvo Amazon 122 with a rally heritage.

10.00 Mighty Truckers New edition An insight into the challenges of being a truck driver.

11.00 **Expedition X** Landmarks tied to Stephen King's *IT* hide terrifying ghost stories.
12.00 M'T **Deadliest Catch**
1.00 AM **Wheeler Dealers**
2.00 **Mighty Truckers** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked**
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** Rescued seal pup Sydney finds a new family. **4.00** A keel-billed toucan begins a new life at the zoo.
5.00 **Lone Star Law** An alligator that bit a man and his son.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed after eating marijuana-infused chocolates.

6.00 Dr Jeff

7.00 Treehouse Masters Pete Nelson is asked to design a beehive-style structure for a couple.

8.00 Rugged Justice The force solves an illegal elk shooting, helps prevent a suicide and stops felons from hunting illegally.

9.00 Alaska: The Last Frontier Alaskan family the Kilchers struggle through a record-breaking harsh winter.

10.00 Alaskan Bush People Ami prepares for a critical medical check-up, and Billy has concerns about the homestead's progress.

11.00 **Mountain Monsters** The hunters learn about a creature known as the Black Wolf.
12.00 M'T **Crikey! It's the Irwins** A crocodile becomes ill.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Mega Marine Machines**
11.00 **Car S.O.S** A Jaguar XJ-S V12.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Last Stand**
4.00 **Lost Treasures of Egypt** New evidence about the reign of Ramses the Great.
5.00 **Destruction Decoded** A look back at history's 10 most devastating dam collapses.
6.00 **Nazi Megastructures: Battle Ready** A look at the world's first-ever cruise missile.

10.00 Mysteries of Ancient...

7.00 Air Crash Investigation The investigation into the crash of a plane that nosedived into a remote desert in Patagonia.

8.00 Lost Treasures of Ancient Greece Archaeologists explore new discoveries at Olympia and Gibraltar.

9.00 Elizabeth I: The Secret Life A look at the monarch's life, considering why she failed to provide an heir to the throne.

10.00 Mysteries of Ancient Medicine New edition Archaeologists explore ancient remedies and Chinese medical texts.

11.00 **Air Crash Investigation** An aircraft design flaw that caused two accidents.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Northwoods Survival**
2.00 **Lords of War**
2.30 **Trafficked with Mariana Van Zeller** Double bill of editions.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **History's Greatest Mysteries**
7.25 **Greatest Prison Escapes with Billy Hayes**
9.15 **Pawn Stars**
10.10 **Junk & Disorderly**
11.05 **Storage Wars** Double bill.
12.00 NOON **Beyond Skinwalker Ranch** Documentary.
1.00 PM **Curse of Skinwalker Ranch** Documentary.
2.00 **Storage Hunters**
6.00 **American Pickers** In Michigan, Danielle falls for a collection of John Deere toys.

8.00 Weird Britain: UFO Special

7.00 Forged in Fire The finalists recreate Hattori Hanzo's 1,000-layer katana from Quentin Tarantino's *Kill Bill* films.

8.00 Weird Britain: UFO Special Andy McGrath explores the Welsh Triangle and revisits UFO landing sites.

9.00 NEW SERIES Curse of Skinwalker Ranch The team fire extreme heat above the Triangle.

10.00 Airport Security: USA Officers stop a woman trying to settle in the US illegally, and find narcotics hidden in board games.

11.00 **Airport Security: USA** Officers stop a father taking his children outside the US.
12.00 M'T **Storage Hunters**
1.50 AM **Weird Britain: UFO Special** As 8.00pm.
2.50 **Curse of Skinwalker Ranch**
3.40 **Pawn Stars** Historic coins and movie memorabilia.
4.25 **Junk & Disorderly**
5.10 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: John Travolta**
8.00 **The Directors**
9.00 **Janet Jackson**
9.55 **Branson** 2/4. Documentary.
11.00 **Juan Carlos: Downfall of the King** 3/4. Documentary.
12.00 NOON **Stevie Van Zandt: Disciple** A look at the musician and actor's career.
2.50 PM **Young Guns: The New Tennis Titans** Documentary.
4.00 **The Directors**
5.00 **Discovering: John Travolta**
6.00 **Chimp Crazy** *Head Shot:* 3/4.

8.00 Costa Concordia

7.00 Love Has Won: The Cult of Mother God 3/3. Amy Carlson's health continues to deteriorate.

8.00 Costa Concordia: Chronicle of a Disaster Documentary told from different perspectives of the sinking of the cruise ship, examining why it ran aground and how the chaotic evacuation took place.

10.00 NEW Rainbow Warrior The story of the sinking of the Greenpeace ship by French secret service agents in July 1985.

12.00 M'T **The Salisbury Poisonings: A Spy Next Door** The story of the nerve agent attack on former Russian spy Sergei Skripal and his daughter Yulia.
1.40 AM **Scouting for Girls: Fashion's Darkest Secret**
4.40 **My Icon: Kate and Helen Richardson-Walsh**
5.00 **to 6.00** AM **Discovering: John Travolta**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** A widow returns from Italy, bringing with her Soviet propaganda. **9.00** New edition Angus views a garden railway fanatic's model collection.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Faking It: Tears of a Crime**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Examining the murders of police officers Nicola Hughes and Fiona Bone in 2012.
8.00 **Murder on CCTV**
10.00 **Crime Scene Investigators**
11.00 **Son of Sam: The Hunt for a Killer**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The murder of Tom Cressman.
8.00 **UK Crime Files: Murder – A Fight for Justice** The story of Satish Sekar, who fought to clear three wrongly convicted men.
9.00 **UK Crime Files: Murder on the Rocks** The discovery of a body on an island.
10.00 **Murder UK** The story of Bennylyn Burke. **11.00** The case of Mark Martin, who boasted about being a killer.
12.00 M'T **UK Crime Files: Murder – A Fight for Justice** As 8.00pm.
1.00 AM **UK Crime Files: Murder on the Rocks**
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Gangland Murders**
9.55 **UK Crime Files: Evil Walks the Streets**
11.00 **Killers: Caught on Camera** Cristina Prodan.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Mystery of the Man in the Woods**
3.00 **UK Crime Files: Wrongful Revenge**
4.00 **Killers: Caught on Camera** The story of Collin Turner, who was killed by his abusive wife while he was calling 911.
5.00 **Medical Detectives** Four editions, including at: **6.00** Handwriting experts help with a murder case. **6.30** A physics professor helps detectives.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Face to Face with Scott Peterson**
1.10 PM **Britain's Most Evil...**
2.05 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Murder Nation** New edition True-crime.
11.00 **How I Caught the Killer**
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **Britain's Most Evil Killers**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **The World After...**
9.45 **The Normans**
11.00 **Bronze Age Apocalypse**
1.00 PM **Weathered: Earth's Extremes**
1.50 **The World After...**
2.55 **The Normans**
4.15 **Bronze Age Apocalypse**
6.20 **The World After Stonehenge** Neil Oliver charts the battles that marked the beginning of Roman Britain.
7.30 **The Normans** The expansion toward southern Europe and the Middle East.
8.45 **Bronze Age Apocalypse** 1&2/2. The collapse of civilisations during the late Bronze Age.
10.50 **Once Upon a Time in Northern Ireland** The impact of hunger strikes.
12.00 M'T **The Normans**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

WEDNESDAY

Wednesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **America's Wild Seasons**
7.00 **Monkey Life**
8.00 **Tales from Zambia**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Jaguar Journals**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Guardians of the Wild**
4.00 **Cub Camp**
5.00 **Jaguar Journals**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Big Cat Country**
9.00 **Wildest New Zealand** A look at the changing west coast of New Zealand.
10.00 **Airborne** Animals that take to the skies to gather food.
11.00 **Jaguar Journals**
12.00 M'T **Arabian Inferno**
1.00 AM **America's Wild Seasons**
2.00 **Big Cat Country**
3.00 **Wildest New Zealand**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History of Weapons**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens**
1.00 PM **Ancient Aliens: The Ultimate Evidence**
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** Mysterious submerged objects.
8.00 **History of Weapons** Experts explore how the ambush has revolutionised warfare with the benefit of undetected weapons.
9.00 **Hitler's Coup 1923** The infamous Beer Hall Putsch, an attempt by Adolf Hitler to take power in Germany by force.
10.00 **Rome: Rise and Fall of an Empire** Aurelian's rise from soldier to emperor at the end of the 3rd century AD.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Ancient Aliens: The Ultimate Evidence** Triple bill of editions.
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Dino Hunters**
12.00 NOON **Richard Hammond's Big** Richard explores the Kölnbrein Dam in Austria.
1.00 PM **Cooper's Treasure**
3.00 **Alien Highway**
6.00 **How Do They Do It?**
9.00 **Expedition Bigfoot** Specialists armed with the latest technology set out to locate the fabled Bigfoot. The start of their search takes them to the forests of Oregon.
10.00 With a team member down, Russell and Mireya must forge ahead to hunt down possible leads, and their investigations uncover their first pieces of potential evidence.
11.00 **Unexplained and Unexplored** The story of an English ship buried in a California desert.
12.00 M'T A fabled lost mine in the mountains of Arizona.
1.00 AM **Alien Highway**
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murdertown**
2.00 PM **Green Eyed Killers**
3.00 **Real Murders of Atlanta**
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers** Examining the 1983 case of Joette Smith, whose body was discovered in the San Lorenzo River.
9.00 **Cold Case Files** A look at how investigators caught Lonnie David Franklin Jr, also known as the 'Grim Sleeper'.
10.00 **Faces of Evil** The crimes of Robert Berdella, known as the 'Butcher of Kansas City'.
11.00 **Look What You Made Me Do**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **On the Case with Paula Zahn**
3.00 **Real Murders of Atlanta**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Europe's Great Wilderness**
4.00 **Secrets of the Zoo: North Carolina** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** Focusing on the baby animals at the zoo.
8.00 **Strangest Nature** Documentary looking at creatures shaped by isolation and extremes.
9.00 **Amazonia's Giant Jaws** A lake at the heart of the Amazon that changes with every dry season.
10.00 **When Sharks Attack** The story of three rare and horrific shark attacks in Galveston in 2014.
11.00 **Inside Airport Lost & Found**
12.00 M'T **Africa's Deadliest**
1.00 AM **Casey and Brutus: Grizzly Encounters**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
8.00 **Combat Dealers**
9.00 **Blowing Up History**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A closer look at the surprisingly active surfaces of dwarf planets.
8.00 **Expedition Unknown: Hunt for Extraterrestrials** Josh Gates interviews witnesses to one of the largest ever UFO sightings in Zimbabwe.
9.00 **Secrets Underground** Investigating a looming threat beneath the city of Naples.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **1066: A Year to Conquer England** Double bill of editions.
11.00 **Great War Stories**
12.00 NOON **Fake or Fortune?**
1.00 PM **1066: A Year to Conquer England** Double bill of editions.
3.00 **Great War Stories**
4.00 **Fake or Fortune?**
5.00 **Bangers & Cash: Restoring Classics** The team uncover a Harley Davidson 42WLA.
6.00 The team re-commission a 1991 Nissan Figaro.
7.00 The team take on a 1963 Lotus Elan Series 1.
8.00 The team buy one of Derek's favourite Austin commercials and convert it to electric, and also snap up a rare 1950s American beach bike.
9.00 The team hope to make a profit when they find a bargain Porsche. Meanwhile, a DIY job on a Fiat should also keep the accountant happy.
10.00 **Bangers & Cash: Restoring Classics** Eight editions.
5.30 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **The Night That Didn't End**
12.00 NOON **Deadline: Crime with Tamron Hall** The presenter recalls the murders of a psychiatrist and his adult son.
1.00 PM **The 1990s: The Deadliest Decade** Double bill of editions.
3.00 **Homicide City: Charlotte**
7.00 **The Murder Tapes** An unknown shooter who went on a killing spree in Arizona.
8.00 The disappearance of a divorced mother-of-four.
9.00 **Hostage 911** Negotiators plead with a man who takes his wife hostage after she demands a divorce. However, he has another plan that could have fatal consequences.
10.00 **American Detective with Lt Joe Kenda** Police officers find an elderly couple bound and beaten in their home, and soon uncover a sinister plot.
11.00 **Murder Comes to Town**
1.00 AM **Before They Kill Again**
2.00 **Homicide City: Charlotte**
4.00 **to 6.00** AM **The Murder Tapes**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead Master Mechanic**
3.00 **Guz Khan's Custom Cars**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Colorado locals compete at Bandimere Speedway.
9.00 **Goblin Works Garage** The team acquire a Datsun Z-car.
10.00 **Guz Khan's Custom Cars**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** A bizarre military vehicle enters the workshop.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.45 **Charlie the Wonderdog** Animation. (2025, PG, 92min)
8.25 **Looney Tunes: The Day the...**
10.05 **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
11.50 **Five Nights at Freddy's 2**
1.45 PM **Hamnet** Period drama. (2025, 12, 125min) ★★★★
4.00 **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
6.15 **Seven Snipers** Action thriller. (2025, 15, 87min) ★★★

4.00 Song Sung Blue

8.00 Normal Director Ben Wheatley's action comedy starring Bob Odenkirk. A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. (2026, 15, 91 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson and Elizabeth Lail. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Heretic** Horror thriller. (2024, 15, 111 min) ★★★★
1.30 AM **Seven Snipers** As 6.15pm.
3.05 **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
4.45 **Sky Cinema Preview**
5.45 **to 7.20** AM **Looney Tunes: The Day the Earth Blew Up** Animation. (2024, PG, 91 min)

Sky Cinema Box Set

303 303 403 503 517

7.35 AM **Zombieland: Double Tap** Comedy. (2019, 15) ★★★
9.15 **The Cinema List: Trapped**
9.35 **Lake Placid** (1999, 15) ★★★★
11.15 **Anaconda** (1997, 15) ★★★
12.55 PM **American Pie** Comedy. (1999, 15, 96min) ★★★★
2.35 **American Pie 2** Comedy. (2001, 15, 106min) ★★★
4.25 **American Pie: The Wedding** Comedy. (2003, 15, 96min) ★
6.05 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★

8.00 Pitch Perfect

8.00 Pitch Perfect Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Pitch Perfect 2 Musical comedy sequel with Anna Kendrick. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella in Copenhagen. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
1.25 AM **The Conjuring: Last Rites** Horror. (2025, 15) ★★★
3.45 **Annabelle** Horror prequel. (2014, 15, 97min) ★★
5.30 **to 7.25** AM **Annabelle: Creation** Horror thriller. (2017, 15, 109min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Eleanor the Great** (2025)
7.50 **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
10.05 **The Cut** As shown at 4.20am.
11.50 **Eleanor the Great** Drama. (2025, 12, 98min) ★★★★
1.35 PM **Stand by Me** Drama. (1986, 15, 89min) ★★★★★
3.15 **The Shawshank Redemption** Prison drama with Tim Robbins. (1994, 15, 142min) ★★★★★
5.40 **Hamnet** Period drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
8.00 **Moneyball** Fact-based sports drama starring Brad Pitt and Jonah Hill. A baseball manager discovers an unexpected method of turning around the fortunes of his losing team. With Philip Seymour Hoffman. (2011, 12, 133min) ★★★★
10.20 **Pillion** Dark comedy with Harry Melling and Alexander Skarsgård. (2025, 18, 107min) ★★★
12.15 AM **Hamnet** As 5.40pm.
2.25 **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
4.20 **to 6.00** AM **The Cut** Psychological thriller starring Orlando Bloom and John Turturro. (2024, 12, 99min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

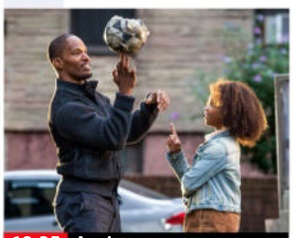
6.10 AM **The Cinema List: Musician Actors**
6.25 **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
8.40 **Zombie Town** Horror comedy. (2023, 12, 92min) ★★
10.20 **Deep Impact** As 8.00pm.
12.35 PM **Pet Sematary** Horror. (2019, 15, 101 min) ★★★
2.25 **Oblivion** Epic sci-fi adventure. (2013, 12, 119min) ★★★★
4.30 **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
6.05 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
8.00 **Deep Impact** Disaster movie starring Robert Duvall. (1998, 12, 123min) ★★★★
10.05 **Event Horizon** Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. The crew of a recovery vessel encounter an evil presence on board a deserted spacecraft. (1997, 18, 96min) ★★★
11.45 **The Exorcist** Occult horror. (1973, 18, 121 min) ★★★★★
1.50 AM **The Last Starfighter** Sci-fi adventure with Robert Preston. (1984, PG, 100min) ★★★
3.35 **Sick** Horror. (2022, 18) ★★★
5.10 **Sky Cinema Preview**
5.35 **to 7.20** AM **The Last Starfighter**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.05 AM **Zoo** (2018, PG) ★★★
8.45 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
10.25 **Annie** As shown at 10.25pm.
12.25 PM **Grow** (2025, PG) ★★★★
2.15 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★
4.20 **Journey 2: The Mysterious Island** Adventure sequel. (2012, PG, 94min) ★★★
6.00 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★


10.25 Annie

8.05 **The Karate Kid** Martial arts adventure starring Jaden Smith and Jackie Chan. An American boy relocates to Beijing with his widowed mother and learns kung fu in order to protect himself from a local gang of bullies. (2010, PG, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Annie** Musical remake starring Quvenzhane Wallis and Jamie Foxx. An orphan goes to live with a wealthy New York businessman running for mayor. With Rose Byrne. (2014, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Charlotte's Web** Drama. (2006, U, 97min) ★★★
2.05 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
3.35 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel. (2010, U, 82min) ★★
5.00 **to 6.35** AM **Babe** Comedy. (1995, U, 92min) ★★★★★

Sky Cinema Action

306 306 407 507 521

6.25 AM **Safe House** Thriller. (2025, 15, 90min) ★★★
8.10 **300** Historical adventure. (2006, 15, 116min) ★★★★
10.15 **Blood for Dust** As 5.15am.
12.00 NOON **Homefront** Thriller. (2013, 15, 98min) ★★★
1.55 PM **Kraven the Hunter** Fantasy. (2024, 15) ★★★
4.10 **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
6.15 **Normal** Action comedy. (2026, 15, 91min) ★★★★

8.00 First Blood

8.00 **First Blood** Action adventure starring Sylvester Stallone. Vietnam veteran John Rambo runs foul of some small-town cops and triggers off a full-scale manhunt. (1982, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Rambo: First Blood Part II** Action adventure sequel starring Sylvester Stallone. Vietnam veteran John Rambo returns to the jungles of South East Asia on a mission to rescue American PoWs. (1985, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Lord of the Rings: The Return of the King** Fantasy adventure with Elijah Wood. (2003, 12, 201min) ★★★★★
3.00 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
5.15 **to 7.05** AM **Blood for Dust** Thriller starring Scoot McNairy. (2023, 15, 98min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
8.25 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
10.05 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
12.05 PM **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
2.15 **Marmaduke** (2010, U) ★★★
4.00 **The Intern** Comedy. (2015, 12, 121min) ★★★★
6.05 **The Phoenician Scheme** Comedy. (2025, 15) ★★★

10.00 Risky Business

8.00 **Seven Psychopaths** Dark comedy thriller with Colin Farrell, Sam Rockwell and Woody Harrelson. A Hollywood screenwriter gets caught up in murderous mayhem after his actor friend kidnaps a mobster's prized dog. (2012, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Risky Business** Comedy drama with Tom Cruise. A teenager turns his house into a high-class brothel while his wealthy parents are away. (1983, 18, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Logan Lucky** Crime caper. (2017, 12, 114min) ★★★★
1.55 AM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
3.30 **Adulthood** Comedy drama. (2025, 15, 97min) ★★★
5.10 **to 6.40** AM **Sasquatch Sunset** Action comedy. (2024, 15, 88min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
8.00 **Jaws 3** Thriller. (1983, 12) ★★
9.45 **The Hunt for Red October** Thriller. (1990, PG) ★★★★
12.05 PM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
1.40 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
3.55 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
6.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★

10.00 King Ivory

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Brian Cox and Julia Stiles. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **King Ivory** Thriller starring James Badge Dale. A Tulsa narcotics cop teams up with allies to hunt down those responsible for his son's fentanyl addiction. (2024, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Basic Instinct** Erotic thriller starring Michael Douglas and Sharon Stone. (1992, 18, 128min) ★★★★
2.35 **GoodFellas** Martin Scorsese's classic gangster drama. (1990, 18, 143min) ★★★★★
5.10 **to 7.00** AM **Cellular** Thriller. (2004, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Patrick** Family comedy. (2018, PG, 94min) ★★★
1.00 PM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
2.30 **Send Me No Flowers** Comedy. (1964, U, 100min) ★★★
4.35 **Harvey** Vintage comedy starring James Stewart. (1950, b/w, U, 100min) ★★★★★
6.45 **Entrapment** Romantic action thriller starring Sean Connery. (1999, 12, 112min) ★★★

9.00 The G

Entrapment (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The G** Crime thriller starring Dale Dickey. A mysterious woman seeks revenge on the corrupt legal guardian who destroyed her life. With Romane Denis and Daniel Brochu. (2023, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Memento** Christopher Nolan's mystery thriller starring Guy Pearce and Carrie-Anne Moss. A man with a bizarre form of amnesia tries to solve the puzzle of his wife's death. (2000, 15, 108min) ★★★★★
1.25 **to 3.15** AM **The Day Shall Come** Crime comedy starring Andrel McPherson. (2019, 15, 87min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.35 AM **The Swan Princess** Animation. (1994, U) ★★★
8.10 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
9.25 **Fantastic Mr Fox** Animated tale. (2009, PG, 87min) ★★★★
10.55 **Playmobil: The Movie** Animation. (2019, U) ★★★
12.40 PM **The Lego Movie** Animation. (2014, U, 100min) ★★★★★

2.25 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
5.40 **Epic Tails** Animated adventure. (2022, U, 95min) ★★★
7.30 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.10 **Antz** Animated comedy. (1998, PG, 83min) ★★★
10.35 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
12.10 AM **Hotel Transylvania 2** Animation. (2015, U) ★★★

1.45 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
3.25 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
4.50 **to 6.20** AM **Pets on a Train** Animated family adventure. (2025, PG, 87min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.40 AM **Flash Gordon** Adventure. (1980, PG, 115min) ★★★
8.40 **Clear and Present Danger**
11.10 **Cool Hand Luke** As 4.25am.
1.25 PM **Patriot Games** As 10.25pm.
3.25 **The Towering Inferno** Disaster movie. (1974, 12, 165min) ★★★★
6.15 **Dirty Harry** Thriller starring Clint Eastwood. A San Francisco cop pursues a psychotic sniper. (1971, 15, 103min) ★★★★★

8.00 **Clear and Present Danger** Action thriller starring Harrison Ford and Willem Dafoe. CIA agent Jack Ryan discovers links between a Colombian drugs cartel and the US government. (1994, 12, 141min) ★★★
10.25 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Sean Bean. (1992, 15, 116min) ★★★

12.25 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
2.25 **Fatal Attraction** Adrian Lyne's thriller starring Michael Douglas. (1987, 15, 120min) ★★★★
4.25 **to 6.35** AM **Cool Hand Luke** Prison drama with Paul Newman. (1967, 15, 126min) ★★★★★

Disney+ Cinema

305 305

6.00 AM **The Little Mermaid** Animated musical adventure. (1989, U, 87min) ★★★★★
7.30 **Maleficent** Fairytale adventure reworking of *Sleeping Beauty*. (2014, PG, 97min) ★★★★
9.10 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
10.55 **Mary Poppins Returns** Musical fantasy starring Emily Blunt. (2018, U, 130min) ★★★★

1.05 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
2.40 **Raya and the Last Dragon** Animation. (2021, PG) ★★★★
4.35 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
6.55 **Mufasa: The Lion King** Prequel. (2024, PG, 118min) ★★★
9.00 **Beauty and the Beast** Musical. (2017, PG, 129min) ★★★★
11.10 **Joy** Fact-based drama. (2015, 12, 121min) ★★★★

1.15 AM **(500) Days of Summer** Offbeat romantic comedy starring Joseph Gordon-Levitt. (2009, 12, 95min) ★★★★
2.55 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.30 **to 6.00** AM **Flubber** Fantasy comedy. (1997, U, 94min) ★★★

Movies 24

312 313 419

7.00 AM **The Stars Between Us** Drama. (2026, PG, 84min) ★★
9.00 **Sense and Sensibility** Drama. (2024, U, 84min) ★★
11.00 **The Snow Must Go On** Festive drama. (2025, PG, 90min) ★★
1.00 PM **A Bestselling Kind of Love** Drama with Ashley Newbrough. (2024, PG, 90min) ★★
3.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★

5.00 **Missing the Boat** Romantic drama. (2026, PG, 90min) ★★
7.00 **The Way to You** Romantic drama starring Kim Matula. (2026, PG, 90min) ★★
9.00 **Three Wisest Men** Festive comedy drama starring Paul Campbell. Three siblings deal with personal changes and their mother's decision to sell the family home before Christmas. (2025, PG, 84min) ★★
11.00 **Been There All Along** Drama. (2023, PG, 89min) ★★

1.00 AM **Haunted Wedding** Fantasy comedy starring Janel Parrish. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **A Scottish Love Scheme** Romantic drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Once In a New Moon** Sci-fi drama. (1935, b/w, U, 79min) ★★
7.15 **Inner Sanctum** (1948, PG) ★★
8.30 **Autobiography of a Princess** Drama. (1975, PG) ★★★★
9.45 **Carry On Admiral** Comedy. (1957, b/w, U, 85min) ★★
11.25 **Blind Corner** (1963, PG) ★★★
1.00 PM **The Buccaneers** 24/39. (S1)
1.30 **Doctor in Trouble** Comedy. (1970, PG, 90min) ★★

3.15 **Look at Life**
3.30 **Dial 999** 30/39. (S1)
4.00 **That's My Boy** 3/6. (S1)
4.35 **The Happiest Days of Your Life** Vintage comedy. (1950, b/w, U, 81min) ★★★★★
6.15 **The Last Day of Trolley Bus 666 Edgware** Archive footage.
6.30 **Give Us a Clue**
7.00 **Out of Town**
7.30 **Scotland Yard** 10/39. (S1)
8.05 **Van der Valk** 1/6. (S1)
9.05 **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★

11.15 **Hands of a Stranger** Chiller. (1962, PG, 95min) ★
12.55 AM **I Am a Camera** Drama. (1955, b/w, 15, 98min) ★★★
2.55 **Fighting Mad** (1957, b/w, U) ★★
4.00 **Stagecoach West** 24/38. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

WEDNESDAY Sport 26 August

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
4.00 LIVE **US Open Tennis** Coverage of day three of the qualifying event for the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours, including the ATP Winston-Salem Open, WTA Monterrey Open, and qualifying for the US Open.
12.00 M'T LIVE **US Open Tennis** Day two of the mixed doubles competition held at USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, featuring the semi-finals and final.
4.00 **to 6.30** AM LIVE **WTA Tennis** Day four of the Monterrey Open at Club Sonoma in Monterrey, Mexico.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League Review**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Review** The opening round of fixtures.
2.00 **Premier League Years** A look at memorable moments from the 2008/09 season.
4.00 **Premier League Review** The opening round of fixtures.
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special** Reports on the evening's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
10.30 **Premier League Stories** A look at the legacy of Pep Guardiola.
11.00 **Netbusters** Fast-paced highlights using alternative angles that show every goal from every game.
11.30 **Premier League Review** The opening round of fixtures.
12.30 AM **Premier League Stories**
1.00 **PL Retro** A replay of Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.45 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.30 **EFL Greatest Games**
10.00 **EFL Cup** Manchester United v Tottenham Hotspur from 2009.
11.00 **EFL Cup** A second-round match.
1.00 PM **EFL Greatest Games**
1.15 **SPFL Highlights**
1.45 **EFL Highlights** Championship.
2.30 **Bundesliga Preview**
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **EFL Cup Highlights**
5.00 **EFL Highlights** Action from the Championship, with matches including Wrexham v Watford, West Bromwich Albion v Burnley and Derby County v Cardiff City.
7.00 **EFL Cup Highlights** Action from a match in the second-round.
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 **EFL Cup Highlights** Action from a match in the second-round.
11.00 **EFL Highlights** Championship.
12.00 M'T **EFL Cup Highlights**
1.00 AM **EFL** The 2018/19 play-offs.
3.00 **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **International T20 Cricket**
8.30 **Women's T20 World Cup Cricket** The opening semi-final.
9.00 The second semi-final.
9.30 Action from the final.
10.00 **Test Cricket** England v Pakistan.
3.00 PM **Women's T20 World Cup Cricket** England v Australia.
3.30 **Nepal Climbing Cricket's Mountain** Documentary.
4.00 **Test Cricket** England v Pakistan: Action from all five days in the first Test at Headingley in Leeds.
9.00 **Nepal Climbing Cricket's Mountain** Nepal's mission to become a Test-playing nation.
9.30 **Women's ICC World T20 Cricket** Highlights of England v Australia in the final from Lord's.
10.00 **International T20 Cricket** Highlights of England v India in the first game of the five-match series.
10.30 England v India in the second T20 from Old Trafford.
11.00 England v India game three.
11.30 England v India game four.
12.00 M'T England v India in the fifth and final T20 at Utilita Bowl.
12.30 AM **Women's T20 World Cup**
2.00 **The Hundred** A match replay.
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Ladies European Tour Golf**
12.00 NOON **Ladies European Tour Golf** Women's Irish Open.
3.30 PM **LPGA Tour Golf** Day four of the Queen City Championship.
6.00 **PGA Tour Champions** Action from the Rogers Charity Classic.
7.00 **PGA Tour: The Cut**
7.30 **Challenge Tour Golf Highlights** Vierumäki Finnish Challenge.
8.00 **Legends Tour Golf** Action from the PGA Seniors Championship.
9.00 **PGA Tour Golf** Action from day four of the BMW Championship.
10.00 **PGA Tour Champions**
11.00 **PGA Tour: The Cut**
11.30 **Challenge Tour Golf Highlights**
12.00 M'T **DP World Tour Golf**
2.00 AM **PGA Tour Golf**
3.00 **Women's Golf** Women's Open.
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.30 AM **WTA Tennis** Cincinnati Open.
7.00 **Roger Federer in New York**
9.00 **ATP Tennis** Cincinnati Open.
10.00 **WTA & ATP Tennis**
1.00 PM **WTA Tennis** Cincinnati Open.
1.30 **ATP Tour This Week**
2.00 **Roger Federer in New York**
4.00 LIVE **US Open Tennis** Coverage of day three of the qualifying event for the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
10.30 LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours, including the ATP Winston-Salem Open, WTA Monterrey Open, and qualifying for the US Open.
12.00 M'T LIVE **US Open Tennis** Day two of the mixed doubles competition in Flushing Meadows, featuring the semi-finals and final.
4.00 **to 6.30** AM LIVE **WTA Tennis** Day four of the Monterrey Open at Club Sonoma in Monterrey, Mexico.

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Test Cricket Sri Lanka v India.** Day four of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM LIVE **La Vuelta Men** Coverage of stage five of the Grand Tour race, a hilly 173.4km route from Falset to Roquetes.
5.00 **MLB Highlights**
6.00 **TNT Sports Reload**
6.30 **Serie A – Full Impact**
7.00 **Groundbreaking** Anfield.
7.15 **The Breakdown**
8.00 LIVE **UEFA Champions League** Coverage of a play-off round second-leg match.
10.00 **Discovery Golf**
10.30 **Test Cricket Highlights**
11.30 LIVE **CPL Trinbago Knight Riders v Saint Lucia Kings.** The T20 match held at Queen's Park Oval in Port of Spain, Trinidad and Tobago.
3.45 AM **PL Netbusters**
4.15 **Test Cricket Highlights**
5.15 **to 6.00** AM LIVE **Test Cricket Sri Lanka v India.** Day five of the second Test at Sinhalese Sports Club Cricket Ground in Colombo.

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men** Stage four.
7.00 LIVE **Snooker: Wuhan Open** Coverage of the first session from round three of the tournament at the Optics Valley Gymnasium, Huazhong University of Science and Technology in Wuhan, China.
10.00 **UEFA Champions League**
12.00 NOON **CPL Highlights**
12.30 PM LIVE **Snooker: Wuhan Open** The second session from round three in Wuhan, China.
3.30 **The WRC Magazine**
4.00 **Premier League**
5.30 **Premier League Reload**
5.45 **The Gruppetto** Cycling news.
6.00 **UEFA Champions League**
8.00 LIVE **UEFA Champions League** Coverage of a play-off round second-leg, which will see the winners secure a place in the league phase, while the losers transfer to the Europa League.
10.00 **La Vuelta Men** Stage five.
11.00 **Snooker: Wuhan Open**
1.00 AM **TNT Sports Reload**
1.15 **UCI Mountain Bike World Series**
1.45 **The Gruppetto** Cycling news.
2.00 **La Vuelta Men** Stage five.
3.00 **LIV Golf** LIV Golf Indianapolis.
4.00 **to 6.00** AM **Snooker**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Warrington Wolves v St Helens from 2025.
9.00 **Super League** Wigan Warriors v Warrington Wolves from 2025.
11.15 **NBA on Fire** The latest news.
11.45 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
8.00 **NBA Basketball** A chance to see Boston Celtics v Charlotte Hornets.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Games from the 2025/26 season.
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 **NFL Bitesize Highlights**
2.30 **NBA on Fire** The latest news.
3.00 LIVE **WNBA Seattle Storm v Toronto Tempo.** Coverage of the match at Climate Pledge Arena. Tip-off **3.00am**.
5.30 **Women's Super League**
5.45 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **Super League** A replay of Wakefield Trinity v Wigan Warriors.
10.45 **My Icon** Nigel Owens.
11.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
4.00 **The Transfer Show** Analysis of the latest transfer news.
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special** Featuring pre-match reports and news of all tonight's goals as they go in, with studio guests keeping an eye on the big games and talking points. Plus, a classified results round-up.
7.30 LIVE **EFL Cup** A match from the second round of the competition.
10.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Winston-Salem Open and WTA Monterrey Open tournaments staged in the USA and Mexico, respectively.
4.00 **to 6.30** AM LIVE **WTA Tennis** Further coverage of the fourth day of the Monterrey Open, a hard-court tournament at Club Sonoma in Monterrey, Mexico.

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Marrakech Open.
9.00 **LPGA Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **WTA Tennis** Stuttgart Open.
12.00 NOON **My Icon** Rachel Yankey.
12.15 PM **Darts Gold** Archive action.
12.20 **Premier League Darts**
4.00 LIVE **US Open Tennis** Coverage of day three of the qualifying event for the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
4.00 AM **Super League Highlights**
5.00 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Darts World Championship Years 2014/15**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
8.00 **Serie A** Italian football action.
10.00 **NWSL** Recent highlights.
12.00 NOON **The Gruppetto**
12.15 PM **Premier League Reload**
12.30 **La Vuelta Men** Highlights from stage four of the Grand Tour race.
1.30 LIVE **La Vuelta Men** Stage five of the Grand Tour race, a 173.4km route from Falset to Roquetes.
5.00 **Men's Cycling Pro Series** Action from the Tour of Portugal.
6.00 **LIV Golf** LIV Golf Indianapolis.
7.00 **MLB Plays of the Week**
7.30 **MLB Highlights**
8.30 LIVE **MLB Arizona Diamondbacks v Chicago Cubs.** The National League match at Chase Field in Phoenix, in the third of a three-game series. Start-time **8.40pm**.
11.30 **MLB Plays of the Week**
12.00 M'T **UFC: The Ultimate Fighter**
1.00 AM **UEFA Champions League**
4.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Replays of four Australian rules football matches in full.
12.00 NOON **The WRC Magazine**
12.30 PM **Premier League Stories**
1.00 **MLB Highlights**
2.00 LIVE **European T20 Premier League Rotterdam Dockers v Amsterdam Flames.** The inaugural match of the T20 cricket competition at Voorburg Cricket Club in The Hague, Netherlands.
5.30 **AFL** Adelaide Crows v GWS Giants.
7.00 **CPL Highlights**
7.30 **Premier League Stories**
8.00 LIVE **UEFA Champions League** Coverage of a play-off round second-leg match.
10.00 **Ultimate Pool** Recent action.
11.30 **NWSL** Women's football.
1.30 AM **Fishing: On the Bank**
2.30 **SailGP Championship**
3.30 **TNT Sports Reload**
4.00 **Ultimate Pool** Recent action.
5.30 **to 6.00** AM **Mountain Biking**

Premier Sports 1

419 APP 528

6.00 AM **Mass Participation**
7.00 **DTM Motorsport Highlights**
8.00 **World Surf League**
9.00 **Brasileiro Serie A** Another chance to see Palmeiras v Vasco.
11.00 **Top 14 Rugby Union Highlights**
11.30 **LaLiga Match Highlights**
1.00 PM **NASCAR Highlights**
2.00 **Scottish Rally Championship** Action from the Scottish Rally.
2.30 **World Surf League** Action from the Lexus US Open of Surfing.
3.30 **LaLiga** Rayo Vallecano v Alaves.
5.30 Valencia v Real Betis.
7.25 **KOTV Weekly** Boxing news.
7.55 LIVE **LaLiga Real Madrid v Real Sociedad.** The Spanish top-flight match at the Bernabeu. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.30 **Top 14 Rugby Union Highlights**
11.00 **LaLiga** Athletic Bilbao v Sevilla.
1.00 AM Valencia v Celta Vigo.
3.00 **World Surf League**
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 APP 529

6.00 AM **Top 14 Rugby Union** Toulouse v Montpellier in the final.
8.00 **Coppa Italia** Verona v Entella.
10.00 **Coppa Italia** Another chance to see Frosinone v Juve Stabia.
12.00 NOON **Swedish Speedway** Action from an Elitserien meeting.
2.00 PM **Temples of Sport**
3.00 **NASCAR Trucks** Action from New Hampshire Motor Speedway.
6.00 **Bike World** Magazine.
6.30 **Football's Greatest** The finest players discuss their careers.
7.00 **Coppa Italia** Another chance to see Lazio v Mantova in the Italian domestic cup competition staged at the Stadio Olimpico in Rome.
9.00 **Coppa Italia** A replay of Pisa v Empoli staged at Arena Garibaldi – Stadio Romeo Anconetani.
11.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.30 **Coppa Italia** Venezia v Modena.
1.30 AM **Football's Greatest**
2.00 **to 6.00** AM **EUT20 Belgium**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Races from 2022.
10.00 **Formula 1** Dutch Grand Prix.
12.15 PM **Cornwall Air Ambulance**
12.30 **F1 Academy Highlights**
2.30 **Formula 1** Action from the Dutch Grand Prix sprint race.
3.30 **Formula 1** A replay of the Dutch Grand Prix at Circuit Zandvoort.
5.45 **At Home with Liam Lawson**
6.00 **Indycar** Highlights from the Grand Prix of Washington, D.C.
7.00 **Ginetta Juniors Highlights**
8.00 **British Kart Championships**
9.00 **F1 Classic Races** Archive action.
1.00 AM **F1 Explained**
2.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

27 August

Planner

Fightland

DRAMA Sky Atlantic, 9pm

Upon his release from prison, disgraced former boxing champion Duke Kilroy (Howard Charles) returns to London seeking vengeance on the boxing promoter he believes set him up.

Ludwig

DRAMA BBC1, 9pm

The puzzle setter-turned-sleuth (David Mitchell) has his hands full trying to solve a murder at wedding – one that was seen by all the guests. Meanwhile, Lucy has her feet under the table at the local newspaper – which provides ample opportunity to investigate James' disappearance under the guise of the press.

England v Pakistan

CRICKET

Sky Sports Main Event & Sky Sports Cricket, 10am

The big-hitting Harry Brook and his England team-mates take to the field on the opening day of the second Test. Lord's is the venue where the pitch may come under scrutiny again.

Benidorm Is Murder

DRAMA 5, 9pm

Bar-owning sleuth Dennis (John Hannah, pictured with Tamzin Outhwaite) has another mystery to solve after a wealthy man is found dead underneath his Union Jack straw hat – shortly after a jellyfish incident on Levante Beach.

Thursday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 Ludwig		10.00 News; Local News	10.40 Truth...
	102 BBC2	7.00 Today at the Test		8.00 The Big Deal with Steph McGovern		9.00 A House Through Time		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 It'll Be Alright...	8.00 Emmerdale	8.30 Coronation...	9.00 Beat the Chasers †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Renovation Rescue		9.00 The Murder Detective		10.00 The Never Ending Murder	
	105 5	7.00 Cycling: Vuelta a España 2026		8.00 The Yorkshire Vet		9.00 Benidorm Is Murder		10.00 Killer at the Crime Scene	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs K-Pop		9.00 An Idiot Abroad 3		10.00 Film: Homefront	
ENTERTAINMENT	115 BBC3	7.00 Athletics: Diamond League Zurich – Live: The Weltklasse Zurich				9.05 Better Date than Never		10.00 Film: 27 Dresses	
	116 BBC4	7.00 Villages by the...	7.30 Canal Boat...	8.00 Vasa: The Ghost Ship		9.00 Film: Jaws			
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club Rollover		9.00 Romesh Ranganathan's Parents'...		10.00 Changing Ends	10.35 Family Guy
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Ladies of London: The New Reign		9.00 Cruising Paradise: Above and Below...		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 CIA		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.35 House of the Dragon				9.00 Fightland			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 The Office	9.35 Fawlty Towers		10.20 Not Going Out
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 Hit Point		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	‹ 6.45 Sharpe				9.00 Wrestling: AEW All In			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Con Air			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Grimm	
	143 U&DRAMA	‹ 6.35 Last of the Summer Wine		8.00 The Marlow Murder Club				10.00 New Tricks	
	109 U&ALIBI	‹ 6.55 Private Eyes	7.50 Bookish			9.00 The Hunting Party		10.00 Return to Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Richard Attenborough		9.00 Spymasters: The Great Spy Writers		10.00 Ian Fleming and the Curse of Bond	
	132 U&W	7.00 MasterChef Australia			8.20 Inside the Ambulance		9.20 DIY SOS: The Big Build		
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid: Global Showdown			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blood Ivory		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lion			9.50 Way of the Cheetah		
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Most Shocking		9.00 Alone		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Bangers & Cash		9.00 Dream Car Fixers		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 I Am Raquel Welch				9.00 My Mom Jayne			

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live: Top Tips and Best Bits** New edition Highlights. (S)
10.30 **Garden Rescue** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in London, Nottinghamshire and Cumbria. (S)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Jacqui Joseph finds a chair frame and a glass corner unit. (S)
2.45 **Escape to the Country** (S)(R)
3.30 **The Repair Shop** Items include a large plush hound dog. (S)(R)(AD)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Lauren Laverne and Angellica Bell host the topical show. (S)
7.30 **EastEnders** Alfie's party turns to chaos, Suki takes matters into her own hands, while Priya and Ravi consider the future. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 9/14. Football pundit Gary Neville joins the Dragons to hear pitches for nut-and-seed-based snacks, a gadget for tackling water waste and a vision for upscaling a mural installation business. (S)(AD)

9 PM

9.00 **Ludwig** New episode 2/6. A murder witnessed by an entire wedding party proves to be quite the puzzle, and Chief Constable Ziegler's abrupt holiday leave arouses suspicion. (S2) (S)(AD)
■ Episodes 1-3 on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Truth About My Murder** 4/6. The tale of a killer who used the COVID-19 lockdown as cover for the murder of a social worker. (S)(R)

11.20 **The Truth About My Murder** 5/6. A fight between neighbours that left one man dead and the other claiming self-defence. (S)(R)
12.00 M'T 6/6. The death of a 20-year-old woman who was said to have died a few hours after being knocked down by a van. (S)(R)
12.40 AM **Alan Carr's Picture Slam** Contestants from Bristol, Lisburn and Wolverhampton. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Celebrity MasterChef** 3/15. A team challenge. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Do You Know Your Place?** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** Chichester Cathedral. (S)(R)
5.05 **Flog It!** From Derbyshire. (S)(R)
6.00 **Richard Osman's House of Games** Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe compete. (S)(R)
6.30 **Great Continental Railway Journeys** In Bayeux, Michael admires the famous tapestry. (S)(R)

8.00 The Big Deal

7.00 **Today at the Test** England v Pakistan: Action from the opening day of the second Test in the three-match series held at Lord's. The hosts will be looking to win their third series in four against Pakistan. (S)

8.00 **The Big Deal with Steph McGovern** New edition 3/6. The five pairs explore the world of prints and limited editions in Margate, the traditional seaside town that has been transformed into a vibrant art destination. (S)(AD)

9.00 **A House Through Time** New edition 3/4. At the start of the 20th Century, the new residents of Calton Hill find themselves wrapped up in bigamy and brutality. (S)(AD)
■ Entire series on BBC iPlayer

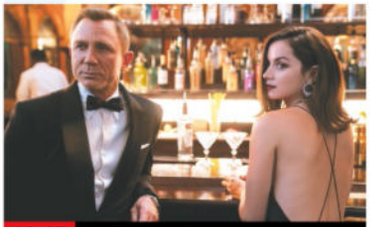
10.00 **Red Dwarf** *Terrorform:* 3/6. Rimmer is taken prisoner on a planet where the inhabitants and landscape are created by his own mind. (S5) (S)(R)
10.30 **Newsnight** (S)

11.05 **Emergency 24/7** 2/6. The team battle to save a man whose leg has been severed after being hit by a train, and they question the story of a man with a deep wound who denies being stabbed. (S)(R)(AD)
12.05 AM **FILM Dear Evan Hansen** Musical drama starring Ben Platt, Julianne Moore and Amy Adams. (S) (2021, 12, 125min) ★★★
2.10 **Sign Zone: Brexit – A Very British Civil War** (S)(R)(AD)
3.10 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson lands at Aerospace Bristol, where the team set up the dealers' den beneath the wings of the majestic Concorde. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Alex tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)


10.45 No Time to Die

7.30 **It'll Be Alright on the Night** New edition Tom Allen hosts a compilation of TV clangers, featuring Joel Dommett, Romesh Ranganathan, Ant & Dec, Colin Murray, Amol Rajan, Susanna Reid, Joe Pasquale, Prue Leith and more. (S)(AD)

8.00 **Emmerdale** A wave of shock passes through the village, while Graham tries to free himself. (S)(AD)
8.30 **Coronation Street** Sarah fears she has placed Harry in harm's way. (S)(AD)

9.00 **Beat the Chasers** Bradley Walsh hosts the quiz show as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Shaun Wallace, Mark Labbett, Paul Sinha and Darragh Ennis, hoping to win big money. (S)(R)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM No Time to Die** James Bond thriller starring Daniel Craig in his fifth and final outing as 007. Bond sets off on the trail of an enigmatic villain armed with lethal new technology. With Léa Seydoux and Rami Malek. (S)(AD) (2021, 12, 160min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.25 AM **Teleshopping**
3.00 **The Summit** 7/8. Dockers seizes an opportunity for more tactical manoeuvring before the climbers scale an ice wall. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Deal or No Deal: Celebrity Special** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 11-14/24. (S7) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A retired couple seek a holiday home in Torrevieja, southern Spain. (S)(R)
4.00 **The Great B&B Challenge** Jo and Guy's pizza-and-pétanque party gets competitive. (S)(R)
5.00 **Chateau DIY** Tim and Sasha overhaul a guest room with some upcycling ingenuity. (S)(R)(AD)
6.00 **American Pickers** New edition A warehouse in Chicago filled with sports memorabilia. (S)

8.00 Renovation Rescue

7.00 **News** (S)

8.00 **Renovation Rescue** New edition Richard and Nangula's efforts to renovate Richard's beloved childhood home in West Yorkshire has gone on for eight years, now they're hoping to finish in time for a family celebration. (S)(AD)

9.00 **The Murder Detective** New edition 2/3. The team recover a gun that may be linked to Lyra McKee's murder, and a DNA lead gives detectives their first direct route into the network surrounding the killing. (S)(AD)
■ Concludes tomorrow

10.00 **The Never Ending Murder** New edition 3/4. Twenty years on from Nicola Payne's disappearance, new information and a different lead detective re-ignite the case. (S)(AD)
■ Entire series on C4 streaming
11.00 **The Never Ending Murder** Series finale 4/4. Thirty years after Nicola's disappearance, some new information comes to light. (S)(AD)
12.00 M'T **Crime Scene Cleaners** (S)(R)
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 **Secret Lives of Gypsy Wives** (R)
2.40 **FILM Underwater** Sci-fi thriller. (S) (2019, 15, 95min) ★★★
4.15 **A Place in the Sun** (S)(R)
4.40 **Kirstie's House of Craft** (S)(R)
4.55 **Couples Come Dine with Me** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

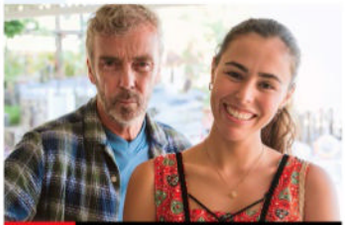
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.20 **FILM To Kill a Stepfather** Crime thriller starring Alex Camacho and Jamel King. (S) (2023, PG, 100min) ★★
4.00 **Castle** *Cool Boys:* 6/22. While Beckett is out of town, Castle becomes involved in a case with Detective Slaughter. (S8) (S)(R)
4.55 **Love Nature** A boy who has raised thousands of pounds for nature charities. (S)(R)
5.00 **News** (S)
6.00 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster explore Devon. (S)(R)
6.55 **News** (S)



9.00 **Benidorm Is Murder**

7.00 **Cycling: Vuelta a España** Action from stage six of the Grand Tour race, a 177.4km route from Alcossebre to Castellón that featured a climb to El Bartolo. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Julian Norton performs one of his most challenging and delicate operations ever on Milo, a young girl's hamster, while Matt Smith tests a couple of badger cubs for TB. (S)

9.00 **Benidorm Is Murder** New episode *Summery Justice:* 5/6. Dennis and Rosa investigate the sudden death of a man on Levante Beach shortly after a jellyfish incident. (S1) (S)(AD)

10.00 **Killer at the Crime Scene** The death of neuroscientist Autumn Klein, who was rushed to hospital after collapsing. She died several days later and bright red blood samples uncovered this was a murder case. (S)(R)

11.05 **Fare Dodgers: At War with the Law** A serial fare evader. (S)(R)
12.05 AM **Street Cops: Catching the Yobs** Documentary. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Castle** As 4.00pm. (S)(R)
3.40 **Friends** (S10) (S)(R)(AD)
4.30 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** 4/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Thank God It's Doomsday:* Homer watches a film about the apocalypse and becomes convinced the end of the world is imminent. (S)(R)
5.30 *Mobile Homer:* Homer moves into a camper van parked in the backyard. (S)(R)
6.00 **Rob & Romesh vs Cricket: South Africa** 1/2. Rob Beckett and Romesh Ranganathan visit Cape Town to watch England play a Test match. (S)(R)(AD)

8.00 **Rob & Romesh vs K-Pop**

7.00 **The Simpsons** *Home Away from Homer:* Ned Flanders takes in a pair of female lodgers. (S)(R)
7.30 *The Father, the Son and the Holy Guest Star:* Bart becomes a Catholic. With Liam Neeson. (S)(R)

8.00 **Rob & Romesh vs K-Pop** Comedians Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)

9.00 **An Idiot Abroad 3** 1/3. Ricky Gervais sends reluctant traveller Karl Pilkington on another world tour, from Italy to China – and this time he has company in the shape of film and TV star Warwick Davis. (S)(R)(AD)

10.00 **FILM Homefront** Action thriller starring Jason Statham and James Franco. A former federal agent falls foul of a local meth-dealer after moving to a quiet Louisiana town with his daughter. Also stars Winona Ryder and Kate Bosworth. (S) (2013, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **The Paper** 7/10. The staff find their attitudes towards authority bubbling up. (S)(R)
12.30 AM 8/10. Mare uncovers a story that pits the *Toledo Truth Teller* against its corporate owner. (S1) (S)(R)(AD)
1.00 **Grimm** 9/22. (S1) (S)(R)
2.00 **Evil** 9/13. (S1) (S)(R)
3.00 **Hawaii Five-0** (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City (S)(R)(AD) **12.40am** Scotcast (S)(R) **1.10** Alan Carr's Picture Slam (S)(R) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The Crime I Can't Forget (S)(R) **11.30** The Truth About My Murder New editions Double bill. (S) **12.55am** The Truth About My Murder Series finale **1.35-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
12.40am Buried with Michael Sheen (S)(R) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Codi Hwyl **1.30** Sgwrs Dan y Lloer **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cynefin **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Gwlad y Basg: Gwilym Bowen Rhys **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Great Escape **10.00** Taclo'r Ty (AD) **10.30-11.35pm** Radio Fa'ma (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **LIVE Athletics: Diamond League Zurich** Coverage of the Weltklasse Zurich, the penultimate meeting of the season at Letzigrund in Switzerland.
9.00 **The Catch Up**
9.05 **Better Date than Never** New edition 6/7. Sparks are flying for Jack and his date, while Charles waits for news on his speed-date matches. **9.30** Series finale 7/7. Kento goes all out with his costume at the Cosplay Ball, Di and Alida meet again, while Jack and Claire settle into a dreamy gondola ride. ■ Entire series on BBC iPlayer
10.00 **FILM 27 Dresses** Romantic comedy starring Katherine Heigl and James Marsden. A woman acting as a bridesmaid at her sister's wedding struggles to hide her feelings for the groom. (2008, 12, 106min) ★★★★
11.45 **Angels of the North**
2.45 AM **Pobl Bachyn**
2.55 **to 3.55** AM **Better Date than Never**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Liverpool.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Derbyshire to pick up Matt's Subaru Impreza Turbo 2000.
6.50 **Car S.O.S** Fuzz and Tim hope to surprise bubble car owner Sam with a secret fix-up of his Messerschmitt.
7.55 **Grand Designs Revisited** Kevin McCloud revisits a home built on an airfield in Strathaven in Scotland to check on the progress made by Colin and Marta.
9.00 **24 Hours in A&E** A 37-year-old man faces potentially life-changing injuries and extensive surgery after colliding with a car on his motorbike. Plus, a 54-year-old will need a pacemaker fitted.
10.00 **24 Hours in A&E** A 59-year-old woman is rushed to A&E after collapsing at home with signs of a stroke, while a 28-year-old carpenter with epilepsy arrives after cutting his finger at work.
11.05 **999: On the Front Line**
1.15 AM **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Villages by the Sea** Ben Robinson learns how Devonshire Beer stone was used for the Tower of London.
7.30 **Canal Boat Diaries** Robbie has issues with ice on the Grand Union Canal.
8.00 **Vasa: The Ghost Ship** A look at the *Vasa*, a 1628 Swedish Navy ship that sank on its maiden voyage.
9.00 **FILM Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
11.00 **Talking Pictures** The story of Steven Spielberg's 1975 aquatic horror classic, *Jaws*.
11.45 **FILM Jaws 2** Adventure thriller sequel starring Roy Scheider. The seaside town of Amity is under threat. (1978, PG, 115min) ★★★
1.35 AM **Canal Boat Diaries**
2.05 **Vasa: The Ghost Ship**
3.05 **to 3.35** AM **Villages by the Sea**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Marbella in Spain.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Magic tricks.
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *A Star Is Burns:* The townsfolk hold a film festival in Springfield. **7.30** *Lisa's Wedding:* Lisa gets a glimpse of the future.
8.00 **Ladies of London: The New Reign** New edition Aristocrat Emma has a health scare.
9.00 **Cruising Paradise: Above and Below Deck** New edition The *Star Princess* arrives in Belize.
10.00 **Gogglebox**
11.05 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Cruising Paradise: Above and Below Deck**
2.10 **Ladies of London: The New Reign** As 8pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Motorway Patrol**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 5&6/22. (S4)
2.00 PM **The Rookie** 2/10. The team come together to celebrate John's wedding. (S6)
3.00 **Law & Order: Criminal Intent** 7/8. A Broadway star falls to his death after his flying harness fails. (S10)
4.00 **Nothing to Declare**

9.00 CIA

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 CIA New episode *Pledge of Allegiance:* 6/12. Colin receives a tip-off about an upcoming terror plot. (S1)

10 PM

10.00 The Equalizer *Boom:* 1/18. Those closest to McCall must come together for the first time to save her. (S3)
11.00 **The Rookie** 18/22. (S5)
12.00 M'T **FBI** 2/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** 3&4/12. (S7)
10.15 **The Last of Us** 1&2/9. (S1)
12.40 PM **Homicide: Life on the Street** 2&3/23. (S6)
2.20 **Billions** 3&4/12. (S7)
4.25 **The White Lotus** 3/7. Harper decides to be a more pleasant version of herself for the day. **5.30** 4/7. Harper is blindsided by shocking evidence from Ethan's night out. (S2)
6.35 **House of the Dragon** 7/8. Rhaenyra grows desperate for a sign that she will prevail. (S3)

9.00 Fightland

7.45 House of the Dragon *The Treasons at Tumbleton:* 8/8. Shifting alliances reshape the war as Rhaenyra's forces converge around Tumbleton and both sides vie to gain the upper hand. (S3)

9.00 NEW SERIES Fightland *The Only Round That Matters Is the Next One:* 1/8. Crime drama starring Howard Charles.

10.05 Fightland New episode *Brick by Brick:* 2/8. Duke must improvise to keep his mission on track. *See feature, page 6.* (S1)
11.10 **Fightland** New episode 3/8. Duke turns up the heat on the Marshalls. (S1)
12.15 AM **FILM Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
2.20 **House of the Dragon** (S3)
4.40 **Sort Of** 7/8. (S3)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 6/22. (S2)
11.10 **Charmed** 19/22. (S1)
12.10 PM **Deal or No Deal**
1.10 **Celebrity Supermarket Sweep**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Parents' Evening

7.00 Wheel of Fortune Graham Norton hosts the game show as three contestants compete to solve word puzzles.

8.00 The 1% Club Rollover Lee Mack hosts a special edition of the quiz show, featuring a potential jackpot of £500,000.

9.00 Romesh Ranganathan's Parents' Evening Game show, with guests Gabby Logan, Pete Wicks and Krishnan Guru-Murthy.

10.00 Changing Ends 4/6. Alan tries to write about the man of his dreams. (S3)
10.35 Family Guy 18/18. Peter goes back in time. (S5)
11.05 **Family Guy** 13/18. (S5)
11.35 **American Dad!** 17/18. Stan fakes his family's deaths. (S5)
12.05 AM 13/18. Stan realises Roger is an Olympian. (S5)
12.35 **Bob's Burgers** (S14&13)
1.30 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.40 PM **Midsomer Murders** *Blue Herrings:* Barnaby investigates a conspiracy to commit murder at a nursing home.
3.40 **Classic Emmerdale**
5.15 **Classic Coronation Street**
5.50 **Heartbeat** *Mother's Little Helpers:* Merton feels delighted that Jenny has agreed to marry him.

10.00 Lewis

6.55 Heartbeat *Fool for Love:* Bellamy asks Blaketon how he can convince Gina that he really wants to marry her.

8.00 Vera *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby home town.

10.00 Lewis *The Lions of Nemea:* When a student's body is hauled from the canal with stab wounds, suspicion falls on her lover and his jealous wife.
11.50 **Inspector Morse** *The Day of the Devil:* A homicidal rapist escapes from prison and embarks on a deadly game of cat and mouse with Morse.
2.00 **to 2.30** AM **George and Mildred**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Football Rivalries**
6.20 **Made in Britain**
6.50 **Magnum, PI**
7.55 **Robin of Sherwood**
9.00 **Boon**
10.05 **The Professionals**
11.15 **Robin of Sherwood**
12.15 PM **Magnum, PI**
2.20 **The Memoirs of Sherlock Holmes** Murder mystery.
3.30 **Boon**
4.35 **The Professionals**
5.40 **Minder** *PoeticJustice, Innit:* Terry's girlfriend Debbie finds herself caught up in a robbery.

12.15 Magnum, PI

6.45 Sharpe *Sharpe's Justice:* 2/3. The soldier is assigned to restore peace in the north of England, where the aristocracy's high-handed ways have led to talk of rebellion. (S5)

9.00 Wrestling: AEW All In A chance to see the 2025 event held at Globe Life Field. Jon Moxley put his World Championship on the line against Hangman Adam Page in a Texas Death Match, and Timeless Toni Storm defended her Women's Championship when she faced Mercedes Mone. Kazuchika Okada also faced Kenny Omega to crown the inaugural Unified Championship.
3.45 **to 4.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Hidden Lives** The rise in all-women bands across the country.
8.00 **Beechgrove Garden** New edition Lizzie Schofield picks the first of this year's tomatoes.
8.30 **Our Lives: Speed Without Limits** Following Scotland's first wheelchair-using racing driver, Ally Chalmers.
9.00 **Martin Compston's Scottish Fling** 5/6. Martin and Phil travel through the Central Belt. **9.30** 6/6. Martin and Phil end their tour of Scotland in the Lowlands.
10.00 **Scot Squad** 5/6. (S4)
10.30 **Edinburgh Unlocked** Series finale 3/3. The best of the Festival.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 7&8/8. (S1)
10.00 **Avenue 5** (S1&2)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** 7&8/8. (S1)
1.40 **Avenue 5** (S1&2)
3.00 **Will & Grace** (S7)
4.00 **Hitmen** 1&2/6. (S1)
5.00 **Community** (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 7/12. Emily and Patel care for a recently concussed Shred. **8.30** 8/12. There are reports of an aggressive dog on the loose. (S1)
9.00 **Micky Flanagan: An' Another Fing Live** Stand-up performance.
10.45 **Last Week Tonight with John Oliver** Talk show.
11.30 **Two Weeks to Live** (S1)
12.30 AM **Animal Control** (S1)
1.30 **Community** (S2)
2.30 **Hitmen** 5&6/6. (S1)
3.30 **Avenue 5** 9/9. (S1)
4.05 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live: Classical Anthems**
8.00 **Artist of the Year: Masterclass** Double bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Dickens in Italy**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from Tate Britain** Documentary.
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Spymasters: The Great Spy Writers**
10.00 **Ian Fleming and the Curse of Bond**
11.45 **The Directors**
12.45 AM **The Unstoppable Shirley MacLaine**
2.00 **I Am Patrick Swayze**
4.00 **A Play in a Day**
5.00 **to 6.00** AM **Dickens in Italy**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 14/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** *Conundrum:* 14/26. (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **Killer in My Village**
10.00 **Britain's Most Evil Killers** Adam Whelehan.
11.00 **Grimm** 14/22. (S1)
12.00 M'T **Wynonna Earp**
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five solicitors take part.
3.00 **Supermarket Sweep**
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Nicole takes on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Supermarket Sweep** Rylan Clark hosts a revival of the supermarket-based game show in which three pairs of shoppers go wild in the aisles to win £3,000.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

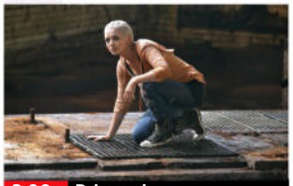
9.00 AM **American Pickers**
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** The pros and cons of modern homes.
8.00 **The Piano** Six amateur pianists take to the stage at the Birmingham Symphony Hall.
9.00 **Celebrity Gogglebox** Famous faces appraise recent TV shows.
10.00 **Secret Lives of Gypsy Wives** Trewley's sister Pearly tries on fairytale wedding dresses.
11.00 **Celebrity Hunted**
1.05 AM **Gogglebox**
2.05 **Surgery Secrets of the Super Rich**
3.05 **Secret Lives of Gypsy Wives** As 10.00pm.
4.00 **to 5.00** AM **Ramsay's Kitchen Nightmares**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Warehouse 13** 5/6. (S5)
3.00 **Primeval** 4/6. (S1)
4.00 **Stargate SG-1** 17/20. (S8)
5.00 **Star Trek: Voyager** 7/26. After the crew are taken captive, the Doctor's hologram program is unable to function. (S7)
6.00 **Star Trek: Enterprise** 6/22. Part three of three. Malik organises a mutiny. (S4)



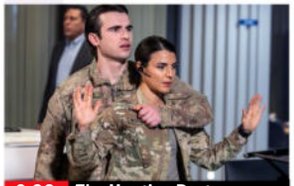
3.00 Primeval

7.00 **Stargate Atlantis** *The Seed:* 2/20. The team try to find an antidote when Jennifer Keller develops a mysterious alien virus. (S5)
8.00 **Stargate SG-1** *Reckoning – Part Two:* 17/20. The Jaffa Resistance put together an army to reclaim a holy city. (S8)
9.00 **Resident Alien** *Lone Wolf:* 1/8. In an attempt to gather information on the grey aliens, Harry puts Asta in harm's way. (S3)
10.00 **Grimm** *The End:* 13/13. The fantasy drama concludes as Nick faces off against Zerstorer in a climactic battle. (S6)
11.00 **The Walking Dead** 11/16. Daryl finds himself in bad company as his group head to the Hilltop conclave. (S8)
12.00 M'T **Resident Alien** 16/16. Harry faces a big decision. (S2)
1.00 AM **Warehouse 13** 5/6. (S5)
2.00 **Primeval** 4/6. (S1)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 8/22. (S6)
11.00 **Hudson & Rex** 3/8. (S8)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 8/22. (S6)
5.00 **Hudson & Rex** 3/8. (S8)
6.00 **Body of Proof** 12/20. A detective is murdered. (S2)
6.55 **Private Eyes** 6/12. Shade finds himself in the middle of a hostage situation. (S3)



9.00 The Hunting Party

7.50 **Bookish** *Momento Mori – Part Two:* 2/6. The evidence forces Book to face the question of whether a notorious fascist who ended up on the gallows has returned from the grave to kill again. (S2)
9.00 **The Hunting Party** New episode *Noah Cyrus:* 5/13. Two decades after his apparent death, a cult leader reappears. (S2)
10.00 **Return to Paradise** *Curl Up and Dye:* 3/6. A hairdresser is found strangled to death in her locked beauty salon. (S1)
11.00 **Private Eyes** As 6.55pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** 4/10. A PI is arrested for murder. (S4)
1.00 AM **Hudson & Rex** 2/8. (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Ever Decreasing Circles**
12.25 PM **Porridge**
1.00 **Keeping Up Appearances**
1.40 **Dad's Army**
2.20 **The Green Green Grass**
3.00 **Are You Being Served?**
3.40 **Ever Decreasing Circles**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.40 Dad's Army

7.00 **Porridge** The inmates take advantage when Mackay takes a holiday.
7.40 **Dad's Army** Captain Mainwaring decides that the platoon needs a mascot for a big parade.
8.20 **Are You Being Served?** Grace Brothers publish an in-house magazine.
9.00 **The Office** David's ego gets a boost when he is headhunted.
9.35 **Fawlty Towers** Basil tries to stop an unmarried couple lowering moral standards at his hotel.
10.20 **Not Going Out** The gang spend a weekend on Frank's new boat.
11.00 **Mrs Brown's Boys**
11.35 **The Office**
12.15 AM **Fawlty Towers**
1.00 **Not Going Out**
1.40 **Mrs Brown's Boys**
2.25 **Don't Wait Up**
2.55 **The Office**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Fresh Food**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin: F1 Challenge** Guy joins a pit crew.
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Fresh Food** Four editions, including at: **6.30** A former schoolteacher who lives like a Victorian.

9.00 Hit Point

7.00 **Mortimer & Whitehouse: Gone Fishing** From Devon.
7.40 **Would I Lie to You?** With Josh Widdicombe, Kate Williams, Kevin Bishop and Brian Blessed. **8.20** With guests Rhod Gilbert, Jamie Laing, Tracy-Ann Oberman and Claudia Winkleman.
9.00 **Hit Point** New episode 3/6. Leo knows that he, Carter and Dylan must frame someone else. (S1) ■ Entire series on U
10.00 **Have I Got a Bit More News for You** Professor Hannah Fry hosts, with guests Phil Wang and Carol Vorderman.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hit Point** As 9.00pm.
2.50 **Richard Osman's House of Games** With Sarah Kendall.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
8.10 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Classic Neighbours**
3.05 **Whitstable Pearl**
4.10 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Seymour repairs a boat. **6.30** Compo talks about the two subjects closest to his heart – love and ferrets.

8.00 The Marlow Murder Club

7.20 **Last of the Summer Wine** Seymour reveals his latest invention – a purse for men – and Compo agrees to test the product.
8.00 **The Marlow Murder Club** *Murder in the Dark – Part One:* 3/6. Becks finds herself on the wrong side of an investigation.
9.00 **The Marlow Murder Club** *Murder in the Dark – Part Two:* 4/6. Judith and Suzie work with the police to find the killer. (S3)
10.00 **New Tricks** *Setting Out Your Stall:* A new lead links the death of a market trader to a series of drug rapes – but with that case active, Ucos officers are unable to quiz the main suspect.
11.20 **Luther** 3/4. (S5)
12.40 AM **Lovejoy**
1.50 **Sister Boniface Mysteries**
2.50 **to 4.00** AM **You're Killing Me**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 17-19/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Frame Up:* 9/24. Tony finds himself accused of murder. **7.00** *Probie:* 10/24. McGee murders an undercover police officer. **8.00** *Model Behaviour:* 11/24. A model is killed at a US Marine base. (S3)
9.00 **Blue Bloods** *Hate Is Hate:* 1/20. Danny consults a psychic to solve the murder of a young boy. (S12)
10.00 **Law & Order: Special Victims Unit** *Plastic:* 11/24. A plastic surgeon is accused of rape. **11.00** *Dear Ben:* 12/24. A rapist strikes again after two decades. (S20)
12.00 M'T **Law & Order: Special Victims Unit**
2.00 **to 3.55** AM **Prodigal Son**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Staff are allowed to work without masks for the first time since the pandemic.
9.00 **A&E After Dark** A man with a suspected overdose is escorted in by police officers.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Killer at the Crime Scene** Documentary.
1.00 AM **Cold Case Killers**
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Police Interceptors**
10.35 **Gunsmoke** (S13)
11.40 **FILM The Man with the Gun** Western. (1955, b/w, PG, 88min) ★★★
1.25 PM **FILM Rio Lobo** Howard Hawks' Civil War western. (1970, PG, 110min) ★★★
4.00 **Highway Thru Hell**
5.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Timber Titans** New edition
11.00 **The X-Files** 8/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons** Colony 8.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Chef Rosheen Kaul sets the contestants their first full Pressure Test of the series, with an intense, three-hour challenge.
8.20 **Inside the Ambulance** Crews fight to restart a man's heart after he suffered a cardiac arrest and crashed the van that he was driving.
9.20 **DIY SOS: The Big Build** Double bill of editions.
11.20 **Missing Persons Investigation**
1.30 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Bangers & Cash**
10.00 **Secret Nazi Bases**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Secret Nazi Bases**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** Life on each of the continents, starting with Antarctica.
8.00 **Bangers & Cash** New edition A Mk1 Astra GTE sends Dave into raptures.
9.00 **Dream Car Fixers** New edition Sheldon and Will work on a 1976 Triumph Stag for retired head teacher Simon.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop** A 1960s record player and a flamboyant pair of 1970s boots are revived.
7.00 **The Yorkshire Auction House** Angus Ashworth sells a huge hippo and some holy bling.
8.00 **Antiques Road Trip** Charles Hanson and Roo Irvine travel around Cheshire and Merseyside.
9.00 **The Bad Skin Clinic**
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
9.00 **Bramwell** 7/8. (S2)
10.00 **The Irish RM** 2/6. (S3)
11.00 **Little House on the Prairie** 21 &22/23. (S3)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 21 &22/23. (S3)
6.00 **The Irish RM** 2/6. (S3)
7.00 **M*A*S*H** 5/24. The OR is filled with soldiers. **7.30** 6/24. Father Mulcahy arranges to marry Klinger and his sweetheart in America. **8.00** 7/24. Trapper develops an ulcer. **8.30** 8/24. Father Mulcahy presides over a circumcision. (S3)
9.00 FILM **Carry On Spying** Spy comedy. (1964, b/w, U, 84min) ★★★★
10.55 **Robin's Nest** (S4)
11.55 **M*A*S*H** 5–8/24. (S3)
1.55 AM **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Raiders of the Lost Art** Leonardo Da Vinci.
10.00 **Murder Maps**
11.00 FILM **Johnson County War: Part One** Western starring Tom Berenger. (2002, 12, 90min) ★★
1.00 PM **The Unit** 16/23. (S2)
2.00 **Burn Notice** (S4)
4.00 FILM **Shadow Wolves** Action drama starring Thomas Gibson. (2019, 15, 95min) ★★
6.00 **The Unit** 16/23. (S2)
7.00 **Burn Notice** (S4)
9.00 FILM **American Siege** Thriller starring Bruce Willis and Rob Gough. (2021, 15, 91min) ★★
11.00 **The Avengers** (S6)
12.00 M'T **The Baron** (S1)
1.00 AM **The Persuaders!**
2.00 FILM **NYC: Tornado Terror** Disaster movie starring Nicole de Boer. (2008, PG, 90min) ★★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Picture Perfect Mysteries: Dead Over Diamonds** (2020) ★★
10.10 FILM **Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
11.11 FILM **Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
12.15 PM **In Plain Sight** (S1)
2.00 **Castle** 10/24. (S5)
3.00 **Diagnosis Murder** (S7)
5.00 **Murder, She Wrote**
7.00 **Castle** 11/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 2/12. (S1)
10.00 FILM **Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
11.55 FILM **Family History Mysteries: Buried Past** Thriller. (2023, PG) ★★
1.50 AM FILM **Nowhere To Be Found** Thriller. (2019, PG, 93min) ★★
3.25 **to 5.00** AM FILM **Stealing Paradise** Thriller. (2011, PG, 83min) ★★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.10 AM FILM **A Date by Christmas Eve** (2019)
10.10 FILM **Rocky Mountain Christmas** (2017, PG) ★
12.05 PM FILM **A Christmas Crush** Festive comedy. (2019, PG, 90min) ★
2.00 FILM **Angel of Christmas** Drama. (2015, PG, 85min) ★★
3.55 FILM **A Dream of Christmas** Romance. (2016, U, 83min) ★★
5.50 FILM **A Very British Christmas** Drama. (2019, PG, 90min) ★★
7.50 FILM **Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
9.45 FILM **Christmas in Evergreen** Drama. (2017, U, 84min) ★★
11.40 FILM **Christmas in Evergreen: Tidings of Joy** (2019, PG) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Angel of Christmas** (2015)

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** In Nottingham.
1.00 PM **The Greatest Auction** A guitar amp.
2.00 **Case Sensitive** (S2)
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **This Farming Life**
6.00 **The Greatest Auction**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **Case Sensitive** *The Other Half Lives – Part Two:* 2/2. Ruth admits she was with Jason but insists she did not kill him. (S2)
10.00 FILM **Sex with the Stars** Erotic comedy. (1980, 18, 90min) ★
12.00 M'T FILM **Intimate Games** Comedy. (1976, 18, 90min) ★★
1.45 AM **Musketeer**
2.00 **The Greatest Auction**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge** (S2)
10.30 **The Upper Hand** (S2)
11.00 **The Gaffer** (S2)
11.30 **Only When I Laugh**
12.00 NOON **UFO** 5/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 1/7. (S3)
2.00 **Second Thoughts** (S4)
2.30 **The Gaffer** (S2)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk (Deceased)** 20/26. (S1)
4.30 **Jack Hargreaves' Old Country** 15/20. (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 5/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 20/26. (S1)
9.30 **The New Statesman**
10.00 FILM **The Rainbow** Drama. (1988, 15) ★★★
12.20 AM FILM **Superchick** Comedy. (1973, 15) ★
2.20 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Dust Devils are poised to smash the biggest season tally ever. **8.00** The Poseidon crew hope to continue their run of big gold.
9.00 **Expedition X** The team go to England to explore Chillingham, Britain's most haunted castle.
10.00 **Expedition Files**
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Cooks Italy**
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New editions Double bill.
9.00 **Jamie's 5 Ingredient Mediterranean Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's Simple Comforts**
1.00 **Spanish Adventure**
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's 5 Ingredient Mediterranean Meals**
5.00 **The Pioneer Woman**
6.00 **Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry's Simple Comforts** Culinary gems.
9.00 **Michel Roux's French Country Cooking**
10.00 **Jamie's One-Pan Wonders** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 13/22. (S3)
11.00 FILM **Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
12.45 PM FILM **Donovan's Reef** Comedy. (1963, U, 104min) ★★★
2.55 FILM **Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
5.00 **Star Trek** 26/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 14/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Law Abiding Citizen** Crime thriller. (2009, 18, 109min) ★★
11.15 FILM **Riot** Action thriller. (2015, 15, 87min) ★★
1.10 AM FILM **Lucky Number Slevin** Darkly comic thriller. (2006, 18, 110min) ★★★
3.20 **to 5.00** AM FILM **Acceleration** Adventure. (2019, 15, 85min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
11.00 **Andromeda** 6/22. (S5)
12.00 NOON **King Solomon's Mines Part Two**
2.00 PM FILM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **2021: War of the Worlds** Sci-fi thriller starring Tom Sizemore. (2021, 12, 78min) ★★
7.00 **Andromeda** 7/22. (S5)
8.00 **The A-Team** 23/25. (S3)
9.00 FILM **Ulzana's Raid** Western starring Burt Lancaster and Bruce Davison. (1972, 15, 103min) ★★★★
11.10 FILM **The Courier** Thriller starring Olga Kurylenko. (2019, 18, 99min) ★
1.15 AM FILM **Ulzana's Raid**
3.15 FILM **2021: War of the Worlds** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.45 **Pawn Stars** Double bill.
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Hardcore Pawn**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **We Are Not Alone**
6.00 **Junk & Disorderly: Henry's Wreck-trospective**
7.00 **Dickinson's Real Deal**
9.00 **Alien Contact: The Pascagoula UFO Encounter**
10.40 **National Park Mysteries**
11.00 **The Curse of Oak Island** Double bill.
1.00 AM **We Are Not Alone**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly: Henry's Wreck-trospective**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Japan.
5.00 **Summer in the Scilly Isles** Documentary.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets the first Norwegian woman to climb Everest. **8.00** Ben journeys to Ireland's rugged Atlantic coastline to meet an 80-year-old widow.
9.00 **Ben Fogle and the Buried City**
10.30 **Battle Front: WWII Road to Victory**
11.00 **Prisoner: Cell Block H**
1.05 AM **The Yorkshire Vet**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Emilia Fox.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?** Quiz.
2.00 **Bridge of Lies** Quiz.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With John Challis.
5.15 **All Star Family Fortunes**
6.00 **Tenable** Quiz show.
7.00 **Beat the Chasers**
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Ranvir Singh, John Sergeant and Mariella Frostrup.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase** Quiz.
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the series, including at: **8.30** 9/24. Sheldon is jealous when a colleague receives an impressive grant. (S10)
9.00 FILM **Deep Impact** Disaster movie starring Robert Duval, Téa Leoni and Elijah Wood. (1998, 12, 123min) ★★★★
11.00 **Dr Pimple Popper: Breaking Out**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper: Breaking Out**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** With Rylan.
9.00 **Everybody Loves Raymond** (S1)
11.00 **Sabrina the Teenage Witch** 9–12/26. (S2)
1.00 PM **Friends** (S5)
7.30 **Friends** 21/24. Phoebe learns Gary plans to ask her to move in with him. **8.00** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. The pals visit Las Vegas. (S5)
9.00 FILM **Con Air** Thriller starring Nicolas Cage and John Cusack. (1997, 18, 115min) ★★★★
11.15 **Stupid Central**
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **The Comedy Bus**
1.45 **South Park** (S11)
2.40 **Russell Howard: Right Here Right Now**
3.30 **Al Murray: One Man, One Guvnor Uncut**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S1)
11.00 **Friends** (S6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** (S1)
6.00 **The Upper Hand** (S3)
7.00 **Sabrina the Teenage Witch** 9–12/26. (S2)
9.00 **Rhod Gilbert's Growing Pains** Laura Whitmore, Robert Peston and Jamali Maddix reflect on their teenage years.
10.00 **Friends** (S4&5)
1.00 AM **8 Out of 10 Cats Uncut** With Jack Dee and Kelly Osbourne.
1.50 **Most Ridiculous**
2.50 **Spin City** (S1)
4.05 **Impractical Jokers**
5.10 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
10.15 **Bread** 10/10. (S8)
10.50 **Steptoe and Son** (S4)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 1/13. Drama. (S2)
2.45 **Minder** 1/8. (S6)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Bread** 10/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 2/6. (S4)
6.40 **Steptoe and Son** (S4)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 7/13. (S3)
9.00 **Benidorm** 3&4/6. (S1)
9.55 **Shameless** 9/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** (S1)
12.55 AM **Minder** 4/13. (S8)
2.00 **Duty Free** 6/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 2/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed** (S2)
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** (S2)
7.00 **Teen Mom: The Next Chapter** The Dads go on a guys-only ski trip.
8.00 **Judge Judy** Real-life small-claims cases.
9.00 **Geordie Stories: Charlotte's New Baby** Charlotte and Jake take a trip to Lapland.
10.00 **Jersey Shore Family Vacation** New edition The gang meet Angelina's dolls.
11.00 **Geordie Shore**
12.00 M'T **Ink Master: Angels**
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

27 August **Thursday**

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Aquarium**
8.00 **Treehouse Masters**
9.00 **Gold Rush** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.30** Skate blades, gliders, handbells and fire hoses.
5.00 **Alaska: Homestead Rescue** A pair of homesteaders and their livestock are mired in muddy clay in the woods.

9.00 **Naked and Afraid**

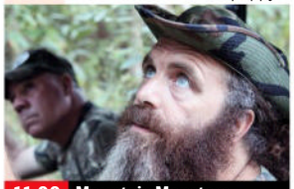
7.00 **Wheeler Dealers** A four-wheel-drive camping vehicle capable of venturing to places no camper has been before.
8.00 **Wheeler Dealers** Mike and Edd try to make a profit on their first electric project as they restore a 1985 Maserati Bi-Turbo.
9.00 **Naked and Afraid: Global Showdown** New edition Two teams score crab, stingray and octopus, but the third struggles, and an intense smoke-and-snare challenge leads to a shocking final elimination.
11.00 **Expedition Files** Josh Gates explores invisible attacks made upon CIA operatives in Cuba.
12.00 M'T **Deadliest Catch**
1.00 AM **Naked and Afraid: Global Showdown**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Penguins**
10.00 **Tanked** A Christmas tank.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue** The Raneys shelter on their Alaskan homestead. **4.00** Marty is forced to hunt for a new source of water.
5.00 **Lone Star Law** The wardens go in search of a poacher.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff races to save a puppy.



11.00 **Mountain Monsters**

7.00 **Treehouse Masters** Pete Nelson creates a climber's haven for an arboreal couple whose love of trees rivals his own.
8.00 **Blood Ivory** Following Tanzanian rangers as they try to counter the unprecedented growth of the ivory industry.
9.00 **Alaska: The Last Frontier** Atz and the family head out on a black bear hunt, while Jane's confidence grows.
10.00 **Alaskan Bush People** Barn construction means its all hands on deck, but someone isn't pulling their weight.
11.00 **Mountain Monsters** Answers about the Dark Forest.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Dog Detectives** PC Bartley and his dog Chico are involved in a car chase.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
9.00 **Mayday** Documentary.
10.00 **Mega Marine Machines**
11.00 **Car S.O.S** A 1929 Rolls-Royce.
12.00 NOON **Ultimate Airport Dubai** Documentary.
1.00 PM **Air Crash Investigation**
2.00 **Lost Ships of WW2**
4.00 **Lost Treasures of Egypt**
5.00 **Destruction Decoded** The top 10 apocalyptic scenarios, including asteroids and viruses.
6.00 **Nazi Megastructures: Russia's War** The story of the Battle of Kursk in 1943.

8.00 **Lion**

7.00 **Air Crash Investigation** Investigators find a fatal flaw in the aircraft's design after a helicopter crashed into the ocean.
8.00 **Lion** New edition 3/4. Kio reunites with his brothers but faces a tragedy that tests his courage. **8.55** Series finale 4/4. Kio and his brothers must survive in territories ruled by rival males. ■ Entire series on Disney+
9.50 **Way of the Cheetah** Cameras follow a cheetah and her four cubs as they navigate the plains of the Mara ecosystem.
10.50 **Air Crash Investigation** The conspiracy theories surrounding a Boeing 747 accident in 1987.
11.50 **Inside Sydney Airport**
12.50 AM **Northwoods Survival**
1.50 **Lords of War**
2.20 **Trafficked with Mariana Van Zeller** Double bill of editions.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **Storage Hunters**
9.15 **Pawn Stars** Documentary.
10.10 **Junk & Disorderly**
11.05 **Storage Wars** Double bill.
12.00 NOON **The Last Hunt for Nazi Gold** Documentary.
1.00 PM **Alone** As 9.00pm.
2.00 **Pawn Stars** Four editions of the series, including at: **5.00** Corey gets the chance to buy an old dentist's chair.
6.00 **American Pickers** Mike Wolfe crashes into the godfather of Italian scooters.

9.00 **Alone**

7.00 **Forged in Fire** The two final competitors recreate one of the most intricate weapons in history – the steel crossbow.
8.00 **History's Most Shocking** Footage of real-life events, including a paraglider using his skills and fast-thinking to survive a drop.
9.00 **Alone** New edition Survivalists are plunged into the wilderness with only a backpack.
10.00 **Discovered by Disaster** The things revealed by disasters, featuring a medieval shipwreck that could reshape history.
11.00 **Discovered by Disaster** Evidence of early human activity previously hidden by the landscape.
12.00 M'T **Secrets in the Jungle**
1.50 AM **History's Most Shocking**
2.50 **Alone** As shown at 9.00pm.
3.40 **Pawn Stars** Evaluating a Righteous Brothers record.
4.25 **Junk & Disorderly**
5.10 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **Branson** 3/4. Documentary.
11.00 **Juan Carlos: Downfall of the King** 4/4. Documentary.
12.00 NOON **Barbie Uncovered: A Dreamhouse Divided**
1.50 PM **My Icon: Heather Watson**
2.00 **Missile from the East**
4.00 **The Directors**
5.00 **Discovering**
5.55 **Chimp Crazy** *Fantasy Island:* 4/4. Tonia struggles to let go.

9.00 **My Mom Jayne**

7.00 **I Am Raquel Welch** One-off documentary celebrating the life of a trailblazing actor who not only redefined the idea of a Hollywood sex symbol, but also led the way for modern-day action heroines.
8.45 **My Icon: Denise Lewis**
9.00 **My Mom Jayne** Actor Mariska Hargitay explores the life of her mother Jayne Mansfield, who died in a car accident at the age of 34 when Mariska was only three years old.
11.00 **Val** Documentary focusing on the life of actor Val Kilmer.
1.00 AM **Escobar by Escobar** 1-4/4. Documentary exploring the story behind the cursed Escobar empire, following the fortunes of Juan Pablo, who was the sole heir to the biggest drug dealer in history.
5.00 **to 6.00** AM **Discovering: Matthew Broderick**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Outback Truckers** New edition Australia's toughest highways.
9.00 **Outback Opal Hunters** New edition The Opal Whisperers are in Coober Pedy.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Faking It: Tears of a Crime** Becky Watts.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
10.00 **Signs of a Psychopath** New editions Someone murders a disabled man. **10.30** A retired mother of three vanishes after a night out with friends.
11.00 **Murder Among Friends**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The case of Eulin Hastings.
8.00 **UK Crime Files: Seaside Lady Macbeth** The case of a love triangle in 1930s Bournemouth.
9.00 **UK Crime Files: Connecting a Killer** SIO Steve Wilkins reopens a series of crimes in Pembrokeshire.
10.00 **Murder UK** The story of 19-year-old Tai O'Donnell, who entered a volatile relationship. **11.00** The story of Claire Morris, who tragically died in a car accident.
12.00 M'T **UK Crime Files: Seaside Lady Macbeth**
1.00 AM **UK Crime Files: Connecting a Killer**
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files**
9.55 **UK Crime Files: Wrongful Revenge**
10.45 **Teleshopping**
11.00 **Killers: Caught on Camera** Collin Turner.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder: The Tattoo Clue**
3.00 **UK Crime Files: Killer Commadore**
4.00 **Killers: Caught on Camera** The story of Megan Newton.
5.00 **Medical Detectives** A series of robberies in Florida leads to murder. **5.30** Dated techniques are scrutinised. **6.00** Police try to link two cases of murder. **6.30** A nurse learns she is HIV positive.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the Killer** Documentary.
1.00 PM **Britain's Most Evil Killers** Lee Ford.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **How I Caught the Killer**
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **Britain's Most Evil Killers**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **The World After Stonehenge**
9.45 **The Normans**
11.00 **The Wheelchair President** Double bill.
1.00 PM **Weathered: Earth's Extremes**
1.50 **The World After Stonehenge**
2.55 **The Normans**
4.10 **The Wheelchair President** Double bill.
6.20 **The World After Stonehenge**
7.30 **The Normans** Examining the purpose of the *Domesday Book*.
8.50 **The Wheelchair President** Double bill.
10.50 **Once Upon a Time in Northern Ireland** How the police and the army infiltrated paramilitary organisations.
12.00 M'T **The Normans**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Thursday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **America's Wild Seasons**
7.00 **Monkey Life**
8.00 **Tales from Zambia**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Jaguar Journals**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Guardians of the Wild**
4.00 **Cub Camp**
5.00 **Jaguar Journals**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Weird, Wild and Wonderful**
9.00 **Violent Earth** The science behind epic natural disasters.
10.00 **Airborne** How animals use air to their advantage when finding and keeping a mate.
11.00 **Jaguar Journals**
12.00 M'T **Arabian Inferno**
1.00 AM **America's Wild Seasons**
2.00 **Weird, Wild and Wonderful**
3.00 **Violent Earth**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History of Weapons**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens**
1.00 PM **Holy Marvels with Dennis Quaid** Five editions.
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** Reports of UFO sightings by pilots and astronauts.
8.00 **History of Weapons** Experts test the deadliest weapons upgrades across the history of warfare, including the Scorpio, the long sword and Henry's rifle.
9.00 **Secrets in the Sand** Double bill. Extraordinary curiosities that were once concealed within the planet's desert sands, only to be finally brought to light by the elements themselves.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Holy Marvels with Dennis Quaid** Triple bill of editions.
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Richard Hammond's Big**
1.00 PM **Cooper's Treasure**
3.00 **Alien Highway**
6.00 **How Do They Do It?**
9.00 **How It's Made** An insight into how dumplings and brass faucets are made. **9.30** The process behind the making of saxophones. **10.00** How prefabricated conservatories and copper cookware are made. **10.30** The making of leaf and debris vacuums, canned meat and fillet knives.
11.00 **How It's Made: Dream Cars** Revealing the inner workings of the Alfa Romeo 4C. **11.30** A visit the birthplace of the Pagani Huayra. **12.00** M'T The inner workings and impressive exterior of the Caterham Seven. **12.30** AM The Bugatti Veyron.
1.00 **Alien Highway**
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Crimes That Shook Britain**
2.00 PM **Green Eyed Killers**
3.00 **Fatal Family Feuds**
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers**
9.00 **The First 48 Presents: Critical Minutes** New edition Three baffling cases from archives that left investigators searching for a rational motive behind inexplicable acts of violence.
10.00 **Alaska State Troopers** New edition Officers apprehend a wanted fugitive and recover a cache of stolen firearms.
11.00 **K9 PD with Jim Belushi**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **On the Case with Paula Zahn**
3.00 **Fatal Family Feuds**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **South Africa: Land of Extremes** Documentary.
3.00 **The Last Rhinos: A New Hope**
4.00 **Secrets of the Zoo: North Carolina** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** A rhino that paints, adorable cheetah cubs and daredevil flying goats.
8.00 **Untamed Philippines** The wildlife of the islands. **9.00** An island where people come to swim with whale sharks.
10.00 **When Sharks Attack** A rise in shark attacks off the Miami coast in 2017.
11.00 **Inside Airport Lost & Found**
12.00 M'T **Africa's Deadliest**
1.00 AM **Jungle Animal Rescue**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
8.00 **Combat Dealers**
9.00 **Blowing Up History**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explore whether binary star systems hold the potential to host alien life.
8.00 **Expedition Unknown: Hunt for Extraterrestrials** Josh Gates' search for alien life ends in the United States.
9.00 **Secrets Underground** Claims that the sunken city of Atlantis may have been in the Americas.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Australian Railway Journeys** Four editions.
1.00 PM **Great Australian Railway Journeys** Six editions.
7.00 PM **Great Australian Railway Journeys** Michael Portillo travels through Queensland from Kuranda to Townsville, learning to harvest sugar cane and braving a crocodile safari. **8.00** Michael travels along the eastern coast of Australia from the coal mines of Newcastle, New South Wales, to Brisbane. **9.00** Michael rides the transcontinental Indian Pacific Railway from Adelaide to Perth, visiting goldfields and learning about the flying doctors of Western Australia. **10.00** Michael travels by rail from Canberra to Melbourne.
11.00 **Great Australian Railway Journeys** Double bill.
1.00 AM **Rescued Chimpanzees of the Congo with Jane Goodall**
5.30 **to 6.00** AM **Great British Railway Journeys**

+1hour 266 376

ID

154 140 166

8.00 AM **Homicide City: Charlotte**
12.00 NOON **The Murder Tapes**
1.00 PM **The 1990s: The Deadliest Decade** Double bill of editions.
3.00 **Still a Mystery**
7.00 **Death by Fame** A young actor gets her big break in a hit movie. After her brutal murder, police officers sift through hours of surveillance footage to catch her killer in the act. **8.00** A hopeful soap opera star shines in the background – but her rise crashes instantly because someone doesn't want to see her succeed.
9.00 **Murder on CCTV** The death of a teenage driver. **10.00** In Galveston, Texas, the bodies of two women are found behind a grocery store.
11.00 **A Body in the Basement** A welfare check reveals a woman brutally murdered in the basement of her home.
12.00 M'T **Murder Calls**
2.00 AM **Still a Mystery**
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead Master Mechanic**
3.00 **Guz Khan's Custom Cars**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Las Vegas locals compete.
9.00 **Goblin Works Garage** Jimmy picks up an original – and rusty – Mini Clubman.
10.00 **Bangla Bangers**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard threatens to ditch the whole project.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.20 AM **Tom and Jerry: Forbidden Compass** Animation. (2025, PG, 104min)
9.05 **Charlie the Wonderdog**
10.40 **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
12.55 PM **Five Nights at Freddy's 2**
2.45 **Heretic** As 10.00pm.
4.40 **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
6.25 **Normal** Action comedy starring Bob Odenkirk. (2026, 15, 91min) ★★★★

10.00 Heretic

8.00 Five Nights at Freddy's 2 Horror sequel starring Josh Hutcherson and Elizabeth Lail. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Heretic Horror with Hugh Grant, Sophie Thatcher and Chloe East. Two young missionaries are forced to prove their faith when they knock on the wrong door and are greeted by the diabolical Mr Reed. (2024, 15, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Signal One** Sci-fi thriller starring Isabelle Fuhrman. (2026, 15, 87min) ★★★★
1.45 AM **Twinless** As 4.40pm.
3.30 **Normal** As shown at 6.25pm.
5.10 **to 6.50** AM **Charlie the Wonderdog** Animated family adventure. (2025, PG, 92min)

Sky Cinema Box Set

303 303 403 503 517

7.25 AM **American Pie: The Wedding** (2003, 15) ★
9.05 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★
11.00 **Anacondas: The Hunt for the Blood Orchid** (2004, 12) ★
12.40 PM **Anaconda** (2025, 12) ★★★
2.20 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★
4.10 **Ghostbusters II** Action comedy. (1989, PG, 99min) ★★★
6.00 **Ghostbusters** Comedy reboot. (2016, 12, 113min) ★★★

10.10 Evil Dead Rise

8.00 Ghostbusters: Afterlife Supernatural comedy sequel starring Paul Rudd and Carrie Coon. A single mum and her children discover their link to the original Ghostbusters and the legacy their grandfather left behind. (2021, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Evil Dead Rise Horror thriller starring Alyssa Sutherland. The reunion of two estranged sisters is cut short by the rise of flesh-possessing demons. (2023, 18, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Evil Dead** Horror comedy. (1982, 18) ★★★★
1.35 AM **Evil Dead 2** Horror comedy sequel. (1987, 18) ★★★★
3.05 **Sky Cinema Preview**
3.40 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
5.35 **to 7.45** AM **Jumanji: Welcome to the Jungle** Fantasy. (2017, 12) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Grease 2** Musical sequel. (1982, PG, 109min) ★★
7.55 **Girl You Know It's True** Music biopic. (2023, 15, 124min) ★★★
10.05 **Love Me** As shown at 3.50am.
11.45 **The Friend** Drama with Naomi Watts. (2024, 15, 123min) ★★★★
1.50 PM **Hamnet** As 10.15pm.
4.05 **The Breakfast Club** Writer/director John Hughes' comedy drama. (1984, 15, 97min) ★★★★
5.50 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★★
10.15 **Hamnet** Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★
12.25 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.50 **Love Me** Sci-fi drama starring Steven Yeun and Kristen Stewart. (2025, 15, 91min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **Pet Sematary** Horror. (2019, 15, 101min) ★★★
9.05 **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
11.10 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
2.00 PM **Oblivion** Sci-fi adventure. (2013, 12, 119min) ★★★★
4.05 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
5.40 **It** Horror. (2017, 15) ★★★★
8.00 **Annabelle: Creation** Horror starring Anthony LaPaglia and Samara Lee. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
9.55 **Annabelle** Horror prequel to *The Conjuring*, starring Ward Horton and Annabelle Wallis. A couple are attacked by members of a satanic cult, who transform a vintage doll into a monster. (2014, 15, 97min) ★★
11.45 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
1.30 AM **Heart Eyes** Horror comedy. (2025, 15, 97min) ★★★★
3.20 **Him** Supernatural horror. (2025, 18, 96min) ★★★
5.10 **to 6.50** AM **The Woman in the Yard** Horror. (2025, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.35 AM **Wallace & Gromit: The Curse of the Were-Rabbit**
8.15 **Sonic the Hedgehog 3** Fantasy. (2024, PG) ★★★
10.15 **Hook** Fantasy. (1991, U) ★★★
12.40 PM **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
2.45 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
4.10 **Matilda** Roald Dahl's fantasy. (1996, PG, 98min) ★★★★
6.00 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★

7.45 Curse of the Were-Rabbit

7.45 Wallace & Gromit: The Curse of the Were-Rabbit Comedy adventure featuring Nick Park's clay-animation duo. (2005, U, 85min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

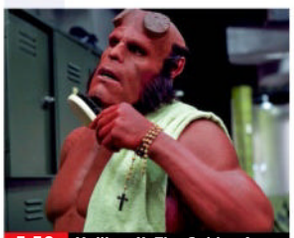
9.20 Teenage Mutant Ninja Turtles Fantasy adventure starring Megan Fox and William Fichtner. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel. (2016, 12, 112min) ★★★
1.15 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
3.05 **Journey 2: The Mysterious Island** Adventure sequel. (2012, PG, 94min) ★★★
4.55 **to 6.20** AM **Corpse Bride** Stop-motion animated fantasy. (2005, PG, 74min) ★★★★

Sky Cinema Action

306 306 407 507 521

7.05 AM **The Cinema List**
7.20 **S.W.A.T.** (2003, 12) ★★★
9.20 **The Meg** Action thriller. (2018, 12, 113min) ★★★
11.15 **First Knight** Mythical drama. (1995, PG, 134min) ★★★
1.30 PM **Batman Forever** Fantasy. (1995, 12, 121min) ★★★
3.35 **The Expendables 3** Thriller sequel. (2014, 12, 126min) ★★
5.50 **Hellboy II: The Golden Army** Comic-book horror sequel. (2008, 12, 115min) ★★★★



5.50 Hellboy II: The Golden Army

8.00 Spider-Man: No Way Home Fantasy adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. With Benedict Cumberbatch. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

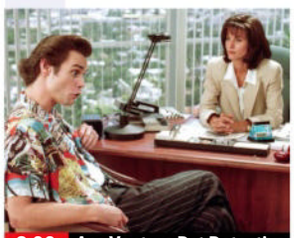
10.30 Normal Action comedy starring Bob Odenkirk. A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. (2026, 15, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Expendables** Action adventure directed by and starring Sylvester Stallone. (2010, 18, 99min) ★★★
1.55 **300** Epic historical adventure starring Gerard Butler. (2006, 15, 116min) ★★★★
3.55 **to 6.05** AM **Kraven the Hunter** Fantasy adventure. (2024, 15, 127min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★
8.40 **Police Academy 3: Back in Training** Comedy. (1986, PG) ★
10.10 **The Phoenician Scheme** Comedy. (2025, 15) ★★★
12.00 NOON **Logan Lucky** Crime caper. (2017, 12, 114min) ★★★★
2.00 PM **Yesterday** (2019, 12) ★★★
4.00 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
6.05 **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★



8.00 Ace Ventura Pet Detective

8.00 Ace Ventura Pet Detective Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Ace Ventura: When Nature Calls Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Little Fockers** Comedy sequel with Robert De Niro and Ben Stiller. (2010, 12, 94min) ★★★
12.50 AM **Adulthood** Comedy drama starring Josh Gadd. (2025, 15, 97min) ★★★
2.30 **Sasquatch Sunset** Action comedy with Jesse Eisenberg. (2024, 15, 88min) ★★★★
4.00 **to 6.00** AM **We're the Millers** Comedy with Jennifer Aniston and Jason Sudeikis. (2013, 15, 110min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Sky Cinema Preview**
7.30 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
9.40 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
11.55 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
1.55 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
4.05 **Caught Stealing** As 10.00pm.
6.00 **The Bourne Supremacy** Spy thriller sequel with Matt Damon. (2004, 12, 108min) ★★★★

10.00 Caught Stealing

8.00 The Bourne Ultimatum Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles and David Strathairn. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Caught Stealing Comedy thriller starring Austin Butler. An ex-baseball player agrees to cat-sit for a British neighbour, and walks unwittingly into the middle of a turf war. (2025, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fatal Attraction** Thriller starring Michael Douglas. (1987, 15, 120min) ★★★★
2.10 AM **Nightcrawler** Thriller starring Jake Gyllenhaal. (2014, 15, 115min) ★★★★
4.15 **to 6.00** AM **Kill** Thriller. (2023, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.45 PM **Cloudy with a Chance of Meatballs** (2009, U) ★★★★
2.35 **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U, 83min) ★★★
4.15 **The Straight Story** David Lynch's offbeat road movie. (1999, U, 111min) ★★★★
6.30 **Hidden Figures** Drama. (2016, PG, 127min) ★★★★

9.10 American Gangster

Hidden Figures (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.10 American Gangster Ridley Scott's epic crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

12.20 AM **Honest Thief** Crime thriller starring Liam Neeson and Kate Walsh. A bank robber falls in love, and decides to turn himself in, only to be betrayed by two crooked FBI agents. (2020, 15, 98min) ★★★
2.20 **to 4.00** AM **Wildfire** Irish drama starring Nora-Jane Noone and Nika McGuigan. (2020, 100min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

6.20 AM **Wild Thornberrys Movie**
7.50 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
9.25 **Antz** Animated comedy. (1998, PG, 83min) ★★★
10.50 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
12.30 PM **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
2.10 **Epic Tails** Animated adventure. (2022, U, 95min) ★★★
4.00 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
5.35 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.10 **Hotel Transylvania 3: Summer Vacation** (2018, U) ★★
8.50 **Trolls World Tour** Animation. (2020, U, 91min) ★★★
10.25 **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
12.00 M'T **The Wild Thornberrys Movie** Animated adventure. (2002, U, 85min) ★★★★
1.30 AM **Dog Man** Animation. (2025, U, 89min) ★★★★
3.05 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
4.25 **to 6.00** AM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure. (2005, U, 85min) ★★★★★

Sky Cinema Greats

307 307 404 504 518

6.35 AM **The Towering Inferno** Epic disaster movie with Paul Newman. (1974, 12, 165min) ★★★★
9.25 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
11.10 **The Hunt for Red October**
1.25 PM **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
3.25 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
5.40 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
9.50 **The Bodyguard** Romantic thriller with Kevin Costner and Whitney Houston. A bodyguard falls in love with the singer-actress he has been assigned to protect. (1992, 15, 129min) ★★★
12.00 M'T **Legends of the Fall** Epic period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
2.15 AM **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
4.30 **Sky Cinema Preview**
5.25 **to 7.30** AM **Escape to Victory**

Disney+ Cinema

305 305

6.00 AM **Mulan** As 9.00am.
7.35 **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★
9.00 **Mulan** Animated adventure. (1998, U, 88min) ★★★
10.30 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
12.10 PM **Raya and the Last Dragon** Animation. (2021, PG) ★★★★
2.00 **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★
3.55 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
5.35 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
7.20 **Maleficent** Fairytale adventure reworking of *Sleeping Beauty*. (2014, PG, 97min) ★★★★
9.00 **Death on the Nile** Mystery based on the Agatha Christie novel, directed by and starring Kenneth Branagh, with Gal Gadot. (2021, 12, 127min) ★★★
11.05 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★
1.10 AM **A Complete Unknown** Biopic with Timothée Chalamet. (2024, 15, 140min) ★★★★
3.30 **Mary Poppins Returns** Musical fantasy starring Emily Blunt. (2018, U, 130min) ★★★★
5.40 **to 6.00** AM **Myth: A Frozen Tale** Animated short.

Movies 24

312 313 419

7.00 AM **Three Wiser Men and a Boy** Festive comedy drama. (2024, PG, 84min) ★★
9.00 **Be Mine, Valentine** Romantic comedy. (2022, PG, 90min) ★★
11.00 **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Mr Pawsitively Perfect** Drama. (2023, PG, 90min) ★★
3.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
5.00 **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
7.00 **For Love & Honey** Romantic comedy starring Margaret Clunie. (2024, U, 84min) ★★
9.00 **His and Hers** Romantic drama starring Lacey Chabert and Brennan Elliott. Married lawyers find their relationship strained when on opposite sides of a celebrity divorce case. (2024, PG, 90min) ★★
11.00 **Just in Time** Drama with Laura Osnes. (2024, PG, 90min) ★★
1.00 AM **The Stars Between Us** Romantic drama starring Sarah Drew. (2026, PG, 84min) ★★
3.00 **to 5.00** AM **Sense and Sensibility** Romantic drama. (2024, U, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Lily of Killarney** Musical. (1934, b/w, U, 88min) ★★
7.35 **Father's Little Dividend** Comedy. (1951, b/w, U, 82min) ★★★
9.15 **Kill Me Tomorrow** Thriller. (1957, b/w, U, 80min) ★★
10.50 **The Leather Boys** Drama. (1963, b/w, PG, 107min) ★★
1.00 PM **The Adventures of Sir Lancelot** 25/30. (S1)
1.30 **The Duchess of Duke Street**
2.35 **Operation Diplomat** Drama. (1953, b/w, U, 70min) ★★
3.55 **Cinebox Memories**
4.00 **That's My Boy** 4/6. (S1)
4.35 **Train of Events** Ealing drama. (1949, b/w, PG, 85min) ★★★
6.20 **Strange But True**
6.55 **The Brothers** 12/13. (S3)
8.00 **Mark Saber** 14/26. (S3)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Frankenstein and the Monster from Hell** Horror starring Peter Cushing. (1973, 18, 99min) ★
11.15 **Albert RN** War drama. (1953, b/w, PG, 89min) ★★
1.00 AM **Twilights Last Gleaming** Thriller. (1977, PG) ★★★★
3.50 **1960s London: Glimpses**
4.00 **Burke's Law** 3/32. (S2)
5.00 **to 6.00** AM **The Man from UNCLE**

THURSDAY Sport 27 August

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **LIVE Test Cricket** England v Pakistan. Coverage of the first day of the second Test in the three-match series at Lord's. The hosts will be looking to win their third series in four against Pakistan after winning both home and away in the last six years. The last Test series against the visitors in this country was played under strict quarantine conditions thanks to the coronavirus pandemic in 2020 as England won a three-match contest 1-0.
6.30 PM **LIVE PGA Tour Golf** Coverage of the opening round of the Tour Championship staged at East Lake Golf Club in Atlanta.
11.00 **LIVE US Open Tennis** Coverage of the Stars of the Open exhibition from USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
2.00 **to 6.30** AM **LIVE WTA & ATP Tennis** Coverage of the ATP Winston-Salem Open and WTA Monterrey Open event staged in the USA and Mexico respectively.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Best PL Goals 06/07**
8.00 **Premier League Stories**
8.30 **Netbusters** Fast-paced highlights.
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Stories**
1.30 **Netbusters** Fast-paced highlights.
2.00 **Premier League Years** A look at memorable moments from the 2009/10 season.
4.00 **Premier League Stories**
4.30 **Netbusters** Fast-paced highlights using alternative angles.
5.00 **The Premier League Show**
7.00 **The Transfer Show**
8.00 **The Big Interview**
8.30 **Premier League Stories** A look at the legacy of Pep Guardiola.
9.00 **Premier League Review**
10.00 **The Big Interview**
10.30 **Premier League Stories**
11.00 **Premier League Years** A look back at memorable moments from the 2009/10 season.
1.00 AM **PL Retro** A replay of Arsenal v Leeds United from 2003.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 06/07**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Henrik Larsson: 20 Years On**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Liverpool v Cardiff City in the 2012 final.
11.00 **EFL Cup** A second-round tie.
1.00 PM **EFL Greatest Games**
1.15 **SPFL Highlights**
1.45 **EFL Highlights** Championship.
2.00 **The World Football Show**
3.00 **EFL Highlights**
4.00 **EFL Cup Highlights**
5.00 **Bundesliga Preview**
6.00 **EFL Highlights** Preston North End v Wolverhampton Wanderers. **6.15** Action from Queens Park Rangers v Bolton Wanderers.
6.30 **Bundesliga Weekly** A preview ahead of the weekend's action.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL Round-Up**
8.15 **EFL Highlights** Championship.
10.00 **Bundesliga Weekly**
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Highlights**
12.00 M'T **EFL** The 2019/20 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
10.00 **LIVE Test Cricket** England v Pakistan. Coverage of the first day of the second Test in the three-match series at Lord's. The hosts will be looking to win their third series in four against Pakistan after winning both home and away in the last six years. The last Test series against the visitors in this country was played under strict quarantine conditions thanks to the coronavirus pandemic in 2020 as England won a three-match contest 1-0.
7.00 PM **Best of ICC WT20**
7.30 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **Nepal Climbing Cricket's Mountain** Documentary.
9.30 **Test Cricket Bitesize**
9.45 **Best of ICC WT20**
10.00 **Test Cricket** England v Pakistan.
11.00 **One-Day International Cricket**
12.00 M'T **Test Cricket** Highlights.
1.00 AM **Women's T20 World Cup**
1.30 **Nepal Climbing Cricket's Mountain** Documentary.
2.00 **The Hundred** A match replay.
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Chronicles of a Champion Golfer** Profiles of leading players.
7.00 **DP World Tour Golf**
7.30 **PGA Tour Champions**
8.30 **Challenge Tour Golf Highlights**
9.00 **PGA Tour: The Cut**
9.30 **PGA Tour Learning Centre**
10.00 **PGA Tour Golf** Highlights.
11.00 **DP World Tour Golf**
12.30 PM **LIVE DP World Tour Golf** Coverage of the opening round of the British Masters staged at The Belfry in Wishaw, Warwickshire.
6.00 **LIVE PGA Tour Golf** Coverage of the opening day of the Tour Championship at East Lake Golf Club in Atlanta. England's Tommy Fleetwood won this tournament for the first time last year.
11.00 **Justin Rose: Chasing Forever**
12.00 M'T **Challenge Tour Golf**
12.30 AM **Ladies European Tour Golf**
3.00 **DP World Tour Golf**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.30 AM **ATP Tour This Week**
7.00 **US Open Tennis**
9.00 **WTA Tennis** Cincinnati Open.
9.30 **ATP Tour This Week**
10.00 **WTA & ATP Tennis**
1.00 PM **ATP Tour This Week**
1.30 **US Open Tennis** Highlights.
4.00 **LIVE US Open Tennis** Day four of the qualifying event for the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
11.00 **LIVE US Open Tennis** Coverage of the Stars of the Open exhibition in Flushing Meadows.
2.00 **to 6.30** AM **LIVE WTA & ATP Tennis** The ATP Winston-Salem Open and WTA Monterrey Open in the USA and Mexico respectively.

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Test Cricket** Sri Lanka v India. Day five of the second Test at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM **LIVE La Vuelta Men** Stage six of the Grand Tour race, a 177.4km route from Alcossebre to Castellón that features a category one climb to El Bartolo.
5.00 **UEFA Champions League** The draw for the league phase.
6.00 **Premier League: Big Interview**
6.30 **Inside Serie A** The latest news.
7.00 **Inside the Game**
7.15 **LIVE MLB** St Louis Cardinals v Baltimore Orioles. Coverage from Busch Stadium. Start-time **7.15pm**.
10.00 **Hard Knocks: Training Camp with the Seattle Seahawks**
11.00 **MLB Classic** All-Star 1973.
11.15 **MLB Highlights**
12.15 AM **LIVE MLB** Atlanta Braves v Los Angeles Dodgers. Coverage from Truist Park. Start-time **12.15am**.
3.00 **MLB Plays of the Week**
3.30 **UFC: The Ultimate Fighter**
4.30 **TNT Sports Reload**
5.00 **to 6.00** AM **UCI Mountain Bike World Championship**

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men** Stage five.
7.00 **LIVE Snooker: Wuhan Open** Coverage of the first session of the quarter-finals at the Optics Valley Gymnasium in China.
10.00 **TNT Sports Reload**
10.30 **UCI Mountain Bike World Series**
11.00 **UEFA Champions League**
11.30 **LIV Golf** LIV Golf Indianapolis.
12.30 PM **LIVE Snooker: Wuhan Open** Coverage of the second session of the quarter-finals.
3.30 **CPL Highlights**
4.00 **Serie A – Full Impact**
4.30 **LIVE UCI Mountain Bike World Championship** Coverage of elite cross county short track events in Val di Sole.
7.00 **eSports Show** The latest news.
7.30 **Test Cricket Highlights**
8.30 **UCI Mountain Bike World Series**
9.00 **Men's Cycling Pro Series**
10.00 **La Vuelta Men** Stage six.
11.00 **CPL Highlights**
11.30 **LIVE CPL** St Kitts & Nevis Patriots v Jamaica Kingsmen. Coverage of the T20 match from Warner Park Sporting Complex in Saint Kitts.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **Snooker**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Warrington Wolves v St Helens from 2025.
9.00 **Super League** St Helens v Catalans Dragons from 2025.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NBA on Fire** The latest news.
5.30 **NBC's Pro-Football Talk**
7.30 **LIVE Super League** Wigan Warriors v Hull Kingston Rovers. Coverage of the match from Brick Community Stadium. These teams met in the Challenge Cup final at Wembley in May, with Wigan claiming a 40-10 victory to avenge a defeat at the hands of the Robins in last year's Super League Grand Final. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights**
11.00 **NBA on Fire** The latest news.
11.30 **NFL Highlights**
12.30 AM **LIVE NFL** Cleveland Browns v New England Patriots. The pre-season match at Huntington Bank Field in Ohio. Kick-off **1.00am**.
4.15 **NFL Bitesize Highlights**
4.45 **Women's Super League**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **LIVE Ladies European Tour Golf** Coverage of day one of the Women's Irish Open staged at the K Club. As an amateur at the time, England's Lottie Woad scooped her maiden title on the tour with victory in last year's event.
5.00 **The Premier League Show**
7.00 **The Transfer Show**
7.30 **LIVE Super League** Wigan Warriors v Hull Kingston Rovers. Coverage of the match from Brick Community Stadium. These teams met in the Challenge Cup final at Wembley in May, with Wigan claiming a 40-10 victory to avenge a defeat at the hands of the Robins in last year's Super League Grand Final. Kick-off **8.00pm**.
10.15 PM **to 6.30** AM **LIVE WTA & ATP Tennis** Coverage of the ATP Winston-Salem Open and WTA Monterrey Open, which are both hard-court tournaments staged in the USA and Mexico respectively.

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Highlights.
9.00 **LPGA Tour Golf**
10.00 **PGA Tour Golf** Texas Open.
11.00 **WTA Tennis** Madrid Open final.
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **Darts Gold** Archive action.
1.00 **NFL Highlights**
3.00 **NFL Bitesize Highlights**
4.00 **LIVE US Open Tennis** Day four of the qualifying event for the Grand Slam in Flushing Meadows.
11.00 **NFL Highlights**
12.00 M'T **My Icon** Sporting influences.
12.30 AM **LIVE NFL** Cleveland Browns v New England Patriots. The pre-season match at Huntington Bank Field in Ohio. Kick-off **1.00am**.
4.15 **NFL Bitesize Highlights**
5.10 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
9.00 **Premier League Netbusters**
9.30 **Serie A – Full Impact**
10.00 **Premier League Stories**
10.30 **Fishing: On the Bank**
11.30 **SailGP Championship**
12.30 PM **La Vuelta Men** Stage five.
1.30 **LIVE La Vuelta Men** Stage six, a 177.4km route from Alcossebre to Castellón that features a category one climb to El Bartolo.
5.00 **CPL Highlights** Trinbago Knight Riders v Saint Lucia Kings.
5.30 **LIVE LIV Golf** The first round at LIV Team Championship Michigan staged at The Cardinal at Saint John's in Plymouth, Michigan.
12.30 AM **UCI Mountain Bike World Championship** In Val di Sole.
1.30 **eSports Show** The latest news.
2.00 **La Vuelta Men** Stage six.
3.00 **SailGP Championship**
4.00 **TNT Sports Cricket Reload**
5.45 **to 6.00** AM **Playing for Our Future – Cricket**

TNT Sports 4

414 416 524 411 434

6.00 AM **World Superbike Rewind**
8.00 **TNT Sports Reload**
8.30 **Discovery Golf**
9.00 **La Vuelta Men** Stage five.
10.00 **TNT Sports Cricket Reload**
10.15 **LIVE European T20 Premier League** Irish Wolves v Dublin Guardians. From The Hague, Netherlands.
1.45 PM **TNT Sports Cricket Reload**
2.00 **LIVE European T20 Premier League** Edinburgh Castle Rockers v Glasgow Cosmic.
5.30 **MLB Highlights**
6.30 **SailGP Championship**
7.30 **Premier League Netbusters**
8.00 **UEFA Champions League**
11.00 **Snooker: Wuhan Open**
1.00 AM **Ultimate Pool**
2.30 **Hard Knocks** Seattle Seahawks.
3.30 **Discovery Golf**
4.00 **Serie A – Full Impact**
4.30 **Inside Serie A** The latest news.
5.00 **to 6.00** AM **Formula E**

Premier Sports 1

419 APP 528

6.00 AM **Sporting Countdowns**
7.00 **World Surf League**
8.00 **Scottish Rally Championship**
8.30 **LaLiga Match Highlights**
10.00 **NASCAR Highlights**
11.00 **Brasileiro Serie A**
1.00 PM **Top 14 Rugby Union Highlights** Season preview.
1.30 **Sporting Countdowns**
2.00 **LaLiga** Another chance to see Real Madrid v Real Sociedad.
4.00 **Motorsport** Valentino Rossi.
4.30 **World of FreeSports**
5.00 **World Surf League**
6.00 **LaLiga** Atletico Madrid v Villarreal.
7.55 **LIVE LaLiga** Barcelona v Athletic Bilbao. At Camp Nou. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.30 **LaLiga** Elche v Barcelona. **12.30** AM Osasuna v Levante.
2.30 **Top 14 Rugby Union Highlights**
3.00 **NASCAR Highlights**
4.00 **World Surf League**
5.00 **to 6.00** AM **Mass Participation**

Premier Sports 2

420 APP 529

6.00 AM **Coppa Italia** Another chance to see Verona v Entella.
8.00 **Swedish Speedway** Action from a high-profile Elitserien meeting.
10.00 **Coppa Italia** Another chance to see Sassuolo v Cesena.
12.00 NOON **Coppa Italia** A chance to see Cremonese v Sampdoria.
2.00 PM **Temples of Sport** Sporting venues from around the globe.
3.00 **Coppa Italia** Palermo v Lecce.
5.00 **Coppa Italia** Another chance to see Venezia v Modena.
7.00 **Football's Greatest** The finest players discuss their careers.
7.30 **Bike World** The latest news from two-wheel competitions.
8.00 **Swedish Speedway** Action from a high-profile Elitserien meeting.
10.00 **NASCAR Trucks** Action from New Hampshire Motor Speedway.
1.00 AM **Bike World** Magazine.
1.30 **Temples of Sport**
2.30 **Africa Eco Race** Highlights.
2.45 **to 6.00** AM **EUT20 Belgium**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **Indycar** From Washington D.C.
12.00 NOON **Formula 1**
2.15 PM **At Home with Liam Lawson**
2.30 **Indycar** From Washington D.C.
3.30 **British Kart Championships**
4.30 **Ginetta Juniors Highlights**
5.30 **British GT Championship**
6.30 **Formula 1** A replay of the Dutch Grand Prix at Circuit Zandvoort.
8.45 **The Cornwall Air Ambulance**
9.00 **Formula 1** Dutch Grand Prix.
10.00 **F1 Academy: Weekend Wrapped** Race review.
10.30 **Formula 1** Dutch Grand Prix.
12.45 AM **F1 Features**
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

28 August

Planner

Dark Matter

SCI-FI Apple TV

Season two gets underway with physicist Jason Dessen (played Joel Edgerton) having found a world that appears safe for his wife and family – but may still face a threat from duplicate Jason...

The Whisper Man

CRIME THRILLER Netflix

Adam Scott takes the lead role as a widowed writer who is forced to turn to his estranged father (played by Robert De Niro), a retired detective, for help after his young son is abducted – a crime that may be linked to an old case. Also stars Michelle Monaghan.

The Owens

DOCUMENTARY

Prime Video

A chance to follow a year in the life of former Liverpool and England footballer Michael Owen as he runs his horse-racing empire while also coping with a sometimes chaotic home life alongside wife Louise and their four children.

The Rainmaker

DRAMA ITV1, 9pm

Milo Callaghan stars in this 10-part adaptation of John Grisham's best-selling novel as a law school graduate going head-to-head with a veteran lawyer (*Mad Men*'s John Slattery) – who just happens to be his former boss – in a medical malpractice case.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling...	8.00 Celebrity MasterChef		9.00 Would I Lie to...	9.30 Mrs Brown's...	10.00 News; Local News	
	102 BBC2	7.00 Today at the Test		8.00 Gardeners' World		9.00 The Marlow Murder Club			10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Abbey Clancy... †	8.00 Emmerdale	8.30 Coronation...	9.00 The Rainmaker		10.00 News	10.15 Film: Superman Returns
	104 CHANNEL 4	7.00 News		8.00 Jimmy Doherty's Big Bear Rescue		9.00 The Murder Detective			10.10 The Big Fat Quiz of Telly
	105 5	7.00 Cycling: Vuelta a España		8.00 Alexander Armstrong in Sri Lanka		9.00 Heat			
	106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Cleaner			
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	8.00 Death in Paradise		9.00 Ann Droid		10.00 Not Going Out	
	116 BBC4	7.00 The Met Orchestra Plays Strauss at the Proms			8.45 TOTP: 2000	9.15 TOTP: 1978	9.50 TOTP: 1988	10.20 The Specials: 6 Music...	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: Batman Begins			
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 Carpe Diem		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Ladies of London: The New Reign		9.00 Film: Doctor Strange			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.35 The Last of Us				9.00 The Iris Affair			
	110 U&GOLD	7.00 Dad's Army	7.40 Porridge		8.20 Are You Being Served?	9.00 Fawlty Towers	9.40 The Office		10.20 Not Going Out
	111 U&DAVE	7.00 Mortimer &...	7.40 Would I Lie to You?			9.00 QI XL		10.00 Magnum P.I.	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Lewis	
	120 ITV4	‹ 6.00 British...	7.30 River Monsters	8.00 The Chase Celebrity Special		9.00 Ice Road Truckers		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray Live – Barrel of Fun		10.00 Mr Bean	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Film: The Fifth Element			
	143 U&DRAMA	‹ 6.35 Last of the Summer Wine		8.00 You're Killing Me		9.00 Father Brown		10.00 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 Return to Paradise		9.00 NCIS: Sydney		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Film: Tina			
	132 U&W	7.00 MasterChef Australia			8.20 Pete Wicks: For Dogs' Sake				
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: Mine Rescue with Freddy...		9.00 Expedition Files		10.00 Mystery at Blind Frog Ranch	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Last Stand				10.00 WWII: Tank Showdown	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Full Custom Garage		9.00 World War II: Witness to War			
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Canal Boat Diaries				10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 Hitsville: The Making of Motown		8.00 Film: Amy					10.30 Rik Mayall...

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: magazinesdirect.com/xts/dj94x
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live: Top Tips and Best Bits** New edition Highlights. (S)
10.30 **Garden Rescue** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Leominster. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 NEW TO BBC1 **Sister Boniface Mysteries** *Never Too Deadly to Die:* 1/10. Return of the crime drama. An actor is murdered. *Previously on U&Drama.* (S3) (S)(AD)
2.45 **Escape to the Country** (S)(R)
3.30 **The Repair Shop** (S)(R)(AD)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.00 Sister Boniface Mysteries

7.00 **The One Show** Lauren Laverne and Angellica Bell host the topical show. (S)
7.30 **The Travelling Auctioneers** Restorer JJ Chalmers fixes a damaged clock to help widow Grace raise funds for her favourite local charity. (S)(R)

8.00 **Celebrity MasterChef** New edition 6/15. The remaining four celebrities serve a three-course Mexican-themed meal to judges Grace Dent and Giorgio Locatelli before making a classic pub meal for chef Tom Kerridge. (S)(AD)

9.00 **Would I Lie to You?** With guest panellists Darren Harriott, Sam Campbell, Diane Carson and AJ Odudu. (S)(R)
9.30 **Mrs Brown's Boys** 1/7. Agnes falls under a hypnotist's spell at the triplets' baptism. (S3) (S)(R)(AD)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW **Fontaines DC @ Reading Festival** The BRIT Award-winning five piece from Dublin perform as the second of the Friday night headliners at Reading Festival, expected to play songs from their critically acclaimed fourth album *Romance*. (S)
12.10 AM FILM **Stan & Ollie** Biopic of Laurel and Hardy, focusing on the events of 1953 when the comedy duo toured Britain. Stars Steve Coogan and John C Reilly. (S)(AD) (2018, PG, 95min) ★★★★
1.45 **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: A House Through Time** 2/4. Documentary. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Do You Know Your Place?** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** The team visit Kendal. (S)(R)
5.25 **Flog It!** In Wolverhampton. (S)(R)
6.00 **Richard Osman's House of Games** Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe take part. (S)(R)
6.30 **Great Continental Railway Journeys** Michael Portillo explores the Calvados region. (S)(R)

9.00 The Marlow Murder Club

7.00 **Today at the Test** England v Pakistan: Action from day two of the second Test in the three-match series staged at Lord's in London. (S)

8.00 **Gardeners' World** New edition As a summer marked by record-breaking heat and prolonged drought comes to a close, Monty Don reflects on how it has tested gardeners across the British Isles. (S)

9.00 NEW TO BBC2 **The Marlow Murder Club** 1/2. Crime drama series based on Robert Thorogood's books, starring Samantha Bond. Retired archaeologist Judith Potts's peaceful evening in Marlow is shattered when she witnesses the murder of her neighbour. Also stars Jo Martin, Cara Horgan and Natalie Dew. *Previously on U&Drama.* (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.05 FILM PREMIERE **Tuesday** Drama with Lola Petticrew and Julia Louis-Dreyfus. A terminally ill teenager begs death for more time so she can resolve her relationship with her mother. (S) (2023, 15, 100min) ★★★★ *See review, page 27.*
12.45 AM **Sign Zone: The Mother of All Cons** 2/3. Parents try to prove that Megan is not critically ill. (S)(R)(AD)
1.45 **Sign Zone: The Big Deal with Steph McGovern** (S)(R)(AD)
2.45 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Newcastle Racecourse, where a gruesome collection makes a small fortune at auction. Plus, Henry Nicholls pushed all the way during a diamond ring deal. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Daniel tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

10.15 Superman Returns

7.30 **Abbey Clancy: Celebrity Homes** 1/6. Abbey visits a Victorian laundry factory belonging to former Sugababe Heidi Range and a 15th-century chocolate box cottage owned by former supermodel Jodie Kidd. (S)(R)

8.00 **Emmerdale** Resentment seems to be driving Ramsden's investigation. (S)(AD)
8.30 **Coronation Street** Sarah and Kit each attempt to eliminate Kacey's threat, while Bernie opens up about her family's rift with Celeste. (S)(AD)

9.00 NEW SERIES **The Rainmaker** 1/10. Legal drama based on John Grisham's novel, starring Milo Callaghan, Lana Parrilla and Madison Iseman. A young lawyer becomes trapped by the dangerous firm that hired him. *See feature, page 11.* (S1) (S)

10.00 **ITV News** (S)
10.15 FILM **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. Following a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (S)(AD) (2006, 12, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **Force of Nature** 5/6. A look at how new extremes of heat and drought are pushing the behavioural and physical adaptations of animals. (S)(SL)(R)
3.50 **Long Lost Family** (S)(SL)(R)(AD)
4.45 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 15-18/24. (S7) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Mississippi. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** The second elimination day arrives and the hosts bid adieu to their final guests. (S)(R)
5.00 **Chateau DIY** Poor weather means Tim and Sasha must find a back-up plan to salvage a couple's wedding day. (S)(R)(AD)
6.00 **American Pickers** New edition Mike Wolfe sets his sights on a 1930s Cord convertible. (S)

2.10 Countdown

7.00 **News** (S)

8.00 **Jimmy Doherty's Big Bear Rescue** Following the farmer and conservationist as he tries to relocate two polar bears from Sweden to his wildlife park in Suffolk, after the park they lived in was shut down. (S)(R)(AD)

9.00 **The Murder Detective** Series finale 3/3. After years of investigation, arrests and evidence-gathering, lead detective Jason Murphy is ready to make his boldest move yet, and his team execute a series of coordinated arrests. (S)(AD)

10.10 **The Big Fat Quiz of Telly** Jimmy Carr acts as quizmaster as Harry Hill, Judi Love, Tom Allen, Joanne McNally, Sam Campbell and Susan Wokoma compete to see who knows the most about past and present TV shows. (S)(R)

12.10 AM FILM **127 Hours** Danny Boyle's fact-based adventure starring James Franco as young mountain climber Aron Ralston. (S)(AD) (2010, 15, 95min) ★★★★
1.45 **Ramsay's Kitchen Nightmares USA** The chef visits a failing restaurant in New York. (S)(SL)(R)
2.35 **Four in a Bed** (S)(R)
4.50 **Find It, Fix It, Flog It** (S)(R)
5.05 **to 6.00** AM **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)

+1 hour 204/208 304 15 121 252

7 PM
8 PM
9 PM
10 PM

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.20 **FILM Deadly Girls Trip** Thriller starring Kristi Murdock. (S) (2025, 12, 100min) ★★
4.00 **Castle** *The Last Seduction:* 7/22. When a seductive conman is killed, Castle and Beckett must investigate New York's elite. (S8) (S)(R)
4.55 **Love Nature** Following volunteers who are helping to restore trees in Dartmoor. (S)(R)
5.00 **News** (S)
6.00 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster visit Yorkshire. (S)(R)
6.55 **News** (S)

8.00 Alexander Armstrong in...

7.00 Cycling: Vuelta a España Action from stage seven of the Grand Tour race – a 149.8km route beginning in Vall d'Alba and finishing in Aramon Valdelinares. (S)

7.55 **News** (S)

8.00 Alexander Armstrong in Sri Lanka 3/3. On the closing leg of his journey around the island of Sri Lanka, Alexander moves north into Tamil country – but first he has a close encounter with a cobra. (S)(R)

9.00 Heat 3/4. The truth behind Tom's injury is revealed, Brad's hopes with Mia are explored, Kip confesses to Tom he is growing marijuana, while Steve notices smoke on the horizon. (S)(R)(AD)

10.00 Heat 4/4. Terror sets in when Tom does not return to the house. Kip feels compelled to tell Brad that his friend was high – information that Brad can use to his advantage. (S1) (S)(R)(AD)

11.05 **Piers Morgan: Uncensored** A selection of highlights from the host's YouTube show. (S)
12.55 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Castle** As 4.00pm. (S)(R)
3.40 **Friends** (S3&9) (S)(R)(AD)
4.30 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** 5/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Elementary School Musical:* Lisa tries to embrace her creative side at a performing arts camp. (S)(R)
5.30 *Don't Fear the Roofer:* Homer is committed to a mental institution by an exasperated Marge. (S)(R)
6.00 **Rob & Romesh vs Cricket: The Test** 2/2. Rob Beckett and Romesh Ranganathan follow England on their Test tour of South Africa. (S)(R)(AD)

12.00 Grimsburg

7.00 The Simpsons *How Munched Is That Birdie in the Window?* A psychiatrist recommends Santa's Little Helper is rehomed. (S)(R)
7.30 *A Midsummer's Nice Dream:* Homer becomes part of a double act. (S)(R)

8.00 A League of Their Own Paddy Pimblett, Tom Davis and Josh Widdicombe join host Romesh Ranganathan and regular players Jamie Redknapp, Jill Scott and Micah Richards. (S)(R)(AD)

9.00 FILM Cleaner Action thriller starring Daisy Ridley and Clive Owen. After environmental activists hijack an energy company's gala in Canary Wharf and take 300 hostages, a former soldier, who is now working as a high-rise window cleaner, sets out to rescue them. (S) (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Never Mind the Buzzcocks** With Bez, Clint Boon, Patsy Kensit and Danny Goffey. (S)(R)
12.00 M'T **Grimsburg** Series finale *The Danish Dilemma:* 13/13. Marvin stumbles on to an explosive case. (S1) (S)
12.30 AM **NEW SERIES** *Haunted Housewife:* 1/13. Marvin moves into a haunted house. (S)
1.00 New episode *Mo11Y:* 2/13. Marvin steals an AI doll. (S2) (S)
1.30 **Grimm** 10/22. (S1) (S)(R)
2.30 **Evil** 10/13. (S1) (S)(R)
3.30 **Road Wars** (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.00-8.00pm The Big Deal with Steph McGovern (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-8.00pm NEW Backstage at Green Man (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Pysgod i Bawb **12.30** Heno **1.00** Y Ci Perffaith **1.30** Dan Do **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwrdd i Dri **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Mike Bubbins: Un Mewn Miliwn (AD) **8.55** Newyddion a'r Tywydd **9.00** Am Dro! (AD) **10.00** Y Deis **10.30-11.35pm** Miwsig Fy Mywyd (AD)

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall looks for great white sharks on the South African coast. **7.30** Steve chases sailfish in Mexico's Yucatan Peninsula.
8.00 **Death in Paradise** 7/8. Mervin and the team pin down the prime suspect in his mother's murder. (S14)
9.00 **Ann Droid** 1/6. Comedy starring Diane Morgan and Sue Johnston. A widow reluctantly takes possession of a second-hand robot carer after her adult son moves out of her home. **9.30** 2/6. Sue offers to work at the charity shop for the day – but it's a disaster thanks to Linda. (S1)
10.00 **Not Going Out** 3/6. Lee borrows a campervan to take Lucy away for the weekend. **10.30** 4/6. Lee fails to buy tickets to see Oasis and quietly blames Lucy. (S14)
11.00 **Man Like Mobeen** (S1)
12.30 AM **Ideal** 1-6/8. (S4)
3.25 **My Mate's a Bad Date**
3.50 **to 4.05** AM **Yaxlont**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Bolton.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw try to get a 1974 Mk1 Ford Capri back on the road for a woman with a heart condition.
6.50 **Car S.O.S** Fuzz and Tim restore a 1997 Lotus Elise belonging to a cancer patient.
7.55 **Grand Designs** Kevin McCloud meets architect and shed fanatic who plans to transform an agricultural building in Co Down into an upside-down, four-bedroom property.
9.00 **Carpe Diem** New episode 4/6. A young gymnast stands accused of the theft of a Napoleon death mask to sell to fund her training, but denies killing a museum guard found at the scene of her crime. Subtitled. (S1)
10.05 **24 Hours in A&E** A 13-year-old boy is rushed to St George's after crashing his bike into a parked car while racing a friend.
11.10 **24 Hours in A&E**
12.15 AM **999: On the Front Line** Documentary.
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106/108 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM NEW **The Met Orchestra Plays Strauss at the Proms** New York's Met Orchestra make their much-anticipated Proms debut.
8.45 **TOTP: 2000** Featuring Santana, Savage Garden, Moloko, Precious and M2M.
9.15 **TOTP: 1978** Music by Bilbo, Blondie, Jilted John, The Motors and David Essex.
9.50 **TOTP: 1988** Featuring Big Country, Bomb the Bass, Status Quo and Breathe.
10.20 **The Specials: 6 Music Sessions** The 2-Tone pioneers in a session recorded for Steve Lamacq.
10.55 **2 Tone: The Sound of Coventry** Recounting the story of the record label.
11.55 **The Specials: Rock Goes to College** A 1979 show.
12.45 AM **Arena: Rudies Come Back – The Rise and Rise of 2 Tone** Documentary.
1.15 **The Specials: 6 Music Sessions** As 10.20pm.
1.50 **TOTP: 1978** As 9.15pm.
2.25 **TOTP: 1988** As 9.50pm.
3.00 **to 3.30** AM **TOTP: 2000**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** Marbella in Spain.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Tips on flirting.
12.00 NOON **The Simpsons**
2.00 PM **Brooklyn Nine-Nine**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *Two Dozen and One Greyhounds:* Santa's Little Helper sires puppies. **7.30** *The PTA Disbands:* Bart tries to get the school closed down permanently.
8.00 **Ladies of London: The New Reign** New edition Margo and Emma throw dinner parties.
9.00 **FILM Doctor Strange** Fantasy adventure starring Benedict Cumberbatch. (2016, 12, 115min) ★★★★
11.20 **FILM Bad Boys for Life** Action comedy thriller sequel starring Will Smith. (2020, 15, 124min) ★★★
1.50 AM **Gogglebox**
2.50 **Ladies of London: The New Reign** As 8pm.
3.40 **Ramsay's Kitchen Nightmares USA**
4.35 **The Goldbergs**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

primetime

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

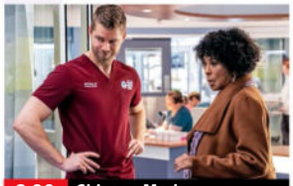
FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Motorway Patrol**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 7/22. A baby girl is kidnapped from nursery. **1.00** PM 8/22. The team question a 9/11 widow. (S4)
2.00 **The Rookie** 3/10. Nolan and Bailey's honeymoon turns into a crime scene. (S6)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**


8.00 Chicago Med

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Chicago Med New episode *Frost on Fire:* 10/21. Frost and Archer face a troubling medical mystery. (S11)

9 PM
9.00 Chicago Fire New episode *Carry a Torch:* 10/21. Vasquez has to deal with his father's recent release. (S14)

10 PM
10.00 Chicago PD New episode *Faith:* 10/21. Torres investigates the conspiracy surrounding the Morgan case. (S13)
11.00 **The Rookie** 19/22. (S5)
12.00 M'T **FBI** 3&4/22. (S4)
2.00 AM **FBI: International** (S3)
3.00 **Law & Order: Criminal Intent** 8/8. (S10)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** 5&6/12. (S7)
10.15 **The Last of Us** 3&4/9. (S1)
12.40 PM **Homicide: Life on the Street** 4&5/23. (S6)
2.30 **Billions** 5&6/12. (S7)
4.25 **The White Lotus** 5/7. Tanya and Portia embark on a whirlwind excursion with Quentin and Jack. **5.30** 6/7. Ethan grows suspicious of Cam, Tanya gives Portia a warning, and Lucia helps the Di Grassos search for long-lost relatives. (S2)

9.00 The Iris Affair

6.35 The Last of Us *When You're Lost in the Darkness:* 1/9. First episode of the post-apocalyptic drama.

8.00 The Last of Us *Infected:* 2/9. Joel and Tess clash over Ellie's fate while navigating the ruins of Boston. (S1)

9.00 The Iris Affair *Charlie Big Potatoes:* 1/8. A man invites a genius to work with him to unlock a secret piece of technology.

10.00 The Iris Affair *More Than Zero, Less Than One:* 2/8. Iris blackmails Teo to botch the police investigation. (S1)
11.00 **Possession** 4/5. Claudia seeks out her Aunt Mercy to help her defeat Charlotte. **12.00** M'T 5/5. Claudia must embrace her heritages. (S1)
1.00 AM **House of the Dragon**
4.35 **Sort Of** 8/8. (S3)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 7/22. (S2)
11.10 **Charmed** 20/22. (S1)
12.10 PM **Deal or No Deal**
1.10 **Celebrity Supermarket Sweep**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 Wheel of Fortune Graham Norton hosts the game show as three contestants compete to solve word puzzles.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 FILM Batman Begins Dark comic-book thriller starring Christian Bale. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks of crime-riddled Gotham City. (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 Family Guy 7/12. Meg falls for an attractive student. (S6)
12.20AM 14/18. The Griffins open a restaurant, but it does not enjoy much success. (S5)
12.50 **American Dad!** (S5)
1.45 **Bob's Burgers** (S14&13)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.40 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Judgement Day:* A petty thief is murdered during a perfect village competition.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *A Family Affair:* Ventress goes in search of a bogus water board official who has been robbing the elderly.

8.00 Doc Martin

6.55 Heartbeat *The Holiday's Over:* Gina grows unhappy at the thought of having to give up her job to marry a policeman.

8.00 Doc Martin *Paint it Black:* 4/8. The doctor has his second GMC assessment, and Penhale is unhappy with his predecessor.

9.00 Doc Martin *Wild West Country:* 5/8. The acerbic GP investigates when local farmer Dennis Thorpe shoots a camper. (S9)

10.00 Lewis *Beyond Good and Evil:* A man incarcerated for the murders of three police officers launches an appeal when the evidence is called into question – and then another officer is killed.
11.50 **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* The sleuth's dentist is found dead.
2.00 **to 2.30** AM **George and Mildred**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Robin of Sherwood**
9.10 **Boon**
10.15 **The Professionals**
11.25 **Robin of Sherwood**
12.25 PM **Magnum, PI**
2.35 **The Memoirs of Sherlock Holmes** Murder mystery.
3.45 **Boon**
4.50 **The Professionals**
6.00 **British Touring Car Championship Highlights** Action from the 19th, 20th and 21st races of the season staged at Donington Park.

8.00 The Chase Celebrity Special

7.30 River Monsters Extreme angler Jeremy Wade sets out to find a mysterious predatory creature in the Zambezi River.

8.00 The Chase Celebrity Special Raj Bisram, Danielle Harold, John Conteh and Roger Black take part in the quiz.

9.00 Ice Road Truckers Lisa's determination to deliver her load leaves her caught in a dangerous blizzard.

10.00 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling, featuring world-class talent including Claudio Castagnoli and Jon Moxley.
12.00 M'T **Dark Side of the Ring** Herb Arams' tragic attempt to build a wrestling empire.
12.55 AM **Minder**
1.50 **Two and a Half Men** (S5)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.25 **LIVE Sportscene: Championship Football** Dunfermline Athletic v Raith Rovers: All the action from the second-tier match from KDM Group East End Park. Kick-off is at 7.30.
9.30 **Best of Only an Excuse?** Sir Fergie loses his cool with his goalie.
10.00 **Still Game** 7/9. Jack and Victor celebrate 60 years of friendship. (S2)
10.30 **Two Doors Down** 4/6. Beth and Eric host a party for Christine's 69th birthday. (S6)
11.00 **Situationships with Sophie and Christine** The duo explore the complexities of friendship. **11.30** PM **to 12.00** M'T Sophie and Christine talk about the infamous Coldplay kiss cam video.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 1&2/8. (S2)
10.00 **Avenue 5** 2&3/8. (S2)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** 1&2/8. (S2)
1.40 **Avenue 5** 2&3/8. (S2)
3.00 **Will & Grace** (S8)
4.00 **Hitmen** 3&4/6. (S1)
5.00 **Community** (S2&3)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 9/12. The precinct hosts an animal adoption day. **8.30** 10/12. Shred and Victoria are called into the principal's office on a school visit. (S1)
9.00 **Jack Dee: Small World** Stand-up show recorded at the London Palladium.
10.30 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
11.30 **Animal Control** (S1)
12.30 AM **Community** (S2)
1.30 **Hitmen: Reloaded** (S2)
2.40 **Avenue 5** 1&2/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **HMS Pinafore**
8.00 **Artist of the Year: Masterclass** Double bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Dickens in Italy with David Harewood**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from Tate Britain** Documentary.
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Clips from 1985.
9.00 **Tina** A celebration of Tina Turner's career.
11.10 **Tina Turner: What's Love Live** From 1993.
1.25 AM **Luther Vandross: Live at Wembley Arena**
3.05 **Luther: Never Too Much**
5.00 **to 6.00** AM **Dickens in Italy with David Harewood**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 15/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** 15/26. (S5)
8.00 **Hawaii Five-0** 5/24. (S1)
9.00 **FILM Ruthless** Action thriller starring Dermot Mulroney and Jeff Fahey. (2023, 15, 92min) ★★★
11.00 **Grimm** 15/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family team of five take part.
3.00 **Supermarket Sweep**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Chantel takes on the Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Celebrity Lingo** Judy Murray and Mark Pougatch take on Helen Skelton and Rav Wilding. **9.30** Tia Kofi and Danny Beard take on David and Frankie Seaman.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **American Pickers**
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **George Clarke's Amazing Spaces** The architect visits Portugal's thinnest house.
8.00 **Martin & Roman's Irish Road Trip** Martin and Roman Kemp head to snowy Northern Ireland.
9.00 **Celebrity Gogglebox** Famous faces appraise recent TV shows.
10.00 **Gogglebox** Appraisals of *Strictly Come Dancing*, *Celebrity Scam Interceptors* and *Malice*.
11.05 **The Never Ending Murder** Four editions.
3.05 **to 4.50** AM **FILM The Quiet Girl** Poignant Irish drama starring Catherine Clinch. Partly subtitled. (2022, 12, 95min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Warehouse 13** 6/6. (S5)
3.00 **Primeval** 5/6. (S1)
4.00 **Stargate SG-1** 18/20. (S8)
5.00 **Star Trek: Voyager** 8/26. Kim captains a damaged Kraylor ship in a bid to save the species' world. (S7)
6.00 **Star Trek: Enterprise** 7/22. Earth's embassy on Vulcan is bombed. (S4)

11.20 Anti-Life

7.00 **Stargate Atlantis** *Broken Ties:* 3/20. Ronon is captured by former ally Tyre, who plans to give him to the Wraith. (S5)
8.00 **Stargate SG-1** *Threads:* 18/20. Carter has doubts about her relationship with Pete, while Daniel faces a difficult decision. (S8)
9.00 FILM **The Fifth Element** Luc Besson's sci-fi fantasy adventure starring Bruce Willis and Milla Jovovich. A 23rd-century New York taxi driver and an enigmatic young woman race to save the planet from an evil force. (1997, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 FILM **Anti-Life** Sci-fi action thriller starring Bruce Willis. (2020, 15, 93min) ★★
1.10 AM **The Walking Dead** 12/16. Hilltop's leadership faces a difficult dilemma. (S8)
2.10 **Warehouse 13** 6/6. (S5)
3.00 **Primeval** 5/6. (S1)
4.00 **The Walking Dead** (S8)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 9/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 9/22. (S6)
5.00 **Hudson & Rex** 4/8. A gin distillery owner is found drowned in his own spirits. (S8)
6.00 **Body of Proof** 13/20. A woman recently acquitted of murder is found dead. (S2)

9.00 NCIS: Sydney

7.00 **Private Eyes** *Dance, Dance Retribution:* 7/12. A series of accidents threaten to derail Becca's latest TV show. (S3)
8.00 **Return to Paradise** *Killer Climate:* 4/6. An activist is mysteriously bludgeoned to death while chained to an excavator. (S1)
9.00 **NCIS: Sydney** *Ghosted:* 4/8. A US petty officer's body is discovered in Sydney's historic and haunted Rocks area. (S1)
10.00 **Father Brown** *The Lepidopterist's Companion:* Father Brown discovers a shocking secret lurking within a mobile library.
11.00 **Private Eyes** As 7.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** 5/10. Lu infiltrates a slimming club. (S4)
1.00 AM **Return to Paradise** (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **Highlights**
9.20 **The Green Green Grass**
10.00 **Are You Being Served?**
10.35 **Last of the Summer Wine**
11.55 **Ever Decreasing Circles**
12.30 PM **Porridge**
1.10 **Keeping Up Appearances**
1.50 **Dad's Army**
2.30 **The Green Green Grass**
3.10 **Are You Being Served?**
3.45 **Ever Decreasing Circles**
4.25 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.40 Porridge

7.00 **Dad's Army** Mainwaring decides the platoon needs a mascot for a big parade.
7.40 **Porridge** The inmates of Slade Prison are given time to pursue hobbies.
8.20 **Are You Being Served?** The employees are insulted by a suggestion that they take a wage cut.
9.00 **Fawlty Towers** An abrasive American comes to stay at the hotel.
9.40 **The Office** A special training day for the staff turns into a sing-song.
10.20 **Not Going Out** Lucy has her handbag stolen by a gang of muggers right under Lee's nose.
11.00 **Mrs Brown's Boys**
11.35 **Fawlty Towers** As 9.00pm.
12.20 AM **The Office** As 9.40pm.
1.00 **Not Going Out** As 10.20pm.
1.35 **Mrs Brown's Boys**
2.25 **Don't Wait Up**
2.55 **Fawlty Towers** As 9.00pm.
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Fresh Food**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin: F1 Special** With David Coulthard.
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Fresh Food**
6.00 **Rick Stein's Taste of Shanghai** Rick finds out if Shanghai has hung on to its culinary roots.

10.00 Magnum P.I.

7.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul fish the River Dee.
7.40 **Would I Lie to You?** With guests Clara Amfo, Tom Davis, Shaun Ryder and Henning Wehn. **8.20** Guests include Maggie Aderin-Pocock and Adam Woodyatt.
9.00 **QI XL** Guests Ahir Shah, Jason Manford and Holly Walsh join regular panellist Alan Davies and host Sandi Toksvig.
10.00 **Magnum P.I.** *Winner Takes All:* 12/20. A case takes an emotional toll on Thomas. (S1)
11.00 **Magnum P.I.** 13/20. (S1)
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** As shown at 9.00pm.
3.00 **Richard Osman's House of Games** With Lucy Beaumont.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
8.10 **Doctors**
9.20 **Classic Holby City**
10.40 **Casualty**
11.40 **The Bill**
12.45 PM **Classic EastEnders**
2.00 **Classic Neighbours**
3.05 **Whitstable Pearl**
4.10 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Seymour comes up with an idea for a car safety device. **6.35** The trio set out to make a profit from a heatwave.

8.00 You're Killing Me

7.20 **Last of the Summer Wine** Compo and Clegg hatch a devious plan to free henpecked Wally and Howard from their wives.
8.00 **You're Killing Me** New episode *The Wedding:* 2/6. Andi discovers that Allie is hosting a wedding. (S1)
9.00 **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is tested to its limits.
10.00 **New Tricks** *Moving Target:* The team investigate a hit-and-run that left a cycle courier unable to recall anything prior to the incident.
11.20 **Luther** 4/4. The detective races to save the others from Cornelius' retribution. (S5)
12.40 AM **Lovejoy**
1.50 **Sister Boniface Mysteries**
2.50 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 20-22/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Boxed In:* 12/24. Tony and Ziva disappear while looking for smuggled weapons. **7.00** *Deception:* 13/24. A commander who knows the location of a shipment of nuclear fuel rods is abducted. Guest stars Zac Efron. **8.00** *Light Sleeper:* 14/24. The wives of two Marines are murdered, and evidence suggests the case may involve professional killers. (S3)
9.00 **Beauty and the Beast** *Reunion:* 5/22. Cat learns about her past. **10.00** *Father Knows Best:* 6/22. Cat confronts her birth father. (S2)
11.00 **Law & Order: Special Victims Unit** (S20)
3.00 **to 3.55** AM **Wild Cards**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A woman suffers a bleed on her brain that leaves her unable to move or talk.
10.00 **A&E After Dark** A patient in Hull has a heart rate more than double the average.
11.00 **Trauma Room One**
12.00 M'T **Skin A&E**
1.00 AM **Cold Case Killers**
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Scam City**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Police Interceptors**
10.35 **Gunsmoke** (S13)
11.40 FILM **The Last Hunt** Western. (1955, PG) ★★
1.45 PM FILM **Beyond the Law** Spaghetti western. (1968, 12, 90min) ★★
4.00 **Highway Thru Hell**
5.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Cops** New editions An injured veteran struggles with addiction. **10.30** A drug dealer is caught with meth.
11.00 **The X-Files** 9/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Chef Dim Sim Lim sets a one-hour Mystery Box challenge.
8.20 **Pete Wicks: For Dogs' Sake** A puppy needs urgent treatment for a badly broken leg. **9.20** The *TOWIE* star faces a suitcase of abandoned puppies. **10.20** Pete meets Lurcher Terri, who is terrified of the world.
11.20 **Ghosts** Triple bill.
1.10 AM **Inside the Ambulance**
1.45 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Bangers & Cash**
10.00 **Churchill's Bid to Abolish Britain**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Churchill's Bid to Abolish Britain**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** David Attenborough turns his attention to life in Asia.
8.00 **Canal Boat Diaries** Robbie Cumming moors in Abingdon and tackles an emergency repair. **9.00** Robbie pays a visit to the home of a former Beatle in Henley.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** Horse drawn carts find new homes.
8.00 **Antiques Road Trip**
9.00 **My Lottery Dream Home** New editions
10.00 **Help! I Wrecked My House** New edition An Olympic medallist calls on Jasmine for help.
11.00 **Help! My House Is Haunted** Double bill.
1.00 AM **Celebrity Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
9.00 **Bramwell** 8/8. (S2)
10.00 **The Irish RM** 3/6. (S3)
11.00 **Little House on the Prairie** (S3&4)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** (S3&4)
6.00 **The Irish RM** 3/6. (S3)
7.00 **M*A*S*H** 9/24. Frank causes anger by declaring the 4077th a dry camp. **7.30** 10/24. The nurses are evacuated due to a possible enemy attack. **8.00** 11/24. Hawkeye discovers a way to improve his diet. **8.30** 12/24. The 4077th lose a corpse. (S3)
9.00 FILM **Rob Roy** Romantic period adventure starring Liam Neeson. (1995, 15, 139min) ★★
12.05 AM **M*A*S*H** (S3)
2.05 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Raiders of the Lost Art** Jan van Eyck's story.
10.00 **Murder Maps**
11.00 FILM **Johnson County War: Part Two** Western starring Tom Berenger. (2002, 12, 89min) ★★
1.00 PM **The Unit** 17/23. (S2)
2.00 **Burn Notice** (S4)
4.00 FILM **The Virginian** Western starring Trace Adkins and Ron Perlman. (2014, 12, 90min) ★★
6.00 **The Unit** 17/23. (S2)
7.00 **Burn Notice** (S4)
8.00 **Raiders of the Lost Art**
9.00 FILM **The Punisher** Action thriller with Tom Jane and John Travolta. (2004, 18, 123min) ★★★
11.30 **The Avengers** (S6)
12.30 AM **The Baron** (S1)
1.30 **The Persuaders!** (S1)
2.30 FILM **Super Eruption** Thriller starring Richard Burgi and Juliet Aubrey. (2011, 15, 89min) ★★
4.10 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Ruby Herring Mysteries: Silent Witness** (2019, PG) ★★
10.05 FILM **Ruby Herring Mysteries: Her Last Breath** Crime thriller. (2019, PG, 84min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 11/24. (S5)
3.00 **Diagnosis Murder** (S7)
5.00 **Murder, She Wrote**
7.00 **Castle** 12/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 3/12. (S1)
10.00 FILM **Murder, She Baked: Just Desserts** Mystery. (2017, PG) ★★
11.55 FILM **Murder, She Baked: A Plum Pudding Mystery** Festive drama. (2015, PG, 85min) ★★
1.50 AM FILM **Pretty Cheaters, Deadly Lies** Thriller. (2020, PG) ★★
3.20 **to 5.00** AM FILM **Her Son's Secret** Thriller. (2018, PG, 87min) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.15 AM FILM **Christmas in the Air** Festive drama. (2017, U, 90min) ★★
10.10 FILM **Christmas Connection** Romance. (2017, U, 90min) ★★
12.05 PM FILM **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
2.00 FILM **Christmas in Homestead** Drama. (2016, PG, 88min) ★★
3.55 FILM **A Joyous Christmas** (2017, U) ★★
5.50 FILM **The Christmas Getaway** Drama. (2017, PG, 90min) ★★
7.45 FILM **Dancing Through Christmas** Drama. (2021, PG, 90min) ★★
9.45 FILM **Hope at Christmas** Drama. (2018, PG) ★★
11.45 FILM **The Magical Christmas Shoe** Comedy. (2019, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas in Homestead**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** As 7.00pm.
1.00 PM **The Greatest Auction** Selling items.
2.00 FILM **Futtock's End**
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **This Farming Life**
6.00 **The Greatest Auction** A piece of an F1 car.
7.00 **Love Your Garden** A project inspired by *The Secret Garden*.
8.00 **Garden Rescue** A wonderland in Witney.
9.00 FILM **Futtock's End** Comedy. (1970, 12) ★★★
10.00 FILM **Sex Farm** Comedy. (1974, 15, 84min) ★★★
12.00 M'T FILM **House of Whipcord** Horror. (1974, 18, 101 min) ★★
2.00 AM **The Greatest Auction** As 6.00pm.
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.30 **The Upper Hand**
11.00 **The Gaffer** 6/7. (S2)
11.30 **Only When I Laugh**
12.00 NOON **UFO** 6/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 2/7. (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** 6/7. (S2)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk...**
4.30 **Jack Hargreaves' Old Country** 16/20. (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 6/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 21/26. (S1)
9.30 **The New Statesman**
10.00 FILM **Virgin Witch** Horror. (1972, 18) ★★★
11.45 FILM **Mary Millington: Confessions from the David Galaxy Affair** Comedy. (1979, 18) ★★
1.45 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Dust Devils face a nightmare journey to their mining lease. **8.00** A machinery problem only adds to the Dust Devils' woes.
9.00 **Helicopter ER** An ambulance crew have to get a farmer to hospital.
10.00 **Animal Cops Philadelphia**
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Slice of Italy**
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New editions Double bill.
9.00 **Jamie's Meat-Free Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's Simple Comforts**
1.00 **James Martin's Spanish Adventure**
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's Meat-Free Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure** In Seville.
7.00 **Great British Bake Off**
8.30 **Mary Berry's Simple Comforts** Irish recipes.
9.00 **Marcus in the Med**
10.00 **Secrets of the Curry Kitchen** Prawn biryani.
10.30 **Maneet's Eats**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 14/22. (S3)
11.00 **Jules Verne's Mysterious Island**
2.30 PM FILM **Mackenna's Gold** Western starring Gregory Peck. (1968, 15, 136min) ★★★
5.00 **Star Trek** 27/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 15/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Marked for Death** Thriller starring Steven Seagal and Basil Wallace. (1990, 18, 94min) ★★
11.00 FILM **3 Days to Kill** Action thriller starring Kevin Costner. (2014, 12, 117min) ★★★
1.20 AM FILM **Stratton** Action thriller starring Dominic Cooper. (2017, 15, 94min) ★★
3.15 **to 5.00** AM FILM **Assault on Station 33** Thriller. (2021, 15) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
11.00 **Andromeda** 7/22. (S5)
12.00 NOON FILM **2021: War of the Worlds** Thriller. (2021, 12, 78min) ★★
2.00 PM FILM **The Virginian** Western. (2014, 12) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Polar Storm** Sci-fi action thriller. (2009, PG, 92min) ★★
7.00 **Andromeda** 8/22. (S5)
8.00 **The A-Team** 24/25. (S3)
9.00 FILM **Safe House** Thriller starring Ryan Reynolds and Denzel Washington. (2012, 15, 110min) ★★★
11.25 FILM **Villain** Drama starring Craig Fairbrass. (2019, 18, 97min) ★★★
1.25 AM FILM **The Hatton Garden Job** Drama starring Stephen Moyer. (2017, 15, 93min) ★★★
3.15 FILM **Polar Storm**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.45 **Pawn Stars** Double bill.
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Storage Wars: Texas**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **UFOs: Secret Missions Exposed** Space missions.
6.00 **Junk & Disorderly: Henry's Wreck-trospective**
7.00 **Dickinson's Real Deal**
9.00 **My Strange Arrest**
10.00 **What on Earth?**
12.00 M'T **Paranormal Survivor** Evil entities and protective ghosts.
1.00 AM **We Are Not Alone**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly: Henry's Wreck-trospective**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** America.
5.00 **Cyprus: Jewel of the Med** Documentary.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben journeys to Australia's north-western cape. **8.00** A couple who made their home on a floating island in Canada.
9.00 **Taggart** *Fearful Lightning:* Jardine receives unexpected help during his investigation into a girl's mysterious death.
11.05 **Prisoner: Cell Block H**
1.10 AM **The Yorkshire Vet**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With John Challis.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?** Quiz.
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Clive Anderson.
5.15 **All Star Family Fortunes**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.30** 17/24. Raj cannot afford to join the gang on their annual trip to Comic-Con. (S10)
9.00 **90 Day Fiancé** New edition Josh and Catie bicker in front of her parents, while Mallorie goes wedding dress shopping.
11.00 **Dr Pimple Popper: Breaking Out**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper: Breaking Out**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** 19–22/22. (S1)
11.00 **Sabrina the Teenage Witch** 13–16/26. (S2)
1.00 PM **Friends** (S5&6)
7.30 **Friends** 5/25. Rachel forces Ross to annul their marriage. **8.00** 6/25. Joey and Chandler celebrate their last night as flatmates. **8.30** 7/25. Rachel is embarrassed by Phoebe's jogging style. (S6)
9.00 **Al Murray Live – Barrel of Fun** Stand-up show.
10.00 **Mr Bean** 3&4/14. (S1)
11.00 FILM **Zombieland: Double Tap** Comedy. (2019, 15, 99min) ★★★
1.00 AM **8 Out of 10 Cats**
2.40 **Whose Line Is It Anyway? USA**
3.30 **Reno 911!** 11/16. (S5)
3.55 **Key & Peele**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 15&16/22. (S1)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** 20&21/24. (S1)
11.00 **Friends** (S6&7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** (S1)
6.00 **The Upper Hand** (S3)
7.00 **Sabrina the Teenage Witch** 13–16/26. (S2)
9.00 **Michael McIntyre's Big Show** Featuring guests Cheryl, Peter Andre and George Ezra.
10.00 **Friends** 2–5/24. (S5)
12.00 M'T **Stupid Central**
1.00 AM **Lee Evans Live at Her Majesty's Theatre**
2.20 **Jimmy Carr's Am I the A**hole?** Panel show.
3.15 **Spin City** 21/24. (S1)
3.40 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
9.15 **You Rang, M'Lord?** (S1)
10.15 **Bread** 1/6. (S1)
10.55 **Steptoe and Son** (S4)
11.30 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S4)
12.40 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 2/13. Drama. (S2)
2.45 **Minder** 2/8. (S6)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Bread** 1/6. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 3/6. (S4)
6.35 **Steptoe and Son** (S5)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 8/13. (S3)
9.00 **Benidorm** 5&6/6. (S1)
9.55 **Shameless** 10/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 5&6/6. (S1)
12.55 AM **Minder** 5/13. (S8)
2.00 **Duty Free** 7/7. (S1)
2.25 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 3/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 7&8/22. (S2)
7.00 **Teen Mom: The Next Chapter** Maci gets an unexpected job offer and Jenelle's court date approaches.
8.00 **Judge Judy** Real-life small-claims cases.
9.00 FILM **The Da Vinci Code** Conspiracy thriller based on the bestselling book by Dan Brown, starring Tom Hanks and Audrey Tautou. (2006, 12, 149min) ★★★
12.00 M'T **Geordie Shore**
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Pneumatic impact wrenches and plantain chips. **4.30** Hydraulic rescue tools and artificial Christmas trees.
5.00 **Alaska: Homestead Rescue** The Raneys scramble to ready their homestead for winter.

10.00 Mystery at Blind Frog Ranch

7.00 **Wheeler Dealers** Auto enthusiast Mike Brewer and mechanic Edd China turn their attention to a vintage 1916 Cadillac V8.

8.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy makes a discovery as Juan races to save a desperate California miner.

9.00 **Expedition Files** New edition Josh Gates investigates Edgar Allan Poe's death, and DNA evidence in a murder case.

10.00 **Mystery at Blind Frog Ranch** New edition As winter looms over the ranch, the team get lost in a maze of tunnels.

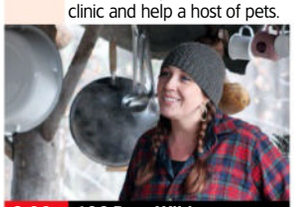
11.00 **Expedition Files** New information reveals the identity of Jack the Ripper.
12.00 M'T **Deadliest Catch**
1.00 AM **Expedition Files**
2.00 **Mystery at Blind Frog Ranch**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** Six of the best tanks.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
5.00 **Lone Star Law** The wardens have to relocate an alligator roaming a suburban area.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor heads to Mexico, where vet care is unaffordable to most, to open a mobile clinic and help a host of pets.



8.00 100 Days Wild

7.00 **Treehouse Masters** Pete Nelson tackles a build for a couple, featuring a rope bridge and hidden compartments.

8.00 **100 Days Wild** Andrew and Gerrid race to get the moose back to base camp, while, the whole community build a goahti.

9.00 **Alaska: The Last Frontier** Atz Lee and Jane set out build a makeshift greenhouse from cast-off supplies.

10.00 **Alaskan Bush People** The Wolfpack brace for a looming wildfire that could put the completion of the barn under threat.

11.00 **Mountain Monsters** After a shocking discovery, Buck enters the forest and encounters someone from his past.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Blood Ivory**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
9.00 **The Forever Walk: China**
10.00 **Mega Marine Machines**
11.00 **Car S.O.S** Peugeot 106 Rallye.
12.00 NOON **Ultimate Airport Dubai** Documentary.
1.00 PM **Air Crash Investigation**
2.00 **Planes that Changed History**
4.00 **Lost Treasures of Egypt**
5.00 **Draining the Bermuda Triangle** An exploration of the mysterious area of ocean.
6.00 **Nazi Megastructures: Battle Ready** The Nazi German air force during World War Two.

10.00 WWII: Tank Showdown

7.00 **Air Crash Investigation** The disappearance of a turboprop commuter plane approaching an airport in Indonesia.

8.00 **Hitler's Last Stand** Five months after the events of the D-Day landings, the ground war arrives on German soil.

9.00 **Hitler's Last Stand** A Japanese-American regiment fights to reach a lost US battalion in the Vosges Mountains.

10.00 **WWII: Tank Showdown** A tank battle that provides an insight into the Allied victory end of the of World War Two.

11.00 **Air Crash Investigation** A fatal error in calculating passengers' weight.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Northwoods Survival**
2.00 **Bid & Destroy** Documentary.
2.30 **Trafficked with Mariana Van Zeller** A meth superhighway.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **Pawn Stars**
10.10 **Junk & Disorderly**
11.05 **Storage Wars**
12.00 NOON **Combat Trains**
1.00 PM **Tricky Dick** Double bill.
3.00 **Hardcore Pawn** Six editions of the series, including at: **5.00** Visiting a customer with a garage full of vintage cars. **5.30** Les and Seth place Ashley in charge of the store.
6.00 **American Pickers** Story boards and scripts from *The Simpsons* are uncovered.

9.00 WWII: Witness to War

7.00 **Forged in Fire** Two competitors face a challenge to re-create the two-handed Landsknecht sword.

8.00 **Full Custom Garage** Ian Roussel takes on a custom vintage vehicle project for a Hollywood picture car coordinator.

9.00 **World War II: Witness to War** With the United States joining the conflict, Western forces brought the war to the Axis front.

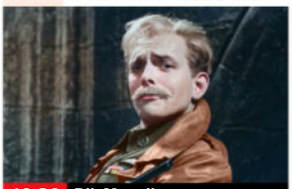
10.00 **World War II: Witness to War** Japan's expansion into South East Asia – with the war in the Pacific becoming more brutal.

11.00 **Life After People** How forests would take over cities. **12.00** M'T How sand, salt and sun would dismantle cities.
12.55 AM **Combat Trains**
1.50 **Full Custom Garage**
2.50 **World War II: Witness to War** As shown at 9.00pm.
3.40 **Pawn Stars**
4.25 **Junk & Disorderly**
5.10 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: William Hurt**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Branson**
11.45 **My Icon**
12.00 NOON **Love Means Zero**
1.45 PM **My Icon**
2.00 **Benetton Formula**
4.00 **The Directors**
5.00 **Discovering: William Hurt**
6.00 **Hitsville: The Making of Motown** Documentary looking at the history and origins of the Motown record label.



10.30 Rik Mayall

Hitsville: The Making of Motown (started at 6.00pm) — 7 PM

8.00 **FILM Amy** Asif Kapadia's documentary portrait of soul, jazz and R'n'B singer-songwriter Amy Winehouse, whose death in July 2011 followed a well-publicised history of drugs and alcohol abuse. (2015, 15, 128min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●● — 8 PM

9 PM

10.30 **Rik Mayall: Magnificent B'stard** A documentary tribute to the influential actor and comedian, who died in 2014 at the age of 56. Contributors include Stephen Fry, Ben Elton and Adrian Edmondson. — 10 PM

12.30 AM **Stevie Van Zandt: Disciple** A look at the musician and actor's career.
3.20 **FILM When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
5.00 **to 6.00** AM **Discovering: William Hurt**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** James Braxton and Charles Hanson head to Berwick-Upon-Tweed.
8.00 **The Yorkshire Auction House** Angus auctions off a garden railway fanatic's model collection.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Faking It: Tears of a Crime** April Barber.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** A look at the case of Gladys Godfrey.
8.00 **Murder on CCTV**
10.00 **NEW People Magazine Investigates: The Secrets of the Twelve Tribes Cult** A movement started by Religious leader Gene Spriggs.
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The murder of Terry Daddow in 1991.
8.00 **UK Crime Files: Merseyside Wheelchair Murderer** A look at the death of Linda Anders.
9.00 **UK Crime Files: Murdered For Love** The death of Paul Gault in Northern Ireland.
10.00 **Murder UK** The story of Jayden Parkinson, who was just 17 years old when she vanished. **11.00** The crimes of GP Harold Shipman.
12.00 M'T **UK Crime Files: Merseyside Wheelchair Murderer**
1.00 AM **UK Crime Files: Murdered For Love**
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder: The Tattoo Clue**
9.55 **UK Crime Files: Killer Commadore**
10.45 **Teleshopping**
11.00 **Killers: Caught on Camera** True-crime.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Blackpool Double Murder** Two murders.
3.00 **UK Crime Files: The Blackpool Poisoner**
4.00 **Killers: Caught on Camera** Documentary.
5.00 **Medical Detectives** A film plot reveals clues to a woman's murder. **5.30** A rare clue helps police find a killer. **6.00** A man is shot dead. **6.30** Sonic technology unravels a murder case.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the Killer** Helen McCourt.
1.00 PM **Britain's Most Evil Killers** Daniel Gonzalez.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers** Trimaan Harry Dhillon.
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Mind Over Murder**
12.15 AM **Killer in My Village**
1.10 **Catching the Killer**
2.05 **Murdered at First Sight**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Nixon in the Den**
9.40 **The Real Truth**
10.40 **WWII: Operation Barbarossa**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Nixon in the Den**
2.40 **The Real Truth**
3.50 **WWII: Operation Barbarossa**
6.05 **The Real Truth**
7.15 **WWII: Operation Barbarossa** 1&2/2. Nazi Germany's invasion of the Soviet Union.
9.35 **The Real Truth** Exposing the vitamin supplement industry, revealing why most people get all they need from real food.
10.45 **Once Upon a Time in Northern Ireland** The Good Friday Agreement.
12.00 M'T **Nixon in the Den**
1.10 **to 2.00** AM **Weathered: Earth's Extremes**

FRIDAY

Friday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **America's Wild Seasons**
7.00 **Monkey Life**
8.00 **Tales from Zambia**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Jaguar Journals**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Tales from Zambia**
3.00 **Guardians of the Wild**
4.00 **Cub Camp**
5.00 **Jaguar Journals**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **City Wildlife Rescue** A baby groundhog is rushed in. **8.30** A mother rabbit cares for an adopted baby.
9.00 **Kenya Wildlife Diaries**
10.00 **Airborne**
11.00 **Jaguar Journals**
12.00 M'T **Arabian Inferno**
1.00 AM **America's Wild Seasons**
2.00 **City Wildlife Rescue**
3.00 **Kenya Wildlife Diaries**
4.00 **Tales from Zambia**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History of Weapons**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** Whether Earth could have been visited by extra-terrestrials in its ancient past.
8.00 **History of Weapons** Experts explore the weapons used to attack civilian populations, from the brutal trebuchet to the devastating atomic bomb
9.00 **Scary Tales of New York** The story of an attacker who planted bombs across the city. **10.05** An outlandish murder plot to kill Irish down-and-out Michael Malloy in order to claim on his life insurance.
11.10 **Ancient Aliens** Double bill.
1.00 **UFOs: The Lost Evidence**
2.00 **Cursed Treasures**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Richard Hammond's Big**
12.00 NOON **Arctic Rescue**
1.00 PM **Cooper's Treasure**
3.00 **Through the Wormhole with Morgan Freeman** Triple bill.
6.00 **How Do They Do It?**
9.00 **Mummies Unwrapped** A missing mummified body could re-write the history of Abraham Lincoln's assassination, as Ramy Romany investigates whether John Wilkes Booth actually escaped.
10.00 **Secrets Underground** Rob Nelson investigates mysterious rocks found at the bottom of Lake Michigan.
11.00 **Cooper's Treasure** Darrell Miklos makes his way along the Columbus Trail. **12.00** M'T Darrell attempts to decode a map created by ex-astronaut Gordon Cooper.
1.00 AM **Through the Wormhole with Morgan Freeman**
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **999: Killer on the Line**
2.00 PM **Green Eyed Killers**
3.00 **Accident, Suicide or Murder?**
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers** Strands of hair could solve a mystery.
9.00 **K9 PD with Jim Belushi** A dog picks up a scent as a suspect makes a break for it. **9.30** A dog corners a suspect hiding deep in a ravine.
10.00 **Squatters** New editions A man whose home renovation became a nightmare. **10.30** Three sisters seek help.
11.00 **Predator Hunters**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Real Murders of Atlanta**
2.00 **On the Case with Paula Zahn**
3.00 **Accident, Suicide or Murder?**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Extraordinary Australia**
4.00 **Secrets of the Zoo: Rhinos**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet** Dr Oakley treats a formerly-wild mustang with an abscess and a dog that was involved in a prickly situation.
7.00 **Secrets of the Zoo** Featuring the birth of a polar bear.
8.00 **Savage Kingdom** Hyenas take over a lion pride's territory. **9.00** The cheetah cubs get a harsh lesson in survival.
10.00 **When Sharks Attack** Experts investigate a series of seven shark attacks in Maui.
11.00 **Inside Airport Lost & Found** A cat is loose on the runway.
12.00 M'T **Africa's Deadliest**
1.00 AM **Jungle Animal Rescue**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Storming Area 51**
8.00 **Combat Dealers**
9.00 **Secrets Underground**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A look at how the movement of Uranus and Neptune may have influenced life on Earth.
8.00 **Storming Area 51** Joe and Emmett Hayes head to Nevada desert to observe, investigate and embrace the pandemonium of storming Area 51.
9.00 **Secrets Underground** A strange cave that freezes in summer and melts in winter.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **History Hunters**
1.00 PM **History Hunters**
5.00 **You Rang, M'Lord?** 6/7. Cissy goes to the Polls, James somehow manages to find a job, while Teddy goes too far. **6.05** 7/7. Lord Meldrum decides to treat the servants to a picnic in the country. (S3) **7.05** 1/6. The family help out at the soup kitchen, while Alf concocts a plan to help Teddy escape Miss Cissy's clutches. **8.10** 2/6. Lady Lavender insists on burying her dear, departed parrot with full military honours, while Teddy attempts to break off his engagement with Madge Cartwright. **9.15** 3/6. Lord Meldrum decides to inspect the servants' quarters, Mabel finds a purse containing £5, and the staff are invited to a luxurious ball. (S4)
10.25 **You Rang, M'Lord?**
5.30 **to 6.00** AM **Villages by the Sea** Ben Robinson heads to Laxey on the Isle of Man.

+1hour 266 376

ID

154 140 166

8.00 AM **Still a Mystery**
12.00 NOON **Death by Fame**
1.00 PM **Dark Waters: Murder in the Deep** Double bill.
3.00 **Evil Stepmothers**
7.00 **Love Kills** The case of Chance Podniestrzanski and Danielle Baker, who robbed banks throughout Indiana and Kentucky alongside home burglaries and other break-ins. **8.00** The case of convicted bank robber Michael Johns, who roped girlfriend Lori Davis into two further such thefts after being released from prison.
9.00 **The Friday the 13th Murders** A young woman vanishes into a patrol car. For 35 years, she's a Jane Doe, until hypnosis reveals a clue that unmasks a predator.
10.00 **American Monster** Focusing on the death of Ben Renick. **11.00** The murders of Ron and Kay Wilkson in October 2016.
12.00 M'T **A Crime to Remember**
2.00 AM **Evil Stepmothers**
4.00 **to 6.00** AM **Love Kills**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead Master Mechanic**
3.00 **Bangla Bangers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Locals compete in Ohio.
9.00 **Goblin Works Garage** Helen brings in a 1980s BMW E30 for a radical makeover.
10.00 **Bangla Bangers**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** The Cogs restore an iconic 1970s motorbike.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **PREMIERE GOAT** (2026)
8.40 **Twinless** As shown at 1.50am.
10.25 **PREMIERE Rise of the Conqueror** As 7.45pm.
12.35 PM **Heretic** Horror thriller. (2024, 15, 111min) ★★★★
2.30 **Five Nights at Freddy's 2**
4.20 **Seven Snipers** Action thriller starring Radha Mitchell. (2025, 15, 87min) ★★★
6.00 **PREMIERE GOAT** Animated adventure. (2026, PG, 100min) ★★★ *See review, page 23.*

6.00 GOAT

7.45 PREMIERE Rise of the Conqueror Adventure with Christian Mortensen. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Hamnet Drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with their grief. (2025, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson and Elizabeth Lail. (2025, 15, 104min) ★★★
1.50 AM **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
3.35 **Love Me** Sci-fi drama. (2025, 15, 91min) ★★★
5.10 **to 6.45** AM **Looney Tunes: The Day the Earth Blew Up** Animation. (2024, PG, 91min)

Sky Cinema Box Set

303 303 403 503 517

7.45 AM **Ghostbusters** Comedy. (1984, 12, 105min) ★★★★
9.45 **Ghostbusters II** Action comedy. (1989, PG, 99min) ★★★
11.45 **Ghostbusters** Comedy. (2016, 12, 113min) ★★★
1.45 PM **Ghostbusters: Afterlife** Comedy. (2021, 12) ★★★★
3.55 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
5.55 **Jumanji: Welcome to the Jungle** Fantasy comedy. (2017, 12, 119min) ★★★★

5.55 Jumanji

8.00 Jumanji: The Next Level Fantasy adventure sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Players of the rebooted Jumanji return and attempt to rescue one of their own. (2019, 12, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Expendables Action adventure directed by and starring Sylvester Stallone, co-starring Jason Statham, Jet Li, Dolph Lundgren, Mickey Rourke and Eric Roberts. (2010, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Expendables 2** Action adventure sequel. (2012, 15, 98min) ★★★
1.55 **The Expendables 3** Action adventure sequel. (2014, 12, 126min) ★★
4.05 **to 6.00** AM **The Beekeeper** Thriller starring Jason Statham. (2023, 15, 105min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Wish You Were Here**
7.40 **The Breakfast Club** Comedy drama. (1984, 15, 97min) ★★★★
9.20 **Hamnet** As shown at 5.50pm.
11.30 **Grease** As shown at 10.05pm.
1.25 PM **Rocketman** Biopic. (2019, 15, 121min) ★★★★
3.30 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
5.50 **Hamnet** Historical drama. (2025, 12, 125min) ★★★★

8.00 **Regretting You** Melodrama starring Allison Williams and Mckenna Grace. A mother and daughter cope with matters after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★
10.05 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★

12.05 AM **The Illusionist** Mystery. (2006, PG, 110min) ★★★★
2.00 **Carmen & Lola** Drama. (2018, 18, 120min) ★★★
3.55 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
5.40 **to 7.35** AM **The Room Next Door** Drama. (2024, 12) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Presence** As 5.15am.
8.30 **Ick** Sci-fi comedy drama. (2024, 15, 93min) ★★★
10.15 **Get Out** Psychological thriller. (2017, 15, 104min) ★★★★★
12.15 PM **Blade Runner 2049** Sci-fi thriller sequel with Ryan Gosling. (2017, 15, 164min) ★★★★★
3.10 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★

5.10 **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★
8.00 **Pacific Rim** Epic sci-fi action adventure starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 126min) ★★★
10.15 **Him** Supernatural horror with Marlon Wayans and Tyriq Withers. (2025, 18, 96min) ★★★

12.00 M'T **The Woman in the Yard** Horror. (2025, 15, 88min) ★★★
1.35 AM **Annabelle** Horror thriller. (2014, 15, 97min) ★★
3.20 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
5.15 **to 6.50** AM **Presence** Horror. (2024, 15, 84min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Annie** (1982, U) ★★★
8.30 **Charlotte's Web** (2006) ★★★
10.15 **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
11.50 **Gabby's Dollhouse: The Movie** (2025, U) ★★★
1.35 PM **Annie** (2014, PG) ★★★
3.35 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★
6.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy. (2001, PG) ★★★★★

9.00 The Two Towers

The Lord of the Rings: The Fellowship of the Ring
(film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Lord of the Rings: The Two Towers Fantasy adventure continuing JRR Tolkien's mythical saga. As the power of the evil Sauron continues to grow, threatening to overwhelm Middle Earth, the fellowship of the ring dissolves. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2002, 12, 179min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Lord of the Rings: The Return of the King** Epic fantasy adventure. (2003, 12, 201min) ★★★★★
3.20 AM **The Witches** Fantasy. (1989, PG, 90min) ★★★★
4.55 **to 6.20** AM **Yogi Bear** Family comedy mixing live-action and computer-animation. (2010, U, 81min) ★★★

Sky Cinema Action

306 306 407 507 521

6.05 AM **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
7.50 **The Expendables 3** Thriller sequel. (2014, 12, 126min) ★★
10.00 **Hellboy II: The Golden Army** Fantasy. (2008, 12) ★★★★
12.00 NOON **Green Lantern** Adventure. (2011, 12) ★★
2.00 PM **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
4.00 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
6.20 **Normal** (2026, 15) ★★★★

8.00 The Amazing Spider-Man 2

8.00 The Amazing Spider-Man 2 Fantasy adventure sequel starring Andrew Garfield and Emma Stone. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

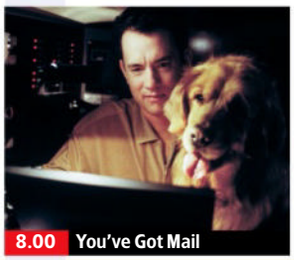
10.25 Spider-Man: No Way Home Fantasy adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.50 **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★
4.30 **Sky Cinema Preview**
5.20 **to 7.10** AM **Shenandoah** Western with James Stewart. (1965, PG, 101min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Wedding Banquet**
7.50 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
9.45 **Warm Bodies** As 3.25am.
11.30 **Bride Wars** (2009, 12) ★★★
1.15 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.50 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
4.30 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
6.10 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★


8.00 You've Got Mail

8.00 You've Got Mail Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Risky Business Comedy drama starring Tom Cruise. A teenager turns his house into a high-class brothel while his parents are away. (1983, 18, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Team America: World Police** Spoof of Hollywood action movies performed by puppets. (2004, 15, 98min) ★★★★
1.35 AM **The Wedding Banquet** Comedy. (2025, 15) ★★★
3.25 **Warm Bodies** Horror comedy. (2013, 12, 94min) ★★★★
5.10 **to 7.15** AM **Trading Places** Comedy. (1983, 15) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Big Heat** Thriller. (1953, b/w, 15, 90min) ★★★★
7.35 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
9.35 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
11.50 **Snatch** As shown at 12.50am.
1.40 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
3.40 **The Accountant** Thriller. (2016, 15, 123min) ★★★
6.00 **The Bourne Ultimatum** Thriller. (2007, 12, 115min) ★★★★

10.20 GoodFellas

8.00 The Bourne Legacy Spy thriller sequel with Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

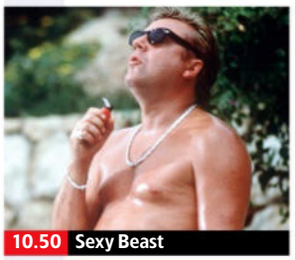
10.20 GoodFellas Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Snatch** Guy Ritchie's crime comedy drama. (2000, 18, 102min) ★★★★
2.40 **Borderline** Horror comedy. (2025, 15, 94min) ★★★
4.30 **to 6.30** AM **Every Breath You Take** Psychological thriller starring Casey Affleck. (2021, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **River of No Return** Western with Robert Mitchum. (1954, PG, 91min) ★★★
12.50 PM **Cloudy with a Chance of Meatballs 2** Animated sequel. (2013, U, 93min) ★★★
2.40 **The Perfect Catch** Comedy. (2005, PG, 103min) ★★★
4.45 **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
6.50 **Free Guy** Comedy adventure. (2020, 12, 110min) ★★★★


10.50 Sexy Beast

Free Guy
(film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Mechanic Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin seeks to avenge the murder of his mentor. With Tony Goldwyn. (2011, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Sexy Beast Gangster thriller with Ray Winstone, Amanda Redman and Ben Kingsley. A retired thief living the good life on the Costa del Sol is visited by a former partner in crime. (2000, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 **to 2.40** AM **Peppermint** Revenge thriller with Jennifer Garner. (2018, 15, 101min) ★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.00 AM **Mr Peabody & Sherman**
7.35 **Puss in Boots** As 12.35pm.
9.10 **PREMIERE GOAT** As 2.10pm.
11.00 **Looney Tunes: The Day the Earth Blew Up** Animated adventure. (2024, PG, 91min)
12.35 PM **Puss in Boots** Animated comedy adventure spin-off. (2011, U, 90min) ★★★★
2.10 **PREMIERE GOAT** Animation. (2026, PG, 100min) ★★★

4.00 **Trolls** Animated musical. (2016, U, 92min) ★★★
5.35 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U) ★★★★★
7.05 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
8.40 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
10.15 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
11.55 **Penguins of Madagascar** Animation. (2014, U) ★★★★

1.30 AM **Flushed Away** Animation. (2006, U, 85min) ★★★★
3.00 **Mr Peabody & Sherman** Animated comedy adventure. (2014, U, 97min) ★★★★
4.35 **to 6.05** AM **The Wild Thornberrys Movie** Animation. (2002, U, 85min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.30 AM **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
9.45 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
12.00 NOON **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★
2.10 PM **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★

4.30 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★
6.20 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. (1989, 12, 96min) ★★★
8.00 **Look Who's Talking Too** Comedy sequel starring John Travolta. (1990, 12, 77min) ★
9.25 **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
11.05 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★

12.35 AM **Small Soldiers** Fantasy. (1998, PG, 99min) ★★★★
2.30 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
4.00 **Cinema List: Family Favourites**
4.30 **to 6.00** AM **Stuart Little** Children's fantasy adventure. (1999, U, 84min) ★★★★★

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.20 **Mulan** Animated adventure. (1998, U, 88min) ★★★
8.55 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
10.30 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
12.20 PM **Brave** Animated adventure. (2012, PG, 93min) ★★★★

1.55 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
3.40 **Maleficent** Fairytale adventure reworking of *Sleeping Beauty*. (2014, PG, 97min) ★★★★
5.20 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
7.20 **Freaky Friday** Fantasy comedy. (1976, U, 100min) ★★★★
9.00 **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★
10.40 **Prometheus** Ridley Scott's epic sci-fi prequel to *Alien*. (2012, 15, 124min) ★★★

12.45 AM **Alien: Covenant** Sci-fi thriller. (2017, 15, 117min) ★★★
2.50 **28 Weeks Later** Horror thriller sequel to *28 Days Later*. (2007, 18, 99min) ★★★★
4.35 **to 6.00** AM **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

Movies 24

312 313 419

7.00 AM **The Snow Must Go On** Drama. (2025, PG, 90min) ★★
9.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
11.00 **Missing the Boat** Romantic drama. (2026, PG, 90min) ★★
1.00 PM **Branching Out** Drama. (2024, PG, 90min) ★★
3.00 **Three Wisest Men** Comedy drama starring Paul Campbell. (2025, PG, 84min) ★★

5.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
7.00 **Haunted Wedding** Fantasy comedy starring Janel Parrish. (2024, PG, 84min) ★★
9.00 **Aussie at Heart** Romantic drama starring Rhiannon Fish. A lawyer-turned-event planner reunites with a former rival to plan a couple's anniversary – only for the pair to fall for each other. (2026, 12, 90min) ★★
11.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★

1.00 AM **Three Wiser Men and a Boy** Festive comedy drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **A Suite Holiday Romance** Festive romantic drama. (2025, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Strike a Note 1946**
6.20 **Subway in the Sky** Thriller. (1958, b/w, PG, 85min) ★★
8.05 **First Man into Space** Sci-fi chiller. (1959, PG, 77min) ★★
9.40 **The Other Love** Romance. (1947, b/w, PG, 96min) ★★
11.30 **The End of the Road** Drama. (1954, b/w, U, 78min) ★★
1.05 PM **Edgar Wallace Mystery Theatre** 7/11. (S5)

2.15 **The Adventures of Robin Hood**
2.45 **Date with Disaster** Crime drama. (1957, b/w, U, 61min) ★★
4.00 **That's My Boy** 5/6. (S1)
4.30 **The Cheaters** 14/27. (S2)
5.00 **A Family at War** 4/19. (S2)
6.00 **Rumpole of the Bailey** (S1)
7.00 **Z Cars** 32/42. (S3)
8.00 **Public Eye** 4/13. (S6)
9.05 **Ship of Fools** Drama starring Oskar Werner and Vivien Leigh. (1965, b/w, PG, 149min) ★★★★
12.00 M'T **Remember My Name** Drama. (1978, 15, 96min) ★★★

2.00 AM **A Cry from the Streets** Drama starring Max Bygraves and Barbara Murray. (1958, b/w, U, 99min) ★★★
3.55 **Scotland Yard** 11/39. (S1)
4.30 **The Vise** 16/39. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

FRIDAY Sport 28 August

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** **England v Pakistan.** Coverage of the second day of the second Test in the three-match series held at Lord's Cricket Ground in London. The hosts will be looking to do better than their last home series against New Zealand back in June, as the Kiwi's came from 1-0 down to win 2-1. That series also saw Ben Stokes retire from international cricket after the third Test.
7.00 PM LIVE **FNF** **Crystal Palace v Manchester City.** The Premier League match at Selhurst Park, as new manager Pierre Sage takes charge of his first home league game at the London club. Kick-off **8.00pm**.
10.45 **Paper Talk** Discussion.
11.00 **Sky Sports News**
12.30 AM LIVE **NFL** **Philadelphia Eagles v Cincinnati Bengals.** Coverage of the pre-season match at Lincoln Financial Field. Kick-off **1.00am**.
4.15 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League 100 Club**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Total Football**
4.00 **Fantasy Show** Insight and tips.
4.30 **Premier League Preview**
5.00 **The Premier League Show**
7.00 LIVE **FNF** **Crystal Palace v Manchester City.** Coverage of the Premier League encounter from Selhurst Park, as new manager Pierre Sage takes charge of his first home league game at the south London club. Kick-off **8.00pm**.
10.45 **Premier League Stories**
11.15 **The Big Interview**
11.45 **PL Greatest Games** Highlights of Chelsea v Arsenal from 2011.
12.00 M'T **FNF** Action from Crystal Palace v Manchester City.
12.30 AM **Premier League 100 Club**
1.00 **Premier League Years** A look back at the 2010/11 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Celtic's Invincibles**
9.00 **SPFL Greatest Games**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **SPFL Highlights**
11.30 **EFL Greatest Games**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Round-Up**
2.15 **EFL Highlights** Championship.
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights**
6.30 **SPFL Round-Up**
6.45 **EFL Highlights**
7.30 LIVE **EFL** **Wrexham v Birmingham City.** Coverage of the Championship match staged at the STok Racecourse. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **EFL Cup Highlights**
11.45 **EFL Greatest Games**
12.00 M'T **EFL** The 2020/21 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **Nepal Climbing Cricket's Mountain** Documentary.
9.30 **International T20 Cricket**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** **England v Pakistan.** Coverage of the second day of the second Test in the three-match series held at Lord's Cricket Ground in London. The hosts will be looking to do better than their last home series against New Zealand back in June, as the Kiwi's came from 1-0 down to win 2-1. That series also saw Ben Stokes retire from international cricket after the third Test.
7.00 PM **Best of ICC WT20**
7.30 **Nepal Climbing Cricket's Mountain** Documentary.
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket**
9.30 **Test Cricket Bitesize**
10.00 **Test Cricket** England v Pakistan.
11.00 **One-Day International Cricket**
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
12.00 NOON **PGA Tour Champions Learning Centre** Golf tips.
12.30 PM LIVE **DP World Tour Golf** Coverage of the second day of the Husqvarna British Masters at The Belfry in Wishaw, Warwickshire.
6.00 LIVE **PGA Tour Golf** Day two of the Tour Championship staged at East Lake Golf Club in Atlanta.
11.00 **PGA Tour Champions**
12.00 M'T **DP World Tour Golf**
2.00 AM **PGA Tour Golf**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.30 AM **Tennis** Cincinnati Open.
7.00 **US Open Tennis**
10.00 **WTA & ATP Tennis**
4.00 PM **Tennis** Cincinnati Open.
4.30 **US Open Tennis**
9.00 LIVE **ATP Tennis** Day six of the ATP Winston-Salem Open at Wake Forest University, North Carolina, featuring the first semi-final.
11.00 **ATP Tour This Week**
11.30 LIVE **ATP Tennis** Further coverage of the sixth day of the ATP Winston-Salem Open.
1.30 AM LIVE **WTA Tennis** Day six of the Monterrey Open held at Club Sonoma in Monterrey, Mexico.
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **La Vuelta Men** Stage six.
7.00 LIVE **Snooker: Wuhan Open** The first session of the semi-finals at the Optics Valley Gymnasium, Huazhong University of Science and Technology in Wuhan, China.
10.30 **eSports Show** The latest news.
11.00 **Ultimate Pool** Recent action.
12.30 PM LIVE **Snooker: Wuhan Open** The second session of the semi-finals from Wuhan, China.
4.00 **TNT Sports Reload**
4.15 **CPL Highlights**
4.45 **Premier League Reload**
5.00 **The Fantasy Show**
5.30 **Premier League Preview**
6.00 **TNT Sports Reload**
6.15 **MLB Highlights**
7.15 LIVE **MLB** **Chicago Cubs v Cincinnati Reds.** Coverage of the National League Central match staged at Wrigley Field. Start-time **7.20pm**.
10.00 **La Vuelta Men** Stage seven.
11.00 **Men's Cycling Pro Series**
12.00 M'T **MLB Plays of the Week**
12.30 AM LIVE **MLB** **Milwaukee Brewers v Texas Rangers.** Start-time **12.40am**.
3.30 **MotoGP** Grand Prix of Aragon.
4.00 **to 6.00** AM **Snooker**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIV Golf** From Michigan.
7.30 **MotoGP Rewind**
8.00 LIVE **MotoGP** Coverage of the Grand Prix of Aragon first free practice session, the 13th round of the season at MotorLand Aragón in Alcañiz, Spain.
10.45 **MotoGP Rewind**
12.15 PM LIVE **MotoGP** Coverage of the Grand Prix of Aragon practice session, the 13th round of the season at MotorLand Aragón in Alcañiz, Spain.
3.15 **MotoGP Rewind**
4.00 **Inside Serie A** The latest news from the Italian top flight.
4.30 LIVE **LIV Golf** The second round at LIV Team Championship Michigan, the final event of the season from The Cardinal at Saint John's in Plymouth, Michigan.
10.30 **MLB Highlights**
11.30 **eSports Show** The latest news.
12.00 M'T **CPL Highlights**
12.30 AM LIVE **CPL** **Trinbago Knight Riders v Barbados Tridents.** Coverage of the T20 match staged at the Queen's Park Oval in Trinidad.
4.45 **TNT Sports Cricket Reload**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 LIVE **Women's Super League** **St Helens v York Valkyrie.** Coverage of the game at BrewDog Stadium. Kick-off is at **5.15pm**.
7.30 LIVE **Super League** **St Helens v Leeds Rhinos.** Coverage of the match held at BrewDog Stadium. The Rhinos are in contention to win the League Leaders' Shield and won 24-16 when the teams met at Headingley in June. Kick-off **8.00pm**.
10.15 **Women's Super League**
10.30 **Super League Highlights**
11.00 **NFL Bitesize Highlights**
11.30 **NBA on Fire** The latest news.
12.00 M'T **NFL Bitesize Highlights**
12.30 AM LIVE **NFL** **Philadelphia Eagles v Cincinnati Bengals.** Coverage of tonight's pre-season match from Lincoln Financial Field. Kick-off **1.00am**.
4.15 **Super League Highlights**
4.30 **Women's Super League**
4.45 **NFL Highlights**
5.45 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Total Football**
2.00 LIVE **Ladies European Tour Golf** Coverage of day two of the KPMG Women's Irish Open at the K Club in Straffan, County Kildare.
5.00 LIVE **Women's Super League** **St Helens v York Valkyrie.** Coverage of the match at BrewDog Stadium. Kick-off **5.15pm**.
7.30 LIVE **Super League** **St Helens v Leeds Rhinos.** Coverage of the match held at BrewDog Stadium. The Rhinos are in contention to win the League Leaders' Shield and won 24-16 when the teams met at Headingley in June. Kick-off **8.00pm**.
10.00 **Sky Sports News**
10.30 **Paper Talk** Discussion.
11.00 **Sky Sports News**
12.00 M'T **NFL Bitesize Highlights**
12.30 AM **EFL Greatest Games**
1.30 LIVE **WTA Tennis** Day six of the Monterrey Open staged at Club Sonoma, featuring semi-finals.
4.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Barcelona Open final.
9.00 **TGL** Atlanta Drive v Jupiter Links.
11.00 **WTA Tennis** Italian Open final.
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **Darts Gold**
1.00 **NFL Bitesize Highlights**
2.00 LIVE **LPGA Tour Golf** Day two of the FM Championship.
5.00 LIVE **Women's Super League** **St Helens v York Valkyrie.** Coverage of the game at BrewDog Stadium. Kick-off is at **5.15pm**.
7.30 **NBC's Pro-Football Talk**
9.30 **Formula 1** Dutch Grand Prix.
10.30 **All In: Indycar**
11.00 LIVE **Indycar** The Snap-on Makers and Fixers 250 second practice session in Wisconsin.
12.30 AM **One Championship Weekly**
1.00 **EFL Cup Retro** The 2010 final.
3.00 **Chasing The Dream**
3.30 **Super League Highlights**
3.45 LIVE **NRLW** **Gold Coast Titans v Canberra Raiders.** Coverage from Cbus Super Stadium. Kick-off **3.45am**.
5.45 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
11.00 **The Gruppetto** Cycling action.
11.15 **La Vuelta Men** Stage six.
12.15 PM LIVE **La Vuelta Men** Stage seven of the Grand Tour race.
5.00 **The Gruppetto** Cycling action.
5.15 **eSports Show** The latest news.
5.45 LIVE **World Rally Championship** The Rally del Paraguay stages five to seven.
9.00 **TNT Sports Reload**
9.15 LIVE **World Rally Championship** Coverage of the Rally del Paraguay stage eight.
10.30 **MotoGP** Grand Prix of Aragon.
11.00 **Snooker: Wuhan Open**
1.00 AM LIVE **NWSL** **Gotham FC v Portland Thorns.**
3.15 **Reframe the Game**
3.30 LIVE **AFLW** **North Melbourne v Western Bulldogs.** Coverage from UTAS Stadium. Bounce-up **3.35am**.
5.30 **to 7.30** AM LIVE **AFLW** **Adelaide v West Coast.**

TNT Sports 4

414 416 524 411 434

6.00 AM **Rolex SailGP Championship**
7.00 **Serie A – Full Impact**
7.30 **Discovery Golf** The latest news.
8.00 **UCI Mountain Bike World Championship** From Val di Sole.
9.00 **Fishing: On the Bank**
10.00 **LIV Golf** From Michigan.
11.30 **Premier League: Big Interview**
12.00 NOON **Europa League & Conference League Draw**
1.00 PM LIVE **World Rally Championship** Rally Paraguay.
3.45 LIVE **European T20 Premier League** **Amsterdam Flames v Edinburgh Castle Rockers.**
5.30 **Ultimate Pool** Recent action.
7.00 **MotoGP** Grand Prix of Aragon.
7.30 **Supercars Championship**
9.30 **Test Cricket Highlights**
11.30 **AFL** A match replay.
1.00 AM **UEFA Champions League**
3.00 **Men's Cycling** Highlights.
5.00 **to 6.00** AM **UCI Mountain Bike World Championship**

Premier Sports 1

419 APP 528

6.00 AM **World Surf League**
7.00 **Indikart Championship**
8.00 **NASCAR Highlights**
9.00 **LaLiga** Two match replays.
1.00 PM **Brasileiro Serie A**
3.00 **World of FreeSports**
3.30 **Brasileiro Serie A** A chance to see Coritiba v Corinthians.
5.25 **LaLiga Match Highlights**
5.55 LIVE **LaLiga** **Racing Santander v Elche.** The Spanish top-flight match staged at El Sardinero. Kick-off **6.00pm**.
8.00 **LaLiga Match Highlights**
8.25 LIVE **LaLiga** **Alaves v Villarreal.** Coverage of the Spanish top-flight match from Mendizorrotza. Kick-off **8.30pm**.
10.30 **LaLiga Match Highlights**
11.00 **Football's Greatest**
12.00 M'T **DTM Motorsport**
1.00 AM **LaLiga** A match replay.
3.00 **Mass Participation**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 APP 529

6.00 AM **Swedish Speedway** Action from an Elitserien meeting.
8.00 **Bike World** Magazine.
8.30 **Temples of Sport**
9.30 **Football's Greatest**
10.00 **Coppa Italia** Pisa v Empoli. **12.00** NOON Lazio v Mantova.
2.00 PM **Temples of Sport**
2.30 **Football's Greatest** The finest players discuss their careers.
3.00 **Coppa Italia** Udinese v Padova.
5.00 **Temples of Sport** Iconic sporting venues from around the globe.
5.30 **LaLiga** Another chance to see Celta Vigo v Osasuna.
7.30 **Africa Eco Race** Highlights.
7.45 **3Ice Hockey** Action from the three-on-three ice hockey league based in the United States.
10.45 **NHL: This is Hockey** The growth of ice hockey in Jamaica.
11.15 **Motorsport** Drew Gibson.
12.15 AM **Top 14 Rugby Union** Toulouse v Montpellier in the final.
2.15 **to 6.00** AM **EUT20 Belgium**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **F1 Academy Highlights**
12.00 NOON **Formula 1** Dutch GP.
3.15 PM **At Home with Liam Lawson**
3.30 **Formula 1** Dutch Grand Prix.
4.30 **At Home with Liam Lawson**
4.45 **Ollie Bearman Drives Ayrton Senna's Lotus**
5.00 **Formula 1** Dutch Grand Prix.
7.00 **F1 Academy Highlights**
9.00 **F1 Academy: Weekend Wrapped** Race review.
9.30 **Formula 1** Dutch Grand Prix.
10.30 **All In: Indycar**
11.00 LIVE **Indycar** The Snap-on Makers and Fixers 250 second practice session in Wisconsin.
12.30 AM **F1 Academy: Weekend Wrapped** Race review.
1.00 **F1 Explained**
2.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Next week *On sale Tuesday 25 August*

The Grand Tour

For the revival of the motoring show on Prime Video, Francis Bourgeois, James Engelsman and Thomas Holland take to the road in locations across the globe.

Vigil

A third run of the thriller sees DCI Amy Silva (Suranne Jones) and DI Kirsten Longacre (Rose Leslie) head to the Arctic to unravel a sinister mystery.

Trigger Point

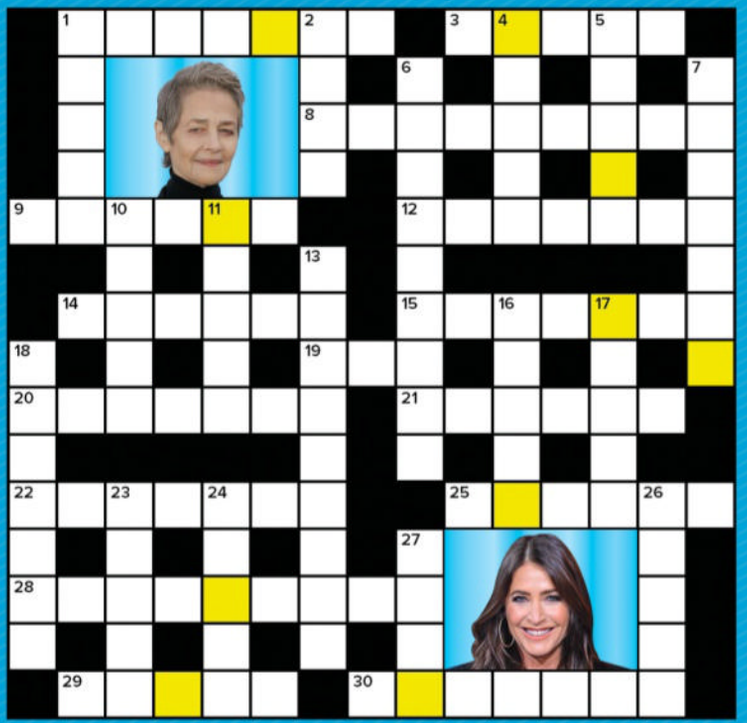
Vicky McClure returns as bomb-disposal officer Lana Washington in ITV1's drama, as London is hit by a spate of explosions and mercenaries cause major turmoil.

The Gentlemen

In the second series of Guy Ritchie's darkly comic crime saga, Eddie (Theo James) and Susie (Kaya Scodelario) face jeopardy in Italy when they make fresh inroads in the underworld.

Crossword

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out the name of a film-maker (3,7). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: TV and radio presenter, Lisa ------- (7)
3 Sketch show starring Sally Phillips, ----- *the Pony* (5)
8 Hit Clint Eastwood movie from 1974, *Thunderbolt and* ---------- (9)
9 Coco ------, iconic French fashion designer (6)
12 American gospel singer and actor, ------- Adams (7)
14 *Stop* ------ *Seize*, documentary series about the Irish Revenue and Customs service (6)
15 *Boon* and *EastEnders* star, Michael ------- (7)
19 American singer and actor, --- Garfunkel (3)
20 *Desperate Housewives* actor, Teri ------- (7)
21 Drummer with rock band Queen, Roger ------ (6)
22 ------- Banderas, *The Mask of Zorro* actor (7)
25 Aretha Franklin hit from 1968, *I Say a Little* ------ (6)
28 Paul ----------, played Jim Hacker in sitcom *Yes Minister* (9)
29 English singer of 2019's *Castles*, ----- Ridings (5)
30 *The* -------, 1970s detective series that starred John Thaw as Jack Regan (7)

DOWN

1 Bruce Willis supernatural film from 1999, *The* ----- *Sense* (5)
2 Louisa Harland's role in C4 comedy *Derry Girls*, ---- McCool (4)
4 1987 Vietnam War movie, *Full* ----- *Jacket* (5)
5 Hit Netflix series about the reign of Elizabeth II, *The* ------ (5)
6 Fashion-based comedy drama with America Ferrera (4,5)
7 Tim Burton sci-fi comedy film from 1997, *Mars* -------*!* (7)
10 *The Secret* -----, espionage series with Toby Jones (5)
11 *Night on* -----, 1991 comedy-drama anthology movie starring Winona Ryder (5)
13 See picture clue: Star of 2015's *45 Years*, ---------- Rampling (9)
16 Star of 1985 comedy *Brewster's Millions*, Richard ------ (5)
17 Duet released in 1982 by Sir Paul McCartney and Stevie Wonder, *Ebony and* ------ (5)
18 ------- *by the Dozen*, 2004 movie with Steve Martin (7)
23 Will -----, actor in *Game of Thrones* and *Humans* (5)
24 Dame Emma Thompson movie from 2005, ----- *McPhee* (5)
26 ----- *in Paris*, Netflix series starring Lily Collins (5)
27 Newsreader, Jon ---- (4)

CROSSWORD SOLUTION

ACROSS: 1 Sixth 2 Orla 4 Metal 5 Crown 6 Ugly Betty 7 Attacks 10 Agent 11 Earth 13 Charlotte 16 Pryor 17 Ivory 18 Cheaper 23 Tudor 24 Nanny 26 Emily 27 Snow
DOWN: 1 Snowdon 3 Smack 8 Lighttfoot 9 Chanel 12 Yolanda 14 Search 15 Elphick 19 Art 20 Hatcher 21 Taylor 22 Antonio 25 Prayer 28 Eddington 29 Freya 30 Sweeney

WORDS: CAREN CLARK. PHOTOS: SHUTTERSTOCK, ITV, BBC, PRIME VIDEO, NETFLIX

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.
Recycle

GPSR EU RP (for authorities only)
eucomply OÜ Pärnu mnt 139b-14 11317, Tallinn, Estonia
hello@eucompliancepartner.com +3375690241

General Product Safety 2023/988: The use of our product under normal or reasonably foreseeable conditions of use, including the actual duration of use, does not present any risk or only the minimum risks compatible with the product's use, which are considered acceptable and consistent with a high level of protection of the health and safety of consumers.

Coming soon

From left: Moira, Silent Dave, Sally, Carol, Robert, Kaden and Dan

FIRST LOOK

Forever Home

Amy Nuttall and Douglas Henshall headline a thriller about dark secrets within a family

A tense adaptation of Graham Norton's novel *Forever Home*, which follows the fortunes of a troubled clan haunted by the past, is on its way.

The six-part series, airing on 5 later this year, sees Douglas Henshall play enigmatic and ailing Robert Barrie, who has always refused to sell his home, but his second wife Carol (Amy Nuttall) is horrified when she finds a body in the basement. She starts to suspect that her husband may have murdered his first wife, who allegedly ran away years before and left her family behind. But it's not long before more chilling secrets emerge, which brings further danger and turmoil as Carol tries to unravel the truth.

Denise Welch co-stars as Carol's mother Moira, along with Kevin Whately as Silent Dave, and Lewis Cope and Jenny Walser as Robert's son and daughter Kaden and Sally, while Shane Zaza plays police officer Dan Evans.

Amy Nuttall as Carol

HOUSE OF MYSTERY

'In writing *Forever Home*, I was initially inspired by the simple idea of packing up a home later in life, and the "what if" scenarios and complexities that come with later-life relationships,' says Norton.

'The novel soon evolved into a funny, twisted, dark romp, full of farcical scenes, and it's wonderful to see the depth and richness of Carol's story realised as a screenplay.'

Game shows to look forward to

The Box

ITV1's series sees Gary Lineker host as celebrities are placed in boxes around the UK and compete in games to avoid elimination.

Big Break

Paddy McGuinness (above) and former World Champion Stephen Hendry will front a revival of the snooker-based show on BBC2.

The Golden Elevators

In ITV1's quiz, Richard Osman oversees proceedings as contestants choose lifts in a bid to reach the top of a skyscraper.

WHAT'S NEXT FOR...

James Nesbitt

The actor is joining the cast of BBC1 drama **Hercule**, which centres on Agatha Christie's Belgian sleuth Hercule Poirot (Edward Bluemel) as he becomes a great detective during the interwar years.

Julia Brown

In 5's six-part reimagining of Scotland-set drama **Monarch of the Glen**, the actor will play lawyer Isla Campbell, who must fight to save her family's run-down Highland estate following her father's death.

George Clarke

C4's four-part series **George Clarke's Amazing Spaces: First Homes** will see the architect meet a range of people who are getting on the property ladder by creating unconventional abodes.

Coming Back

A third run of U&Drama's remake of Jersey-set crime drama **Bergerac** finds cop Jim Bergerac (Damien Molony, right) uncovering a link between a suspicious death and a cold case. Georgia Tennant and Jason Flemyng guest.

TV&Streaming week

121-141 Westbourne Terrace, London W2 6JR
Email tv&streamingweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Streaming Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief Executive Officer **Kevin Li Ying**
Non-Executive Chairman **Mark Brooker**
Chief Financial Officer **Sharjeel Suleman**
Tel +44 (0)1225 442 244

Standard Subscription rates (1 year) UK $185.99, Europe 572.69 Euros, USA $64813, Rest of World $64813. For inquiries, contact TV&Streaming Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issue(s) of Future Plc magazines, these are available online at magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: 5, GETTY/ITV, U&DRAMA

ipso. Regulated **Editorial Complaints** *TV&Streaming Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&streamingweek@futurenet.com or write to The Editor, *TV&Streaming Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

CareCo

Unbeatable offers in your local showroom

41 showrooms across the UK

Expert mobility advice over a *cuppa*

Super SALE

UP TO **50%** OFF

HURRY!

OFFERS END 31ST AUGUST

APPROVED SERVICE Which? Trusted Trader INSTALLATION, SERVICING AND REPAIR

Test drive a Which? recommended scooter *instore*

SEE THE FULL RANGE ONLINE
visit **www.careco.co.uk/sale**

Free Parking & Easy Access
Free, easy parking in front of the store with easy access and customer toilet facilities available.

Showrooms

Open 7 days a week

EAST OF ENGLAND
Braintree, CM77 7AT
Ipswich, IP3 9SQ
Norwich, NR2 4UX
Peterborough, PE1 2FG
Stevenage, SG1 1XZ

LONDON & SOUTH EAST
Camberley, GU17 0AA
Canterbury, CT1 3RH
Croydon, CR0 3EU
Hayes, UB2 5BE
Maidstone, ME15 6HA
Milton Keynes, MK12 6HS
Oxford, OX4 2TZ
Romford, RM3 0BX

MIDLANDS
Brierley Hill, DY5 1HR
Coventry, CV6 4QY
Leicester, LE1 1SH
Lincoln, LN2 4ZS
Nottingham, NG2 1AH
Stoke, ST6 4SE

NORTH
Chester, CH1 4LT
Hull, HU10 6RJ
Leeds, LS12 1EF
Leeds OUTLET, LS25 4DY
Newcastle, NE21 5TR
Preston, PR2 6NY
Sheffield, S6 2HH
Stockton-on-Tees, TS18 2LR
Warrington, WA5 7YF
York, YO30 4AB

SOUTH COAST
Bournemouth, BH21 7PT
Brighton, BN15 0JQ
Eastbourne, BN24 5BS
Southampton, SO16 9GJ

SOUTH WEST
Bristol, BS34 6FB
Cheltenham, GL51 9LX
Exeter, EX2 8QX
Plymouth, PL7 1SR

SCOTLAND
Edinburgh, EH6 7LW
Opens 22nd Aug
Glasgow, G42 9JD

WALES
Cardiff, CF11 8AQ
Swansea, SA7 9EH

Opening Times

Mon – Fri	9am to 6pm
Sat & Sun	10am to 4:30pm
(10am – 10:30am viewing only)	

*PLEASE NOTE: Prices exclude VAT and are available to those with a long term medical condition. All offers end 31st August 2026.

Trustpilot ★★★★★
Rated Excellent over 70,000 reviews

Call now on **0333 015 5000**
Mon - Fri: 8am to 6pm Sat & Sun: 10am to 4.30pm

Visit our website
www.careco.co.uk

PASS THE FLAPJACK

£2.50

5pk

Scan here to find your local store!

Available from 19/08/26 - 08/09/26
Subject to availability and in participating stores only.

Costcutter
Shop Locally
costcutter.co.uk

9001
9000